

**County: Alger**

<p>American Lung Association of Michigan 227 West Washington Marquette, MI 49855</p>	<p><b>Contact:</b> Carol Margrif, Regional Manager <b>Phone:</b> 1-800-LUNG-USA <b>Fax:</b> 906-228-3430 <b>E-Mail:</b> cjmargrif@lushen.com</p>	<p><b>Program Cost:</b> Varies <b>Target Population:</b>  <input checked="" type="checkbox"/> <b>Youth</b>  <input checked="" type="checkbox"/> <b>Adult</b>  <input type="checkbox"/> <b>General Population</b>  <input type="checkbox"/> <b>Pregnant Women</b>  <input type="checkbox"/> <b>Women</b>  <input type="checkbox"/> <b>Other Populations</b></p>
<p><b>Cessation Program Description:</b> Website is free, password protected and available 24 hr/day. It is the Freedom From Smoking Clinic content online with a messageboard feature. Our 1-800-548-8252 Call Center also can answer cessation questions by either an RN or RT. Youth should ask about the NOT program at their school.</p>		

<p>Munising Tribal Health Center P.O. Box 229 Wetmore, MI 49895</p>	<p><b>Contact:</b> Donald Cosgrove <b>Phone:</b> 906-387-4614 <b>Fax:</b> 906-387-4727 <b>E-Mail:</b> dcosgrove@saulttribe.net</p>	<p><b>Program Cost:</b> <b>Target Population:</b>  <input checked="" type="checkbox"/> <b>Youth</b>  <input checked="" type="checkbox"/> <b>Adult</b>  <input checked="" type="checkbox"/> <b>General Population</b>  <input checked="" type="checkbox"/> <b>Pregnant Women</b>  <input checked="" type="checkbox"/> <b>Women</b>  <input type="checkbox"/> <b>Other Populations</b></p>
<p><b>Cessation Program Description:</b> Patients are provided information and counseling with the use of medications to assist with smoking cessation individualized to patient's needs. Also provides individual or group counseling. Alt. Phone Number: (800) 236-4705</p>		

**County: Allegan**

<p>Allegan General Hospital 555 Linn Allegan, MI 49010</p>	<p><b>Contact:</b> Melissa Makowski <b>Phone:</b> 269-686-4200 <b>Fax:</b> 269-686-4320 <b>E-Mail:</b></p>	<p><b>Program Cost:</b> Cost <b>Target Population:</b>  <input type="checkbox"/> <b>Youth</b>  <input type="checkbox"/> <b>Adult</b>  <input checked="" type="checkbox"/> <b>General Population</b>  <input type="checkbox"/> <b>Pregnant Women</b>  <input type="checkbox"/> <b>Women</b>  <input type="checkbox"/> <b>Other Populations</b></p>
<p><b>Cessation Program Description:</b> "Leave the Pack Behind" consists of 8 classes in a 7 week period. Classes are held from 6 pm - 7:30 pm in the Schuyler Room at the hospital. Call Susan at 269-686-4200 to sign up. Fee: \$40.</p>		

**County: Allegan**

Borgess Pipp Hospital 411 Naomi  Plainwell, MI 49080	<b>Contact:</b> Diane Foerster <b>Phone:</b> 616-349-8140 <b>Fax:</b> <b>E-Mail:</b>	<b>Program Cost:</b> Cost <b>Target Population:</b> <input type="checkbox"/> : Youth <input type="checkbox"/> : Adult <input checked="" type="checkbox"/> : General Population <input type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input type="checkbox"/> : Other Populations
<b>Cessation Program Description:</b>		

**County: Alpena**

Alpena Boys and Girls Club 601 River Street  Alpena, MI 49707	<b>Contact:</b> Kim Krajniak <b>Phone:</b> 989-356-0214 <b>Fax:</b> <b>E-Mail:</b>	<b>Program Cost:</b> <b>Target Population:</b> <input checked="" type="checkbox"/> : Youth <input type="checkbox"/> : Adult <input type="checkbox"/> : General Population <input type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input type="checkbox"/> : Other Populations
<b>Cessation Program Description:</b>  Adolescent Tobacco Abuse Cessation (ATAC) Program. First offense the class is optional. Second offense the class is mandatory. A free 10-week smoking cessation program that addresses the needs of teen tobacco users. Focuses on behavior modification.		

Freedom From Smoking 1501 West Chisholm Street  Alpena, MI 49707	<b>Contact:</b> Jan Kane <b>Phone:</b> 989-356-7337 <b>Fax:</b> <b>E-Mail:</b> jkane@agh.org	<b>Program Cost:</b> Cost <b>Target Population:</b> <input type="checkbox"/> : Youth <input type="checkbox"/> : Adult <input checked="" type="checkbox"/> : General Population <input type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input type="checkbox"/> : Other Populations
<b>Cessation Program Description:</b>  The program is offered four times per year.		

**County: Antrim**

Northwest Michigan Community Health Agency 220 West Garfield Street Charlevoix, MI 49720	<b>Contact:</b> Teresa Vanas <b>Phone:</b> 231-547-6523 <b>Fax:</b> <b>E-Mail:</b>	<b>Program Cost:</b> <b>Target Population:</b> <input type="checkbox"/> Youth <input type="checkbox"/> Adult <input type="checkbox"/> General Population <input type="checkbox"/> Pregnant Women <input type="checkbox"/> Women <input type="checkbox"/> Other Populations
<b>Cessation Program Description:</b> Teen Cessation program (American Lung Association's NOT).		

**County: Arenac**

Sterling Area Health Center 725 East State P.O. Box 740 Sterling, MI 48659	<b>Contact:</b> Pam Yanoski <b>Phone:</b> 517-654-3501 <b>Fax:</b> <b>E-Mail:</b>	<b>Program Cost:</b> Free <b>Target Population:</b> <input type="checkbox"/> Youth <input type="checkbox"/> Adult <input type="checkbox"/> General Population <input type="checkbox"/> Pregnant Women <input type="checkbox"/> Women <input type="checkbox"/> Other Populations
<b>Cessation Program Description:</b> Smoking cessation counseling for youth who are caught smoking in school.		

**County: Baraga**

American Lung Association 227 W. Washington Marquette, MI 49855	<b>Contact:</b> Carol Magrif, Regional Manager <b>Phone:</b> 1-800-LUNG-USA <b>Fax:</b> 906-228-3430 <b>E-Mail:</b> cjmargrif@lushen.com	<b>Program Cost:</b> <b>Target Population:</b> <input type="checkbox"/> Youth <input checked="" type="checkbox"/> Adult <input type="checkbox"/> General Population <input type="checkbox"/> Pregnant Women <input type="checkbox"/> Women <input type="checkbox"/> Other Populations
<b>Cessation Program Description:</b> Website is free, password protected and available 24 hr/day. It is the Freedom From Smoking Clinic content online with a messageboard feature. Our 1-800-548-8252 Call Center also can answer cessation questions by either an RN or RT. Youth should ask about the NOT program at their school.		

**County: Baraga**

Bay Indian Community Health Clinic 102 Superior Baraga, MI 49908	<b>Contact:</b> <b>Phone:</b> 906-353-8700 <b>Fax:</b> <b>E-Mail:</b>	<b>Program Cost:</b> <b>Target Population:</b> <input type="checkbox"/> : Youth <input type="checkbox"/> : Adult <input checked="" type="checkbox"/> : General Population <input type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input type="checkbox"/> : Other Populations
<b>Cessation Program Description:</b>		

**County: Barry**

Barry District Health Department 110 West Center Street Hastings, MI 49058	<b>Contact:</b> <b>Phone:</b> 616-945-4304 <b>Fax:</b> 616-945-2413 <b>E-Mail:</b>	<b>Program Cost:</b> <b>Target Population:</b> <input type="checkbox"/> : Youth <input checked="" type="checkbox"/> : Adult <input type="checkbox"/> : General Population <input type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input type="checkbox"/> : Other Populations
<b>Cessation Program Description:</b> The program includes behavior change counseling, Zyban and or nicotine patches and weekly tobacco support group through Barry County Substance Abuse.		

**County: Berrien**

Berrien County Tobacco Reduction Coalition Berrien County Health Department 769 Pipestone, P.O. Box 706 Benton Harbor, MI 49023	<b>Contact:</b> Marc Schoeneich <b>Phone:</b> 269-927-5629 <b>Fax:</b> 269-927-5688 <b>E-Mail:</b> mschoene@berrien.localhealth.net	<b>Program Cost:</b> Free <b>Target Population:</b> <input checked="" type="checkbox"/> : Youth <input checked="" type="checkbox"/> : Adult <input checked="" type="checkbox"/> : General Population <input type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input type="checkbox"/> : Other Populations
<b>Cessation Program Description:</b> Alternatives to smoking support group. Positive, healthy ways to quit smoking. 6 sessions. Call for times and dates.		

**County: Berrien**

Frederick S. Upton Education Center Lakeland Medical Center 1234 Napier Avenue St. Joseph, MI 49085	<b>Contact:</b> Michelle Warren <b>Phone:</b> 616-927--5663 <b>Fax:</b> <b>E-Mail:</b>	<b>Program Cost:</b> Free <b>Target Population:</b> <input type="checkbox"/> : Youth <input type="checkbox"/> : Adult <input checked="" type="checkbox"/> : General Population <input type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input type="checkbox"/> : Other Populations
<b>Cessation Program Description:</b> Alternatives to Smoking Support Group. Program focuses on positive, healthy ways to quit smoking. Thursdays starting January 31. 4 sessions total from 5:30-7:00 pm.		

Lakeland Regional Health System 31 North St. Joseph Avenue Niles, MI 49120	<b>Contact:</b> Michelle Warren <b>Phone:</b> 616-927-5663 <b>Fax:</b> <b>E-Mail:</b>	<b>Program Cost:</b> Free <b>Target Population:</b> <input type="checkbox"/> : Youth <input type="checkbox"/> : Adult <input checked="" type="checkbox"/> : General Population <input type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input type="checkbox"/> : Other Populations
<b>Cessation Program Description:</b> Alternatives to Smoking Support Group. Positive, healthy ways to quit smoking. Sessions are Thursdays beginning February 28. 4 sessions total from 5:30-7:00 pm.		

**County: Branch**

Community Health Agency-Branch, Hillsdale, St. Joseph 570 Marshall Road Coldwater, MI 49036	<b>Contact:</b> Health Promotion <b>Phone:</b> 517-279-9561 <b>Fax:</b> 517-278-2923 <b>E-Mail:</b> frudakisv@bhsj.org	<b>Program Cost:</b> <b>Target Population:</b> <input type="checkbox"/> : Youth <input type="checkbox"/> : Adult <input checked="" type="checkbox"/> : General Population <input type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input type="checkbox"/> : Other Populations
<b>Cessation Program Description:</b> Individual cessation classes are conducted upon request		

**County: Calhoun**

<p>Battle Creek Health Systems                  Outpatient Center                  300 North Avenue                  Battle Creek, MI 49016</p>	<p><b>Contact:</b> Deb Pierce  <b>Phone:</b> 269-966-8438  <b>Fax:</b> 269-966-8437  <b>E-Mail:</b> pierced@trinity-health.org</p>	<p><b>Program Cost:</b> Free  <b>Target Population:</b>  <input type="checkbox"/> Youth  <input type="checkbox"/> Adult  <input checked="" type="checkbox"/> General Population</p>
<p><b>Cessation Program Description:</b>                  Fresh Start program-Community Education class 2 x year (free).                  Quitting for Life counseling \$65.00 for 2 (1 1/2 hour sessions) and                  phone follow up.</p>		<p><input type="checkbox"/> Pregnant Women  <input type="checkbox"/> Women  <input type="checkbox"/> Other Populations</p>

<p>Family Health Center                  181 West Emmet                  Battle Creek, MI 49017</p>	<p><b>Contact:</b> Kathy Leeson  <b>Phone:</b> 616-965-8866  <b>Fax:</b>  <b>E-Mail:</b></p>	<p><b>Program Cost:</b> Cost  <b>Target Population:</b>  <input type="checkbox"/> Youth  <input type="checkbox"/> Adult  <input checked="" type="checkbox"/> General Population</p>
<p><b>Cessation Program Description:</b>                  Individual patient cessation counseling is offered at office appointments.                  Call (616) 965-8866 ext. 1452 for more information</p>		<p><input type="checkbox"/> Pregnant Women  <input type="checkbox"/> Women  <input type="checkbox"/> Other Populations</p>

**County: Charlevoix**

<p>Northwest Michigan Community                  Health Agency                  220 West Garfield Street                  Charlevoix, MI 49720</p>	<p><b>Contact:</b> Teresa Vanas  <b>Phone:</b> 231-547-6523  <b>Fax:</b>  <b>E-Mail:</b></p>	<p><b>Program Cost:</b>  <b>Target Population:</b>  <input checked="" type="checkbox"/> Youth  <input type="checkbox"/> Adult  <input type="checkbox"/> General Population</p>
<p><b>Cessation Program Description:</b>                  Teen Cessation program (American Lung Association's NOT) is offered                  at Great Lakes Academy, Hemingway Alternative School and Porter                  Creek Alternative School.</p>		<p><input type="checkbox"/> Pregnant Women  <input type="checkbox"/> Women  <input type="checkbox"/> Other Populations</p>

**County: Chippewa**

<p>American Lung Association 227 W. Washington  Marquette, MI 49855</p>	<p><b>Contact:</b> Carol Margrif, Regional Manager  <b>Phone:</b> 1-800-LUNG-USA  <b>Fax:</b> 906-228-3430  <b>E-Mail:</b> cjmargrif@lushen.com</p>	<p><b>Program Cost:</b>  <b>Target Population:</b>  <input checked="" type="checkbox"/> <b>Youth</b>  <input checked="" type="checkbox"/> <b>Adult</b>  <input type="checkbox"/> <b>General Population</b>  <input type="checkbox"/> <b>Pregnant Women</b>  <input type="checkbox"/> <b>Women</b>  <input type="checkbox"/> <b>Other Populations</b></p>
<p><b>Cessation Program Description:</b>  Website is free, password protected and available 24 hr/day. It is the Freedom From Smoking Clinic content online with a messageboard feature. Our 1-800-548-8252 Call Center also can answer cessation questions by either an RN or RT. Youth should ask about the NOT program at their school.</p>		

<p>Chippewa County Health Department 508 Ashmun Street, Suite 120  Sault St. Marie, MI 49783</p>	<p><b>Contact:</b> Julie K. O. Trotter  <b>Phone:</b> 906-635-3636  <b>Fax:</b> 906-253-1466  <b>E-Mail:</b> jtrotter@chippewahd.com</p>	<p><b>Program Cost:</b> Free  <b>Target Population:</b>  <input checked="" type="checkbox"/> <b>Youth</b>  <input checked="" type="checkbox"/> <b>Adult</b>  <input checked="" type="checkbox"/> <b>General Population</b>  <input checked="" type="checkbox"/> <b>Pregnant Women</b>  <input checked="" type="checkbox"/> <b>Women</b>  <input type="checkbox"/> <b>Other Populations</b></p>
<p><b>Cessation Program Description:</b>  Patients are provided printed self-help materials or upon request. individual cessation counseling</p>		

<p>Edward Johnson, M.D. 308 Central Avenue  Sault Ste. Marie, MI 49783</p>	<p><b>Contact:</b>  <b>Phone:</b> 906-632-2722  <b>Fax:</b>  <b>E-Mail:</b></p>	<p><b>Program Cost:</b>  <b>Target Population:</b>  <input type="checkbox"/> <b>Youth</b>  <input type="checkbox"/> <b>Adult</b>  <input checked="" type="checkbox"/> <b>General Population</b>  <input type="checkbox"/> <b>Pregnant Women</b>  <input type="checkbox"/> <b>Women</b>  <input type="checkbox"/> <b>Other Populations</b></p>
<p><b>Cessation Program Description:</b>  Patients are provided information and counseling, along with medications to assist the patient. The smoking cessation is individualized to each patient's needs.</p>		

**County: Chippewa**

Riverside Medical Associates  601 Osborn Blvd.  Sault Ste. Marie, MI 49783	<b>Contact:</b>  <b>Phone:</b> 906-632-1800  <b>Fax:</b>  <b>E-Mail:</b>	<b>Program Cost:</b>  <b>Target Population:</b> <input type="checkbox"/> Youth <input type="checkbox"/> Adult <input checked="" type="checkbox"/> General Population <input type="checkbox"/> Pregnant Women <input type="checkbox"/> Women <input type="checkbox"/> Other Populations
<b>Cessation Program Description:</b>  Patients are provided information and counseling, along with medication to assist the patient. The smoking cessation is individualized to each patient's needs. Also available are printed self-help materials and group or individual counseling.		

Sault Tribal Health Center  2864 Ashmun Street  Sault Ste. Marie, MI 49783	<b>Contact:</b>  <b>Phone:</b> 906-632-5241  <b>Fax:</b>  <b>E-Mail:</b>	<b>Program Cost:</b>  <b>Target Population:</b> <input type="checkbox"/> Youth <input type="checkbox"/> Adult <input checked="" type="checkbox"/> General Population <input type="checkbox"/> Pregnant Women <input type="checkbox"/> Women <input type="checkbox"/> Other Populations
<b>Cessation Program Description:</b>  Patients are provided information and counseling, along with medication to assist the patient. The smoking cessation is individualized to each patient's needs. Also available are printed self-help materials and group or individual counseling.		

Superior Family Medical  550 Osborn Blvd.  Sault Ste. Marie, MI 49873	<b>Contact:</b>  <b>Phone:</b> 906-632-0370  <b>Fax:</b>  <b>E-Mail:</b>	<b>Program Cost:</b>  <b>Target Population:</b> <input type="checkbox"/> Youth <input type="checkbox"/> Adult <input checked="" type="checkbox"/> General Population <input type="checkbox"/> Pregnant Women <input type="checkbox"/> Women <input type="checkbox"/> Other Populations
<b>Cessation Program Description:</b>  Patients are provided information and counseling, along with medication to assist the patient. The smoking cessation is individualized to each patient's needs. Also available are printed self-help materials.		

### County: Chippewa

WMH Occupational Wellness 550 Osborn Blvd.  Sault Ste. Marie, MI 49873	<b>Contact:</b> <b>Phone:</b> 906-253-1039 <b>Fax:</b> <b>E-Mail:</b>	<b>Program Cost:</b> <b>Target Population:</b> <input type="checkbox"/> Youth <input type="checkbox"/> Adult <input type="checkbox"/> General Population <input type="checkbox"/> Pregnant Women <input type="checkbox"/> Women <input checked="" type="checkbox"/> Other Populations
<b>Cessation Program Description:</b> Patients are provided information and counseling, along with medication to assist the patient. The smoking cessation is individualized to each patient's needs. Also available are printed self-help materials and group or individual counseling.		

### County: Crawford

District Health Department #10 521 Cobbs  Cadillac, MI 49601	<b>Contact:</b> Kevin Hughes <b>Phone:</b> 231-775-9942 <b>Fax:</b> 231-775-5372 <b>E-Mail:</b> khughes@dhd10.org	<b>Program Cost:</b> <b>Target Population:</b> <input type="checkbox"/> Youth <input type="checkbox"/> Adult <input checked="" type="checkbox"/> General Population <input type="checkbox"/> Pregnant Women <input type="checkbox"/> Women <input type="checkbox"/> Other Populations
<b>Cessation Program Description:</b> Smoking and Tobacco Elimination Program (STEP) is provided. STEP is a five session program. There is a fee of \$50 (fifty) per person. Services are also offered on a sliding scale fee.		

### County: Delta

A. Leslie Rose, M.D. 2500 7th Avenue South  Escanaba, MI 49829	<b>Contact:</b> <b>Phone:</b> <b>Fax:</b> <b>E-Mail:</b>	<b>Program Cost:</b> <b>Target Population:</b> <input type="checkbox"/> Youth <input type="checkbox"/> Adult <input checked="" type="checkbox"/> General Population <input type="checkbox"/> Pregnant Women <input type="checkbox"/> Women <input type="checkbox"/> Other Populations
<b>Cessation Program Description:</b> Patients are provided information and counseling, along with medication to assist the patient. The smoking cessation is individualized to each patient's needs. Also available are printed self-help materials and group or individual counseling.		

**County: Delta**

<p>American Lung Association of Michigan 227 W. Washington Marquette, MI 49855</p>	<p><b>Contact:</b> Carol Margrif, Regional Manager <b>Phone:</b> 1-800-LUNG-USA <b>Fax:</b> 906-228-3430 <b>E-Mail:</b> cjmargrif@lushen.com</p>	<p><b>Program Cost:</b> <b>Target Population:</b> <input checked="" type="checkbox"/> <b>Youth</b> <input checked="" type="checkbox"/> <b>Adult</b> <input type="checkbox"/> <b>General Population</b> <input type="checkbox"/> <b>Pregnant Women</b> <input type="checkbox"/> <b>Women</b> <input type="checkbox"/> <b>Other Populations</b></p>
<p><b>Cessation Program Description:</b> Website is free, password protected and available 24 hr/day. It is the Freedom From Smoking Clinic content online with a messageboard feature. Our 1-800-548-8252 Call Center also can answer cessation questions by either an RN or RT. Youth should ask about the NOT program at their school.</p>		

<p>Donald Fitch, M.D. 2500 7th Avenue, South Escanaba, MI 49829</p>	<p><b>Contact:</b> <b>Phone:</b> 906-786-4628 <b>Fax:</b> <b>E-Mail:</b></p>	<p><b>Program Cost:</b> <b>Target Population:</b> <input type="checkbox"/> <b>Youth</b> <input type="checkbox"/> <b>Adult</b> <input checked="" type="checkbox"/> <b>General Population</b> <input type="checkbox"/> <b>Pregnant Women</b> <input type="checkbox"/> <b>Women</b> <input type="checkbox"/> <b>Other Populations</b></p>
<p><b>Cessation Program Description:</b> Patients are provided information and counseling, along with medication to assist the patient. The smoking cessation is individualized to each patient's needs. Also available are printed self-help materials and group or individual counseling.</p>		

<p>Jeffrey Stieve, M.D. 3500 Ludington Street Suite 210 Escanaba, MI 49829</p>	<p><b>Contact:</b> <b>Phone:</b> 906-786-9876 <b>Fax:</b> 906-786-7870 <b>E-Mail:</b></p>	<p><b>Program Cost:</b> <b>Target Population:</b> <input type="checkbox"/> <b>Youth</b> <input type="checkbox"/> <b>Adult</b> <input checked="" type="checkbox"/> <b>General Population</b> <input type="checkbox"/> <b>Pregnant Women</b> <input type="checkbox"/> <b>Women</b> <input type="checkbox"/> <b>Other Populations</b></p>
<p><b>Cessation Program Description:</b> Patients are provided information and counseling, along with medication to assist the patient. The smoking cessation is individualized to each patient's needs. Also available are printed self-help materials.</p>		

**County: Delta**

<p>OSF St. Francis Home Health Maternal &amp; Infant Support Program 3409 Ludington Street, Suite 200 Escanaba, MI 49829</p>	<p><b>Contact:</b> <b>Phone:</b> 906-786-4456 <b>Fax:</b> <b>E-Mail:</b></p>	<p><b>Program Cost:</b> <b>Target Population:</b> <input type="checkbox"/> : Youth <input type="checkbox"/> : Adult <input checked="" type="checkbox"/> : General Population <input type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input type="checkbox"/> : Other Populations</p>
<p><b>Cessation Program Description:</b> Patients are provided information and counseling, along with medication to assist the patient. The smoking cessation is individualized to each patient's needs. Also available are printed self-help materials and group or individual counseling.</p>		

<p>OSF St. Francis Hospital 3401 Ludington Street  Escanaba, MI 49829</p>	<p><b>Contact:</b> <b>Phone:</b> 906-796-5707 <b>Fax:</b> <b>E-Mail:</b></p>	<p><b>Program Cost:</b> <b>Target Population:</b> <input type="checkbox"/> : Youth <input type="checkbox"/> : Adult <input checked="" type="checkbox"/> : General Population <input type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input type="checkbox"/> : Other Populations</p>
<p><b>Cessation Program Description:</b> Patients are provided information and counseling, along with medication to assist the patient. The smoking cessation is individualized to each patient's needs. Also available are printed self-help materials and group or individual counseling. Please call 1-906-796-5707 ext. 5510 for more information</p>		

<p>Public Health, Delta and Menominee Counties 2920 College Avenue  Escanaba, MI 49829-9597</p>	<p><b>Contact:</b> <b>Phone:</b> 906-789-8105 <b>Fax:</b> 906-786-1962 <b>E-Mail:</b> lhill@phdm.localhealth.net</p>	<p><b>Program Cost:</b> <b>Target Population:</b> <input checked="" type="checkbox"/> : Youth <input checked="" type="checkbox"/> : Adult <input checked="" type="checkbox"/> : General Population <input checked="" type="checkbox"/> : Pregnant Women <input checked="" type="checkbox"/> : Women <input type="checkbox"/> : Other Populations</p>
<p><b>Cessation Program Description:</b> Patients are provided printed self help materials, along with individual support and information.</p>		

**County: Delta**

<p>Steven A. Dosh, M.D. 3409 Ludington Street, Suite 203 Escanaba, MI 49829</p>	<p><b>Contact:</b> April Guindon, LPN <b>Phone:</b> 906-789-4404 <b>Fax:</b> 906-789-4406 <b>E-Mail:</b></p>	<p><b>Program Cost:</b> <b>Target Population:</b> <input checked="" type="checkbox"/>: Youth <input type="checkbox"/>: Adult <input checked="" type="checkbox"/>: General Population <input type="checkbox"/>: Pregnant Women <input type="checkbox"/>: Women <input type="checkbox"/>: Other Populations</p>
<p><b>Cessation Program Description:</b> Patients are provided information and counseling, along with medication to assist the patient. The smoking cessation is individualized to each patient's needs. Also available are printed self-help materials</p>		

**County: Dickinson**

<p>American Cancer Society 1400 South Carpenter Avenue Iron Mountain, MI 49801</p>	<p><b>Contact:</b> <b>Phone:</b> 906-776-2150 <b>Fax:</b> 906-776-2155 <b>E-Mail:</b> mary.sue.peterson@cancer.org</p>	<p><b>Program Cost:</b> Free <b>Target Population:</b> <input type="checkbox"/>: Youth <input type="checkbox"/>: Adult <input checked="" type="checkbox"/>: General Population <input type="checkbox"/>: Pregnant Women <input type="checkbox"/>: Women <input type="checkbox"/>: Other Populations</p>
<p><b>Cessation Program Description:</b> Serves the Upper Penninsula Area. Printed self-help material is available. Offers information about cessation and coupons for pharmacological products.</p>		

<p>American Lung Association 227 West Washington Marquette, MI 49855</p>	<p><b>Contact:</b> Carol Margrif, Regional Manager <b>Phone:</b> 1-800-LUNG-USA <b>Fax:</b> 906-228-3430 <b>E-Mail:</b> cjmargrif@lushen.com</p>	<p><b>Program Cost:</b> Varies <b>Target Population:</b> <input checked="" type="checkbox"/>: Youth <input checked="" type="checkbox"/>: Adult <input type="checkbox"/>: General Population <input type="checkbox"/>: Pregnant Women <input type="checkbox"/>: Women <input type="checkbox"/>: Other Populations</p>
<p><b>Cessation Program Description:</b> Website is free, password protected and available 24 hr/day. It is the Freedom From Smoking Clinic content online with a messageboard feature. Our 1-800-548-8252 Call Center also can answer cessation questions by either an RN or RT. Youth should ask about the NOT program at their school.</p>		

**County: Dickinson**

Dennis Santini, D.D.S.  720 East Blvd.  Kingsford, MI 49802	<b>Contact:</b>  <b>Phone:</b> 906-774-5087  <b>Fax:</b>  <b>E-Mail:</b>	<b>Program Cost:</b>  <b>Target Population:</b> <input type="checkbox"/> Youth <input type="checkbox"/> Adult <input checked="" type="checkbox"/> General Population <input type="checkbox"/> Pregnant Women <input type="checkbox"/> Women <input type="checkbox"/> Other Populations
<b>Cessation Program Description:</b>  Patients are provided information and counseling, along with medication to assist the patient. The smoking cessation is individualized to each patient's needs. Also available are printed self-help materials.		(Continued from above)

Dickinson County Healthcare  1721 South Stephenson Avenue  Iron Mountain, MI 49801	<b>Contact:</b>  <b>Phone:</b> 906-776-5619  <b>Fax:</b>  <b>E-Mail:</b>	<b>Program Cost:</b>  <b>Target Population:</b> <input type="checkbox"/> Youth <input type="checkbox"/> Adult <input checked="" type="checkbox"/> General Population <input type="checkbox"/> Pregnant Women <input type="checkbox"/> Women <input type="checkbox"/> Other Populations
<b>Cessation Program Description:</b>  (Empty)		(Continued from above)

Dickinson-Iron Substance Abuse Services  427 South Stephenson Avenue  Iron Mountain, MI 49801	<b>Contact:</b>  <b>Phone:</b> 906-774-2561  <b>Fax:</b>  <b>E-Mail:</b>	<b>Program Cost:</b>  <b>Target Population:</b> <input type="checkbox"/> Youth <input type="checkbox"/> Adult <input checked="" type="checkbox"/> General Population <input type="checkbox"/> Pregnant Women <input type="checkbox"/> Women <input type="checkbox"/> Other Populations
<b>Cessation Program Description:</b>  (Empty)		(Continued from above)

**County: Dickinson**

<p>James Batti, M.D. 1711 Stephensen Avenue  Iron Mountain, MI 49801</p>	<p><b>Contact:</b> <b>Phone:</b> 906-774-6186 <b>Fax:</b> <b>E-Mail:</b></p>	<p><b>Program Cost:</b> <b>Target Population:</b> <input type="checkbox"/> : Youth <input type="checkbox"/> : Adult <input checked="" type="checkbox"/> : General Population <input type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input type="checkbox"/> : Other Populations</p>
<p><b>Cessation Program Description:</b> Patients are provided information and counseling, along with medication to assist the patient. The smoking cessation is individualized to each patient's needs. Also available are printed self-help materials and group or individual counseling.</p>		

<p>Marquette Medical Clinic 800 East Blvd.  Kingsford, MI 49802</p>	<p><b>Contact:</b> <b>Phone:</b> 906-774-4000 <b>Fax:</b> <b>E-Mail:</b></p>	<p><b>Program Cost:</b> <b>Target Population:</b> <input type="checkbox"/> : Youth <input type="checkbox"/> : Adult <input checked="" type="checkbox"/> : General Population <input type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input type="checkbox"/> : Other Populations</p>
<p><b>Cessation Program Description:</b> Patients are provided information and counseling, along with medication to assist the patient. The smoking cessation is individualized to each patient's needs. Also available are printed self-help materials.</p>		

**County: Eaton**

<p>Barry Eaton District Health Department 528 Beech Street  Charlotte, MI 48813</p>	<p><b>Contact:</b> <b>Phone:</b> 517-541-2630 <b>Fax:</b> 517-543-0451 <b>E-Mail:</b></p>	<p><b>Program Cost:</b> <b>Target Population:</b> <input type="checkbox"/> : Youth <input checked="" type="checkbox"/> : Adult <input type="checkbox"/> : General Population <input type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input type="checkbox"/> : Other Populations</p>
<p><b>Cessation Program Description:</b> This program includes behavior change counseling, Zyban and or nicotine patches. Program is for adults 65 and older.</p>		

**County: Emmet**

<p>Northern Michigan Hospital Community Health Education Center</p> <p>360 Connable Avenune</p> <p>Petoskey, MI 49770</p>	<p><b>Contact:</b> Therese Green</p> <p><b>Phone:</b> 800-248-6777</p> <p><b>Fax:</b></p> <p><b>E-Mail:</b> tgreen@northernhealth.org</p>	<p><b>Program Cost:</b> Free</p> <p><b>Target Population:</b></p> <p><input type="checkbox"/>: Youth</p> <p><input type="checkbox"/>: Adult</p> <p><input checked="" type="checkbox"/>: General Population</p>
<p><b>Cessation Program Description:</b></p> <p>Programs available are: Freedom from Smoking (8 sessions) or Stop Smoking with Hypnosis (1 session)</p>		<p><input type="checkbox"/>: Pregnant Women</p> <p><input type="checkbox"/>: Women</p> <p><input type="checkbox"/>: Other Populations</p>

<p>Northwest Michigan Community Health Agency</p> <p>220 West Garfield Street</p> <p>Charlevoix, MI 49720</p>	<p><b>Contact:</b> Teresa Vanas</p> <p><b>Phone:</b> 231-547-7659</p> <p><b>Fax:</b> 231-547-6238</p> <p><b>E-Mail:</b> t.vanas@nwhealth.org</p>	<p><b>Program Cost:</b></p> <p><b>Target Population:</b></p> <p><input checked="" type="checkbox"/>: Youth</p> <p><input type="checkbox"/>: Adult</p> <p><input type="checkbox"/>: General Population</p>
<p><b>Cessation Program Description:</b></p> <p>Teen Cessation program (American Lung Association's NOT) is offered at schools through grant funding.</p>		<p><input type="checkbox"/>: Pregnant Women</p> <p><input type="checkbox"/>: Women</p> <p><input type="checkbox"/>: Other Populations</p>

**County: Genesee**

<p>American Cancer Society</p> <p>2353 South Linden Road</p> <p>Suite B</p> <p>Flint, MI 48532</p>	<p><b>Contact:</b> Lori Schmidt</p> <p><b>Phone:</b> 810-733-3703</p> <p><b>Fax:</b> 810-733-1480</p> <p><b>E-Mail:</b></p>	<p><b>Program Cost:</b></p> <p><b>Target Population:</b></p> <p><input type="checkbox"/>: Youth</p> <p><input type="checkbox"/>: Adult</p> <p><input checked="" type="checkbox"/>: General Population</p>
<p><b>Cessation Program Description:</b></p> <p>Provides information and training on how to develop education or cessation programs. Printed self help material is also available.</p>		<p><input type="checkbox"/>: Pregnant Women</p> <p><input type="checkbox"/>: Women</p> <p><input type="checkbox"/>: Other Populations</p>

**County: Genesee**

<p>Genesys Health Systems 1 Genesys Parkway  Grand Blanc, MI 48439</p>	<p><b>Contact:</b>  <b>Phone:</b> 810-606-6250  <b>Fax:</b>  <b>E-Mail:</b></p>	<p><b>Program Cost:</b>  <b>Target Population:</b>  <input type="checkbox"/> : Youth <input type="checkbox"/> : Adult <input type="checkbox"/> : General Population <input type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input type="checkbox"/> : Other Populations</p>
<p><b>Cessation Program Description:</b>  Stop smoking classes, counseling &amp; materials</p>		

<p>Hamilton Family Health Center 4001 N. Saginaw  Flint, MI 48505</p>	<p><b>Contact:</b>  <b>Phone:</b> 810-789-9141  <b>Fax:</b>  <b>E-Mail:</b></p>	<p><b>Program Cost:</b>  <b>Target Population:</b>  <input type="checkbox"/> : Youth <input type="checkbox"/> : Adult <input type="checkbox"/> : General Population <input type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input type="checkbox"/> : Other Populations</p>
<p><b>Cessation Program Description:</b>  </p>		

<p>Hurley Health and Fitness Center 4500 South Saginaw  Flint, MI 48507</p>	<p><b>Contact:</b>  <b>Phone:</b> 810-235-8544  <b>Fax:</b> 810-235-4629  <b>E-Mail:</b></p>	<p><b>Program Cost:</b>  <b>Target Population:</b>  <input type="checkbox"/> : Youth <input type="checkbox"/> : Adult <input type="checkbox"/> : General Population <input type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input type="checkbox"/> : Other Populations</p>
<p><b>Cessation Program Description:</b>  Hypnosis stop smoking class \$50.</p>		

**County: Genesee**

McLaren Wellness Center Ballenger Village 1090 Ballenger Highway Flint, MI 48532	<b>Contact:</b> <b>Phone:</b> 810-342-2345 <b>Fax:</b> <b>E-Mail:</b> elizabethb@mclaren.org	<b>Program Cost:</b> Cost <b>Target Population:</b> <input type="checkbox"/> : Youth <input type="checkbox"/> : Adult <input checked="" type="checkbox"/> : General Population <input type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input type="checkbox"/> : Other Populations
<b>Cessation Program Description:</b> American Lung Association Freedom from Smoking classes. Cost is \$50. Call for specific dates and times.		

S.M.A.R.T. 630 Saginaw Street  Flint, MI 48502-1540	<b>Contact:</b> <b>Phone:</b> 810-257-3625 <b>Fax:</b> <b>E-Mail:</b>	<b>Program Cost:</b> <b>Target Population:</b> <input type="checkbox"/> : Youth <input type="checkbox"/> : Adult <input checked="" type="checkbox"/> : General Population <input type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input type="checkbox"/> : Other Populations
<b>Cessation Program Description:</b> Tobacco information and materials.		

**County: Gladwin**

Human Aid Inc. 137 Commerce Court  Gladwin, MI 48624	<b>Contact:</b> Mary Griffore <b>Phone:</b> 989-426-4551 <b>Fax:</b> 989-426-5888 <b>E-Mail:</b> mgriffore@journey.com	<b>Program Cost:</b> <b>Target Population:</b> <input checked="" type="checkbox"/> : Youth <input checked="" type="checkbox"/> : Adult <input type="checkbox"/> : General Population <input type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input type="checkbox"/> : Other Populations
<b>Cessation Program Description:</b> Participatory 10 week class for teens. Participatory 8 week class for adults.		

**County: Gladwin**

Mid Michigan Medical Center- Gladwin  515 Quarter Street  Gladwin, MI 48624	<b>Contact:</b> Lenore Klassen  <b>Phone:</b> 989-246-6246  <b>Fax:</b> 989-246-6400  <b>E-Mail:</b>	<b>Program Cost:</b> Free  <b>Target Population:</b>  <input type="checkbox"/> : Youth <input checked="" type="checkbox"/> : Adult <input type="checkbox"/> : General Population <input type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input type="checkbox"/> : Other Populations
<b>Cessation Program Description:</b>  American Lung Association, Freedom from Smoking class. Cost is \$40  Additional facilitators are: Arnie Hills 989-246-6239 Mary Griffore 989-246-6291		

**County: Gogebic**

American Lung Association  227 W. Washington  Marquette, MI 49855	<b>Contact:</b> Carol Magrif, Regional Manager  <b>Phone:</b> 1-800-LUNG-USA  <b>Fax:</b> 906-228-3430  <b>E-Mail:</b> cjmargrif@lushen.com	<b>Program Cost:</b>  <b>Target Population:</b>  <input checked="" type="checkbox"/> : Youth <input checked="" type="checkbox"/> : Adult <input type="checkbox"/> : General Population <input type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input type="checkbox"/> : Other Populations
<b>Cessation Program Description:</b>  Website is free, password protected and available 24 hr/day. It is the Freedom From Smoking Clinic content online with a messageboard feature. Our 1-800-548-8252 Call Center also can answer cessation questions by either an RN or RT. Youth should ask about the NOT program at their school.		

Grand View Clinic  N10565 Grand View  Ironwood, MI 49938	<b>Contact:</b>  <b>Phone:</b> 906-932-1500  <b>Fax:</b>  <b>E-Mail:</b>	<b>Program Cost:</b> Cost  <b>Target Population:</b>  <input type="checkbox"/> : Youth <input type="checkbox"/> : Adult <input checked="" type="checkbox"/> : General Population <input type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input type="checkbox"/> : Other Populations
<b>Cessation Program Description:</b>  Call for fees.		

**County: Grand Traverse**

<p>Aleda E. Lutz, VA Medical Center Outpatient Clinic 745 Garfield Traverse City, MI 49648</p>	<p><b>Contact:</b> Sharleen Gray <b>Phone:</b> 800-406-5743 <b>Fax:</b> <b>E-Mail:</b></p>	<p><b>Program Cost:</b> <b>Target Population:</b> [ ]: Youth [ ]: Adult [ ]: General Population [ ]: Pregnant Women [ ]: Women [ x]: Other Populations</p>
<p><b>Cessation Program Description:</b> Please call 800-406-5743 x3778</p>		

<p>Grand Traverse County Tobacco Task Force 2325 Garfield Road North, Suite A Traverse City, MI 49686</p>	<p><b>Contact:</b> Bonnie Willings <b>Phone:</b> 231-922-2729 <b>Fax:</b> 231-922-2719 <b>E-Mail:</b> bwilling@co.grand-traverse.mi.us</p>	<p><b>Program Cost:</b> <b>Target Population:</b> [ x]: Youth [ ]: Adult [ x]: General Population [ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>
<p><b>Cessation Program Description:</b> Freedom from smoking classes are offered 2 times a year.</p>		

**County: Hillsdale**

<p>Branch - Hillsdale - St. Joseph Community Health Agency 570 Marshall Road Coldwater, MI 49036</p>	<p><b>Contact:</b> Health Promotion <b>Phone:</b> 517-279-9561 <b>Fax:</b> 517-278-2923 <b>E-Mail:</b> frudakisv@bhsj.org</p>	<p><b>Program Cost:</b> <b>Target Population:</b> [ ]: Youth [ ]: Adult [ x]: General Population [ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>
<p><b>Cessation Program Description:</b> Individual counseling is available upon request</p>		

**County: Hillsdale**

Thomas Noll, D.O. Family Practice 17 South Manning Hillsdale, MI 49242	<b>Contact:</b> <b>Phone:</b> <b>Fax:</b> <b>E-Mail:</b>	<b>Program Cost:</b> <b>Target Population:</b> <input type="checkbox"/> : Youth <input type="checkbox"/> : Adult <input type="checkbox"/> : General Population <input type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input type="checkbox"/> : Other Populations
<b>Cessation Program Description:</b> Provides acupuncture.		

**County: Houghton**

American Lung Association of Michigan 227 W. Washington Marquette, MI 49855	<b>Contact:</b> Carol Magrif, Regional Manager <b>Phone:</b> 1-800-LUNG-USA <b>Fax:</b> 906-228-3430 <b>E-Mail:</b> cjmargrif@lushen.com	<b>Program Cost:</b> <b>Target Population:</b> <input checked="" type="checkbox"/> : Youth <input checked="" type="checkbox"/> : Adult <input type="checkbox"/> : General Population <input type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input type="checkbox"/> : Other Populations
<b>Cessation Program Description:</b> Website is free, password protected and available 24 hr/day. It is the Freedom From Smoking Clinic content online with a messageboard feature. Our 1-800-548-8252 Call Center also can answer cessation questions by either an RN or RT. Youth should ask about the NOT program at their school.		

Portage Hospital 500 Campus Drive Hancock, MI 49930	<b>Contact:</b> Colleen Scheibe <b>Phone:</b> 906-483-1249 <b>Fax:</b> 906-483-1147 <b>E-Mail:</b> cscheibe@portagehealth.org	<b>Program Cost:</b> <b>Target Population:</b> <input type="checkbox"/> : Youth <input type="checkbox"/> : Adult <input checked="" type="checkbox"/> : General Population <input type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input type="checkbox"/> : Other Populations
<b>Cessation Program Description:</b> Group and individual counseling sessions are provided upon request Certified smokeless instructor class fee is \$25.00 for general population.		

**County: Houghton**

Western U.P. District Health Department 540 Depot Street Hancock, MI 49930	<b>Contact:</b> <b>Phone:</b> 906-482-7382 <b>Fax:</b> <b>E-Mail:</b>	<b>Program Cost:</b> <b>Target Population:</b> <input type="checkbox"/> Youth <input type="checkbox"/> Adult <input checked="" type="checkbox"/> General Population
<b>Cessation Program Description:</b> Self-help materials and group or individual counseling sessions are provided upon request. Please call (906) 482-7382 ext. 124 for more information		<input type="checkbox"/> Pregnant Women <input type="checkbox"/> Women <input type="checkbox"/> Other Populations

**County: Ingham**

Heidi K. Devereux, B.B.A., Health Educator Ingham County Health Department 5303 South Cedar, P.O. Box 30161 Lansing, MI 48909	<b>Contact:</b> <b>Phone:</b> 517-887-4315 <b>Fax:</b> 571-887-4310 <b>E-Mail:</b>	<b>Program Cost:</b> Varies <b>Target Population:</b> <input type="checkbox"/> Youth <input type="checkbox"/> Adult <input checked="" type="checkbox"/> General Population <input type="checkbox"/> Pregnant Women <input type="checkbox"/> Women <input type="checkbox"/> Other Populations
<b>Cessation Program Description:</b> This program questions smokers upon their call to determine the best fit method and evaluate the various services that are available to them based on health insurance, interest, willingness, resources and currently available programs. Programs included are: individual counseling, support groups, Nicotine Patch or Gum, Zyban, self-help kits.		

Michigan Health Promotion Clearinghouse 4641 Willoughby Road Holt, MI 48812	<b>Contact:</b> <b>Phone:</b> 800-537-5666 <b>Fax:</b> <b>E-Mail:</b>	<b>Program Cost:</b> Free <b>Target Population:</b> <input type="checkbox"/> Youth <input type="checkbox"/> Adult <input checked="" type="checkbox"/> General Population
<b>Cessation Program Description:</b> Free Smokers Quit Kits from the Michigan Department of Community Health		<input type="checkbox"/> Pregnant Women <input type="checkbox"/> Women <input type="checkbox"/> Other Populations

**County: Ingham**

Sparrow Professional Building 1200 East Michigan Room E, Second Floor Lansing, MI 48823	<b>Contact:</b> <b>Phone:</b> 1-800-SPARROW <b>Fax:</b> <b>E-Mail:</b>	<b>Program Cost:</b> <b>Target Population:</b> <input type="checkbox"/> : Youth <input type="checkbox"/> : Adult <input checked="" type="checkbox"/> : General Population <input type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input type="checkbox"/> : Other Populations
<b>Cessation Program Description:</b> 7 sessions, 1 1/2 hours each.		

St. Lawrence Hospital Nicotine Anonymous 1210 West Saginaw Lansing, MI 48915	<b>Contact:</b> Kathy <b>Phone:</b> 517-487-6641 <b>Fax:</b> <b>E-Mail:</b>	<b>Program Cost:</b> Free <b>Target Population:</b> <input type="checkbox"/> : Youth <input type="checkbox"/> : Adult <input checked="" type="checkbox"/> : General Population <input type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input type="checkbox"/> : Other Populations
<b>Cessation Program Description:</b> Meets 6pm on Mondays. Enter west parking lot from Oakland Avenue or Saginaw Highway. Meet in cafeteria in doctors' dining room in back.		

**County: Iosco**

Aleda E. Lutz, VA Medical Center Outpatient Clinic 5671 Skeel Avenue, Suite 4 Oscoda, MI 48750	<b>Contact:</b> <b>Phone:</b> 877-472-0282 <b>Fax:</b> <b>E-Mail:</b>	<b>Program Cost:</b> <b>Target Population:</b> <input type="checkbox"/> : Youth <input type="checkbox"/> : Adult <input type="checkbox"/> : General Population <input type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input checked="" type="checkbox"/> : Other Populations
<b>Cessation Program Description:</b>		

**County: Iosco**

St. Joseph Health System 200 Hemlock Tawas City, MI 48763	<b>Contact:</b> Michelle Lennox <b>Phone:</b> 989-362-9404 <b>Fax:</b> 989-362-9231 <b>E-Mail:</b>	<b>Program Cost:</b> <b>Target Population:</b> <input type="checkbox"/> : Youth <input type="checkbox"/> : Adult <input checked="" type="checkbox"/> : General Population <input type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input type="checkbox"/> : Other Populations
<b>Cessation Program Description:</b>		

**County: Iron**

American Cancer Society 1400 South Carpenter Avenue Iron Mountain, MI 49801	<b>Contact:</b> <b>Phone:</b> 906-776-2150 <b>Fax:</b> <b>E-Mail:</b>	<b>Program Cost:</b> <b>Target Population:</b> <input type="checkbox"/> : Youth <input type="checkbox"/> : Adult <input checked="" type="checkbox"/> : General Population <input type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input type="checkbox"/> : Other Populations
<b>Cessation Program Description:</b>		

American Lung Association 227 West Washington Marquette, MI 49855	<b>Contact:</b> Carol Margrif, Regional Manager <b>Phone:</b> 906-228-9833 <b>Fax:</b> 906-228-3430 <b>E-Mail:</b>	<b>Program Cost:</b> <b>Target Population:</b> <input type="checkbox"/> : Youth <input type="checkbox"/> : Adult <input checked="" type="checkbox"/> : General Population <input type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input type="checkbox"/> : Other Populations
<b>Cessation Program Description:</b> Materials from ALA are available U.P.-wide. Please call the ALAM office at (906) 228-9833 for more information on Freedom From Smoking Clinic (FFS) - 7 session/3 weeks @ \$50.00 per person, Quitting for Life (\$2.00 self-help manual) and the self-help website.		

**County: Iron**

<p>American Lung Association 227 W. Washington  Marquette, MI 49855</p>	<p><b>Contact:</b> Carol Magrif, Regional Manager  <b>Phone:</b> 1-800-LUNG-USA  <b>Fax:</b> 906-228-3430  <b>E-Mail:</b> cjmargrif@lushen.com</p>	<p><b>Program Cost:</b>  <b>Target Population:</b>  <input type="checkbox"/> Youth  <input type="checkbox"/> Adult  <input type="checkbox"/> General Population  <input type="checkbox"/> Pregnant Women  <input type="checkbox"/> Women  <input type="checkbox"/> Other Populations</p>
<p><b>Cessation Program Description:</b>  Website is free, password protected and available 24 hr/day. It is the Freedom From Smoking Clinic content online with a messageboard feature. Our 1-800-548-8252 Call Center also can answer cessation questions by either an RN or RT. Youth should ask about the NOT program at their school.</p>		

<p>Dickinson - Iron District Health Department 818 Pyle Drive  Kingford, MI 49802</p>	<p><b>Contact:</b>  <b>Phone:</b> 906-779-7234  <b>Fax:</b>  <b>E-Mail:</b></p>	<p><b>Program Cost:</b>  <b>Target Population:</b>  <input type="checkbox"/> Youth  <input type="checkbox"/> Adult  <input type="checkbox"/> General Population  <input type="checkbox"/> Pregnant Women  <input type="checkbox"/> Women  <input type="checkbox"/> Other Populations</p>
<p><b>Cessation Program Description:</b>  Patients are provided self-help materials and group or individual counseling.</p>		

<p>Dickinson County Healthcare System 1721 South Stephenson Avenue  Iron Mountain, MI 49801</p>	<p><b>Contact:</b>  <b>Phone:</b> 906-774-1313  <b>Fax:</b>  <b>E-Mail:</b></p>	<p><b>Program Cost:</b>  <b>Target Population:</b>  <input type="checkbox"/> Youth  <input type="checkbox"/> Adult  <input type="checkbox"/> General Population  <input type="checkbox"/> Pregnant Women  <input type="checkbox"/> Women  <input type="checkbox"/> Other Populations</p>
<p><b>Cessation Program Description:</b></p>		

**County: Iron**

<p>Dickinson-Iron Substance Abuse Services 427 South Stephenson Avenue Iron River, MI 49935</p>	<p><b>Contact:</b> <b>Phone:</b> 906-265-9911 <b>Fax:</b> <b>E-Mail:</b></p>	<p><b>Program Cost:</b> <b>Target Population:</b> [ ]: Youth [ ]: Adult [ x ]: General Population [ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>
<p><b>Cessation Program Description:</b></p>		

<p>Dr. Ronald Dalton/Debra Rhoades, FNP 1353 Hwy. US2, Suite 6 Crystal Falls, MI 49920</p>	<p><b>Contact:</b> Dr. Ronald Dalton/Debra Rhoades <b>Phone:</b> 906-875-4486 <b>Fax:</b> 906-875-4180 <b>E-Mail:</b></p>	<p><b>Program Cost:</b> <b>Target Population:</b> [ ]: Youth [ ]: Adult [ x ]: General Population [ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>
<p><b>Cessation Program Description:</b> Patients are provided information and counseling, along with medication to assist the patient. The smoking cessation is individualized to each patient's needs.</p>		

<p>Falls Clinic 211 4th Street Crystal Falls, MI 49920</p>	<p><b>Contact:</b> Chris Roell <b>Phone:</b> 906-875-6681 <b>Fax:</b> <b>E-Mail:</b></p>	<p><b>Program Cost:</b> <b>Target Population:</b> [ ]: Youth [ ]: Adult [ x ]: General Population [ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>
<p><b>Cessation Program Description:</b> Patients are provided information and counseling, along with medication to assist the patient. The smoking cessation is individualized to each patient's needs. Also available are printed self-help materials.</p>		

**County: Iron**

<p>Iron County Community Hospitals, Inc. 1400 West Ice Lake Road Iron River, MI 49935</p>	<p><b>Contact:</b> Rodger Bell, CRT <b>Phone:</b> 906-265-0456 <b>Fax:</b> 906-265-2033 <b>E-Mail:</b> robell@icch.org</p>	<p><b>Program Cost:</b> Free <b>Target Population:</b> [ ]: Youth [ ]: Adult [ x ]: General Population [ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>
<p><b>Cessation Program Description:</b> Initial consultation re: quitting options with referral to consult with pharmacist. No charge to patient on inpatient or outpatient basis.</p>		

**County: Jackson**

<p>American Cancer Society 4400 Page Avenue Michigan Center, MI 49254</p>	<p><b>Contact:</b> Sandra Summerfelt, RN <b>Phone:</b> 517-787-0382 <b>Fax:</b> 517-787-1613 <b>E-Mail:</b></p>	<p><b>Program Cost:</b> Free <b>Target Population:</b> [ ]: Youth [ ]: Adult [ x ]: General Population [ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>
<p><b>Cessation Program Description:</b> Pamphlets, flyers, booklets, resource packets, videos, quit kits and public speakers are provided. There is a cost for large quantities of resource material. Resource information available free of charge.  Great Start Telephone Cessation counseling for pregnant women at 1-866-66-START.</p>		

<p>American Heart Association 24445 Northwestern Highway Southfield, MI 48076</p>	<p><b>Contact:</b> Molly Brennan, Regional Program Director <b>Phone:</b> 248-557-9500 <b>Fax:</b> 248-569-3353 <b>E-Mail:</b></p>	<p><b>Program Cost:</b> <b>Target Population:</b> [ ]: Youth [ ]: Adult [ x ]: General Population [ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>
<p><b>Cessation Program Description:</b> Provides services to the Jackson area. Provides pamphlets, flyers, booklets, resource packets and videos. Group classes are based on need and resource information is free of charge. Alt. Phone number is (800) 968-1793</p>		

**County: Jackson**

<p>Center for Family Health 2200 Springport Road  Jackson, MI 49202</p>	<p><b>Contact:</b> Dianna Bohl  <b>Phone:</b> (517) 787-8525  <b>Fax:</b> 517-817-2702  <b>E-Mail:</b> dbohl@cfhinc.</p>	<p><b>Program Cost:</b>  <b>Target Population:</b>  [ ]: Youth [ ]: Adult [ x ]: General Population [ x ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>
<p><b>Cessation Program Description:</b>  Pamphlets, flyers, booklets, quit kits (prenatal), nicotine replacement therapy prescriptions and counseling is provided. There is also a prenatal smoking cessation program offered. That program is free for patients of Center for Family Health - incorporated into office visits. Please call (517) 787-8525 ext. 240 for more info.</p>		

<p>Foote Hospital Patient Services 205 North East Avenue Jackson, MI 49201</p>	<p><b>Contact:</b> Paula Girard, Wellness Coordinator  <b>Phone:</b> 517-788-4709  <b>Fax:</b> 517-787-0836  <b>E-Mail:</b></p>	<p><b>Program Cost:</b> Cost  <b>Target Population:</b>  [ ]: Youth [ ]: Adult [ x ]: General Population [ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>
<p><b>Cessation Program Description:</b>  Pamphlets, flyers, booklets, resource packets, videos, counseling, cessation classes, tobacco control and policy development assistance is provided. There is an \$85.00 charge per series, discounts are available to large companies. Also, individual counseling, group classes, resource, information and services are available and based on need.</p>		

<p>Jackson County Health Department Office of Health Education 1697 Lansing Avenue Jackson, MI 49202</p>	<p><b>Contact:</b> Rhonda Rudolph, Health Educator  <b>Phone:</b> 517-788-4655  <b>Fax:</b> 517-788-4373  <b>E-Mail:</b></p>	<p><b>Program Cost:</b> Cost  <b>Target Population:</b>  [ ]: Youth [ ]: Adult [ x ]: General Population [ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>
<p><b>Cessation Program Description:</b>  Provides pamphlets, flyers, booklets, resource packets, quit kits, cessation classes, tobacco control policy development, assistance, presentation/speakers and individual counseling. Resource information is free. For the public classes are \$65 and for worksites \$75.</p>		

**County: Jackson**

<p>Jackson Public Schools High School 544 Wildwood Avenue Jackson, MI 49201</p>	<p><b>Contact:</b> Mary Belknap, Life Skills Educator <b>Phone:</b> 517-768-5952 <b>Fax:</b> <b>E-Mail:</b></p>	<p><b>Program Cost:</b> <b>Target Population:</b> <input checked="" type="checkbox"/>: Youth <input type="checkbox"/>: Adult <input type="checkbox"/>: General Population</p>
<p><b>Cessation Program Description:</b> Provides resources and information available, referrals, cessation classes and programs, education programs for students, coordination of Teens Against Tobacco Use Peer Listeners. Cessation classes and Teen education are fee.</p>		<p><input type="checkbox"/>: Pregnant Women <input type="checkbox"/>: Women <input type="checkbox"/>: Other Populations</p>

<p>James Taylor, D.O. 1331 Horton Road Jackson, MI 48203</p>	<p><b>Contact:</b> Dr. Taylor <b>Phone:</b> 517-784-4242 <b>Fax:</b> <b>E-Mail:</b></p>	<p><b>Program Cost:</b> <b>Target Population:</b> <input type="checkbox"/>: Youth <input type="checkbox"/>: Adult <input checked="" type="checkbox"/>: General Population</p>
<p><b>Cessation Program Description:</b> Provides pamphlets, flyers, booklets, counseling and nicotine replacement therapy prescription. Follow up provided at office visits.</p>		<p><input type="checkbox"/>: Pregnant Women <input type="checkbox"/>: Women <input type="checkbox"/>: Other Populations</p>

<p>Passages 3305 Spring Arbor, Suite 4000 Jackson, MI 49203</p>	<p><b>Contact:</b> Donna Spencer or Maureen Sheppard, R.N. <b>Phone:</b> 517-768-4377 <b>Fax:</b> 517-787-6068 <b>E-Mail:</b></p>	<p><b>Program Cost:</b> Cost <b>Target Population:</b> <input type="checkbox"/>: Youth <input type="checkbox"/>: Adult <input checked="" type="checkbox"/>: General Population</p>
<p><b>Cessation Program Description:</b> Provides pamphlets and cessation classes. There is a \$50 charge for 9 week session. Member of Passages receive a discount. Group based on need.</p>		<p><input type="checkbox"/>: Pregnant Women <input type="checkbox"/>: Women <input type="checkbox"/>: Other Populations</p>

**County: Kalamazoo**

<p>Borgess Integrative Medicine 3025 Gull Road  Kalamazoo, MI 49048</p>	<p><b>Contact:</b>  <b>Phone:</b> 269-552-2282  <b>Fax:</b> 269-552-2286  <b>E-Mail:</b></p>	<p><b>Program Cost:</b>  <b>Target Population:</b>  <input type="checkbox"/> : Youth <input type="checkbox"/> : Adult <input checked="" type="checkbox"/> : General Population <input type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input type="checkbox"/> : Other Populations</p>
<p><b>Cessation Program Description:</b>  Borgess Integrative Medicine offers hypnotherapy to quit smoking. First session helps participants to reduce the amount they smoke and prepare to permanently stop. Second session will focus on quitting for good without gaining weight. Fee: 180.00 Borgess Integrative Medicine also offers Acupuncture to quit smoking. The smoking cessation program consists of two acupuncture treatments administered within an 18 to 48 hour period. Both treatments are necessary to give you the best chance for success. Fee: \$145.00</p>		

<p>Borgess Medical Center 1521 Gull Road  Kalamazoo, MI 49048</p>	<p><b>Contact:</b>  <b>Phone:</b> 269-226-5426  <b>Fax:</b>  <b>E-Mail:</b></p>	<p><b>Program Cost:</b> Cost  <b>Target Population:</b>  <input type="checkbox"/> : Youth <input checked="" type="checkbox"/> : Adult <input type="checkbox"/> : General Population <input type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input type="checkbox"/> : Other Populations</p>
<p><b>Cessation Program Description:</b>  PERSONAL COACHING FOR SMOKING CESSATION Are you having a hard time quitting smoking? We have the tools needed to get you started and help you be successful. You will work with our coach to make an individualized plan. Four hours of coaching can be scheduled at your convenience. Nicotine addiction and behavior change will be addressed. Fee: \$65.00</p>		

**County: Kalamazoo**

Gateway Recovery Services 1910 Shaffer  Kalamazoo, MI 49001	<b>Contact:</b>  <b>Phone:</b>  <b>Fax:</b>  <b>E-Mail:</b>	<b>Program Cost:</b>  <b>Target Population:</b>  [ ]: Youth [ ]: Adult [ x ]: General Population [ ]: Pregnant Women [ ]: Women [ ]: Other Populations
<b>Cessation Program Description:</b>  Tobacco Education & Referrals		

Guidance Clinic 2615 Staduim Drive  Kalamazoo, MI 49008	<b>Contact:</b> Ileana McKenna  <b>Phone:</b> 269-343-1651  <b>Fax:</b>  <b>E-Mail:</b>	<b>Program Cost:</b>  <b>Target Population:</b>  [ ]: Youth [ ]: Adult [ x ]: General Population [ ]: Pregnant Women [ ]: Women [ ]: Other Populations
<b>Cessation Program Description:</b>  Patient support and education. Please call (269) 343-1651 Ext. 129		

Western Michigan University Stop Using Tobacco Program  Sindecuse Health Center Kalamazoo, MI 49008	<b>Contact:</b> Office of Health Promotion and Education  <b>Phone:</b> 269-387-3263  <b>Fax:</b> 269-387-3559  <b>E-Mail:</b>	<b>Program Cost:</b> Cost  <b>Target Population:</b>  [ x ]: Youth [ x ]: Adult [ ]: General Population [ ]: Pregnant Women [ ]: Women [ ]: Other Populations
<b>Cessation Program Description:</b>  Program is for WMU students, employees and dependents only. There is a \$50.00 charge for member students. Non-member students, employees and dependents' cost is \$70. The cost includes two appointments, assessment, materials and a treatment plan. There is a ten dollar charge per half hour after that. For further information call 616-387-3263.		

**County: Kalkaska**

District Health Department #10  521 Cobbs  Cadillac, MI 49601	<b>Contact:</b> Kevin Hughes  <b>Phone:</b> 231-775-9942  <b>Fax:</b> 231-775-5372  <b>E-Mail:</b> khughes@dhd10.org	<b>Program Cost:</b> Varies  <b>Target Population:</b> <input type="checkbox"/> Youth <input type="checkbox"/> Adult <input checked="" type="checkbox"/> General Population <input type="checkbox"/> Pregnant Women <input type="checkbox"/> Women <input type="checkbox"/> Other Populations
<b>Cessation Program Description:</b>  Smoking and Tobacco Elimination Program (STEP) is provided. STEP is a five session program. There is a fee of \$50 (fifty) per person. Services are also offered on a sliding scale fee.		

**County: Kent**

American Cancer Society  400 Ann Street NW  Suite 202  Grand Rapids, MI 49504	<b>Contact:</b>  <b>Phone:</b> 616-364-6121  <b>Fax:</b>  <b>E-Mail:</b>	<b>Program Cost:</b> Free  <b>Target Population:</b> <input type="checkbox"/> Youth <input type="checkbox"/> Adult <input checked="" type="checkbox"/> General Population <input type="checkbox"/> Pregnant Women <input type="checkbox"/> Women <input type="checkbox"/> Other Populations
<b>Cessation Program Description:</b>  Offers information about cessation and coupons for pharmacological products. Also has a Fresh Start curriculum available to the community and facilitation will be provided.		

Jenison Psychological Services, P.C.  7610 Cottonwood Drive  Suite 105  Jenison, MI 49428	<b>Contact:</b> Dr. Edward P. Schmitt, Psy.D.  <b>Phone:</b> 616-457-0016  <b>Fax:</b> 616-457-1950  <b>E-Mail:</b> dreschmitt@jenisonpsych.com	<b>Program Cost:</b> Cost  <b>Target Population:</b> <input type="checkbox"/> Youth <input type="checkbox"/> Adult <input checked="" type="checkbox"/> General Population <input type="checkbox"/> Pregnant Women <input type="checkbox"/> Women <input type="checkbox"/> Other Populations
<b>Cessation Program Description:</b>  Program is entitled Quit Smart and is a research-based program developed at Duke University Medical School. Participants seeking self-help can receive a kit with a workbook and cassette for \$26.99. Group or individual sessions with a physician referral are \$80, self-referral is \$100. Program consists of four one hour sessions. Research shows a 61% six month quit rate.		

**County: Kent**

<p>Kent County Health Department 700 Fuller, N.E.  Grand Rapids, MI 49503</p>	<p><b>Contact:</b>  <b>Phone:</b> 616-336-3037  <b>Fax:</b>  <b>E-Mail:</b></p>	<p><b>Program Cost:</b> Free  <b>Target Population:</b>  [ ]: Youth [ ]: Adult [ x ]: General Population</p>
<p><b>Cessation Program Description:</b>  Offers self help information, including Quit Kits. These are available free by mail.</p>		<p>[ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>

<p>Longford Health Services Nicotine Anonymous  Kent County Community Hospital 750 Fuller Avenue, NE Grand Rapids, MI 49503</p>	<p><b>Contact:</b>  <b>Phone:</b> 616-336-2400  <b>Fax:</b>  <b>E-Mail:</b></p>	<p><b>Program Cost:</b> Cost  <b>Target Population:</b>  [ ]: Youth [ ]: Adult [ x ]: General Population</p>
<p><b>Cessation Program Description:</b>  Meetings are Saturdays at 1:00 pm and Tuesdays at 5:30 pm. Cost is \$1.00 per session. Ongoing support group also in place.</p>		<p>[ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>

<p>Pine Rest/New Start 300 68th Street, SE  Grand Rapids, MI 49501</p>	<p><b>Contact:</b>  <b>Phone:</b> 616-381-2601  <b>Fax:</b>  <b>E-Mail:</b></p>	<p><b>Program Cost:</b> Cost  <b>Target Population:</b>  [ ]: Youth [ ]: Adult [ x ]: General Population</p>
<p><b>Cessation Program Description:</b>  Offers behavioral modification, counseling, and pharmacological support over 24 sessions. Fee for service.</p>		<p>[ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>

**County: Kent**

<p>Planned Parenthood Centers of West Michigan 425 Cherry Street, SE  Grand Rapids, MI 49503-4652</p>	<p><b>Contact:</b> <b>Phone:</b> 616-459-3101 <b>Fax:</b> <b>E-Mail:</b></p>	<p><b>Program Cost:</b> Sliding Scale <b>Target Population:</b> [ ]: Youth [ ]: Adult [ x ]: General Population</p>
<p><b>Cessation Program Description:</b> Evaluation by a nurse practitioner and prescription and/or recommendation for support products like Zyban, patches, etc. Includes referral to behavior change programs. Sliding fee scale.</p>		<p>[ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>

<p>Spectrum Health 100 Michigan Street NE  Grand Rapids, MI 49503</p>	<p><b>Contact:</b> <b>Phone:</b> 616-391-5000 <b>Fax:</b> <b>E-Mail:</b></p>	<p><b>Program Cost:</b> Free <b>Target Population:</b> [ ]: Youth [ ]: Adult [ x ]: General Population</p>
<p><b>Cessation Program Description:</b> Seven sessions designed to help tobacco users deal with triggers, withdrawal symptoms, daily stress and weight control. The program is free.</p>		<p>[ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>

<p>Spectrum Health Systems 330 Barclay Avenue, NE  Grand Rapids, MI 49501</p>	<p><b>Contact:</b> <b>Phone:</b> 616-391-5000 <b>Fax:</b> <b>E-Mail:</b></p>	<p><b>Program Cost:</b> Free <b>Target Population:</b> [ ]: Youth [ ]: Adult [ x ]: General Population</p>
<p><b>Cessation Program Description:</b> Seven two hour sessions including an orientation session. Free program.</p>		<p>[ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>

**County: Kent**

<p>Tobacco Free for Good 200 Jefferson Street, SE  Grand Rapids, MI 49503</p>	<p><b>Contact:</b> Jodie Vokes, Interim Director  <b>Phone:</b> 616-336-3037  <b>Fax:</b>  <b>E-Mail:</b> TFP@healthandsafety.net</p>	<p><b>Program Cost:</b> Free  <b>Target Population:</b>  [ ]: Youth [ x ]: Adult [ ]: General Population [ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>
<p><b>Cessation Program Description:</b>  The classes run for six-weeks and are held at various times and locations. Topics covered include the following: reasons and help to quit smoking, stress management after you quit, nicotine replacements (medications are discussed), withdrawal "recovery" symptoms and more. Classes are provided by: Kent County Health Department, Metropolitan Hospital, Saint Mary's Health Care and Spectrum Health.</p>		

**County: Keweenaw**

<p>American Lung Association 227 W. Washington  Marquette, MI 49855</p>	<p><b>Contact:</b> Carol Margrif, Regional Manager  <b>Phone:</b> 1-800-LUNG-USA  <b>Fax:</b> 906-228-3430  <b>E-Mail:</b> cjmargrif@lushen.com</p>	<p><b>Program Cost:</b>  <b>Target Population:</b>  [ x ]: Youth [ x ]: Adult [ ]: General Population [ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>
<p><b>Cessation Program Description:</b>  Website is free, password protected and available 24 hr/day. It is the Freedom From Smoking Clinic content online with a messageboard feature. Our 1-800-548-8252 Call Center also can answer cessation questions by either an RN or RT. Youth should ask about the NOT program at their school.</p>		

**County: Keweenaw**

<p>American Lung Association 227 West Washington  Marquette, MI 49855</p>	<p><b>Contact:</b> Carol Margrif, Regional Director  <b>Phone:</b> 1-800-LUNG-USA <b>Fax:</b> 906-228-3430 <b>E-Mail:</b> cjmargrif@lushen.com</p>	<p><b>Program Cost:</b> Free  <b>Target Population:</b>  <input checked="" type="checkbox"/> Youth  <input type="checkbox"/> Adult  <input type="checkbox"/> General Population  <input type="checkbox"/> Pregnant Women  <input type="checkbox"/> Women  <input type="checkbox"/> Other Populations</p>
<p><b>Cessation Program Description:</b>  Youth who are trying to quit smoking should ask about the NOT program offered at their school. Cessation packets are available through the mail from the Marquette office to individuals who call.</p>		

**County: Lake**

<p>Baldwin Family Health Care, Inc. 4967 North Michigan Avenue  Baldwin, MI 49349</p>	<p><b>Contact:</b>  <b>Phone:</b> 231-689-6646 <b>Fax:</b> <b>E-Mail:</b></p>	<p><b>Program Cost:</b>  <b>Target Population:</b>  <input type="checkbox"/> Youth  <input type="checkbox"/> Adult  <input checked="" type="checkbox"/> General Population  <input type="checkbox"/> Pregnant Women  <input type="checkbox"/> Women  <input type="checkbox"/> Other Populations</p>
<p><b>Cessation Program Description:</b></p>		

<p>District Health Department #10 521 Cobb  Cadillac, MI 49601</p>	<p><b>Contact:</b> Kevin Hughes  <b>Phone:</b> 231-775-9942 <b>Fax:</b> 231-775-5372 <b>E-Mail:</b> khughes@dhd10.org</p>	<p><b>Program Cost:</b>  <b>Target Population:</b>  <input type="checkbox"/> Youth  <input type="checkbox"/> Adult  <input checked="" type="checkbox"/> General Population  <input type="checkbox"/> Pregnant Women  <input type="checkbox"/> Women  <input type="checkbox"/> Other Populations</p>
<p><b>Cessation Program Description:</b>  Smoking and Tobacco Elimination Program (STEP) is provided. STEP is a five session program. There is a fee of \$50 (fifty) per person. Services are also offered on a sliding scale fee.</p>		

**County: Lapeer**

<p>American Cancer Society 2353 South Linden Road, Suite B  Flint, MI 48532</p>	<p><b>Contact:</b> Phil Heavilin <b>Phone:</b> 810-733-3702 <b>Fax:</b> 810-733-1480 <b>E-Mail:</b></p>	<p><b>Program Cost:</b> <b>Target Population:</b> [ ]: Youth [ ]: Adult [ x ]: General Population [ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>
<p><b>Cessation Program Description:</b> Provides information and training on how to develop education or cessation programs. Printed self help material is also available.</p>		

<p>American Lung Association 519 South Saginaw Street, Suite 312  Flint, MI 48502</p>	<p><b>Contact:</b> <b>Phone:</b> 810-232-3177 <b>Fax:</b> 810-232-6257 <b>E-Mail:</b> genesee@123.net</p>	<p><b>Program Cost:</b> Varies <b>Target Population:</b> [ x ]: Youth [ x ]: Adult [ x ]: General Population [ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>
<p><b>Cessation Program Description:</b> Information and training on how to develop educational or cessation programs are provided. Classes available are Freedom from Smoking, Teens Against Tobacco Use and NOT. Printed self help material is also available. Fee for the Freedom from Smoking class is \$50.</p>		

<p>Lapeer Regional Hospital 1375 North Main Street  Lapeer, MI 48446</p>	<p><b>Contact:</b> Brenda Perry, Wellness Program <b>Phone:</b> 810-667-5500 <b>Fax:</b> <b>E-Mail:</b></p>	<p><b>Program Cost:</b> Free <b>Target Population:</b> [ ]: Youth [ ]: Adult [ x ]: General Population [ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>
<p><b>Cessation Program Description:</b> Working with a certified Smoking Cessation Instructor you will learn about successful coping techniques, smoking triggers to avoid, symptoms you'll encounter while quitting and pharmacy aids that can help you overcome your dependency on smoking. Meets the second Tuesday of each month (except in November). Afternoon session 3:30 pm to 5:00 pm. Evening session 6:00 pm to 7:30 pm.</p>		

**County: Lenawee**

<p>Lenawee Health Alliance Smoking Cessation Services Herrick Cardiopulmonary Department 500 East Pottawatamie Street Tecumseh, MI 49286</p>	<p><b>Contact:</b> Susan Brooks <b>Phone:</b> 517-424-3412 <b>Fax:</b> 517-423-5567 <b>E-Mail:</b></p>	<p><b>Program Cost:</b> Varies <b>Target Population:</b> [ ]: Youth [ ]: Adult <input checked="" type="checkbox"/>: General Population [ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>
<p><b>Cessation Program Description:</b> Group counseling classes, individual counseling and self-help quit kits are provided. Classes are low cost or free.</p>		

**County: Livingston**

<p>Key Alliance, Inc. 210 South East Street Suite 2 Brighton, MI 48116</p>	<p><b>Contact:</b> Susan Bushong <b>Phone:</b> 810-220-8192 <b>Fax:</b> 810-220-0402 <b>E-Mail:</b></p>	<p><b>Program Cost:</b> Cost <b>Target Population:</b> <input checked="" type="checkbox"/>: Youth [ ]: Adult <input checked="" type="checkbox"/>: General Population [ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>
<p><b>Cessation Program Description:</b> Classes offered in conjunction with McPherson Hospital. Call for schedule or to be placed on a waiting list for the next class. Program consists of 8 sessions, 2 hours each session. Cost is \$80.  Not on Tobacco classes offered in local schools. Program consists of 10 sessions held during the normal school day. Contact school counselor or call Key Alliance. There is no cost to participate.</p>		

**County: Luce**

<p>American Lung Association 227 W. Washington  Marquette, MI 49855</p>	<p><b>Contact:</b> Carol Magrif, Regional Manager <b>Phone:</b> 1-800-LUNG-USA <b>Fax:</b> 906-228-3430 <b>E-Mail:</b> cjmargrif@lushen.com</p>	<p><b>Program Cost:</b> <b>Target Population:</b> <input checked="" type="checkbox"/>: Youth <input checked="" type="checkbox"/>: Adult [ ]: General Population [ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>
<p><b>Cessation Program Description:</b> Website is free, password protected and available 24 hr/day. It is the Freedom From Smoking Clinic content online with a messageboard feature. Our 1-800-548-8252 Call Center also can answer cessation questions by either an RN or RT. Youth should ask about the NOT program at their school.</p>		

**County: Luce**

<p>LMAS District Health Department 14150 Hamilton Lake Road  Newberry, MI 49868</p>	<p><b>Contact:</b> Miki Della Moretta  <b>Phone:</b> 906-643-1104  <b>Fax:</b> 906-643-7719  <b>E-Mail:</b> mdella-moretta@lmasdhd.org</p>	<p><b>Program Cost:</b>  <b>Target Population:</b> [ ]: Youth [ ]: Adult [ x ]: General Population [ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>
<p><b>Cessation Program Description:</b>  Provides self-help materials and individual or group counseling.</p>		

<p>Newberry Tribal Health Center 4935 Zeez-ba-tik Lane  Newberry, MI 49827</p>	<p><b>Contact:</b> Katherine Manville  <b>Phone:</b> 906-293-8181  <b>Fax:</b> 906-293-3001  <b>E-Mail:</b> chskathy@saulttribe.net</p>	<p><b>Program Cost:</b>  <b>Target Population:</b> [ x ]: Youth [ x ]: Adult [ x ]: General Population [ x ]: Pregnant Women [ x ]: Women [ ]: Other Populations</p>
<p><b>Cessation Program Description:</b>  Provides medication and instructions - patients are provided information and counseling with the use of medications to assist with smoking cessation individualized to patient's needs. Also provides individual or group counseling.</p>		

**County: Mackinac**

<p>American Lung Association 227 W. Washington  Marquette, MI 49855</p>	<p><b>Contact:</b> Carol Magrif, Regional Manager  <b>Phone:</b> 1-800-LUNG-USA  <b>Fax:</b> 906-228-3430  <b>E-Mail:</b> cjmargrif@lushen.com</p>	<p><b>Program Cost:</b>  <b>Target Population:</b> [ x ]: Youth [ x ]: Adult [ ]: General Population [ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>
<p><b>Cessation Program Description:</b>  Website is free, password protected and available 24 hr/day. It is the Freedom From Smoking Clinic content online with a messageboard feature. Our 1-800-548-8252 Call Center also can answer cessation questions by either an RN or RT. Youth should ask about the NOT program at their school.</p>		

**County: Mackinac**

<p>LMAS District Health Department 749 Hombach Street  St. Ignace, MI 49781</p>	<p><b>Contact:</b> Miki Della Moretta  <b>Phone:</b> 906-643-1120  <b>Fax:</b>  <b>E-Mail:</b></p>	<p><b>Program Cost:</b>  <b>Target Population:</b>  [ ]: Youth [ ]: Adult [ x ]: General Population [ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>
<p><b>Cessation Program Description:</b>  Self-help materials, group counseling classes and individual counseling is provided.</p>		

**County: Macomb**

<p>Freedom From Smoking 13355 East Ten Mile Road  Warren, MI 48089</p>	<p><b>Contact:</b> Sharon Bellhorn  <b>Phone:</b> 810-759-7402  <b>Fax:</b>  <b>E-Mail:</b></p>	<p><b>Program Cost:</b> Cost  <b>Target Population:</b>  [ ]: Youth [ ]: Adult [ x ]: General Population [ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>
<p><b>Cessation Program Description:</b>  Sponsored by Bi-County Hospital. Provides prevention education, day and evening treatment, self help, relapse prevention, nicotine replacement and work. Class meets over three weeks, one a week for one hour. Includes audiotape to use at home. There is a \$110.00 fee.</p>		

<p>Mount Clemens General Hospital 1000 Harrington Blvd.  Mt. Clemens, MI 48043</p>	<p><b>Contact:</b> Kelley Lovati  <b>Phone:</b> 810-741-4073  <b>Fax:</b>  <b>E-Mail:</b></p>	<p><b>Program Cost:</b>  <b>Target Population:</b>  [ ]: Youth [ ]: Adult [ x ]: General Population [ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>
<p><b>Cessation Program Description:</b></p>		

**County: Macomb**

<p>Nicotine Anonymous 11200 East 11 Mile Road  Warren, MI 48093</p>	<p><b>Contact:</b> Nicotine Anonymous  <b>Phone:</b> 810-758-3050  <b>Fax:</b>  <b>E-Mail:</b></p>	<p><b>Program Cost:</b> Free  <b>Target Population:</b>  [ ]: Youth [ ]: Adult [ x ]: General Population [ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>
<p><b>Cessation Program Description:</b>  Sponsored by Church of Today. Program provides support groups and self help. Meeting held weekly, Fridays 7:00-8:00. There is no fee - donations are welcome.</p>		

<p>Smoke Stoppers St. Joseph Mercy Hospital 15855 19 Mile Road Clinton Township, MI 48038-3504</p>	<p><b>Contact:</b> Respiratory Care Department  <b>Phone:</b> 810-263-2750  <b>Fax:</b>  <b>E-Mail:</b></p>	<p><b>Program Cost:</b> Cost  <b>Target Population:</b>  [ ]: Youth [ ]: Adult [ x ]: General Population [ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>
<p><b>Cessation Program Description:</b>  Provides an 8-session program divided into three stages that address the physical, psychological and social aspects of quitting smoking. There is a fee of \$175 which includes a free introductory session.</p>		

<p>Smokeless 22300 Bon Brae  St. Clair Shores, MI 48081</p>	<p><b>Contact:</b> Cindy Downing  <b>Phone:</b> 810-779-7900  <b>Fax:</b>  <b>E-Mail:</b></p>	<p><b>Program Cost:</b> Cost  <b>Target Population:</b>  [ ]: Youth [ ]: Adult [ x ]: General Population [ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>
<p><b>Cessation Program Description:</b>  Sponsored by Bon Secours Community Health Education. Provides prevention education, day and evening treatment and group counseling. Class meets over three weeks, 7 time for 1 1/2 hour. There is a \$155.00 fee.</p>		

**County: Macomb**

Stop Smoking Clinic 297 Prospect  Romeo, MI 48065	<b>Contact:</b> Louise Waryas <b>Phone:</b> 810-752-0310 <b>Fax:</b> <b>E-Mail:</b>	<b>Program Cost:</b> Cost <b>Target Population:</b> <input type="checkbox"/> : Youth <input type="checkbox"/> : Adult <input checked="" type="checkbox"/> : General Population <input type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input type="checkbox"/> : Other Populations
<b>Cessation Program Description:</b> Provides group counseling, hypnosis and continuing after care. Class meets for 1 session, 1 1/2 hours. There is a \$25.00 fee.		

Stop Smoking Program 2100 Fifteen Mile Road, Suite A  Sterling Heights, MI 48093	<b>Contact:</b> Cheryl Beshada <b>Phone:</b> 810-979-9443 <b>Fax:</b> <b>E-Mail:</b>	<b>Program Cost:</b> Cost <b>Target Population:</b> <input type="checkbox"/> : Youth <input type="checkbox"/> : Adult <input checked="" type="checkbox"/> : General Population <input type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input type="checkbox"/> : Other Populations
<b>Cessation Program Description:</b> Sponsored by Clinical Care Network. Provides screening assessment, referral and follow-up, day and evening treating, group counseling, individual counseling, hypnosis, nicotine replacement, work and church. Class meets for 3 sessions, 1 hour. Includes two hypnosis audio tapes to use at home. There is an \$180.00 fee.		

**County: Manistee**

District Health Department #10 521 Cobbs  Cadillac, MI 49601	<b>Contact:</b> Kevin Hughes <b>Phone:</b> 231-775-9942 <b>Fax:</b> 231-775-5372 <b>E-Mail:</b> khughes@dhd10.org	<b>Program Cost:</b> <b>Target Population:</b> <input type="checkbox"/> : Youth <input type="checkbox"/> : Adult <input checked="" type="checkbox"/> : General Population <input type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input type="checkbox"/> : Other Populations
<b>Cessation Program Description:</b> Smoking and Tobacco Elimination Program (STEP) is provided. STEP is a five session program. There is a fee of \$50 (fifty) per person. Services are also offered on a sliding scale fee.		

**County: Marquette**

<p>American Lung Association of Michigan 227 West Washington  Marquette, MI 49855</p>	<p><b>Contact:</b> Carol Margrif, Regional Manager  <b>Phone:</b> 1-800-LUNG-USA <b>Fax:</b> 906-228-3430 <b>E-Mail:</b> cjmargrif@lushen.com</p>	<p><b>Program Cost:</b> Varies  <b>Target Population:</b> [ ]: Youth [ ]: Adult [ x ]: General Population [ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>
<p><b>Cessation Program Description:</b>  Website is free, password protected and available 24 hr/day. It is the Freedom From Smoking Clinic content online with a messageboard feature. Our 1-800-548-8252 Call Center also can answer cessation questions by either an RN or RT. Youth should ask about the NOT program at their school.</p>		

<p>Family Care Doctors Marquette General Hospital 1414 West Fair Avenue, Suite 36 Marquette, MI 49855</p>	<p><b>Contact:</b>  <b>Phone:</b> 906-225-3864 <b>Fax:</b> <b>E-Mail:</b></p>	<p><b>Program Cost:</b>  <b>Target Population:</b> [ ]: Youth [ ]: Adult [ x ]: General Population [ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>
<p><b>Cessation Program Description:</b>  Patients are provided information and counseling, along with medication to assist the patient. The smoking cessation is individualized to each patient's needs. Also available are printed self-help materials and group or individual counseling. Freedom From Smoking - an 8 session group program is also provided</p>		

<p>Marquette County Health Department 184 US Highway 41 East  Negaunee, MI 49866</p>	<p><b>Contact:</b>  <b>Phone:</b> 906-475-7848 <b>Fax:</b> <b>E-Mail:</b></p>	<p><b>Program Cost:</b> Cost  <b>Target Population:</b> [ x ]: Youth [ ]: Adult [ x ]: General Population [ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>
<p><b>Cessation Program Description:</b>  Provides printed self-help materials, individual or group counseling. Quit Smart at Work-Four one hour sessions held at your worksite. \$35 per person. Grants may be available. Individual--two half hour sessions scheduled one month apart. \$35.00 per person. Tobacco Free Teens cessation program is also available. Please call (906) 475-7848 Ext. 281</p>		

**County: Marquette**

<p>Michael Nidiffer, M.D. 1414 West Fair Avenue, Suite 226  Marquette, MI 49855</p>	<p><b>Contact:</b>  <b>Phone:</b> 906-225-3925  <b>Fax:</b> 906-225-4838  <b>E-Mail:</b></p>	<p><b>Program Cost:</b>  <b>Target Population:</b>  <input checked="" type="checkbox"/>: Youth  <input type="checkbox"/>: Adult  <input checked="" type="checkbox"/>: General Population  <input type="checkbox"/>: Pregnant Women  <input type="checkbox"/>: Women  <input type="checkbox"/>: Other Populations</p>
<p><b>Cessation Program Description:</b>  Provides medication and instructions - patients are provided information and counseling with the use of medications to assist with smoking cessation individualized to patient's needs.</p>		

<p>OB-GYN Associates of Marquette 1414 West Fair Avenue, Suite 249  Marquette, MI 49855</p>	<p><b>Contact:</b>  <b>Phone:</b> 800-628-3333  <b>Fax:</b> 906-225-0994  <b>E-Mail:</b></p>	<p><b>Program Cost:</b>  <b>Target Population:</b>  <input type="checkbox"/>: Youth  <input type="checkbox"/>: Adult  <input checked="" type="checkbox"/>: General Population  <input type="checkbox"/>: Pregnant Women  <input type="checkbox"/>: Women  <input type="checkbox"/>: Other Populations</p>
<p><b>Cessation Program Description:</b>  Provides medication and instructions - patients are provided information and counseling with the use of medications to assist with smoking cessation individualized to patient's needs.</p>		

<p>Todd Sheperd, M.D. Bell Medical Center 97 South Fourth Street Ishpeming, MI 49849</p>	<p><b>Contact:</b>  <b>Phone:</b> 906-485-1037  <b>Fax:</b>  <b>E-Mail:</b></p>	<p><b>Program Cost:</b>  <b>Target Population:</b>  <input type="checkbox"/>: Youth  <input type="checkbox"/>: Adult  <input checked="" type="checkbox"/>: General Population  <input type="checkbox"/>: Pregnant Women  <input type="checkbox"/>: Women  <input type="checkbox"/>: Other Populations</p>
<p><b>Cessation Program Description:</b>  Provides medication and instructions - patients are provided information and counseling with the use of medications to assist with smoking cessation individualized to patient's needs.</p>		

**County: Marquette**

Women's Health Associates of the Upper Peninsula 107 West Main Street  Marquette, MI 49855	<b>Contact:</b> <b>Phone:</b> 906-228-2943 <b>Fax:</b> <b>E-Mail:</b>	<b>Program Cost:</b> <b>Target Population:</b> <input type="checkbox"/> Youth <input type="checkbox"/> Adult <input checked="" type="checkbox"/> General Population <input type="checkbox"/> Pregnant Women <input checked="" type="checkbox"/> Women <input type="checkbox"/> Other Populations
<b>Cessation Program Description:</b> Provides medication and instructions - patients are provided information and counseling with the use of medications to assist with smoking cessation individualized to patient's needs.		

**County: Mason**

District Health Department #10 521 Cobbs  Cadillac, MI 49601	<b>Contact:</b> Kevin Hughes <b>Phone:</b> 231-775-9942 <b>Fax:</b> 231-775-5372 <b>E-Mail:</b> khughes@dhd10.org	<b>Program Cost:</b> <b>Target Population:</b> <input type="checkbox"/> Youth <input type="checkbox"/> Adult <input checked="" type="checkbox"/> General Population <input type="checkbox"/> Pregnant Women <input type="checkbox"/> Women <input type="checkbox"/> Other Populations
<b>Cessation Program Description:</b> Smoking and Tobacco Elimination Program (STEP) is provided. STEP is a five session program. There is a fee of \$50 (fifty) per person. Services are also offered on a sliding scale fee.		

**County: Mecosta**

District Health Department #10 521 Cobbs  Cadillac, MI 49601	<b>Contact:</b> Kevin Huges <b>Phone:</b> 231-775-9942 <b>Fax:</b> 231-775-5372 <b>E-Mail:</b> khughes@dhd10.org	<b>Program Cost:</b> Cost <b>Target Population:</b> <input type="checkbox"/> Youth <input type="checkbox"/> Adult <input checked="" type="checkbox"/> General Population <input type="checkbox"/> Pregnant Women <input type="checkbox"/> Women <input type="checkbox"/> Other Populations
<b>Cessation Program Description:</b> Smoking and Tobacco Elimination Program (STEP) is provided. STEP is a five session program. There is a fee of \$50 (fifty) per person. Services are also offered on a sliding scale fee.		

**County: Mecosta**

<p>Mecosta County General Hospital 405 Winter  Big Rapids, MI 49307</p>	<p><b>Contact:</b>  <b>Phone:</b> 231-592-4211  <b>Fax:</b>  <b>E-Mail:</b></p>	<p><b>Program Cost:</b> Cost  <b>Target Population:</b>  [ ]: Youth [ ]: Adult [ x ]: General Population [ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>
<p><b>Cessation Program Description:</b>  Provides a self directed program, Smoke Stoppers. Cost is \$40.</p>		

**County: Menominee**

<p>American Lung Association of Michigan 227 W. Washington  Marquette, MI 49855</p>	<p><b>Contact:</b> Carol Margrif, Regional Manager  <b>Phone:</b> 1-800-LUNG-USA  <b>Fax:</b> 906-228-3430  <b>E-Mail:</b> cjmargrif@lushen.com</p>	<p><b>Program Cost:</b> Varies  <b>Target Population:</b>  [ x ]: Youth [ x ]: Adult [ ]: General Population [ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>
<p><b>Cessation Program Description:</b>  Website is free, password protected and available 24 hr/day. It is the Freedom From Smoking Clinic content online with a messageboard feature. Our 1-800-548-8252 Call Center also can answer cessation questions by either an RN or RT. Youth should ask about the NOT program at their school.</p>		

<p>Public Health, Delta and Menominee Counties 1101 11th Avenue Suite B6 Menominee, MI 49858</p>	<p><b>Contact:</b> Tammy Sikorski  <b>Phone:</b> 906-863-7875  <b>Fax:</b>  <b>E-Mail:</b> tsikorski@phdm.localhealth.net</p>	<p><b>Program Cost:</b>  <b>Target Population:</b>  [ ]: Youth [ ]: Adult [ x ]: General Population [ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>
<p><b>Cessation Program Description:</b>  Provides printed self-help materials, support &amp; information.</p>		

**County: Midland**

Breathe Free Seventh Day Adventist Church 2420 E. Ashman St. Midland, MI 48642-4043	<b>Contact:</b> Mary Ann Walker <b>Phone:</b> 989-631-2538 <b>Fax:</b> <b>E-Mail:</b>	<b>Program Cost:</b> <b>Target Population:</b> <input type="checkbox"/> : Youth <input type="checkbox"/> : Adult <input checked="" type="checkbox"/> : General Population <input type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input type="checkbox"/> : Other Populations
<b>Cessation Program Description:</b> Eight sessions 6:30 - 8:30 pm May 13-14, 16-18, 20-21 Graduation/dinner celebration May 23		

Focus Substance Abuse Counseling & Information Center 2603 Wackerly Suite A Midland, MI 48640-6922	<b>Contact:</b> Cliff Eppert <b>Phone:</b> 989-631-7992 <b>Fax:</b> <b>E-Mail:</b>	<b>Program Cost:</b> <b>Target Population:</b> <input type="checkbox"/> : Youth <input type="checkbox"/> : Adult <input checked="" type="checkbox"/> : General Population <input type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input type="checkbox"/> : Other Populations
<b>Cessation Program Description:</b>		

Mid Michigan Health 4005 Orchard Drive Midland, MI 48670	<b>Contact:</b> Stephanie Leibfritz <b>Phone:</b> 989-839-1886 <b>Fax:</b> 989-839-1394 <b>E-Mail:</b> stephanie.leibfritz@midmichigan.org	<b>Program Cost:</b> <b>Target Population:</b> <input type="checkbox"/> : Youth <input type="checkbox"/> : Adult <input checked="" type="checkbox"/> : General Population <input type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input type="checkbox"/> : Other Populations
<b>Cessation Program Description:</b>		

**County: Midland**

Midland Community Cancer Services 220 West Main Street, Suite 105  Midland, MI 48640	<b>Contact:</b> Susan Dusseau <b>Phone:</b> 989-835-4841 <b>Fax:</b> 989-832-5544 <b>E-Mail:</b> dusseau@cancerservicesmidland.org	<b>Program Cost:</b> Sliding Scale <b>Target Population:</b> <input type="checkbox"/> : Youth <input type="checkbox"/> : Adult <input checked="" type="checkbox"/> : General Population <input type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input type="checkbox"/> : Other Populations
<b>Cessation Program Description:</b> Experienced staff provides individual or group sessions, self-help materials and a quit smoking support group. Cost is \$15 per session/free to low income clients.		

Midland Community Center 2001 George Street  Midland, MI 48640	<b>Contact:</b> Sharon Calkins <b>Phone:</b> 517-832-7937 <b>Fax:</b> <b>E-Mail:</b>	<b>Program Cost:</b> <b>Target Population:</b> <input type="checkbox"/> : Youth <input type="checkbox"/> : Adult <input type="checkbox"/> : General Population <input type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input type="checkbox"/> : Other Populations
<b>Cessation Program Description:</b>		

**County: Missaukee**

District Health Department #10 521 Cobbs  Cadillac, MI 49601	<b>Contact:</b> Kevin Huges <b>Phone:</b> 231-775-9942 <b>Fax:</b> 231-775-5372 <b>E-Mail:</b> khughes@dhd10.org	<b>Program Cost:</b> <b>Target Population:</b> <input type="checkbox"/> : Youth <input type="checkbox"/> : Adult <input checked="" type="checkbox"/> : General Population <input type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input type="checkbox"/> : Other Populations
<b>Cessation Program Description:</b> Smoking and Tobacco Elimination Program (STEP) is provided. STEP is a five session program. There is a fee of \$50 (fifty) per person. Services are also offered on a sliding scale fee.		

**County: Montcalm**

<p>United Lifestyles 407 South Nelson  Greenville, MI 48838</p>	<p><b>Contact:</b> Jodie Faber, Coordinator  <b>Phone:</b> 616-754-6185 <b>Fax:</b> 616-754-6407 <b>E-Mail:</b> faberj@chartermi.net</p>	<p><b>Program Cost:</b> Free  <b>Target Population:</b> [ x ]: Youth [ x ]: Adult [ ]: General Population [ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>
<p><b>Cessation Program Description:</b>  Provides Tobacco Consultation Service (adult cessation) that meets weekly, Tuesday evenings at 6 and Adolescent Tobacco Abuse Cessation Program that meets weekly, Tuesday afternoons at 3:30.</p>		

**County: Montmorency**

<p>Thunder Bay Community Health Services  Hillman Clinic  610 Caring Street  Hillman, MI 49746</p>	<p><b>Contact:</b>  <b>Phone:</b> 517-742-4583 <b>Fax:</b> 517-742-4369 <b>E-Mail:</b></p>	<p><b>Program Cost:</b> Varies  <b>Target Population:</b> [ ]: Youth [ ]: Adult [ x ]: General Population [ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>
<p><b>Cessation Program Description:</b>  Requires an initial visit with the physician. Follow up is one on one with the community health educator.</p>		

<p>Thunder Bay Community Health Services  Atlanta Clinic  13210 M-33 North  Atlanta, MI 49709</p>	<p><b>Contact:</b>  <b>Phone:</b> 517-785-4855 <b>Fax:</b> 517-785-2267 <b>E-Mail:</b></p>	<p><b>Program Cost:</b> Varies  <b>Target Population:</b> [ ]: Youth [ ]: Adult [ x ]: General Population [ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>
<p><b>Cessation Program Description:</b>  First appointment is with the physician. Follow up is one on one with the health educator.</p>		

**County: Muskegon**

<p>Lakeshore Lung Society Life After Cigarettes Support Group 1147 Third Street Muskegon, MI 49441</p>	<p><b>Contact:</b> <b>Phone:</b> 231-722-2361 <b>Fax:</b> <b>E-Mail:</b></p>	<p><b>Program Cost:</b> <b>Target Population:</b> [ ]: Youth [ ]: Adult [ x ]: General Population</p>
<p><b>Cessation Program Description:</b> Bring lunch and join this innovative support group on the second Tuesday of each month between 12:15 and 1:00 pm at Lakeshore Lung Society.</p>		<p>[ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>

<p>Muskegon County Health Department Health Education 209 East Apple Muskegon, MI 49442</p>	<p><b>Contact:</b> Ed Parsekien <b>Phone:</b> 231-724-1263 <b>Fax:</b> 231-724-3113 <b>E-Mail:</b> parsekianed@co.muskegon.mi.us</p>	<p><b>Program Cost:</b> Free <b>Target Population:</b> [ ]: Youth [ x ]: Adult [ x ]: General Population</p>
<p><b>Cessation Program Description:</b> Group tobacco cessation seminar that is held the first four Wednesday evenings, 5:30 - 7pm, every month. Cost is free!</p>		<p>[ ]: Pregnant Women [ ]: Women [ x ]: Other Populations</p>

**County: Newaygo**

<p>Baldwin Family Health Clinic, Inc 4967 North Michigan Avenue Baldwin, MI 49304</p>	<p><b>Contact:</b> <b>Phone:</b> 231-689-6646 <b>Fax:</b> 231-745-2743 <b>E-Mail:</b></p>	<p><b>Program Cost:</b> <b>Target Population:</b> [ ]: Youth [ ]: Adult [ x ]: General Population</p>
<p><b>Cessation Program Description:</b> Provides a smoking cessation program. Offices located in White Cloud and Grant.</p>		<p>[ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>

**County: Newaygo**

District Health Department #10  521 Cobbs  Cadillac, MI 49601	<b>Contact:</b> Kevin Hughes  <b>Phone:</b> 231-775-9942  <b>Fax:</b> 231-775-5372  <b>E-Mail:</b> khughes@dhd10.org	<b>Program Cost:</b> Cost  <b>Target Population:</b> <input type="checkbox"/> Youth <input type="checkbox"/> Adult <input checked="" type="checkbox"/> General Population <input type="checkbox"/> Pregnant Women <input type="checkbox"/> Women <input type="checkbox"/> Other Populations
<b>Cessation Program Description:</b>  Smoking and Tobacco Elimination Program (STEP) is provided. STEP is a five session program. There is a fee of \$50 (fifty) per person. Services are also offered on a sliding scale fee.		

**County: Oakland**

American Lung Association-Not on Tobacco  26555 Evergreen Road, Suite 375  Southfield, MI 48076	<b>Contact:</b>  <b>Phone:</b> 800-534-5864  <b>Fax:</b> 248-359-5844  <b>E-Mail:</b>	<b>Program Cost:</b>  <b>Target Population:</b> <input checked="" type="checkbox"/> Youth <input type="checkbox"/> Adult <input type="checkbox"/> General Population <input type="checkbox"/> Pregnant Women <input type="checkbox"/> Women <input type="checkbox"/> Other Populations
<b>Cessation Program Description:</b>  Class meets over 10 weeks, once a week, for 1 hour.		

Anything But Cigarettes  415 South West Street, Suite 150  Royal Oak, MI 48067	<b>Contact:</b> Dennis Pilon  <b>Phone:</b> 248-546-3550  <b>Fax:</b> 248-546-8070  <b>E-Mail:</b> anythingbutcigs@aol.com	<b>Program Cost:</b> Cost  <b>Target Population:</b> <input checked="" type="checkbox"/> Youth <input checked="" type="checkbox"/> Adult <input checked="" type="checkbox"/> General Population <input checked="" type="checkbox"/> Pregnant Women <input checked="" type="checkbox"/> Women <input type="checkbox"/> Other Populations
<b>Cessation Program Description:</b>  Hypnosis and behavior modification approach. Provides screening assessment, referral and follow up, prevention education, day and evening treatment, individual counseling, support groups, didactic education and relapse prevention. Class meets one time for 90 minutes. Bi-weekly follow-ups free. There is an \$185 for individual session. Group sessions available by arrangement. Onsite corporate programs available by arrangement. Individual program available for purchase online. Please call 248-546-3550 ext. 2		

**County: Oakland**

<p>Breathe Free Plan-Oakland 49285 Ridgecourt  Northville, MI 48167</p>	<p><b>Contact:</b> Dr. Arthur Weaver  <b>Phone:</b> 248-349-5683  <b>Fax:</b>  <b>E-Mail:</b></p>	<p><b>Program Cost:</b> Free  <b>Target Population:</b>  [ ]: Youth [ ]: Adult [ x]: General Population [ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>
<p><b>Cessation Program Description:</b>  Provides screening assessment, prevention education, day and evening treatment, group counseling, individual counseling, support groups, didactic education, relapse prevention and nutritional counseling. There is no fee, but a request for donation.</p>		

<p>Freedom From Smoking 355 South Old Woodward, Ste 290  Birmingham, MI 48009</p>	<p><b>Contact:</b> Tamara Deloney  <b>Phone:</b> 248-540-9596  <b>Fax:</b>  <b>E-Mail:</b></p>	<p><b>Program Cost:</b> Cost  <b>Target Population:</b>  [ ]: Youth [ ]: Adult [ x]: General Population [ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>
<p><b>Cessation Program Description:</b>  Sponsored by the Oakland Athletic Club. Provides screening assessment, prevention and education day and evening treatment, group counseling, support groups, didactic education, relapse prevention, nutritional counseling, and nicotine replacement. The class meets over 7 weeks, once a week for 1 hour. There is a \$125.00 fee.</p>		

<p>Hypnosis for Smoking 600 South Adams, Suite 218  Birmingham, MI 48009</p>	<p><b>Contact:</b> Diane Michele  <b>Phone:</b> 248-594-0942  <b>Fax:</b>  <b>E-Mail:</b></p>	<p><b>Program Cost:</b> Varies  <b>Target Population:</b>  [ ]: Youth [ x]: Adult [ ]: General Population [ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>
<p><b>Cessation Program Description:</b>  Provides day and evening treatment, individual counseling and hypnosis. The class meets for 1-5 sessions, once a week for 50 minutes. The cost is variable.</p>		

**County: Oakland**

<p>Medical Center-Providence Park First Aid for Smokers 47601 Grand River Novi, MI 48374-1233</p>	<p><b>Contact:</b> Michelle DeWyre <b>Phone:</b> 877-345-5500 <b>Fax:</b> <b>E-Mail:</b></p>	<p><b>Program Cost:</b> Free <b>Target Population:</b> [ ]: Youth [ ]: Adult <input checked="" type="checkbox"/>: General Population [ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>
<p><b>Cessation Program Description:</b> The Oakland County Health Division's Health Education Unit and Providence Hospital are offering quit smoking classes to help smoker kick the habit. The First Aid for Smokers class includes an educational presentation on the quitting process, a smoker's emergency kit, and instructions on how to utilize the kit. Participants will learn valuable coping skills and receive follow-up support to help in the quitting process. There is no fee for the class or materials. Class space is limited and pre-registration is required.</p>		

<p>Nicotine Anonymous 120 North Military Dearborn, MI 48124</p>	<p><b>Contact:</b> Nicotine Anonymous <b>Phone:</b> 313-565-8450 <b>Fax:</b> <b>E-Mail:</b></p>	<p><b>Program Cost:</b> Free <b>Target Population:</b> [ ]: Youth <input checked="" type="checkbox"/>: Adult [ ]: General Population [ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>
<p><b>Cessation Program Description:</b> Sponsored by Christ Episcopal Church. Provides support groups and self-help. Meetings are held weekly. There is no fee, request for donation.</p>		

<p>Oakland County Health Division First Aid for Smokers 27725 Greenfield Road Southfield, MI 48076-3625</p>	<p><b>Contact:</b> Michelle DeWyre <b>Phone:</b> 248-424-7128 <b>Fax:</b> 248-424-7144 <b>E-Mail:</b> dewyrem@co.oakland.mi.us</p>	<p><b>Program Cost:</b> Free <b>Target Population:</b> [ ]: Youth [ ]: Adult <input checked="" type="checkbox"/>: General Population [ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>
<p><b>Cessation Program Description:</b> First Aid for Smokers. This is a free program offered at various sites in Oakland County.</p>		

**County: Oakland**

<p>Oakland County Health Division Cessation Resource and Referral  27725 Greenfield  Southfield, MI 48076</p>	<p><b>Contact:</b>  <b>Phone:</b> 248-424-7128  <b>Fax:</b>  <b>E-Mail:</b></p>	<p><b>Program Cost:</b> Free  <b>Target Population:</b>  [ ]: Youth [ ]: Adult [ x ]: General Population [ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>
<p><b>Cessation Program Description:</b>  Community/worksite, groupsmoking cessation programs and individual counseling as requested.</p>		

<p>Providence Hospital  16001 West 9 Mile Road  Southfield, MI 48075</p>	<p><b>Contact:</b>  <b>Phone:</b> 1-888-757-5463  <b>Fax:</b>  <b>E-Mail:</b></p>	<p><b>Program Cost:</b> Cost  <b>Target Population:</b>  [ ]: Youth [ ]: Adult [ x ]: General Population [ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>
<p><b>Cessation Program Description:</b>  Provides the power of hypnotic conditioning with behavior modification techniques to help kick the habit without weight gain. There is a \$59 fee.</p>		

<p>Providence Medical Center  First Aid for Smokers  16001 West Nine Mile Road  Southfield, MI 48075</p>	<p><b>Contact:</b> Michelle DeWyre  <b>Phone:</b> 877-345-5500  <b>Fax:</b>  <b>E-Mail:</b></p>	<p><b>Program Cost:</b> Free  <b>Target Population:</b>  [ ]: Youth [ ]: Adult [ x ]: General Population [ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>
<p><b>Cessation Program Description:</b>  The Oakland County Health Division's Health Education Unit and Providence Hospital are offering quit smoking classes to help smoker kick the habit. The First Aid for Smokers class includes an educational presentation on the quitting process, a smoker's emergency kit, and instructions on how to utilize the kit. Participants will learn valuable coping skills and receive follow-up support to help in the quitting process. There is no fee for the class or materials. Class space is limited and pre-registration is required.</p>		

**County: Oakland**

Providence Medical Center First Aid for Smokers 30055 Northwestern Farmington Hills, MI 48334	<b>Contact:</b> Michelle DeWyre  <b>Phone:</b> 248-424-7128  <b>Fax:</b>  <b>E-Mail:</b>	<b>Program Cost:</b> Free  <b>Target Population:</b> <input type="checkbox"/> : Youth <input type="checkbox"/> : Adult <input checked="" type="checkbox"/> : General Population <input type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input type="checkbox"/> : Other Populations
<b>Cessation Program Description:</b>  The Oakland County Health Division's Health Education Unit and Providence Hospital are offering quit smoking classes to help smoker kick the habit. The First Aid for Smokers class includes an educational presentation on the quitting process, a smoker's emergency kit, and instructions on how to utilize the kit. Participants will learn valuable coping skills and receive follow-up support to help in the quitting process. There is no fee for the class or materials. Class space is limited and pre-registration is required.		

Smoke Free Living St. Mary Mercy Hospital 36475 Five Mile Livonia, MI 48154	<b>Contact:</b> Cheryl Grougan  <b>Phone:</b> 734-655-8940  <b>Fax:</b> 734-655-4254  <b>E-Mail:</b>	<b>Program Cost:</b> Cost  <b>Target Population:</b> <input type="checkbox"/> : Youth <input type="checkbox"/> : Adult <input checked="" type="checkbox"/> : General Population <input type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input type="checkbox"/> : Other Populations
<b>Cessation Program Description:</b>  Sponsored by St. Mary Mercy Hospital. Designed to give you the tools, confidence and support to change smoking habits. Provides group counseling, didactic education, self-help, expectations during quitting, relapse prevention, nutritional counseling, nicotine replacement. Class meets over 4 weeks, once a week for 2 hours. There is a \$40 fee.		

Smoke Stoppers St. John Oakland Hospital 27351 Dequindre Madison Heights, MI 48071-3487	<b>Contact:</b>  <b>Phone:</b> 248-967-7450  <b>Fax:</b>  <b>E-Mail:</b>	<b>Program Cost:</b> Cost  <b>Target Population:</b> <input type="checkbox"/> : Youth <input type="checkbox"/> : Adult <input checked="" type="checkbox"/> : General Population <input type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input type="checkbox"/> : Other Populations
<b>Cessation Program Description:</b>  Provides a self study program that includes behavior modification, relapse prevention and lifestyle management skill development. There is a \$75 registration fee.		

**County: Oakland**

Smokeless 1101 West University  Rochester, MI 48307	<b>Contact:</b> Carole Beckett <b>Phone:</b> 248-625-5269 <b>Fax:</b> <b>E-Mail:</b>	<b>Program Cost:</b> Varies <b>Target Population:</b> <input type="checkbox"/> : Youth <input type="checkbox"/> : Adult <input checked="" type="checkbox"/> : General Population <input type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input type="checkbox"/> : Other Populations
<b>Cessation Program Description:</b> Sponsored by Crittenton Hospital. Provides screening assessment, referral and follow up, prevention education, day and evening treatment, group counseling, nutritional counseling and continuing after care. Class meets over 3 weeks, 7 time for 1 - 1 1/2 hours. Cost range of \$125.00 - 140.00.		

Smokeless System 30445 Northwestern, Suite 350  Farmington Hills, MI 48334	<b>Contact:</b> Susan Jackson <b>Phone:</b> 248-539-1800 <b>Fax:</b> <b>E-Mail:</b>	<b>Program Cost:</b> Cost <b>Target Population:</b> <input type="checkbox"/> : Youth <input type="checkbox"/> : Adult <input checked="" type="checkbox"/> : General Population <input type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input type="checkbox"/> : Other Populations
<b>Cessation Program Description:</b> Provides day and evening treatment, group counseling, self help. Class meets over 4 weeks, 7 times for 1 hour. There is a \$125.00 fee. Offers outbound counseling calls for an extra fee.. There is also an online version of the program available.		

Stop Now 111 South Olde Woodward #250  Bloomfield Hills, MI 48009	<b>Contact:</b> Mr. Jan Klein <b>Phone:</b> 248-644-2900 <b>Fax:</b> <b>E-Mail:</b>	<b>Program Cost:</b> Cost <b>Target Population:</b> <input type="checkbox"/> : Youth <input checked="" type="checkbox"/> : Adult <input checked="" type="checkbox"/> : General Population <input checked="" type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input type="checkbox"/> : Other Populations
<b>Cessation Program Description:</b> Provides individual counseling, self help, hypnosis and continuing after care. Class meets over 3-4 sessions, twice a week for 45-60 minutes. There is a \$100 one-time lifetime fee. Please call (248) 644-2900 ext. 18		

**County: Oakland**

<p>Stop Smoking</p> <p>William Beaumont Hospital</p> <p>3601 West 13 Mile Road</p> <p>Royal Oak, MI 48073</p>	<p><b>Contact:</b> Teena Culhane</p> <p><b>Phone:</b> 248-655-5790</p> <p><b>Fax:</b> 248-655-5789</p> <p><b>E-Mail:</b></p>	<p><b>Program Cost:</b> Cost</p> <p><b>Target Population:</b></p> <p><input type="checkbox"/>: Youth</p> <p><input type="checkbox"/>: Adult</p> <p><input checked="" type="checkbox"/>: General Population</p> <p><input type="checkbox"/>: Pregnant Women</p> <p><input type="checkbox"/>: Women</p> <p><input type="checkbox"/>: Other Populations</p>
<p><b>Cessation Program Description:</b></p> <p>Sponsored by the respiratory care department at William Beaumont Hospital, Royal Oak. The program is offered every other month beginning in January. Meets Tuesday nights from 7-9 pm for 4 consecutive weeks. We offer a team of, respiratory therapists and pharmacists who offer advice, and individual assistance to help you quit smoking for good. There is a \$25 fee. Please call Physician Referral to register at 1-800-633-7377 or for more information, call the Respiratory Care Dept. at 248-655-5790.</p>		

<p>Stop Smoking Through Hypnosis</p> <p>28336 Franklin Road</p> <p>Southfield, MI 48034</p>	<p><b>Contact:</b> Karen M. Keeler</p> <p><b>Phone:</b> 248-353-3359</p> <p><b>Fax:</b></p> <p><b>E-Mail:</b></p>	<p><b>Program Cost:</b> Cost</p> <p><b>Target Population:</b></p> <p><input type="checkbox"/>: Youth</p> <p><input type="checkbox"/>: Adult</p> <p><input checked="" type="checkbox"/>: General Population</p> <p><input type="checkbox"/>: Pregnant Women</p> <p><input type="checkbox"/>: Women</p> <p><input type="checkbox"/>: Other Populations</p>
<p><b>Cessation Program Description:</b></p> <p>Provides screening assessment, referral and follow up, prevention education, day and evening treatment, group counseling, individual counseling, self help, hypnosis and anti depressant. Class meets for 4 sessions, 90 minutes. There is an \$150 fee.</p>		

**County: Oakland**

Whole Mind Hypnotherapy 25600 Telegraph Road  Southfield, MI 48034	<b>Contact:</b> Elaine Kissel  <b>Phone:</b> 248-350-2270  <b>Fax:</b>  <b>E-Mail:</b> khypno@aol.com	<b>Program Cost:</b> Cost  <b>Target Population:</b>  <input type="checkbox"/> : Youth <input type="checkbox"/> : Adult <input checked="" type="checkbox"/> : General Population <input type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input type="checkbox"/> : Other Populations
<b>Cessation Program Description:</b>  Provides screening assessment, referral and follow up, prevention and education, day and evening treatment, individual counseling, didactic education, self help, nutritional counseling and hypnosis. Class varies, average 6-8 weeks, twice a week for 2 hours. Class individualized by assessment. Preliminary evaluation required-\$135 fee is applied towards cessation program.		

**County: Oceana**

District Health Department #10 521 Cobbs  Cadillac, MI 49601	<b>Contact:</b> Kevin Hughes  <b>Phone:</b> 231-775-9942  <b>Fax:</b> 231-775-5372  <b>E-Mail:</b> khughes@dhd10.org	<b>Program Cost:</b> Cost  <b>Target Population:</b>  <input type="checkbox"/> : Youth <input type="checkbox"/> : Adult <input checked="" type="checkbox"/> : General Population <input type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input type="checkbox"/> : Other Populations
<b>Cessation Program Description:</b>  Smoking and Tobacco Elimination Program (STEP) is provided. STEP is a five session program. There is a fee of \$50 (fifty) per person. Services are also offered on a sliding scale fee.		

**County: Ontonagon**

American Lung Association 227 W. Washington  Marquette, MI 49855	<b>Contact:</b> Carol Magrif@lushen.com  <b>Phone:</b> 1-800-LUNG-USA  <b>Fax:</b> 906-228-3430  <b>E-Mail:</b> cjmagrif@lushen.com	<b>Program Cost:</b>  <b>Target Population:</b>  <input checked="" type="checkbox"/> : Youth <input checked="" type="checkbox"/> : Adult <input type="checkbox"/> : General Population <input type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input type="checkbox"/> : Other Populations
<b>Cessation Program Description:</b>  Website is free, password protected and available 24 hr/day. It is the Freedom From Smoking Clinic content online with a messageboard feature. Our 1-800-548-8252 Call Center also can answer cessation questions by either an RN or RT. Youth should ask about the NOT program at their school.		

**County: Otsego**

<p>Aleda E. Lutz, VA Medical Center Community Based Outpatient Clinic 806 South Otsego Gaylord, MI 49735</p>	<p><b>Contact:</b> Sharleen Gray <b>Phone:</b> 800-406-5743 <b>Fax:</b> 989-732-6577 <b>E-Mail:</b></p>	<p><b>Program Cost:</b> <b>Target Population:</b> [ ]: Youth [ ]: Adult [ ]: General Population [ ]: Pregnant Women [ ]: Women [ x]: Other Populations</p>
<p><b>Cessation Program Description:</b> Please call 800-406-5743 x3778</p>		

<p>Northwest Michigan Community Health Agency 220 West Garfield Street Charlevoix, MI 49720</p>	<p><b>Contact:</b> Teresa Vanas <b>Phone:</b> 231-547-6523 <b>Fax:</b> <b>E-Mail:</b></p>	<p><b>Program Cost:</b> <b>Target Population:</b> [ x]: Youth [ ]: Adult [ ]: General Population [ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>
<p><b>Cessation Program Description:</b> Teen Cessation program (American Lung Association's NOT) is available on request.</p>		

**County: Ottawa**

<p>Holland Community Hospital 602 Michigan Avenue Holland, MI 49423</p>	<p><b>Contact:</b> Michelle Bakewell <b>Phone:</b> 616-394-3344 <b>Fax:</b> 616-394-3344 <b>E-Mail:</b></p>	<p><b>Program Cost:</b> Free <b>Target Population:</b> [ ]: Youth [ ]: Adult [ x]: General Population [ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>
<p><b>Cessation Program Description:</b> This program runs for 7 weeks (8 meetings) at varying locations in Holland. Time is 6-7:30 p.m. Free program.</p>		

**County: Ottawa**

<p>North Ottawa Cardiac Rehabilitation Clinic</p> <p>1309 Sheldon Road</p> <p>Grand Haven, MI 49417</p>	<p><b>Contact:</b> Pam McCarthy or Joe DeBrowski</p> <p><b>Phone:</b> 616-847-5464</p> <p><b>Fax:</b></p> <p><b>E-Mail:</b></p>	<p><b>Program Cost:</b> Cost</p> <p><b>Target Population:</b></p> <p><input type="checkbox"/> : Youth</p> <p><input type="checkbox"/> : Adult</p> <p><input checked="" type="checkbox"/> : General Population</p> <p><input type="checkbox"/> : Pregnant Women</p> <p><input type="checkbox"/> : Women</p> <p><input type="checkbox"/> : Other Populations</p>
<p><b>Cessation Program Description:</b></p> <p>Classes are presented whenever there are sufficient people interested in participating. Cost is \$45.00</p>		

<p>Ottawa County Health Department</p> <p>12251 James Street</p> <p>Suite 400</p> <p>Holland, MI 49424</p>	<p><b>Contact:</b> Lisa Uganski</p> <p><b>Phone:</b> 616-393-5570</p> <p><b>Fax:</b></p> <p><b>E-Mail:</b></p>	<p><b>Program Cost:</b> Free</p> <p><b>Target Population:</b></p> <p><input type="checkbox"/> : Youth</p> <p><input type="checkbox"/> : Adult</p> <p><input checked="" type="checkbox"/> : General Population</p> <p><input type="checkbox"/> : Pregnant Women</p> <p><input type="checkbox"/> : Women</p> <p><input type="checkbox"/> : Other Populations</p>
<p><b>Cessation Program Description:</b></p> <p>Stop Nicotine Addiction Permanently "SNAP" program. One-on-one classes designed to help individuals quit smoking based on their specific needs.</p>		

**County: Roscommon**

<p>Northern Michigan Health Services</p> <p>416 Connable Avenue</p> <p>Petoskey, MI 49770-2297</p>	<p><b>Contact:</b></p> <p><b>Phone:</b> 517-422-5148</p> <p><b>Fax:</b></p> <p><b>E-Mail:</b></p>	<p><b>Program Cost:</b> Cost</p> <p><b>Target Population:</b></p> <p><input type="checkbox"/> : Youth</p> <p><input type="checkbox"/> : Adult</p> <p><input checked="" type="checkbox"/> : General Population</p> <p><input type="checkbox"/> : Pregnant Women</p> <p><input type="checkbox"/> : Women</p> <p><input type="checkbox"/> : Other Populations</p>
<p><b>Cessation Program Description:</b></p> <p>Services available in Roscommon County. Meets twice a week for two weeks. One time fee of \$10. Participants can attend as long as they find it helpful.</p>		

**County: Saginaw**

<p>Aleda E. Lutz, VA Medical Center 1500 Weiss Street  Saginaw, MI 48602</p>	<p><b>Contact:</b> Sharleen Gray <b>Phone:</b> 1-800-406-5143 <b>Fax:</b> <b>E-Mail:</b></p>	<p><b>Program Cost:</b> <b>Target Population:</b> [ ]: Youth [ ]: Adult [ ]: General Population [ ]: Pregnant Women [ ]: Women [ x ]: Other Populations</p>
<p><b>Cessation Program Description:</b> Please call 1-800-406-5143 ext. 3730</p>		

<p>Covenant Health Care 5400 Mackinaw Road  Saginaw, MI 48604-9515</p>	<p><b>Contact:</b> <b>Phone:</b> 517-797-5030 <b>Fax:</b> <b>E-Mail:</b></p>	<p><b>Program Cost:</b> <b>Target Population:</b> [ ]: Youth [ ]: Adult [ x ]: General Population [ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>
<p><b>Cessation Program Description:</b> Freedom from Smoking 8 week course, \$35 fee.</p>		

<p>St. Mary's Medical Center 800 South Washington Avenue  Saginaw, MI 48601-2524</p>	<p><b>Contact:</b> Sam Connon <b>Phone:</b> 989-497-3013 <b>Fax:</b> 989-497-3208 <b>E-Mail:</b></p>	<p><b>Program Cost:</b> Cost <b>Target Population:</b> [ ]: Youth [ ]: Adult [ x ]: General Population [ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>
<p><b>Cessation Program Description:</b> Fresh Start, 4 session course. \$25 fee.</p>		

**County: Sanilac**

Deckerville Community Hospital 3559 Pine Street  Deckerville, MI 48427-0126	<b>Contact:</b> Leta Barnes <b>Phone:</b> 810-376-2835 <b>Fax:</b> <b>E-Mail:</b>	<b>Program Cost:</b> <b>Target Population:</b> <input type="checkbox"/> : Youth <input type="checkbox"/> : Adult <input checked="" type="checkbox"/> : General Population <input type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input type="checkbox"/> : Other Populations
<b>Cessation Program Description:</b>		

Marlette Community Hospital 2770 Main Street P.O. Box 307 Marlette, MI 48453-0307	<b>Contact:</b> Judy Mahaffy <b>Phone:</b> 989-635-4348 <b>Fax:</b> 989-635-4027 <b>E-Mail:</b>	<b>Program Cost:</b> <b>Target Population:</b> <input type="checkbox"/> : Youth <input type="checkbox"/> : Adult <input checked="" type="checkbox"/> : General Population <input type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input type="checkbox"/> : Other Populations
<b>Cessation Program Description:</b>		

McKenzie Memorial Hospital 120 Delaware Street  Sandusky, MI 48471	<b>Contact:</b> Louise Blasius <b>Phone:</b> 810-648-3770 <b>Fax:</b> <b>E-Mail:</b>	<b>Program Cost:</b> <b>Target Population:</b> <input type="checkbox"/> : Youth <input type="checkbox"/> : Adult <input checked="" type="checkbox"/> : General Population <input type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input type="checkbox"/> : Other Populations
<b>Cessation Program Description:</b>		

**County: Sanilac**

Sanilac County Health Department 171 Dawson Street  Sandusky, MI 48471	<b>Contact:</b> Mary Twiss  <b>Phone:</b> 810-648-4098  <b>Fax:</b> 810-648-2646  <b>E-Mail:</b>	<b>Program Cost:</b>  <b>Target Population:</b>  [ ]: Youth  [ ]: Adult  [ x ]: General Population  [ ]: Pregnant Women  [ ]: Women  [ ]: Other Populations
<b>Cessation Program Description:</b>  Please call 810-648-4098 ext. 193		

**County: Schoolcraft**

American Lung Association of Michigan 227 W. Washington  Marquette, MI 49855	<b>Contact:</b> Carol Margrif, Regional Manager  <b>Phone:</b> 1-800-LUNG-USA  <b>Fax:</b> 906-228-3430  <b>E-Mail:</b> cjmargrif@lushen.com	<b>Program Cost:</b>  <b>Target Population:</b>  [ x ]: Youth  [ x ]: Adult  [ ]: General Population  [ ]: Pregnant Women  [ ]: Women  [ ]: Other Populations
<b>Cessation Program Description:</b>  Website is free, password protected and available 24 hr/day. It is the Freedom From Smoking Clinic content online with a messageboard feature. Our 1-800-548-8252 Call Center also can answer cessation questions by either an RN or RT. Youth should ask about the NOT program at their school.		

LMAS District Health Department Room 218 Courthouse 300 Walnut Street Manistique, MI 49895	<b>Contact:</b> Marty Fuller or Christine Keener  <b>Phone:</b> 906-341-4121  <b>Fax:</b> 906-341-6030  <b>E-Mail:</b>	<b>Program Cost:</b>  <b>Target Population:</b>  [ ]: Youth  [ ]: Adult  [ x ]: General Population  [ ]: Pregnant Women  [ ]: Women  [ ]: Other Populations
<b>Cessation Program Description:</b>  Individual or group counseling sessions are provided upon request.		

**County: Schoolcraft**

<p>LMAS District Health Department 300 Walnut Street, Room 155  Manistique, MI 49854</p>	<p><b>Contact:</b> Tooter Barton, LPN  <b>Phone:</b> 906-341-4120  <b>Fax:</b> 906-341-5230  <b>E-Mail:</b> tbarton@lmasdhd.org</p>	<p><b>Program Cost:</b>  <b>Target Population:</b> [ ]: Youth [ ]: Adult <input checked="" type="checkbox"/>: General Population [ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>
<p><b>Cessation Program Description:</b>  Provides self-help materials and individual or group counseling.</p>		

<p>Manistique Tribal Health Center 168 Chitoma Drive  Manistique, MI 49854</p>	<p><b>Contact:</b>  <b>Phone:</b> 906-341-8469  <b>Fax:</b>  <b>E-Mail:</b></p>	<p><b>Program Cost:</b>  <b>Target Population:</b> [ ]: Youth [ ]: Adult <input checked="" type="checkbox"/>: General Population [ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>
<p><b>Cessation Program Description:</b>  Provides medication and instructions - patients are provided information and counseling with the use of medications to assist with smoking cessation individualized to patient's needs. Also provides individual or group counseling.</p>		

**County: St. Clair**

<p>Port Huron Hospital 1221 Pine Grove Avenue  Port Huron, MI 48060</p>	<p><b>Contact:</b> Health Access  <b>Phone:</b> 810-989-3199  <b>Fax:</b>  <b>E-Mail:</b></p>	<p><b>Program Cost:</b> Varies  <b>Target Population:</b> [ ]: Youth <input checked="" type="checkbox"/>: Adult [ ]: General Population [ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>
<p><b>Cessation Program Description:</b>  Freedom from Smoking program in partnership with the American Lung Association. Cost \$70. WWP and 55 plus members \$65. 8 sessions.</p>		

**County: St. Joseph**

Branch - Hillsdale - St. Joseph Community Health Agency  570 Marshall Road  Coldwater, MI 49036	<b>Contact:</b> Health Promotion  <b>Phone:</b>  <b>Fax:</b> 517-278-2923  <b>E-Mail:</b> frudakisv@bhsj.org	<b>Program Cost:</b>  <b>Target Population:</b>  <input type="checkbox"/> : Youth  <input type="checkbox"/> : Adult  <input checked="" type="checkbox"/> : General Population  <input type="checkbox"/> : Pregnant Women  <input type="checkbox"/> : Women  <input type="checkbox"/> : Other Populations
<b>Cessation Program Description:</b>  Cessation classes by request.		

Three Rivers Area Hospital  1111 West Broadway Street  Three Rivers, MI 49093	<b>Contact:</b> Sally Brooks or Joyce Harder  <b>Phone:</b> 616-278-1145  <b>Fax:</b>  <b>E-Mail:</b>	<b>Program Cost:</b>  <b>Target Population:</b>  <input type="checkbox"/> : Youth  <input type="checkbox"/> : Adult  <input checked="" type="checkbox"/> : General Population  <input type="checkbox"/> : Pregnant Women  <input type="checkbox"/> : Women  <input type="checkbox"/> : Other Populations
<b>Cessation Program Description:</b>  Please call 616-278-1145 ext. 458		

**County: Tuscola**

Thumb Area Behavioral Service Center  141 South Almer  Caro, MI 48723	<b>Contact:</b>  <b>Phone:</b>  <b>Fax:</b>  <b>E-Mail:</b>	<b>Program Cost:</b> Free  <b>Target Population:</b>  <input type="checkbox"/> : Youth  <input type="checkbox"/> : Adult  <input checked="" type="checkbox"/> : General Population  <input type="checkbox"/> : Pregnant Women  <input type="checkbox"/> : Women  <input type="checkbox"/> : Other Populations
<b>Cessation Program Description:</b>  Call for available class.		

**County: Van Buren**

Lakeview Hospital 408 Hazen Street  Paw Paw, MI 49079	<b>Contact:</b> Karen Kipp <b>Phone:</b> 616-657-7821 <b>Fax:</b> <b>E-Mail:</b>	<b>Program Cost:</b> <b>Target Population:</b> <input type="checkbox"/> Youth <input type="checkbox"/> Adult <input checked="" type="checkbox"/> General Population <input type="checkbox"/> Pregnant Women <input type="checkbox"/> Women <input type="checkbox"/> Other Populations
<b>Cessation Program Description:</b>  		

**County: Washtenaw**

American Lung Association 412 Huron Street  Ann Arbor, MI 48104	<b>Contact:</b> <b>Phone:</b> 734-994-0155 <b>Fax:</b> 734-327-2968 <b>E-Mail:</b> huron@123.net	<b>Program Cost:</b> Varies <b>Target Population:</b> <input checked="" type="checkbox"/> Youth <input checked="" type="checkbox"/> Adult <input checked="" type="checkbox"/> General Population <input type="checkbox"/> Pregnant Women <input type="checkbox"/> Women <input checked="" type="checkbox"/> Other Populations
<b>Cessation Program Description:</b> Smoking prevention and cessation programs. Asthma, tobacco and air quality educational materials.		

Ann Arbor Veterans Administration Center 2215 Fuller Road  Ann Arbor, MI 48105	<b>Contact:</b> <b>Phone:</b> 734-769-7100 <b>Fax:</b> <b>E-Mail:</b>	<b>Program Cost:</b> Free <b>Target Population:</b> <input type="checkbox"/> Youth <input type="checkbox"/> Adult <input checked="" type="checkbox"/> General Population <input type="checkbox"/> Pregnant Women <input type="checkbox"/> Women <input type="checkbox"/> Other Populations
<b>Cessation Program Description:</b> Program has 3 sessions. Sessions are free. Please call 734-769-7100 ext. 5742		

**County: Washtenaw**

<p>Chelsea Community Hospital 775 South Main Street  Chelsea, MI 48118</p>	<p><b>Contact:</b>  <b>Phone:</b> 734-475-1311  <b>Fax:</b>  <b>E-Mail:</b></p>	<p><b>Program Cost:</b> Cost  <b>Target Population:</b>  [ ]: Youth [ ]: Adult [ x ]: General Population</p>
<p><b>Cessation Program Description:</b>  Program has 4, 1 1/2 hour sessions. Cost \$160 with 50% refund for Care Choices and M-Care.</p>		<p>[ ]: Pregnant Women [ ]: Women [ x ]: Other Populations</p>

<p>Eastern Michigan University Health Services  Snow Health Center  Ypsilanti, MI 48197</p>	<p><b>Contact:</b>  <b>Phone:</b> 734-487-2226  <b>Fax:</b>  <b>E-Mail:</b></p>	<p><b>Program Cost:</b>  <b>Target Population:</b>  [ ]: Youth [ ]: Adult [ x ]: General Population</p>
<p><b>Cessation Program Description:</b></p>		<p>[ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>

<p>St Joseph Mercy Health Stop 620 Briarwood Circle Briarwood Mall Ann Arbor, MI 48108</p>	<p><b>Contact:</b>  <b>Phone:</b> 734-827-3768  <b>Fax:</b> 734-827-3779  <b>E-Mail:</b></p>	<p><b>Program Cost:</b> Cost  <b>Target Population:</b>  [ ]: Youth [ ]: Adult [ x ]: General Population</p>
<p><b>Cessation Program Description:</b>  Program length, 6 one on one meetings. Cost \$165 with 100% coverage for Care Choices members.</p>		<p>[ x ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>

**County: Washtenaw**

<p>University of Michigan Health System Tobacco Consultation Services 300 North Ingalls 2D19 Ann Arbor, MI 48109-0430</p>	<p><b>Contact:</b> <b>Phone:</b> 734-936-5988 <b>Fax:</b> 734-647-1516 <b>E-Mail:</b> quitsmoking@umich.edu</p>	<p><b>Program Cost:</b> <b>Target Population:</b> [ ]: Youth [ ]: Adult [ x]: General Population</p>
<p><b>Cessation Program Description:</b> Program length 8 sessions in 7 weeks. Cost is \$65 . Free to M-Care and HAP members, UMHS employees and patients. Individual counseling available at the same rate.</p>		<p>[ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>

<p>Washtenaw County Public Health 555 Towner Human Services 1 Ypsilanti, MI 48197</p>	<p><b>Contact:</b> <b>Phone:</b> 734-484-7200 <b>Fax:</b> <b>E-Mail:</b></p>	<p><b>Program Cost:</b> Varies <b>Target Population:</b> [ ]: Youth [ ]: Adult [ ]: General Population</p>
<p><b>Cessation Program Description:</b> Three sessions offered for pregnant women. Seven sessions at worksites. Cost for worksites is \$75</p>		<p>[ x]: Pregnant Women [ ]: Women [ x]: Other Populations</p>

**County: Wayne**

<p>Better Living Seminar P.O. Box 700574 Plymouth, MI 48170-0950</p>	<p><b>Contact:</b> <b>Phone:</b> 313-531-2179 <b>Fax:</b> <b>E-Mail:</b></p>	<p><b>Program Cost:</b> Free <b>Target Population:</b> [ ]: Youth [ x]: Adult [ ]: General Population</p>
<p><b>Cessation Program Description:</b> Provides a 7 meeting group program which includes lectures on the health aspects of smoking and quitting, withdrawal expectations, relapse prevention, diet and exercise. All materials are included. Groups available throughout the year. Oakland County sites include Novi, Bloomfield and Southfield. There is no fee, donations accepted.</p>		<p>[ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>

**County: Wayne**

<p>Break Free - Nicotine Recovery Program 670 Griswold, Suite 4  Northville, MI 48167</p>	<p><b>Contact:</b> Arnold Keller <b>Phone:</b> 248-348-1100 <b>Fax:</b> <b>E-Mail:</b></p>	<p><b>Program Cost:</b> Varies <b>Target Population:</b> [ ]: Youth [ ]: Adult [ x ]: General Population</p>
<p><b>Cessation Program Description:</b> Provides screening assessment, referral and follow-up, group counseling, individual counseling, nutritional counseling and nicotine replacement. Class varies on assessment. Baseline 5 individual sessions with aftercare follow-up. Cost is variable.</p>		<p>[ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>

<p>Breaking the Smoking Habit St. John's Health System 22101 Moross Detroit, MI 48236-2172</p>	<p><b>Contact:</b> <b>Phone:</b> 800-848-2822 <b>Fax:</b> <b>E-Mail:</b></p>	<p><b>Program Cost:</b> Cost <b>Target Population:</b> [ ]: Youth [ ]: Adult [ x ]: General Population</p>
<p><b>Cessation Program Description:</b> Two hour stop smoking session that combines hypnotic conditioning with behavior modification techniques. Free 45 minute orientation.</p>		<p>[ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>

<p>Breathe Free Plane - Wayne 49285 Ridgecourt  Northville, MI 48167</p>	<p><b>Contact:</b> Dr. Arthur Weaver <b>Phone:</b> 248-349-5683 <b>Fax:</b> <b>E-Mail:</b></p>	<p><b>Program Cost:</b> Free <b>Target Population:</b> [ ]: Youth [ ]: Adult [ x ]: General Population</p>
<p><b>Cessation Program Description:</b> Provides screening assessment, prevention education, day and evening treatment, group counseling, individual counseling, support groups didactic education, relapse prevention and nutritional counseling. Class meets over 2 weeks, 7 times for 1 hour. There is no fee, but a request for donation.</p>		<p>[ ]: Pregnant Women [ ]: Women [ ]: Other Populations</p>

**County: Wayne**

Freedom From Smoking 19675 Allen Road  Brownstone, MI 48183	<b>Contact:</b> Jaye Wells <b>Phone:</b> 734-479-3311 <b>Fax:</b> <b>E-Mail:</b>	<b>Program Cost:</b> Cost <b>Target Population:</b> <input type="checkbox"/> : Youth <input type="checkbox"/> : Adult <input checked="" type="checkbox"/> : General Population <input type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input type="checkbox"/> : Other Populations
<b>Cessation Program Description:</b>  Sponsored by Downriver Center for Oncology. Provides day and evening treatment, support groups self-help and relapse prevention. Class meets over 8 weeks, once a week for 1 3/4 hour. There is a \$75 fee.		

Harper University Hospital 3990 John R. Outpatient Pulmonary Hospital Detroit, MI 48201	<b>Contact:</b> Perry Bertolino <b>Phone:</b> 313-745-8516 <b>Fax:</b> 313-966-7178 <b>E-Mail:</b> pbertolino@dmc.org	<b>Program Cost:</b> Cost <b>Target Population:</b> <input type="checkbox"/> : Youth <input type="checkbox"/> : Adult <input checked="" type="checkbox"/> : General Population <input type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input type="checkbox"/> : Other Populations
<b>Cessation Program Description:</b>  Provides screening assessment, referral and follow-up, prevention and education, day and evening treatment, individual counseling, didactic education, relapse prevention, nutritional counseling, and nicotine replacement. Class meets for 4sessions. One hour each session. Individual session available. There is a \$40 fee.		

Henry Ford Health System Center for Health Promotion One Ford Place--5C Detroit, MI 48202	<b>Contact:</b> <b>Phone:</b> 313-874-1885 <b>Fax:</b> 313-874-6880 <b>E-Mail:</b>	<b>Program Cost:</b> Cost <b>Target Population:</b> <input type="checkbox"/> : Youth <input checked="" type="checkbox"/> : Adult <input type="checkbox"/> : General Population <input type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input type="checkbox"/> : Other Populations
<b>Cessation Program Description:</b>  Smoking Intervention Program--A telephone-based smoking cessation counseling service, which includes management of non-nicotine and nicotine replacement medications, self-help materials; and follow up support calls. There is a \$150 fee or covered by HAP insurance.		

**County: Wayne**

Henry Ford Medical Center Fairlane  19410 Hubbard Drive  Dearborn, MI 48126	<b>Contact:</b>  <b>Phone:</b> 313-982-8384  <b>Fax:</b>  <b>E-Mail:</b>	<b>Program Cost:</b> Cost  <b>Target Population:</b>  <input type="checkbox"/> : Youth <input type="checkbox"/> : Adult <input checked="" type="checkbox"/> : General Population <input type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input type="checkbox"/> : Other Populations
<b>Cessation Program Description:</b>  Provides referral and follow-up, group counseling, individual counseling and support groups. Class meets over 4 weeks, once a week for 1 1/2 hours. There is a \$55 fee.		

Henry Ford Medical Center Northwest  7800 West Outer Drive  Detroit, MI 48235	<b>Contact:</b>  <b>Phone:</b> 313-653-2000  <b>Fax:</b>  <b>E-Mail:</b>	<b>Program Cost:</b> Cost  <b>Target Population:</b>  <input type="checkbox"/> : Youth <input type="checkbox"/> : Adult <input type="checkbox"/> : General Population <input type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input type="checkbox"/> : Other Populations
<b>Cessation Program Description:</b>  Provides a four week group program that discusses how to quit and stay smoke-free. There is a fee of \$45.		

Hypnosis Stop Smoking  18700 Audette  Dearborn, MI 48124	<b>Contact:</b> Community Education  <b>Phone:</b> 313-730-0537  <b>Fax:</b>  <b>E-Mail:</b>	<b>Program Cost:</b> Cost  <b>Target Population:</b>  <input type="checkbox"/> : Youth <input type="checkbox"/> : Adult <input checked="" type="checkbox"/> : General Population <input type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input type="checkbox"/> : Other Populations
<b>Cessation Program Description:</b>  Provides prevention education and hypnosis. Class meets for 1 session, 3 hrs. There is a \$65 fee.		

**County: Wayne**

<p>Kicking the Habit? Know your Options</p> <p>23400 Michigan Avenue, Suite 1200</p> <p>Dearborn, MI 48124</p>	<p><b>Contact:</b> Claudette Taylor</p> <p><b>Phone:</b> 313-791-1489</p> <p><b>Fax:</b></p> <p><b>E-Mail:</b></p>	<p><b>Program Cost:</b> Free</p> <p><b>Target Population:</b></p> <p><input type="checkbox"/> : Youth</p> <p><input type="checkbox"/> : Adult</p> <p><input checked="" type="checkbox"/> : General Population</p> <p><input type="checkbox"/> : Pregnant Women</p> <p><input type="checkbox"/> : Women</p> <p><input type="checkbox"/> : Other Populations</p>
<p><b>Cessation Program Description:</b></p> <p>Sponsored by Downriver Center for Oncology. Class meets for 1 hour session. Provides screening assessment and self-help. Meetings are held weekly. There is not cost.</p>		

<p>Neuroprobe Therapy</p> <p>3277 West Road</p> <p>Trenton, MI 48183</p>	<p><b>Contact:</b> Dr. Michael T. Etlinger</p> <p><b>Phone:</b> 734-671-1400</p> <p><b>Fax:</b></p> <p><b>E-Mail:</b></p>	<p><b>Program Cost:</b> Cost</p> <p><b>Target Population:</b></p> <p><input type="checkbox"/> : Youth</p> <p><input checked="" type="checkbox"/> : Adult</p> <p><input checked="" type="checkbox"/> : General Population</p> <p><input type="checkbox"/> : Pregnant Women</p> <p><input type="checkbox"/> : Women</p> <p><input type="checkbox"/> : Other Populations</p>
<p><b>Cessation Program Description:</b></p> <p>Sponsored by Etlinger Chiropractic. Provides screening assessment, referral and follow-up, prevention education, day and evening treatment, in-patient treatment, individual counseling, relapse prevention, nutritional counseling and needleless acupuncture. One time treatment, Booster if needed. There is a fee of \$180.</p>		

<p>Prescription Stop Smoking</p> <p>23400 Michigan Avenue, Suite 1200</p> <p>Dearborn, MI 48124</p>	<p><b>Contact:</b> Claudette Taylor</p> <p><b>Phone:</b> 313-791-1489</p> <p><b>Fax:</b></p> <p><b>E-Mail:</b></p>	<p><b>Program Cost:</b> Cost</p> <p><b>Target Population:</b></p> <p><input type="checkbox"/> : Youth</p> <p><input type="checkbox"/> : Adult</p> <p><input checked="" type="checkbox"/> : General Population</p> <p><input type="checkbox"/> : Pregnant Women</p> <p><input type="checkbox"/> : Women</p> <p><input type="checkbox"/> : Other Populations</p>
<p><b>Cessation Program Description:</b></p> <p>Provides prevention education, nutritional counseling, didactic education, self-help and relapse prevention. The self-help program is complete with participants guide, 2 audiotapes to use at home and unlimited toll-free telephone counseling. There is a \$25 fee.</p>		

**County: Wayne**

Serenity Christian Church 5801 East 7 Mile  Detroit, MI 48234	<b>Contact:</b> Sarah Terrell <b>Phone:</b> 313-868-3223 <b>Fax:</b> <b>E-Mail:</b>	<b>Program Cost:</b> Free <b>Target Population:</b> <input type="checkbox"/> : Youth <input type="checkbox"/> : Adult <input checked="" type="checkbox"/> : General Population <input type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input type="checkbox"/> : Other Populations
<b>Cessation Program Description:</b>  The American Lung Association Freedom from Smoking program will be offered. Program is free.		

Smoke Free - Your Choice 6245 North Inster  Garden City, MI 48135	<b>Contact:</b> Doris Wilcox <b>Phone:</b> 734-458-4330 <b>Fax:</b> <b>E-Mail:</b>	<b>Program Cost:</b> Cost <b>Target Population:</b> <input type="checkbox"/> : Youth <input type="checkbox"/> : Adult <input checked="" type="checkbox"/> : General Population <input type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input type="checkbox"/> : Other Populations
<b>Cessation Program Description:</b>  Sponsored by Garden City Hospital. Provides referral and follow-up, prevention education, day and evening treatment, individual counseling, self-help, and relapse prevention. Class meets over 4 weeks, once a week for 1 1/2 hours. There is a \$30 fee.		

Smoke Stoppers 33155 Annapolis Road  Wayne, MI 48184	<b>Contact:</b> Oakwood Health Care <b>Phone:</b> 800-543-WELL <b>Fax:</b> <b>E-Mail:</b>	<b>Program Cost:</b> Cost <b>Target Population:</b> <input type="checkbox"/> : Youth <input type="checkbox"/> : Adult <input checked="" type="checkbox"/> : General Population <input type="checkbox"/> : Pregnant Women <input type="checkbox"/> : Women <input type="checkbox"/> : Other Populations
<b>Cessation Program Description:</b>  Oakwood Healthcare Systems. Screening assessment, referral and follow-up, prevention education, nutritional counseling, group counseling, support groups, relapse prevention and nicotine replacement. Class meets over 4 weeks for 8 sessions for 1 hour. There is a \$50 fee.		

**County: Wayne**

Stop Smoking Hypnosis 2911 Biddle  Wyandotte, MI 48192	<b>Contact:</b> Susan Appleby, RN, CWT  <b>Phone:</b> 734-284-0998  <b>Fax:</b>  <b>E-Mail:</b>	<b>Program Cost:</b> Cost  <b>Target Population:</b> [ ]: Youth [ x ]: Adult [ ]: General Population [ ]: Pregnant Women [ ]: Women [ ]: Other Populations
<b>Cessation Program Description:</b> Provides screening assessment, referral and follow-up, day and evening treatment and hypnosis. One on one therapy. Class meets for 2 weeks, once a week for 1 1/2 hours. There is an \$120 fee.		

United Christian Church 19510 West Chicago Blvd.  Detroit, MI 48828	<b>Contact:</b> Sarah Terrell  <b>Phone:</b> 313-868-3223  <b>Fax:</b>  <b>E-Mail:</b>	<b>Program Cost:</b> Free  <b>Target Population:</b> [ ]: Youth [ ]: Adult [ x ]: General Population [ ]: Pregnant Women [ ]: Women [ ]: Other Populations
<b>Cessation Program Description:</b> Free to the public. The American Lung Association Freedom from Smoking program will be presented.		

**County: Wexford**

District Health Department #10 521 Cobbs  Cadillac, MI 49601	<b>Contact:</b> Kevin Hughes  <b>Phone:</b> 231-775-9942  <b>Fax:</b> 231-775-5372  <b>E-Mail:</b> khughes@dhd10.org	<b>Program Cost:</b>  <b>Target Population:</b> [ ]: Youth [ ]: Adult [ x ]: General Population [ ]: Pregnant Women [ ]: Women [ ]: Other Populations
<b>Cessation Program Description:</b> Smoking and Tobacco Elimination Program (STEP) is provided. STEP is a five session program. There is a fee of \$50 (fifty) per person. Services are also offered on a sliding scale fee.		

**County: Wexford**

<p>Listen America P.O. Box 51  Cadillac, MI 49601</p>	<p><b>Contact:</b>  <b>Phone:</b> 1-800-543-3865  <b>Fax:</b>  <b>E-Mail:</b></p>	<p><b>Program Cost:</b> Cost</p> <p><b>Target Population:</b></p> <p><input type="checkbox"/>: Youth</p> <p><input checked="" type="checkbox"/>: Adult</p> <p><input type="checkbox"/>: General Population</p> <p><input type="checkbox"/>: Pregnant Women</p> <p><input type="checkbox"/>: Women</p> <p><input type="checkbox"/>: Other Populations</p>
<p><b>Cessation Program Description:</b></p> <p>Class will be held at Mercy Hospital in Cadillac. Classes will help smokers identify their triggers to smoking and find alternatives. Classes are 9 evenings from 7-8:30 pm over 3 weeks. Cost is \$35. Call for next class date or see their web site at <a href="http://www.listenamerica.com">www.listenamerica.com</a>.</p> <p>Other classes are held at Reed City Middle School and McBain High School.</p>		