

YO GUHANA INTERA YEREKEYE UKWAKIRA. 29

Mu gihe uhuza urugwiro n'inshuti n'abo mu muryango:

Muhurire hanze igihe cyose bishoboka. Ibyago biba byikubye inshuro zirenga 20 igihe muri mu nzu.

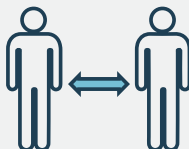
Igihe muhuriye mu nzu, muhure muri ingo zitarenze ebyiri kandi muri abantu batarenze 10.

Igihe urwaye, ntugire aho ujya.

Kurikiza aya mabwiriza igihe ubishoboye cyose:



Ambara agapfukamunwa - ugakuremo gusa igihe ufata amafunguro cyangwa unywa, hanyuma wongere ukambare.



Musige intera ya metero ebyiri



Gabanya igihe mumarana mu nzu - igihe kinini = ibyago byinshi.



Vugira hasi - gusakuza cyagwa kogeza bishobora kongera COVID-19 mu kirere inshuro zigera kuri 30.



Karaba intoki kenshi gashoboka kandi ntimugasangire ibikoresho

Nyuma yo guterana, wikurikirane ku bijyanye n'ibimenyetso bya COVID-19. Niba hari uwo mwari kumwe wumva arwaye, jya kwipimisha.

Ku yandi makuru yerekeye guteranira ahantu hari abantu benshi, sura [Michigan.gov/Coronavirus](https://www.michigan.gov/Coronavirus). Ibibazo cyangwa impungenge

bishobora koherezwa kuri imeyili kuri COVID19@michigan.gov.