

Meeting Minutes

Location: Virtual meeting Date: July 12, 2022 6 - 8 p.m.

Welcome - Roll Call

PRESENT FOR THE MICHIGAN TRAILS ADVISORY COUNCIL

- Bob Wilson, Chairperson
- Kenneth Hopper, Vice Chairperson
- Michael Maves
- Mark Losey
- Jessi Adler (absent/expired term)
- Jason Aric Jones
- Jenny Cook (expired term)
- Richard Williamson (absent)
- Donald Kauppi (absent/resigned)
- ETS (vacant)
- Snow (vacant)

PRESENT FOR THE DEPARTMENT OF NATURAL RESOURCES (DNR) STAFF

- Tim Novak, Kristen Bennett, Jessica Holley-Roehrs, Annalisa Centofanti, Ron Yesney, Dakota Hewlett, Greg Kinser, Nick Van Bloem, Paige Perry, Scott Slavin, Jill Sell, Peter Costa
 - OTHERS: James Maike, Robert Allen, Amy Matisoff (MDOT), Karen Middendorp, Trevor Hoffer, Karl Davenport, Kristen Thrall (USFS), Don Britton, Anna Lee, Jim Hunt, Amy Scharmen-Burgdolf, Scott Silvers, Cheryl McCormick, Brittany Pazdan (DHHS)

Meeting minutes

Meeting called to order at 6:02 p.m.

Bob Wilson, MTAC Chairperson, addressed the council with a brief statement. Bob thanked council members for adjusting schedules to accommodate for this meeting. Bob has been following a couple policy related items, one of which is the federal funding received to develop and manage trails in Michigan. From Bob's review of the federal funding, it seems a significant amount is reserved for paved trails. Bob suggested in the future and giving the change for the public's interest in natural surface nonmotorized trails, he would like to see more funding go to natural surface nonmotorized trails, where there are significant voids. Bob welcomed Tim Novak, the new State Trails Coordinator (STC). Bob mentioned that there is a proud heritage of STC's over the years and he looks forward to working with Tim. MTAC will adopt the role of the annual review and board meeting for RTP funds. Lastly, a resolution is on the agenda for an MTAC restructure which Jason Aric Jones has worked on and Bob is in support. There may be some legislation involvement to move this forward. Bob has reached out to the Governor's office regarding the current vacancies on MTAC and implored them to fill these with people that are willing to make a commitment, engage on a consistent basis, and provide input.

MTAC did not fulfill a quorum today and there will be no votes taken during this meeting. All business matters and resolutions will be moved to the next meeting in September.

PUBLIC COMMENT

Cheryl McCormick – Atlanta to Hunt Creek MCCCT Trail. Greg Kinser, DNR, will connect with Ms. Cheryl McCormick.

Scott Silvers – Michigan Ebike Trail Access

Mr. Scott Silvers is a member of MMBA Motor City Chapter. Scott would like to see forward movement for class one Ebikes use on nonmotorized trails, specifically mountain biking. Scott inquired if a subcommittee will be formed to explore Michigan trails Ebike access. Scott also mentioned that a resolution proposed to restructure MTAC makes sense to include representation for mountain bikes, horses, and water trails. Scott has seen a lot of growth in those areas that have been underrepresented. Bob Wilson stated that until we fill the MTAC vacant seats, we do not have the resources to form subgroups.

Raymond Gustafson – Forest trails should be open for vehicle usage allowing handicap people and veterans to use the trails.

Jenny Cook – ETS Regional Report ETS report attached; horses are good for people.

BUSINESS ITEMS FOR DISCUSSION

STC INTRO - TIM NOVAK

Tim Novak introduced himself as the new State Trail Coordinator with the DNR Trails Section. Tim's background history in recreation is in various capacities, including a bachelor's degree in Outdoor Recreation and a masters in Parks and Recreation Administration. Tim worked with the University of Notre Dame in their athletics department and worked for Rochester Community school's as their District Athletic Director. Most recently, Tim comes from the City of New Baltimore, where he served as their Parks and Recreation Director. He is looking forward to working with this group moving trails forward in Michigan.

Mike Maves, council member, said the longer we go virtual the less participation we are seeing. There is a need to go back to in person meetings. Bob Wilson agrees that there is extra energy and more business that can be conducted when face-to-face. Mike feels he is not making an impact as much as he can. Bob will see if one of the remining two meetings in 2022 can be scheduled in person.

Karl Davenport, public speaker, seconded what Mike Maves said, agreeing MTAC has been inactive. Also, Karl is hoping to see members from subcommittees sit on MTAC.

Bob Wilson stated there has been so much turn over and we no longer have a robust council. Bob is hoping to see movement by the end of the year on these vacancies.

RTP ANNUAL MEETING REQUIREMENT

Dakota Hewlett presented a PowerPoint reviewing the Recreation Trail Program (RTP) process and the designated 2022 project list (attached). Bob Wilson time frame for review and approval on annual basis. Spring build list for following year.

Mark Losey asked who can apply for the RTP funds? Dakota responded in Michigan the projects are cultivated internally within the DNR and are not solicited from external stakeholders. Mark asked how a project can get on the list for consideration? Dakota said to work with local DNR state trail specialist.

Scott Silvers commented for Ebikes that are allowed on nonmotorized trails, can funds from RTP used on those trails, such as the Musketawa Trail. Dakota said 40% of the funds can be used on mixed trails.

Ken Hopper said he hopes to revisit the RTP project list and see how other states are processing their list. Ken also would like to define MTAC's role with the annual meeting obligation. Ken also noted that on the RTP web site, multi-use does not have to be mix of motorized and nonmotorized. Dakota replied saying most of our Michigan trails have some level of mixed use.

MTAC Meeting Minutes July 12, 2022

Tim Novak asked Dakota to explain what is nonmotorized. Dakota said anything that is not snow, ORV, and Ebikes.

Jason Aric Jones said going back 10-15 years comparing other states and our state as how the RTP program is administered, identifying there is no competitive process in place for our state and this has set wrong with many people. There needs to be more input from the public side what projects to consider, instead of being dictated the project list.

Bob Wilson commented that in the future he would Dakota to work with MTAC prior to the annual meeting to discuss and review the project list and add some recommendations.

ARPA & SPARKS FUNDING

Tim Novak, DNR, shared a spreadsheet of the identified trail projects for ARPA and/or SPARKS funding. Most projects on the list are already in progress, while some are in design. Tim noted that due to the short spending constraint time frames, a list was developed with projects that will fall into that scope. Projects are spread all over the state.

Jason Aric Jones expressed disappointment about the small percentage of the funds that are going towards natural surface nonmotorized trails. There is not enough money going into progressive natural surface nonmotorized trails. The demand is out there, and there is a blind spot in the state regarding natural surface nonmotorized trails.

Bob Wilson remarked legislature needs to be made aware of the impact for trail developing, managing, and maintaining. Trails in Michigan will continue to get the short end of the stick until we have legislators that are trail sympathetic.

Tim Novak mentioned a lot of this funding supports trails use, like restroom facilities, parking lots, and pavilions where trails users will utilize these infrastructures. These funds will alleviate a substantial backlog in Parks and Recreations overall work improvement plan. After these infrastructure projects are completed, then there will be flexibility to move forward with a more diverse trail program in the future.

Jason Aric Jones added that he wishes the Department would transition natural surface trails nonmotorized trails from state park operations to trail systems section.

UPDATES

USFS

Kristen Thrall, USFS, provided an update. The forest service considers Ebikes as motorized no matter what, as it is by federal regulation and part of the travel management rule. The forest

service is aware of the growing demand for Ebike usage and moving forward will include Ebikes in their analysis.

Kristen added two bridges have been completed on the North County Trail that were funded by the Great American Outdoors Act. The bridges are located in the Baldwin/White Cloud district, near Newaygo.

Thank you to those that participated in recent sustainable recreational trail discussions. Following up and next steps, the USFS would like to host a conservation about finance. Reach out to Kristen if you want to be added to the mailing list for this discussion.

Exciting news is that the USFS will soon be hosting Jeremy Wimpy, the trail designer of The Dragon. Jeremy did design the Wild Cat mountain bike trail in Oscoda for forest services. He will be helping with the construction of a 14-mile mountain bike trail, the losco Exploration Trail.

SUBCOMMITTEE REPORTS

EQUINE TRAILS SUBCOMMITTEE (ETS) – Jenny Cook (report attached)

NON-MOTORIZIED ADVISORY WORKGROUP (NAW) - Jason Aric Jones

Jason Aric Jones mentioned a lot of the same items talked about in this meeting were the same topics in the most recent June NAW meeting, such as the ARPA funding, Ebikes, and MTAC restructure. The important take away from the meeting is the NAW board approved a resolution in support of a exploring an MTAC restructure.

SNOWMOBILE ADVISORY WORKGROUP (SAW) - Mark Losey

Mark Losey provided an overview from the June SAW meeting. A topic that was discussed is the \$1.5M held back for equipment purchases. A section of trail on Miners Castle Trail is in proposal for a reroute and discussions surrounded around possible funding sources to tap into outside of the snow program funds. A free Snowmobile weekend is upcoming and riders will be encouraged to get out and recreate. Lastly, kudos to the DNR for continuing to expand the snow sport with permanent trail easements.

OFF ROAD VEHICLE ADVISORY WORKGROUP (ORVAW) - Bob Meyers

Bob Meyers passed along that the ORVAW committee is full, with all vacancies being appointed. Bob relayed from James Maike, ORVAW Chairperson, there is a real need and desire for in person meetings.

MOBILE DONATION

Dakota Hewlett, DNR

Mobile Cause is a web-based tool which allows trail and recreational users a way to donate to a specific trail or use type. Dakota provided a demonstration of the mobile cause web page. The soft

roll out took place over National Trails day in June. The site is live now and you will see a major push during trails week in September. Flyers and posters will offer QR scan codes to simplify the process and link you to the donation web page. Flyers and posters will be displayed at Kiosks and trail heads.

Bob Wilson asked if a donation can be regionalized? Dakota replied yes, the tool can be modified to accommodate. Although Dakota said initially, we want to see the activity.

Ken Hopper asked where does money get funneled to, and is it transparent? Dakota replied the money goes into the DNR gift account, with separate accounts set up for each trail type option. Dakota said during trails week, projects will be promoted where funds were raised in previous years from donations.

Jason Aric Jones said in the interest of transparency he would like to see a bar style goal, similar to United Way. Jason believes this type of awareness brings on competition between user groups. MTAC should be given a report where the donation break down is going. Dakota we can work towards that in the future, the program was just rolled out in June and there has been a minimal amount money has been received.

Karl Davenport is there an administrative fee pulled out of this? Dakota said no there is not, Mobile Cause charges each credit card a small fee, therefore paying for the program up front. At this time there is no staff or administrative fee taken away from the donated funds.

ALLEGAN STATE GAME AREA (SGA) PROPOSAL - Robert Allen

Robert Allen has submitted a review of his proposal to MTAC (attached), it has been over a year since he submitted this proposal. Robert finds it difficult in that he has not received a written response from DNR Wildlife (WLD) in response to the proposal. WLD has organized an internal focus group and will not address any responses until late fall. The Allegan SGA has existing trails that are neglected. Robert is looking for some transparency from DNR WLD in the process to understand what is going on.

Jill Sell, DNR, has asked for an update from local WLD and was told Robert's group has been doing some surface maintenance and feedback received has been positive from people using the trails. Local DNR staff is still waiting to hear back from WLD Chief as to what direction this is taking.

Bob Wilson said it seems DNR WLD does not want to promote aggressive use on their lands. Jill Sell said the DNR WLD takes a careful approach for how they manage their lands. From Bob's standpoint, he sees a citizen commitment (Robert) and does not see any commitment from DNR WLD.

MTAC Meeting Minutes July 12, 2022

Robert said he has lived in the Allegan SGA for 25 years and has studied the community along with the SGA. This proposal addresses so much that it actually improves hunting and wildlife management.

Bob Wilson asked Jill Sell to get back with Robert and himself when DNR WLD is expected to provide a response.

Jason Aric Jones added people have been approaching State Game Area's to use for recreational trail use. Jason mentioned state trails are not a priority for DNR WLD, and there has to be transparency in the DNR WLD when proposals are submitted.

Jenny Cook asked if Robert has a proposed map to share and will this have any impact on the horse trails. Robert said the map was submitted with proposal. The proposal does not impact horse trails.

DNR REGIONAL STAFF REPORTS

Written reports are provided to council members. For future MTAC meetings, Bob Wilson has asked if each trail specialist can highlight a couple projects from their reports.

2022 MEETINGS

Sept. 22; Dec. 7 – Locations are TBD

Bob Wilson has cited conflicts with the two remaining meetings and is proposing to change the dates/times.

CLOSING/ROUND ROBIN

Ken Hopper

Ken remarked that he wants to be involved in discussion surround Mobile Cause funding moving forward. Ken also would like to revisit the clearing house events idea, involving convention and tourism bureaus.

Mark Losey commented that new members to MTAC should be offered some kind of member orientation or mentorship. Mark has been struggling with his role since he was appointed during COVID and has not had the opportunity to meet any of the board members in an in-person setting. Bob Wilson said this is a great topic for next meeting. Mark supports this idea.

Richard Williamson agrees with holding in person meetings and concurs with Mark Losey, it has been challenging participating since he was appointed during COVID.

Meeting adjourned at 7:57 p.m.

Discover the Benefits Horses Hold for You

Discover the **treasure of benefits** that are naturally good for you. A **partnership** with a creature that can take you across fields, through woods, splashing through water, and up and down trails, like you have never traveled before who naturally expects you to be the leader of this partnership.

"There is something about the outside of a horse that is good for the inside of a man." Winston S. Churchill

When we learn how horses' think, communicate, learn, and why they obey us, we can be **respectful leaders** of creatures who are faster, larger, stronger, quicker response time, longer endurance, more agile, keener vision, better sense of smell, and hearing than us.

Horses are **prey animals** and every meat-eating creature, including humans, are their predators. It is quite amazing that we have cultivated a **working**, **trusting relationship**, and **communication** with horses, who by nature, should be afraid of us. Because of this natural pecking order, of predator and prey, horses expect us to be the leaders of our partnerships. Horses **appreciate when they are treated with respect.**

Horses hold us **immediately accountable**. We are entrusting our lives with them, and they are trusting their lives with us. This is a perfect platform for building trust. As trust and communication are built, horses can **use their energy to learn and not just to survive**. This is when effective training can take place. Horses can learn many levels of training from beginner to very advanced.

Horses are always communicating with us expressed by their body language, mouth, head, ears, tail positions, and eye expressions. It is our responsibility to listen. When your communication and understanding becomes so fine-tuned, you only need to slightly move your body to give cues and the horses will respond. As communication is refined and horses obey, layers of trust are built, and you can empower the horse and allow them to use their gifts to their best ability. This is when you are rewarded for being the respectful leader. The horse becomes an extension of you.

Horses do not care if you are young, old, wealthy, or poor, **they care about how you handle them**. They will "read" you. They will access your body language, observe your walking strides as you approach them, your tone of voice, heartbeats, touch, and scent.

Horses do not lie. Horses give us **honest, immediate, tactical, and visual feedback**. They will react according to your actions, and even **mirror your attitude**, giving us a reflection of how we are portraying ourselves to others. We are the leaders of this dance. Treat horses with the honor and dignity they deserve. **Treat them how YOU would like to be treated.**

Also, when you are in the presence of horses, you are in present time. You need to handle the task at hand and not to be concerned about anything else. **Present time is a gift.** It can be a break from your past and a release from the worries of tomorrow. Horses use their past experiences as knowledge to survive the present moment and go forward. We can learn from these examples and live in the moment. Start making and enjoying positive moments and memories. **Enjoy the moment.**

As of September 30, 2021, according to U S House of Representative H B 7608, horses are **declared Equine Assisted Services (EAS).** Medical research has found **substantial health benefits** for people when they are near horses including, but not limited to; coherent heartbeat, right and left brain unison

functions, providing avenues for learning, allowing better and easier focus and recall, building balance, confidence, coordination, decision making, empathy, emotion regulation, flexibility, goal setting, kindness, muscle strengthening, patience, problem solving skills, self-awareness, self-discipline, verbal, and non-verbal communication skills, and stamina. While decreasing anger, anxiety, blood pressure, depression, hostility, tension, and cortisol levels indicating stress hormones. Horses are healthy for people.

Horses' body shape and bone structures are **physically designed to fit us perfectly.** They simulate our walking, jogging, and running strides. Horses can carry 20% of their body weight or about 220 lbs. They can pull up to twice their body weight or about 2200 lbs. They are useful partners for all therapeutic activity including emotional, mental, physical, and substance abuse.

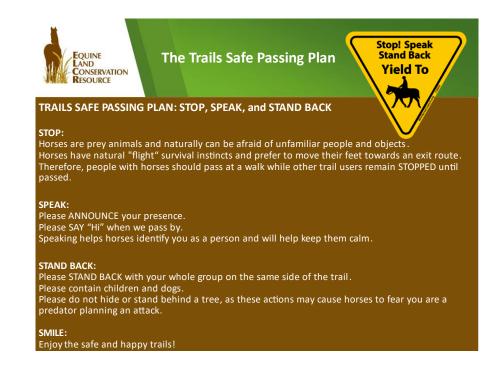
Every previous generation recognized the benefits of horses and used them for hunting, industry, military, pleasure, sport, and transportation. Horses are gifts we shouldn't ignore. Horses should be welcomed and celebrated.

"The horse is the noblest of all domesticated animals. He seems to have been expressly made for the service of man, and his beauty, knowledge, strength, and intrepid spirit, combined with his extreme docility, naturally renders him his faithful ally in all his pursuits, both for industry and pleasure." Edward Neddo, Veterinary Surgeon 1881.

Discover your treasure today!

Check out Michigan Horse Trails Directory for horseback riding trails, camping, and horse rentals: http://michiganhorsetrails.com/

When you encounter people with horses, please follow the Trails Safe Passing Plan: STOP, SPEAK, and STAND BACK:



Thank you for following the Trails Safe Passing Plan: STOP, SPEAK, and STAND BACK and learning about the natural instincts and gifts of horses. Understanding these horse facts will drive out fears of horses, give compassion and respect for horses and people with horses, and provide a plan of action when you encounter horses and people with horses.

Equine Land Conservation Resource would like to thank the following:

Jenny Cook, Michigan Trails Advisory Council Equestrian Representative (MTAC)

<u>mi.trail.rep@gmail.com</u>, Jena Cook, and Lynsey Cook for developing the Trails Safe Passing Plan:

STOP, SPEAK, and STAND BACK educational resource https://elcr.org/wp-content/uploads/2022/05/TRAILS-SAFE-PASSING-PLAN-5-25-22.pdf

Roaring Fork Valley Horse Council of Aspen/Snowmass, Colorado, for the use of the Trails Safe Passing Plan: STOP, SPEAK, and STAND BACK sign https://www.rfvhorsecouncil.org/ rfvhc.Colorado@gmail.com Please contact RFVHC for copies of the TSPP signs and if you would like your name and/or logo included as a partnership agreement to follow the Trails Safe Passing Plan: STOP, SPEAK, and STAND BACK.

For more information on equine access to public trails, visit www.elcr.org

Jenny Cook Michigan Trails Advisory Council Equestrian Representative (MTAC) SW Michigan Equestrian Trails Subcommittee Representative (ETS) mi.trail.rep@gmail.com (269)998-5916

Results of Environmental Horse Studies:

- Environmental Aspects of Horses on Trails American Trails https://www.americantrails.org/resources/environmental-aspects-of-horses-on-trails
- Horse Manure on Hiking Trails: A Nonissue Kentucky Equine Research https://ker.com/equinews/horse-manure-hiking-trails-nonissue/
- Getting Real About Horses and Trails https://www.gmhainc.org/getting-real-horses-trails/
- Horses as Trail Users
 https://www.americantrails.org/resources/horses-as-trail-users
- Horse Manure on the Trails: Should we do something? https://elcr.org/horse-manure-on-the-trails-should-we-do-something/
- Understanding the Trail Horse Our Heritage in Horses Horse-Manure-on-the-Trails-by-Lyndall-Erb2-2019-002.pdf (elcr.org)

Studies Indicating Horses Are Good for People:

- Using Equine Therapy as Mental Health Treatment https://www.verywellmind.com/equine-therapy-mental-health-treatment-4177932
- Horses Are Confirmed Therapy for Military Veterans with PTSD https://blog.theanimalrescuesite.greatergood.com/ptsd-horse-therapy/

• Horses Reduce Stress in Children

https://www.horsejournals.com/popular/horse-industry/horses-reduce-stress-children

• Why Kids Should Ride

https://horseandrider.com/western-horse-life/why-kids-should-ride

• Veterans, experts say horse therapy shows promise as PTSD treatment https://www.foxnews.com/health/horsetherapy-ptsd-help-veterans-experts

• The Therapeutic Value of Horses

https://www.psychologytoday.com/us/blog/ending-addiction-good/201708/the-therapeutic-value-horses

• MSU Extension: The science behind equine-assisted therapy and what benefits riders take from the experience.

https://www.canr.msu.edu/news/the science behind equine assisted activities and therapeutic riding part i

• Horses Change the Brain Wave Patterns of Humans

https://horsereflections.com.au/b612428ae64b506933cc32800504a640b9b71361ecd3ababfa854a24f25b7f74postnameb6 12428ae64b506933cc32800504a640b9b71361ecd3ababfa854a24f25b7f74/horseschange-brain-wave-patterns/

• Equine-Assisted Therapy: Physical and Emotional Benefits https://www.zarebasystems.com/articles/equine-assisted-therapy

• Healing through horses: Equine therapy at Midland's Remnant Fields https://www.secondwavemedia.com/midland/features/remnant-fields-equine-therapy-05-219.aspx

Horses and Trail Use:

History of horses and trails:

https://www.americantrails.org/resources/horsepower-where-it-all-started

• Economic output of outdoor recreation of equestrians:

http://www.motherlodetrails.org/alerts/us-bureau-reports-economic-output-of-outdoor-recreation-at-386-billion

• Equestrian Trail Riders Lifestyle:

https://www.americantrails.org/resources/the-equestrian-trail-riders-lifestyle

• How horses learn and react:

https://crissimcdonald.com/2019/07/20/your-horse-isnt-distracted/

• Trail Love -Trail Etiquette Suggestions -YouTube https://www.youtube.com/watch?v=GKR6WQTjR-I

• Horses as Trail Users:

https://www.americantrails.org/resources/horses-as-trail-user

Robert Allen Allegan State Game Area Proposal Update

MTAC Meeting - July 2022

REVIEW/UPDATE

The proposal seeks to update and modify the established recreational trails in the Allegan State Game Area. The plan recommends moving recreation xc ski/mountain bike trail loops to areas that border Allegan and Hamilton communities. Community loops would consist of smaller loops of trails within 60-80 acre areas bordering residential, lower value hunting areas. A linear trail coursing through the ASGA, connecting community loops, would consist of trail running along wildlife areas that are restricted to hunting (present trails along high banks and swan creek areas). This would result in abandoning present large outdated trail loops located in prime hunting areas in the center of the game area.

These suggested changes would create the following benefits:

- 1. Decreasing human activity in the center of the ASGA will improve the hunting experience, and forest/wildlife management efforts.
- 2. Environmental impact of the new trail system (compared to present trails) will be lessened by, decreasing trail width and length, and decreasing forest area footprint.
- 3. Maintenance and management of the trail system will be less costly and more efficient through design and sustainability measures of new trail features.
- 4. New trail system will improve safety, accessibility and quality of citizen's trail experience.
- 5. Trail system would be consistent with the goals of "Michigan Trail Towns".
- 6. Community support and adoption of trails will increase with the new trail system.
- 7. Community loops would provide a community "stay point" enhancement to quality of community life experience, while the linear trail "through it" would create a "waypoint" destination for hunters, wildlife tourists and adventure backwood recreational users.

UPDATE

The following events took place over the last guarter:

- The second ASGA Trails workshop was held May 21st. Eleven Participants attended to gain instruction and skills in single track trail development and maintenance (a DNR requirement).
- 2. Meeting with DNR Wildlife Biologist/Manager monthly. Obtained approval to work on two dangerous hill trail sections. Discuss wildlife and forest management as it pertains to recreation trails in game areas.
- 3. Improvements made to two hill trail sections, applying principles of safety and sustainability to the reroute, while improving ride experience(see photos).
- 4. Internal DNR mtb trail focus group. The outcome of this group has been pushed back from May 2022, to Sept 2022.

- 5. 1st annual "Red Turtle Run" benefit to raise money for ASGA trails. Allegan Community/Michigan's Edge Mountain Bike Association effort raised approx. \$1000.00 for ASGA trail improvement.
- 6. Met with Michigan's Edge Mountain Bike Association, explaining the challenges of recreation trail systems in state game areas. Discussed real and unrealistic expectations.

FUTURE GOALS

- 1. Await report from DNR Wildlife Internal MTB Trail Focus Group
- 2. Continue to work with MEMBA and Allegan Community with the goal of creating long term commitments to a sustainable trail system that serves citizens and DNR wildlife.
- Continue to work on dangerous hill trail sections as allowed by DNR Wildlife Management
- 4. Meet with community foundation to discuss further, expressed interest in supporting ASGA single track trails.