



Safe Drivers Smart Options is a statewide strategy to support the safe transportation of Michigan's aging adults.

Safe Drivers Smart Options (SDSO) has information and resources for:

- Aging adults who currently drive, providing support for as long as they are able to do so safely;
- Assisting with the transition from driving to non-driving, or as we put it “retirement from driving;”
- Community-based mobility options for those who have retired from driving, ensuring lifelong mobility.

An important part of this strategy is the development and launch of an award-winning website, developed through a public/private partnership of state agencies and academia, all with one goal in mind - lifelong mobility.

SDSO website is designed to provide information, to raise awareness, and provide resources for key stakeholders who are committed to supporting lifelong mobility. The website is organized by stakeholders, specifically, the drivers themselves, family and friends, law enforcement professionals, healthcare professionals.

Aging Drivers:

- Keeping you driving safely as you age.
- Helping you consider your driving retirement.
- Providing resources and recommendations to organizations related and community resources to assist you in your driving retirement.
- Staying active and mobile in your driving retirement

Family and Friends:

- Beginning the conversation about your friend/family’s plans for mobility.
- Keeping your aging driver driving safely.
- Assisting your aging driver during and after their decision to retire from driving.
- Helping your aging driver stay active in their driving retirement.
- Organizations and resources who work with aging drivers.

Law Enforcement Professionals:

This section of the web site is designed to inform and educate law enforcement professionals who encounter aging drivers. This section contains:

- *Michigan Law Enforcement Aging Driver Roll Call Video* - This video provides law enforcement professionals with tips to help identify potential cognitive impairment and actions to take when there is a concern.
- *Michigan's Guide for Aging Drivers and their Families* - This guide is a resource that professionals may refer to aging drivers, family members and caregivers, helping them to understand how aging and age-related changes in health may affect safe driving. It is available to download and printed copies may be requested at no cost.
- *NHTSA Fact Sheets and Videos* - Driving when you have Alzheimer's, Arthritis, Cataracts, Diabetes, Glaucoma, Parkinson's or Vision Disorders.
- *Cues for law Enforcement* - This is an online information resource designed to provide law enforcement officers cues for determining the safe operational needs of aging drivers.
- *Identification and Referral of Medically Impaired Older Drivers* - This educational program, known as Training, Research and Education for Driving Safety (TREDS) at the University of California, San Diego School of Medicine, is designed to train law enforcement to recognize warning signs of impaired driving skills and to take appropriate, compassionate action.
- *IACP'S ALZHEIMER'S INITIATIVES Roll call training videos* - The International Association of Chiefs of Police's (IACP) Alzheimer's Initiatives training program has developed four short roll call training videos. These videos address various situations that law enforcement and first responders may encounter when responding to a person with Alzheimer's disease or dementia.

Health Care Professionals:

This section of the website is designed to inform and education health care professionals in their interactions and advocacy of aging drivers. It includes:

- *Michigan's Guide for Aging Drivers and Their Families* - This guide is a resource that professionals may refer to aging drivers, family members and caregivers, helping them to understand how aging and age-related changes in health may affect safe driving. It is available to download and printed copies may be requested at no cost.
- *NHTSA Fact Sheets and Videos* - Driving when you have Alzheimer's, Arthritis, Cataracts, Diabetes, Glaucoma, Parkinson's or Vision Disorders.
- *Clinician's Guide to Assessing and Counseling Older Drivers* - The information in this guide is provided to assist physicians and other medical professionals in evaluating the ability of their older patients to operate motor vehicles safely as part of their everyday, personal activities.
- *Disability License Plates and Parking* - The site provides information about the eligibility requirements for Michigan disability license plates and both permanent and temporary disability parking placards. Links are provided to application forms and an informational brochure.
- *Association for Driver Rehabilitation Specialists (ADED)* - Fact Sheets on Arthritis, Aging, Alzheimer's, Arthritis, Parkinson's, Stroke and Vison.

Resources for ensuring lifelong mobility, including:

- *Michigan's Guide for Aging Drivers and Their Families* - This guide is a resource that professionals may provide to aging drivers, family members and caregivers, helping them to understand how aging and age-related changes in health may affect safe driving. It is available to download and printed copies may be requested at no cost.
- *Driving Transitions Education - Tools, Scripts, and Practice Exercises* - This resource provides professionals who work directly with aging adults, their families, and concerned community members with the tools, scripts, and practice exercises to develop the necessary skills required for effective conversations about driver safety.
- *Travel Training* - This website provides training, an online community and resources to assist travel training professionals in teaching aging individuals how to use public transit safely and independently.
- *Supplemental Transportation Programs for Seniors* - This report summarizes a Supplemental Transportation Program (STP) study, analyzing the effectiveness of the community-based transportation programs that complement or supplement existing services. STPs provide needed services that public transit systems and paratransit are not able to provide.
- *Drive Well Toolkit: Promoting Older Driver Safety and Mobility in Your Community* - This toolkit is for people working directly with aging adults and provides information about the issues related to aging drivers and later-life independence and mobility, how to plan and implement public information events, and evaluate the effectiveness of older driver programs.
- *Organizing and Managing Senior Transportation Options* - this online certificate program is designed for professionals in the field of aging services and transportation services interested in addressing senior transportation challenges and managing services that meet the mobility needs of an aging population

Additional Resources:

State, federal, private sector and nonprofit organizations that address the questions, challenges and concerns confronting aging drivers and their families.

Driver Evaluation Referrals:

- *Michigan's Driver License Requirements* - This is a link to the requirements for a Michigan Driver's License. All motorists must have a valid driver's license to drive on Michigan's public roads. They are issued for up to four years and expire on the driver's birthday
- *Driving Rehabilitation Agencies and Resources* - This link includes a list of agencies that provide specialized services related to driving rehabilitation. Information is also provided on whether the agency provides on-the-road evaluations and whether they have a certified driving rehabilitation specialist on staff.
- *Referring a Driver for a Driver Reexamination with the Michigan Department of State* - The steps for referring an individual to the Michigan Department of State for a driver reexamination are explained at this site, including how the reexamination is administered and what possible outcomes might result.
- *Driver Assessment Reexamination Process of the Michigan Department of State* - This is a link to the Secretary of State's website that outlines the process the Michigan Department of State

uses to reexamine an individual's safe driving abilities and the physical, mental, and vision standards.

Find a Ride:

- *Alternative Transportation Services/Transit Authorities by County* - This link is a more than 80-page listing by County of known transportation and transit services which includes contact information for each resource and a description of the services they provide. The listing is updated as new information is received by the Michigan Department of State.
- *Eldercare Locator* - The Eldercare Locator, a public service of the U.S. Administration on Aging, connects individuals to services for older adults and their families
- *Local Bus Service for Michigan Counties* - A link to the Michigan Department of Transportation's website for information on bus service available locally. This resource is searchable by County.
- *Michigan Area Agencies on Aging* - Michigan's 16 Area Agencies on Aging are trusted, unbiased, non-profit organizations that provide information, resources, and services to older adults, persons with disabilities, and their family caregivers.
- *Rail and Public Transit* - This is a link to the Michigan Department of Transportation's website for information on public transit services such as passenger buses and rail services.

Members of the Safe Drivers Smart Options Operating Committee include:

Automobile Association of America (AAA Michigan), American Association of Retired Persons - Michigan Chapter (AARP), Alzheimer's Association - Greater Michigan Chapter, Area Agency on Aging Association 1-B, Area Agency on Aging Association of Michigan, Association for Driver Rehabilitation Specialists (ADED), Aging and Adult Services Agency, Beaumont Hospital, Blueprint for Aging Michigan, Dean Transportation, Driver's Rehabilitation Center of Michigan, Federal Highway Administration (FHWA) – Michigan, Geriatric Social Workers of Southeast Michigan (GSWSM), Henry Ford Health System, Mary Free Bed Rehabilitation Hospital, Mason County Sheriff's Office, Michigan Academy of Family Physicians (MAFP), Michigan Association of Chiefs of Police (MACP), Michigan Association of Planning - American Association of Planning (APA MI), Michigan Department of Health and Human Services, Michigan Department of State, Michigan Department of Transportation, Michigan Health and Hospital Association, Michigan Office of Highway Safety Planning (OHSP), Michigan Primary Care Association, Michigan Pharmacists Association (MPA), Michigan Public Transit Association (MPTA), Michigan Sheriff's Association (MSA), Michigan State Police (MSP), Michigan Trauma Coalition (MTC), National Association of Social Workers (NASW) - Michigan Chapter, Southeast Michigan Council of Governments (SEMCOG), Sparrow Health System, Spectrum Health, State Farm Insurance, Traffic Improvement Association of Michigan (TIA), University of Michigan Health, University of Michigan Transportation Research Institute (UMTRI), Ingham County Medical Care Facility