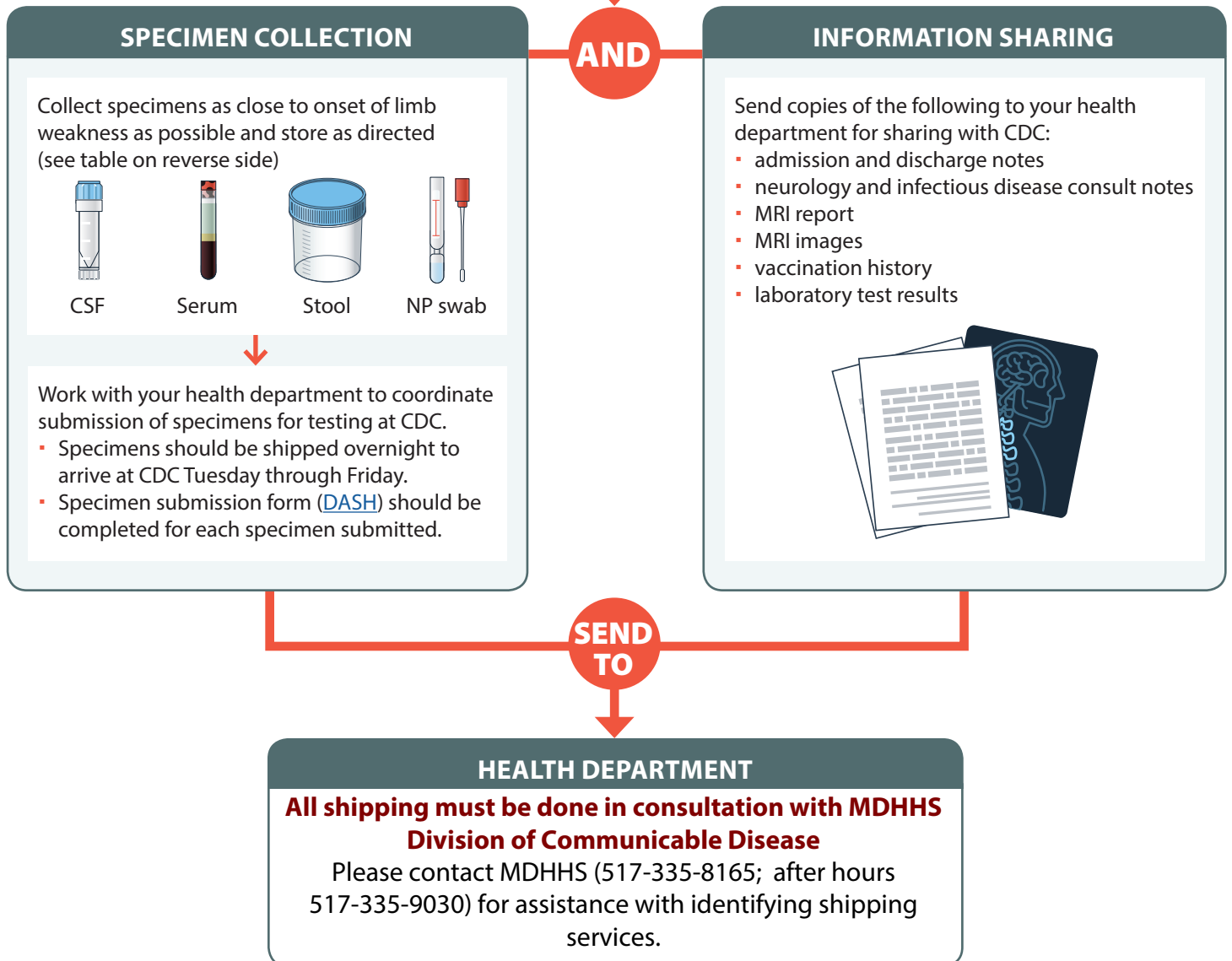


Job Aid for Clinicians

How to send information to the health department about a patient under investigation (PUI) for AFM

1 Identify PUI for AFM: patient with onset of acute flaccid limb weakness & MRI showing spinal cord lesions in at least some gray matter


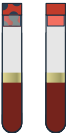

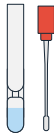
2 Contact your health department when you identify a PUI for AFM.



3 Health department completes AFM Patient Summary Form, compiles medical records, and sends information to CDC. Patient will be classified by national AFM experts.

4 After expert review, patient classification is given back to health department and relayed to clinician by health department.

Specimens to collect and send to CDC for testing for AFM PUIs

SAMPLE	MINIMUM AMOUNT	TUBE TYPE	PROCESSING	STORAGE	SHIPPING
CSF	0.15 mL, 0.5-2 mL preferred (collect at same time or within 24hrs of serum if feasible)	Cryovial 	Spun and CSF removed to cryovial	Freeze at $\leq -20^{\circ}\text{C}$	Frozen on dry ice.
Serum	0.5 mL, 1 mL preferred (collect at same time or within 24hrs of CSF if feasible)	Tiger/red top 	Spun and serum removed to tiger/ red top	Freeze at $\leq -20^{\circ}\text{C}$	Frozen on dry ice.
Stool*	1 gram, 10 – 20 grams preferred (2 samples collected 24hrs apart)	Sterile container 	N/A	Freeze at $\leq -20^{\circ}\text{C}$	Frozen on dry ice. Rectal swabs should not be sent in place of stool.
Respiratory (NP)/ Oropharangeal (OP) swab	0.5 mL, 1 mL preferred (minimum amount)	N/A 	Store in vial transport medium	Freeze at $\leq -20^{\circ}\text{C}$	Frozen on dry ice.

** Please include stool specimens along with CSF, serum, and NP/OP swabs to help with identification of pathogens and to support poliovirus surveillance*

Coordinate with your health department to send information about PUIs and ship specimens to CDC.

www.cdc.gov/acute-flaccid-myelitis

This job aid was developed by the U.S. Centers for Disease Control and Prevention (CDC).

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