

The Michigan Sexual Abuse Prevention Program has adopted the following **Mission Statement:**

In maintaining our goal of increasing community safety, the Michigan Department of Corrections (MDOC) is committed to providing effective, efficient, research driven sex offender treatment to offenders with current sex offense convictions and histories of sexual offending. Of central importance is decreasing the risk of sexual re-offense which is achieved through the following:

- 1) Utilizing empirically-based and validated assessment tools developed specifically for sex offenders.
- 2) Implementing treatment techniques grounded in evidence-based principles and delivered by well-trained staff.
- 3) Maintaining rigorous quality assurance practices.
- 4) Ensuring continuity of care from point of incarceration through release to the community setting.

The Michigan Sexual Abuse Prevention Program matches sexual recidivism risk to treatment duration, intensity and dosage. Prisoners are assessed by a validated actuarial risk assessment tool and then placed in the appropriate treatment program. Inmates that are recommended for MSAPP receive the relevant assessments according to ERD and are placed into programming according to ERD, with inmates with the earliest ERDs placed at the top of the list and given priority.

**PROGRAM RECOMMENDATIONS:**

Assessment Score	Programming
<b>Very Low Risk</b> <i>Level I</i>	Sexual Offender Risk Assessment (SORA)*
<b>Below Average Risk</b> <i>Level II</i>	Sexual Offender Risk Assessment (SORA)*
<b>Average Risk</b> <i>Level III</i>	Sexual Offender Risk Assessment (SORA)*
<b>Above Average Risk</b> <i>Level IVa</i>	100-250 hours, with at least 6-12 months of clinician led MSAPP Therapy
<b>Well Above Average Risk</b> <i>Level IVb</i>	200-300+ hours, with at least 12-18 months of clinician led MSAPP Therapy

**\*Note:** Other factors contributing to determination of treatment level include Psychological Assessment and Treatment Overrides.

**Programming will consist of the following 6 phases:**

**Phase I-Treatment Readiness (TRY)**

**Phase II-Treatment Motivation & Determination**

**Phase III-My Personal History: Autobiography & Disclosure**

**Phase IV-Skill Building & Action Steps**

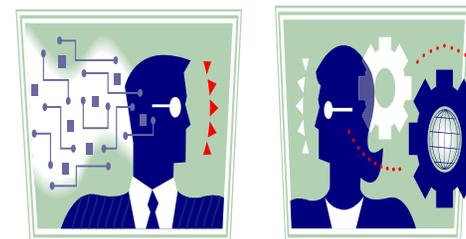
**Phase V-Self-Management & Good Life Plans**



**Phase VI-Community & Maintenance**

In 2010, the Michigan Department of Corrections (MDOC) contracted with the Center for Effective Public Policy (CEPP) for their Center for Sex Offender Management (CSOM) to conduct a review of current policies and practices regarding the delivery of institutionally-based treatment for those who have engaged in sexually abusive behaviors and provide recommendations for enhancing policy and practice based on the principles of evidence-based practice. At that point, 13 recommendations for future practice and policy were developed. A workgroup then translated those recommendations into a Strategic Action Plan.

An implementation workgroup consisting of MDOC psychologists and Central Office staff utilized the strategic action plan. This plan was operationalized it into an evidenced based residential program. The goal of this new program is to increase public safety by reducing criminal sexual recidivism amongst the current prison population.



Everything that you do is a step towards healthy living or towards destructive living.  
Which one do you choose?



The Michigan Sexual Abuse Prevention Program (MSAPP) has been designed to provide offenders with:

- skills to make healthier decisions
- self-confidence
- pro-social thinking

This program was designed to reduce the probability of sexual assault by assisting offenders in developing self management plans that provide them with skills, self-confidence, and attitudes necessary to pursue an individualized good life. In other words, the program anticipates that sex offenders who complete treatment will be better equipped for healthier functioning to meet their own basic needs, thus less likely to reoffend and create new victims.

Several prisons have been designated as MSAPP hubs. Within each of these prisons, Residential Treatment Unit(s) (RTU) have been created. These units house prisoners who have a history of sexual misbehavior. Each treatment unit is comprised of housing unit staff and psychological staffs comprise a treatment team. In addition, to the treatment team, prisoners have access to a self-help library and self-help group facilitators. These elements greatly enhance the therapeutic experience for RTU residents.

**Specific Areas Covered in the MSAPP:**

**Changing thoughts**-Learn how to identify and change anti-social thinking and replace with more pro-social thinking.

**Developing healthy attitudes**-Create new beliefs and attitudes about sexuality, sexual interests, preferences and emotional intimacy

**Regulating feelings**-Learn how to identify and express emotions in more appropriate ways, including managing anger.

**Developing appropriate behavior**-Identify old behaviors and create healthy new behaviors which will lower the risk of: substance abuse, antisocial thinking and interpersonal and family/marital conflicts.

**Creating a plan for a healthy lifestyle**- Increase confidence to make healthier choices, review strategies targeting criminogenic needs, increase healthy supports, and develop a personalized plan with pro-social goals for a good life with no more victims.

**The initial steps needed to start healthy living:**

1. Prescreen Interview date:

\_\_\_\_\_

2. TRY Start Date:

\_\_\_\_\_

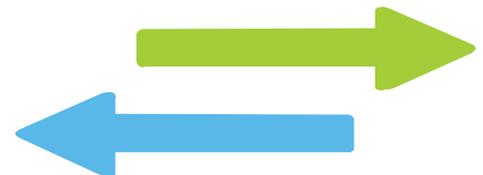
3. MSAPP Phase II-V Start Date:

\_\_\_\_\_

4. Names of Clinical Staff:

\_\_\_\_\_

\_\_\_\_\_



**PEOPLE FAIL FROM LACK OF PLANNING.  
START CHOOSING HOW YOU WANT TO LIVE YOUR LIFE TODAY.**

**MSAPP Website Address:**

[http://www.michigan.gov/corrections/0,4551,7-119-68854\\_68856\\_74016---,00.html](http://www.michigan.gov/corrections/0,4551,7-119-68854_68856_74016---,00.html)