

2026-27 Influenza Vaccine Recommendations



STAGES	RECOMMENDED GUIDANCE
Infants and Children	All infants and children ages 6 months and older. Some infants and children ages 6 months through 8 years may need two doses. Talk to your health care provider to determine number of doses.
Pregnancy	All pregnant individuals.* Only administer inactivated influenza vaccine (IIV) or recombinant influenza vaccine (RIV). Do NOT use live attenuated influenza vaccine (LAIV), mRNA influenza vaccine and adjuvanted IIV. Vaccines should be given before the start of flu season, by the end of October, however any time during flu season is encouraged. Pregnant individuals who are in their third trimester at the beginning of the flu season should receive their influenza vaccine as soon as it is available.
Adults 19 through 64	All adults 19 through 64 years of age.* Any influenza vaccine appropriate for age and health status.
Adults 65 and older	All adults 65 and older.* Due to a stronger immune response for aging immune systems, Fluzone High-Dose, Flublok, Fluvad and mFlusiva are preferred, if available. If these preferred vaccines are not available, any other influenza vaccine appropriate for age and health status should be administered.

*Health care personnel should receive an annual influenza vaccination given their repeated occupational exposure and contact with patients at high risk of severe disease.

For more information on influenza vaccines, including details about the 2026-27 Food and Drug Administration approval, visit Michigan.gov/COVIDFluRSV. The MDHHS influenza vaccine guidance aligns with the guidance from the [American Academy of Pediatrics](#), the [American College of Obstetricians and Gynecologists](#) and the [American Academy of Family Physicians](#). If preferred vaccines are not available, do not miss an opportunity to vaccinate; administer any influenza vaccine appropriate for age and health status.

As a reminder, speak to your health care provider about all the vaccines that are recommended for you.