



ENGAGING YOUR YOUTH ADVISORY COMMITTEES

- Find the policy issues that directly affect youth and their school based health centers. Engage them in the legislative process of working on policy change.
- Advocate for healthier choices within their school lunches or vending machines.
- Assist younger students within your school district with mentoring opportunities surrounding health care, relationships, or nutrition.
- Create bulletin boards within your clinics or throughout the school.
- Maintain or write an article for your school newsletter or paper.
- Assist in making your SBHC's more teen friendly. What types of artwork can they provide? Have your committee brainstorm ways to make your centers more comfortable.
- Have your committee promote health initiatives such as Breast Cancer Awareness Month, Red Ribbon Week, Mental Health Day, etc.
- Write a health announcement weekly to broadcast for the entire student body.
- Meet with administrators within the schools to discuss school improvement options.
- Create a contest for your student population to encourage them to utilize services within their school based health centers. Perhaps give a reward to the one student that made the most referrals.
- Boost the knowledge of your school based health center by designing memorabilia to be sold. Such items could include pencils, t-shirts, sweatshirts, stickers, etc.

Have any more questions? Need more ideas? Would you like to involve your youth within a Statewide Youth Engagement Network? Contact Keri Bennett with the School-Community Health Alliance of Michigan:

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