

Power Point Presentation: Trauma, Toxic Stress and Their Effect on Young Children

Post Test (Choose one answer for each question)

1. How many connections are formed per second in the developing brain?
 - a. 25
 - b. 100
 - c. 350
 - d. 700
2. The statement “sensory pathways, language skills, cognitive skills” is an example of:
 - a. The progression of brain development
 - b. Skills required before additional skills can be learned.
 - c. The brain building from the bottom up
 - d. All of the above
3. The term pruning refers to: *(Choose the answer that refers to early brain development)*
 - a. The process of shaping trees
 - b. The process of drying plums
 - c. The process of discarding cells in the brain
 - d. The process of discarding connections in the brain
4. Experiencing toxic stress during early childhood can lead to:
 - a. Chronic fight, flight or freeze responses
 - b. Changes in brain structure
 - c. Hyper-responsiveness
 - d. All of the above
5. Traumatic stress reactions or disorders include:
 - a. The event
 - b. The experience
 - c. The effect
 - d. All of the above
6. The ACE study showed a connection between the ACE score and:
 - a. Substance misuse
 - b. Depression
 - c. Liver disease
 - d. All of the above
7. Having safe and loving relationships in early childhood is **important** to the development of healthy social emotional skills
 - a. True
 - b. False
8. Which of the following is **not** a protective factor for young children?
 - a. Parental resilience
 - b. Social connections
 - c. Burglar alarm
 - d. Knowledge about child development