

SUPPORTING FLINT RESIDENTS

The Flint Community Resource Guide

*Free programs and key services available
locally for ALL Flint residents*



FLINT
VEHICLE CITY

LEAD SAFE HOMES

HEALTH CARE

MEDICAL CARE & MENTAL HEALTH

FOOD & NUTRITION

WATER SERVICES

HOME REPAIR

COMMUNITY

QUESTIONS?

This guide is designed so you can quickly find and connect with Flint-area agencies or programs that fit your needs. All the organizations highlighted in this guide provide services that are supported by the Michigan Department of Health and Human Services (MDHHS) and the Michigan Department of Environmental Quality (MDEQ).

Our goal is to help you:

- Save time and effort
- Easily access this guide so it's available whenever you want help
- Streamline the process of filling out multiple forms across different programs

This guide can help Flint residents with questions about:

- water quality improvement
- pipe replacement
- health care resources, including mental health services
- food resources
- educational resources
- job training

Local services, reports and alternative language resources are available for free to Flint residents. If you need additional help, have questions or require assistance, **please call United Way at 2-1-1.**



ACCESS TO LEAD SAFE HOMES

Lead is a highly toxic metal and was commonly used in household paint (banned in 1978), gasoline (banned in 1985) and plumbing pipes and fixtures. In Michigan, a blood lead level (BLL) of 5 micrograms per deciliter or higher is considered elevated. Lead-based paint breaks down into paint chips – pieces that are detached from the original painted surface. Chips include paint that is peeling, chipping, chalking or cracked. Lead can cause serious health problems if too much enters your body from drinking water or other sources. It can cause damage to the brain and kidneys and interfere with the production of red blood cells that carry oxygen to all parts of your body.

Lead Safe Home Program

The Lead Safe Home Program at MDHHS offers assistance to low- and moderate-income families, as well as rental property owners, in making their homes lead safe for children. The program has made over 2,600 homes lead safe since 1998. Hundreds of young children now live in housing made lead safe through this program.

For more information about the Lead Safe Home Program, visit michigan.gov/leadsafe.

For more information on reducing lead exposure around your home and the health effects of lead:

- **Visit** the U.S. Environmental Protection Agency's website: epa.gov/lead
- **Call** the National Lead Information Center at 800 424 LEAD
- **Contact** your health care provider

For blood lead testing, call the Genesee County Health Department: 810-257-3833.



ACCESS TO HEALTH RESOURCES

MI Bridges – Flint Water Health Care Coverage

855-798-5610 | michigan.gov/mibridges

MI Bridges has a multilingual website where you can view your benefits, see any recent communication from MDHHS and view your renewals – all in one location.

The MI Bridges program can help residents with paying for:

- Medical costs
- Child development and care
- Support or assistance for emergency housing, utility and burial situations



Genesee County Children's Healthcare Access Program (CHAP) – Find a Doctor and Get Connected to Service

810-953-CHAP | chap@flint.org

810-953-2427 | gfhc.org/chap

CHAP is intended to improve the health outcomes of low-income children covered by Medicaid insurance while raising the quality of care and decreasing costs. CHAP team members provide services to families that include:

- Parent education
- Asthma education
- Case management
- Care coordination
- Patient navigation
- Referrals to community resources
- Interpretation assistance
- Transportation services

Partners include Hurley Children's Center, Genesys Family Health Center, Akpinar Children's Clinic and Hamilton Community Health Network.

Family Supports Coordination Services

810-257-3777 | Michigan.gov/mdhhs

You qualify for Family Supports Coordination if you consumed water from the Flint water system and lived, worked or received child care or education at an address that was served by the Flint water system at any time between April 2014 and a date to be determined in the future, and you and/or your child are:

- A pregnant woman, or
- Under age 21, or
- A child born to a woman who was served by the Flint water system during the specified time period

Family Supports Coordination can connect you with medical, educational, social and/or other services you may need. A supports coordinator will help you make a plan for your family's needs, including assistance with:

- Scheduling appointments
- Securing transportation assistance
- Getting lead screening

- Improving emotional well-being
- Linking your family to:
 - » Educational resources (Head Start, Early On, Great Start Readiness Program, etc.)
 - » Nutrition supports (WIC, food assistance, mobile food pantries, etc.)
 - » Other social services that will help your children to thrive







ACCESS TO MEDICAL CARE AND MENTAL HEALTH RESOURCES

Ennis Center

810-233-4031 | enniscenter.org

Ennis Center provides outpatient mental health services. Its Community Counseling Centers (CCC) are hubs located at six Flint-area churches to provide licensed professional counseling to church leaders (including pastors), congregation members and all Flint-area residents. Individuals affected by the water crisis are encouraged to seek treatment and counseling through a CCC. The CCC program is grant-funded by a city of Flint Community Development Block Grant and the state of Michigan. Most major insurances, including Medicare and Medicaid, are accepted. However, those without insurance are also welcome and will receive referrals to assist them in acquiring insurance. Ennis Center's therapists are experienced and have a wide variety of backgrounds. They offer many services and specialize in individual therapy for children, teens and adults, as well as family therapy and marriage counseling.

Genesee Health System

420 W. Fifth Ave., Flint, MI 48503
810-257-3705 | genhs.org

Genesee Health System works with Flint residents to provide high-quality, effective services and supports to meet the mental health, development disabilities and substance use disorder needs of the adults, children and families it serves in Genesee County.

Toll-Free: 866-211-5455

Regular hours Monday-Friday 8 a.m.-5 p.m.

Crisis Line: 877-346-3648

24 hours a day/seven days a week





ACCESS TO FOOD AND NUTRITION RESOURCES

Many food resources are available to all Flint residents. MDHHS offers many programs and services, including food help programs; SNAP; the Women, Infants and Children (WIC) program; Medicaid registration and assistance; assistance covering child care; relief for utilities and burial costs; and more.

Support programs include:

Flint Fresh – Mobile Market and Veggie Box Program

810-618-5896 | flintfresh.com

Flint Fresh is a nonprofit market whose mission is to bring sustainable access to healthy food to the community. The model is a collaboration of five organizations to ensure community buy-in and support. Flint Fresh is made possible by the work of many community partners.

Food Bank of Eastern Michigan

2300 Lapeer Road, Flint, MI 48503
810-239-4441 | fbem.org

The Food Bank of Eastern Michigan solicits, stores and distributes food for those in need. It can be contracted to help get food in several ways, including assistance in finding a local food pantry, Bridge card/SNAP outreach and providing information on its programs in the community. The Food Bank will continue to make weekend backpacks for all Flint Community Schools students.





ACCESS TO WATER SERVICE RESOURCES

Since 2016, Flint's water has consistently met or exceeded federal safety standards. Today, Flint's water is one of the most monitored systems in the U.S. and is now testing safely at the same levels or better than similar cities across the state and country.

The state of Michigan continues to provide necessary support and resources to Flint residents still recovering from the city's water crisis.

Support includes:

- **A variety of foods and fresh produce**, personal care items, nutritional services and physical and mental health services are also available at many Help Centers.
- **Free filters and at-home water tests*** are at Flint City Hall (at the information desk). The city of Flint continues to partner with local churches, community organizations and other resources for residents looking for water filters and replacement cartridges.
- Flint residents with questions or in need of water, filters or other supplies: Call the **United Way at 2-1-1 or 810-410-1138**.

*At-home water testing kits can be dropped off at Flint City Hall. Residents who are homebound or have limited access to functional needs can also call the United Way at 2-1-1 to have water test kits delivered or picked up.

FAST Start Pipe Replacement Program

cityofflint.com/fast-start

The mission of the FAST Start program is to remove and replace lead and galvanized steel service lines leading to homes all over Flint. To have your service line replaced, you will need to grant the city and its contractors permission to enter your home so they can complete the replacement.

You can find the FAST Start Online Opt-In Form at cityofflint.com/fast-start.

For additional updates to the FAST Start program, follow the FAST Start team on social media:

 [FlintFASTStart](https://www.facebook.com/FlintFASTStart)
 [@FlintFASTStart](https://twitter.com/FlintFASTStart)





ACCESS TO HOME REPAIR RESOURCES

Genesee County Community Action Resource Department (GCCARD)

601 N. Saginaw St., Suite 1B, Flint, MI 48502 | 810-232-2185 | gc4me.com/resident/gccard/

GCCARD can assist Flint residents in almost any way necessary, including preschool training through the Head Start department for the young, additional and/or job training in order to find a permanent job, locating adequate housing if displaced, arranging nutritional meal delivery on a daily basis or receiving home improvement repairs when necessary.

The GCCARD Home Maintenance Services Program has provided home energy conservation services through installation of weatherization measures to low-income families since 1975. Services are provided to income-eligible people who own or rent their home.

Services may include:

- Attic and sidewall insulation
- Repair or replacement of windows and doors
- Furnace testing and cleaning
- Hot water heater wraps
- Other conservation measures
- Health and safety improvements



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HANDLE WITH CARE

DESLACTOSADA

Light

100% LACTOSE FREE

100% NATURAL

100% DAIRY

100% CREAM

100% SWEETENED

100% TASTE

100% QUALITY

100% PURE

100% FRESH

100% DELICIOUS

100% SWEET

100% CREAMY

100% TASTY



RESTORING COMMUNITY PRIDE AND DIGNITY

Recycling

Flint residents can simply contact Keep Genesee County Beautiful at **810-767-9696** or Republic Services at **800-438-0966**. Once residents receive a recycle bin, plastic water bottles and other accepted recyclable materials should be placed inside.

Pathways to Potential

Flint Community Schools

MDHHS Pathways to Potential program began in 2012. This program stations caseworkers, called “success coaches,” in Flint schools to work with students and families to identify barriers to academic success and find solutions. Success coaches, for example, can help remove barriers to attendance early on before they result in truancy and negatively impact learning.

Participating Flint-area schools include: Holmes STEM Academy, Potter, Doyle/Ryder, Eisenhower, Freeman and Southwestern Classical Academy. For more information or questions on how you can partner or get involved, email: **DHS-PathwaysToPotential@michigan.gov**.

MTA Rides to Wellness Program

Customer Service: 810-767-0100

For information and schedule times, visit mtaflint.org/rides-to-wellness.html

The MTA's Rides to Wellness Program is your easy ride to physicians, pharmacies, grocery stores, the Flint Farmers' Market and more. The MTA bus and metro transit system offers pickup and return service from many housing locations in the Flint area, so it's convenient to go out and shop in the community year-round across Flint and Genesee County.

Services for Homebound Seniors via Valley Area Agency on Aging

225 E. Fifth St., Suite 200, Flint, MI 48502
810-239-7671 | valleyareaaging.org

The Valley Area Agency on Aging provides answers, action and advocacy on care for elderly and disabled adults throughout the Flint area by enhancing lives, empowering choice, sustaining independence and supporting caregivers and families.

“The state of Michigan remains committed to supporting residents of the city of Flint as it continues to recover, rebuild and revitalize.”

– Tiffany Brown

Michigan Department of Environmental Quality
Public Information Officer and Flint Native

