Women's Huron Valley Correctional Facility Program's Department 3201 Bemis Rd. Ypsilanti, MI 48197



Women's Huron Valley Correctional Facility (WHV)

Program's Department Brochure



CFA Programming

 WHV Programs are guided by gender-based responsive principles and are delivered through state and local collaboration. Page 2

Table of Contents

Table of Contents	2
In Reach Workshops and Seminars	3
Phase I Programs	3
WHV Library Services	4
Education Programs	5
Enrichment Classes Proctored by Outside Learning	5
Institutions	
Pregnant Prisoner Services	5
Classification/Other Opportunities	5
Addictive Behavior Support Groups	6
Domestic Violence Education	6
Phase I Substance Abuse Education	6
Faith-Based Programs	6
Religious Services	6
Girl Scouts Beyond Bars (GSBB)	6
Boy Scouts Huron Trails	6
Certified Peer Support Specialist (CPSS) Program	6
Girls On The Rise	6
Hobbycraft Program/Recreation Programs	7
Chance For Life (CFL)	7
Youth Enrichment Program (YEP)	7
Prisoner Creative Arts Program (PCAP)	7
Performing Arts Programs	7
Shakespeare in Prison	7
Staying In Closer Touch (SICT)	7
National Lifers of America (NLA)	7
ZEN & Yoga Classes	7

**Kite CPC-Program's Department for participation unless otherwise noted

Page 7

Hobbycraft Program Recreation Programs (<i>Kite Recreation</i>) Athletic programs are structured and include weights and aerobics basketball, softball, volleyball, open gym, etc.	Chance for Life (CFL) A peer mediation program for prisoners. CORE peer mediators were selected for this opportunity by WHV administrators. Training classes are now offered to interested prisoners.
Youth Enrichment (<i>Kite Calhoun B Prison</i> <i>Counselor</i>) For female prisoners age 21 and younger, offers Forward Thinking (required) and elective programming. Mentoring opportunities available.	Prisoner Creative Arts Program (PCAP) Prisoners are provided with creative outlets such as creative writing, art workshops and drama opportunities.
Performing Arts Programs Prisoners not only experience health benefits, but new skills and increased self esteem in this program through ballet/dance.	Shakespeare in Prison Prisoners learn theatre exercises and skills in preparation for a full production of a play by William Shakespeare.
Staying In Closer Touch (SICT) Eligible prisoners are able to record a book for their children and mail it home to them to facilitate bonding and literacy.	National Lifers of America (NLA) Prisoners are assisted with a broader understanding of the criminal justice system.
	ZEN & Yoga Classes These classes teach meditation and/or stretching exercises to

prisoners.

Help Make Things Right

Addictive Behavior Support Groups

Narcotics Anonymous (NA) Alcoholics Anonymous (AA) Compulsive Shoplifter's Anonymous (CASA) Celebrate Recovery (CR) (Kite Chaplain for CR only, faith-based recovery group).

Phase I Substance Abuse Education

The focus is substance abuse education and cognitive restructuring to prevent relapse.

Domestic Violence

Prisoners who are in a current or have experienced a past abusive relationship learn about domestic violence and its effects.

Page 6

Faith-Based Programs

*One Day With God *Restoring Broken People *Prison Fellowship Re-Entry *Bridge Builders *Moms in Prayer *(Kite Chaplain)*

Religious Services (Kite Chaplain)

WHV supports any person's goal of spiritual growth. A wide range of services are held including Protestant, Keryx, Catholic, Islamic, Jewish, Jehovah Witness, Buddhist, Wicca, Mormon and Native American services.

Girls On The Rise

A youth intervention initiative whereby trained prisoners facilitate monthly workshops with at risk girls. The focus is on educating, empowering, and inspiring girls to make informed life choices, avoiding criminal thinking/behavior.

Certified Peer Support Specialist Program

A trained CPSS works with fellow prisoners providing hope, encouragement and support. CPSS Certification is recognized in the community.

Girl Scouts Beyond Bars (GSBB) & Boy Scouts (Huron Trails)

Incarcerated mothers are able to participate in a Girl Scout and/or Boy Scout troop with their daughters/sons on a monthly basis.

Page 3

Prisoner Re-Entry In Reach Workshops & Seminars

(Kite PR Facility Coordinator)

Domestic Violence Education**

Family Focus

80 Strong Mentoring Workshop (Wayne)**

as community funding and/or volunteers are available

Phase I Programs

These programs are determined by COMPAS risk/need or other assessments completed during intake. You do not need to kite for Phase I Programs. There is a required application to the RSAT program listed below which is available via your ARUS or Prison Counselor.

>Moving On- Cognitive Domain

>VOICES- Cognitive Domain

>Beyond Violence (RSAT)- Violence Prevention Domain

>Beyond Violence (General Population)- Violence

Prevention Domain

>Meridian's- Violence Prevention Domain

>Seeking Safety- Social Support Domain

>Parenting Inside Out- Social Support Domain (*Kite CPC-Programs if you have a DHHS or court order to complete a parenting class*)

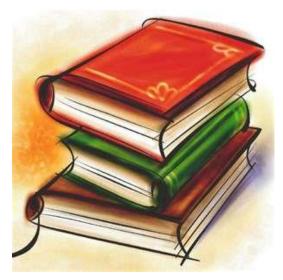
>Phase II Outpatient Substance Abuse Treatment- Substance Abuse

>RSAT & RSAT Dual Diagnosis (Kite RSAT Administrator with questions about Residential Substance Abuse Treatment)

Page 4



*General Library *Law Library *Legal Writer Services



Educational Programs (Kite School)

GED- General Education Development ABE- Adult Basic Education Special Education Digital Literacy Building Trades Custodial Maintenance Auto Mechanics Horticulture Food Technology Vocational Counseling Employment Readiness

Enrichment Classes Proctored by Outside Learning Institutions (EMU or UMD)

(Kite CPC-Programs when class announcements are posted)

American Government Great Books Social Work Poetry Writing Workshop Anthropology Innovator Capstone Women's Studies Inside/Out Program

(Jackson College)

(Kite School when class announcements are posted)

Achieving Personal Success & English
Classes may change each semester



Pregnant Prisoner Services

(Kite CSW- Pregnant Prisoner Programs) Pregnancy Counseling & Postpartum Services Lamaze Classes Post Birth Support Group

Classification/Other Opportunities

(Kite ARUS/PC and/or Classification) Job Pools; Training for Legal Writers, MSI Dental Lab, HIV & PREA Peer Education Programs (RGC), Prisoner Observation Aide