

Travel Safety During COVID-19

Michigan.gov/Coronavirus

Travel increases your chance of spreading and getting COVID-19. We recommend that you consider the risks before you travel. Fully vaccinated travelers are less likely to get and spread COVID-19. If possible, delay travel until you are <u>fully vaccinated</u>. Do NOT travel if you were exposed to COVID-19, you are sick or you test positive for COVID-19. If you must travel, take these steps to protect yourself and others from COVID-19.

Recommended actions for Michigan residents traveling out of state

It is safest to avoid out of state travel at this time until you are fully vaccinated, but if travel is unavoidable, please take the following steps to protect yourself and others:

- Get tested for COVID-19 before and after travel per the guidance on page two.
- Do NOT travel if you test positive for COVID-19.
- <u>Check travel restrictions before you go; especially information about spread of any of the</u> <u>new variants of COVID_19 in the locations you plan to visit.</u>
 - Some variants seem to spread more easily and quickly than other variants, which may lead to more cases of COVID-19.
- Wear a mask over your nose and mouth according to guidance from the <u>CDC</u> and <u>MDHHS</u>. Masks are required on planes, buses, trains, and other forms of public transportation traveling into, within, or out of the United States and in U.S. transportation hubs such as airports and stations. This applies to whether or not you are fully vaccinated.
- Avoid crowds and stay at least 6 feet/2 meters (about 2 arm lengths) from anyone who did not travel with you. It's important to do this everywhere both indoors and outdoors.
- Wash your hands often or use hand sanitizer (with at least 60% alcohol).
- Bring extra supplies, such as masks and hand sanitizer.
- Avoid contact with anyone who is sick.
- Avoid touching your eyes, nose, and mouth.

When traveling in Michigan:

- For face mask **requirements**, please review the current <u>MDHHS Gatherings and Face Mask</u> <u>Order</u>.
- For face mask **recommendations**, please review the <u>Rapid Public Health Alert: Face Mask</u> <u>Recommendations</u>.



Guidance for Unvaccinated Travelers

Includes those who are not fully vaccinated

Before Travel

- <u>Get tested</u> with a PCR or antigen viral test one to three days before you travel. Keep a copy of your test results with you during travel in case you are asked for them.
- Don't travel if you test positive; immediately isolate yourself and follow public health recommendations.
- A negative test does not mean that you were not exposed or that you will not develop COVID-19. Make sure to wear a mask, avoid crowds, stay at least six feet from others, wash your hands, and watch your health for signs of illness while travelling.

After Travel

- Get tested with a viral test 3-5 days after your trip and stay home and self-quarantine for a full 7 days after travel, even if your test is negative.
- If you don't get tested, stay home and self-quarantine for 14 days after travel.
- International travelers should have a negative COVID-19 test result before they board a flight to the United States.

Recommendations for Those who are Fully Vaccinated with an FDA or World Health Organization authorized vaccine

- Get tested with a <u>viral test</u> 3-5 days after travel.
 - If your test is positive, <u>isolate</u> yourself to protect others from getting infected.
- Self-monitor for COVID-19 symptoms; isolate and get tested if you develop symptoms.
- Follow all <u>state and local</u> recommendations or requirements after travel.

For the latest information on Michigan's response to COVID-19, please visit

<u>Michigan.gov/Coronavirus</u>. You may also call the COVID-19 Hotline at 888-535-6136 or email <u>COVID-19@michigan.gov</u>.

For additional guidance on safe travel see the following: <u>https://www.cdc.gov/coronavirus/2019-ncov/travelers/travel-during-covid19.html</u>

