




Remaining live programs for 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Nov 26	<p>WORKSHOP SERIES: (WEEK 1 of 4) Coping with Grief and Loss for the Holidays, 6 p.m.</p>		<p>WORKSHOP SERIES: (WEEK 1 of 4) Coping with Grief and Loss for the Holidays, noon</p>			<p>WORKSHOPS: (WEEK 2 of 4) Creative Coping, 1 p.m.</p> <p>(WEEK 2 of 4) Staying Well Through the Holidays: An emotional health workshop for teens, 2 p.m.</p>
Dec 3	<p>WORKSHOP SERIES: (WEEK 2 of 4) Coping with Grief and Loss for the Holidays, 6 p.m.</p> <p style="text-align: center;"></p>		<p>WORKSHOP SERIES: (WEEK 2 of 4) Coping with Grief and Loss for the Holidays, noon</p> <p style="text-align: center;"></p>			<p>WORKSHOPS: (WEEK 3 of 4) Creative Coping, 1 p.m.</p> <p>(WEEK 3 of 4) Staying Well Through the Holidays: An emotional health workshop for teens, 2 p.m.</p> <p style="text-align: center;"></p>

Dec 10	Dec 11 WORKSHOP SERIES: (WEEK 3 of 4) Coping with Grief and Loss for the Holidays , 6 p.m.	Dec 12	Dec 13 WORKSHOP SERIES: (WEEK 3 of 4) Coping with Grief and Loss for the Holidays , noon	Dec 14	Dec 15	Dec 16 WORKSHOPS: (WEEK 4 of 4) Creative Coping , 1 p.m. (WEEK 4 of 4) Staying Well Through the Holidays: An emotional health workshop for teens , 2 p.m.
Dec 17	Dec 18 WORKSHOP SERIES: (WEEK 4 of 4) Coping with Grief and Loss for the Holidays , 6 p.m.	Dec 19	Dec 20 WORKSHOP SERIES: (WEEK 4 of 4) Coping with Grief and Loss for the Holidays , noon	Dec 21	Dec 22	Dec 23

Happy Holidays !