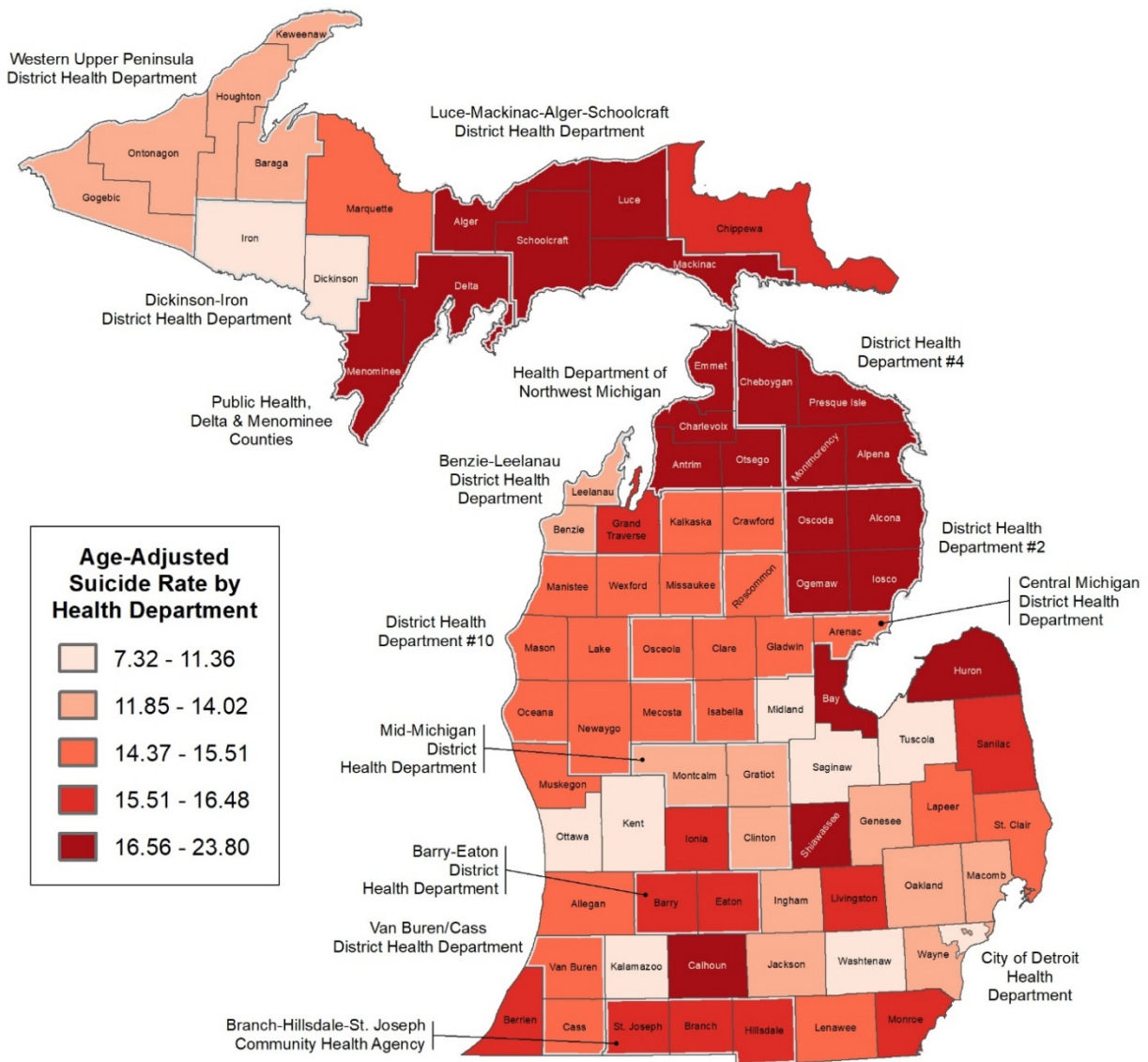


Suicide Deaths in Michigan, 2014–16

Approximately 44,000 people die annually in the United States from suicide; over 1,300 of these suicide deaths are in Michigan.

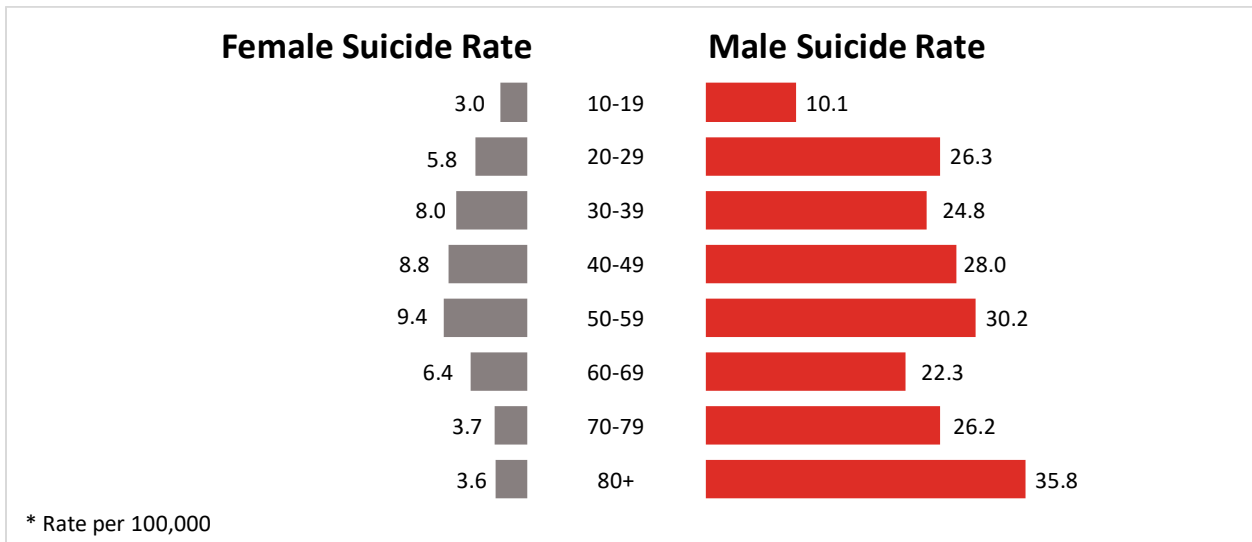
The Michigan Violent Death Reporting System (MiVDRS)ⁱ collects and links data from multiple data sources to help stakeholders develop public health prevention strategies to reduce deaths and injuries due to interpersonal and self-directed violence. During the three-year period 2014–2016, 3,982 Michigan residents died by suicide.

Age-adjusted suicide death rates* by Health Department, 2014–2016

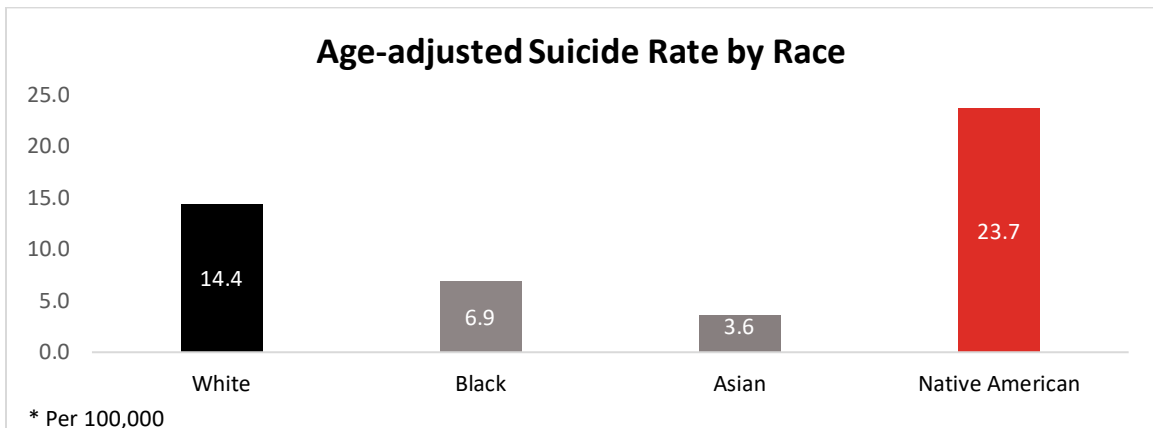


*Deaths per 100,000 population

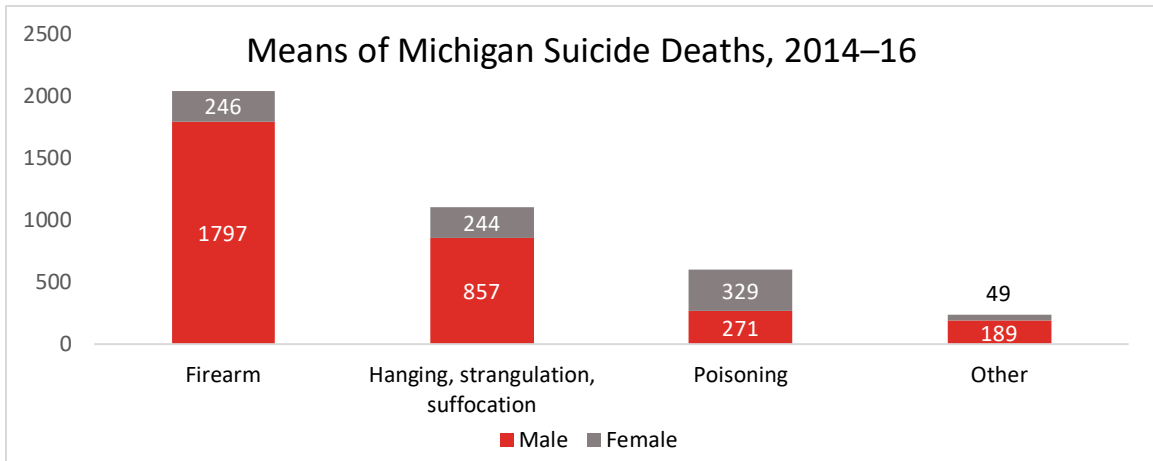
At every age, men were more likely than women to die by suicide in 2014–16.



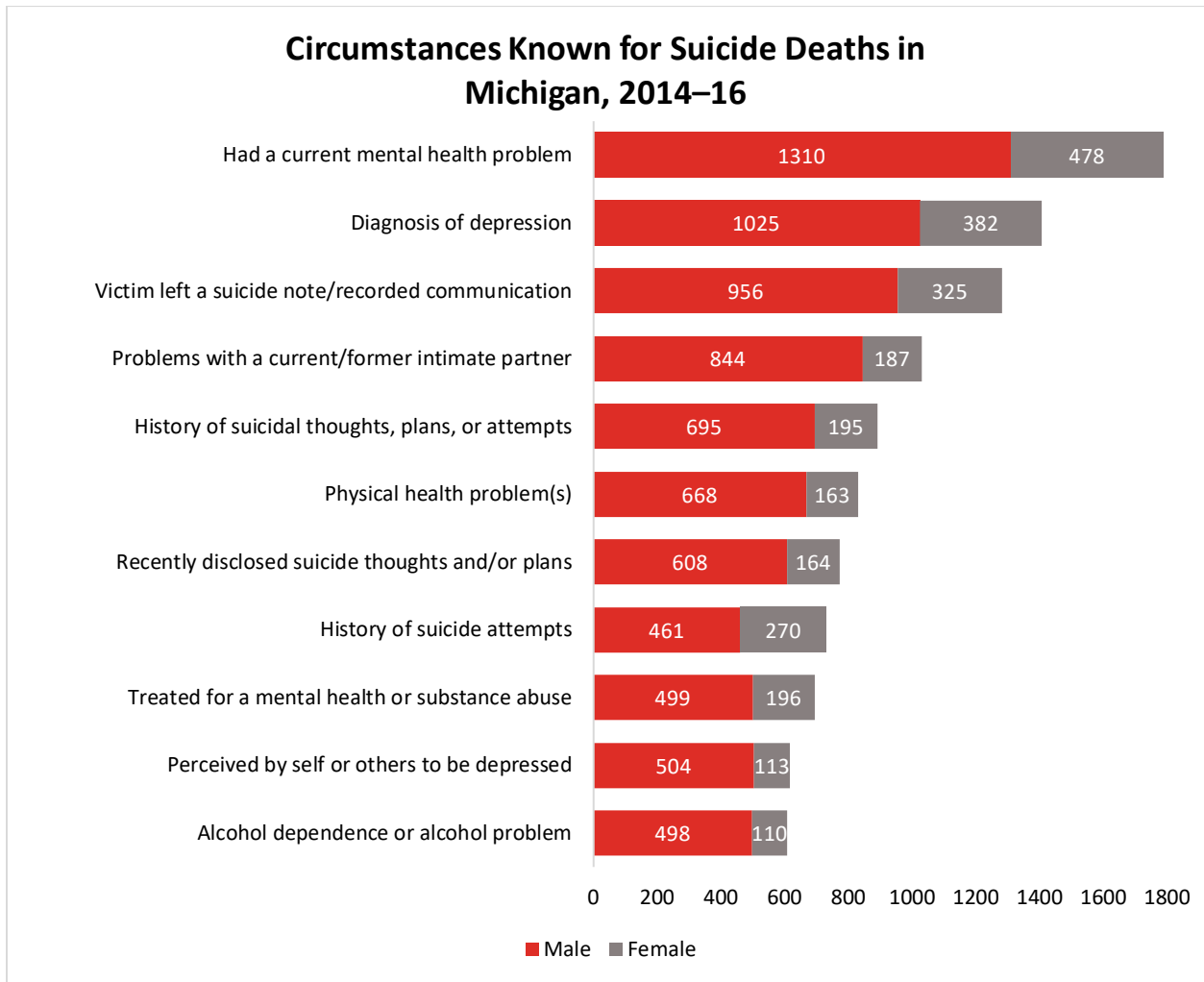
The Michigan age-adjusted suicide rate was 13.2 in 2014–16, but the rates vary by race, ranging from 3.6 for Asian Americans to 23.7 for Native Americans.



Firearms were used in half of all suicide deaths in Michigan in 201–16, but women were more likely to use poison.

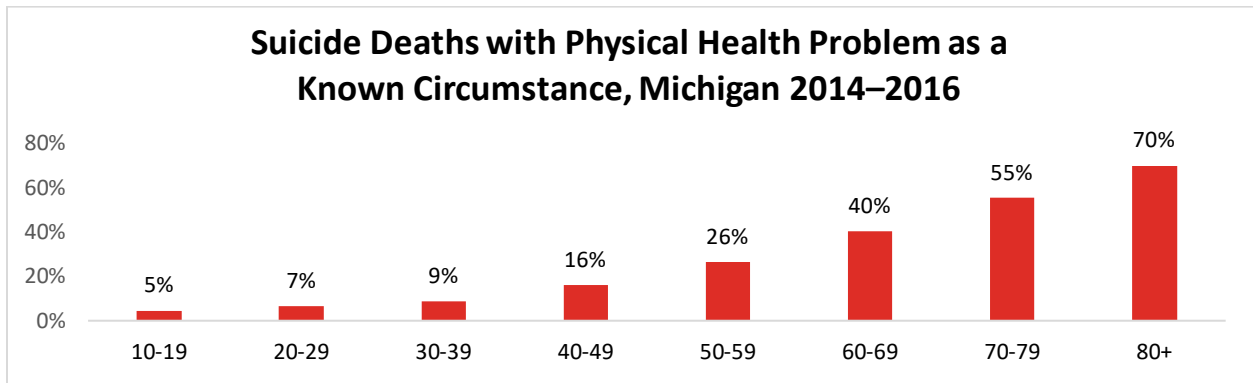


At least one circumstance was known for 90% of suicide deaths that took place in Michigan in 2014–16. Half (47% of men and 61% of women) involved someone who had a current mental health problem. Women (34%) were twice as likely as men (16%) to have a history of suicide attempts.

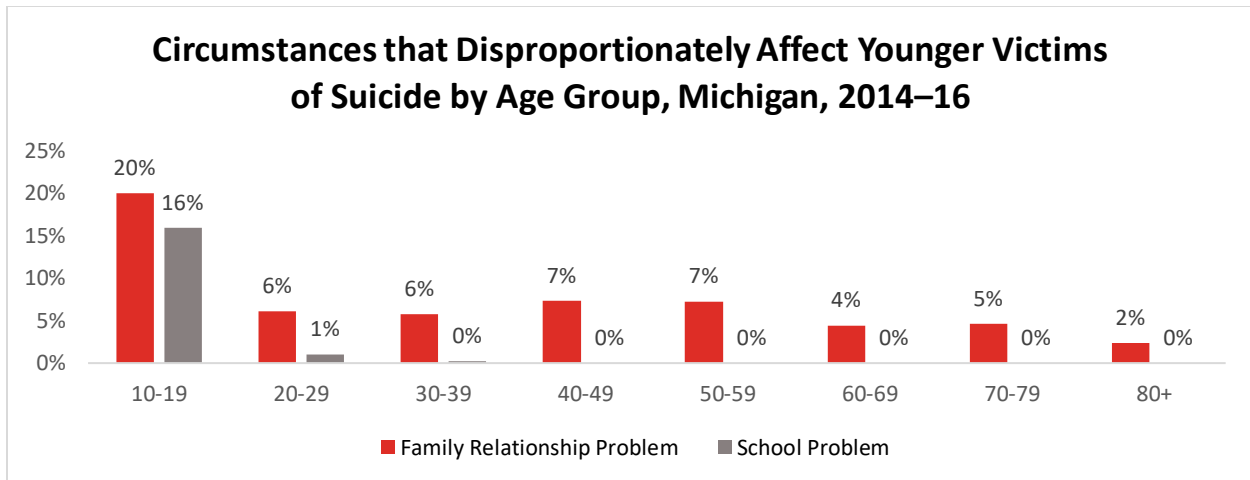


There may be more than one known circumstance for each death, or no known circumstance.

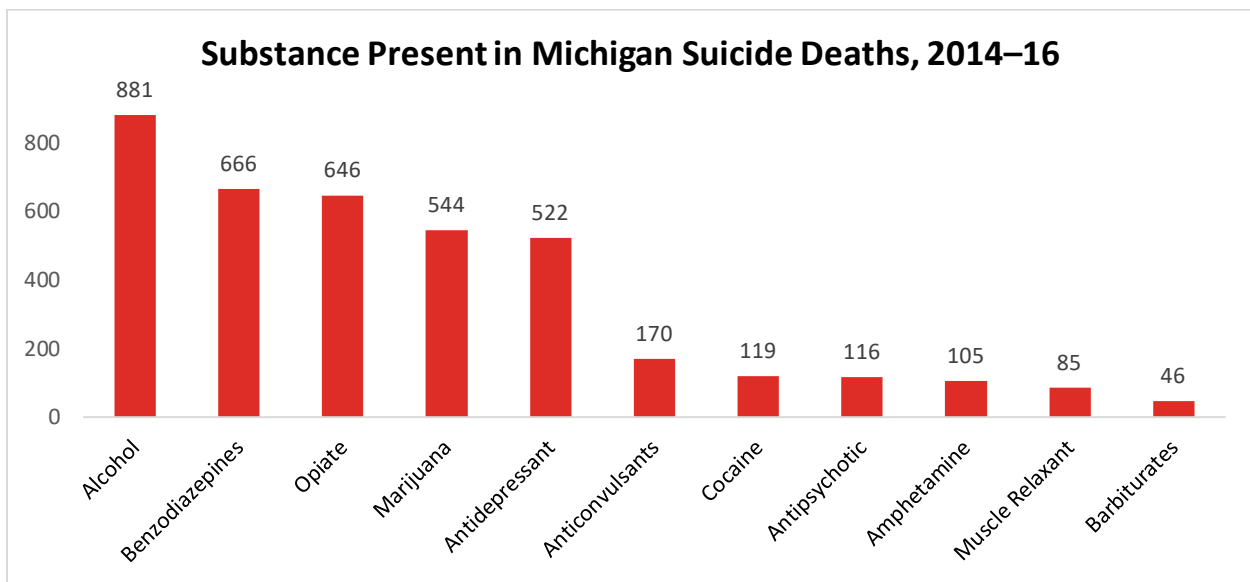
Physical health problems were a known circumstance in 70% of suicide deaths among those 80 and older.



Family relationship problems were a known circumstance in 20% of suicide deaths among those age 10–19, and school problems were a circumstance in 16% of deaths in that age range.



Alcohol was the most commonly found substance in suicide deaths, followed by benzodiazepines and opiates.



It is unknown how many victims were tested for each substance. More than one substance may be present.

If you or someone you know may be considering suicide, contact the [National Suicide Prevention Lifeline](https://www.nimh.gov/help/helpers/national-suicide-prevention-lifeline): 1-800-273-8255; En Español: 1-888-628-9454; Deaf and Hard of Hearing: 1-800-799-4889; or Text: 741741.

i. MiVDRS Website [MDHHS - MiVDRS \(michigan.gov\)](https://www.michigan.gov/mdhhs/0,4570,7510_14257_14253_14254_14255,4_7510-14257-14253-14254-14255,0_0.html).
For more data details contact SmithP40@michigan.gov.

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