Rebuild America
Energy Technology Seminar

HVAC

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Thermal Comfort

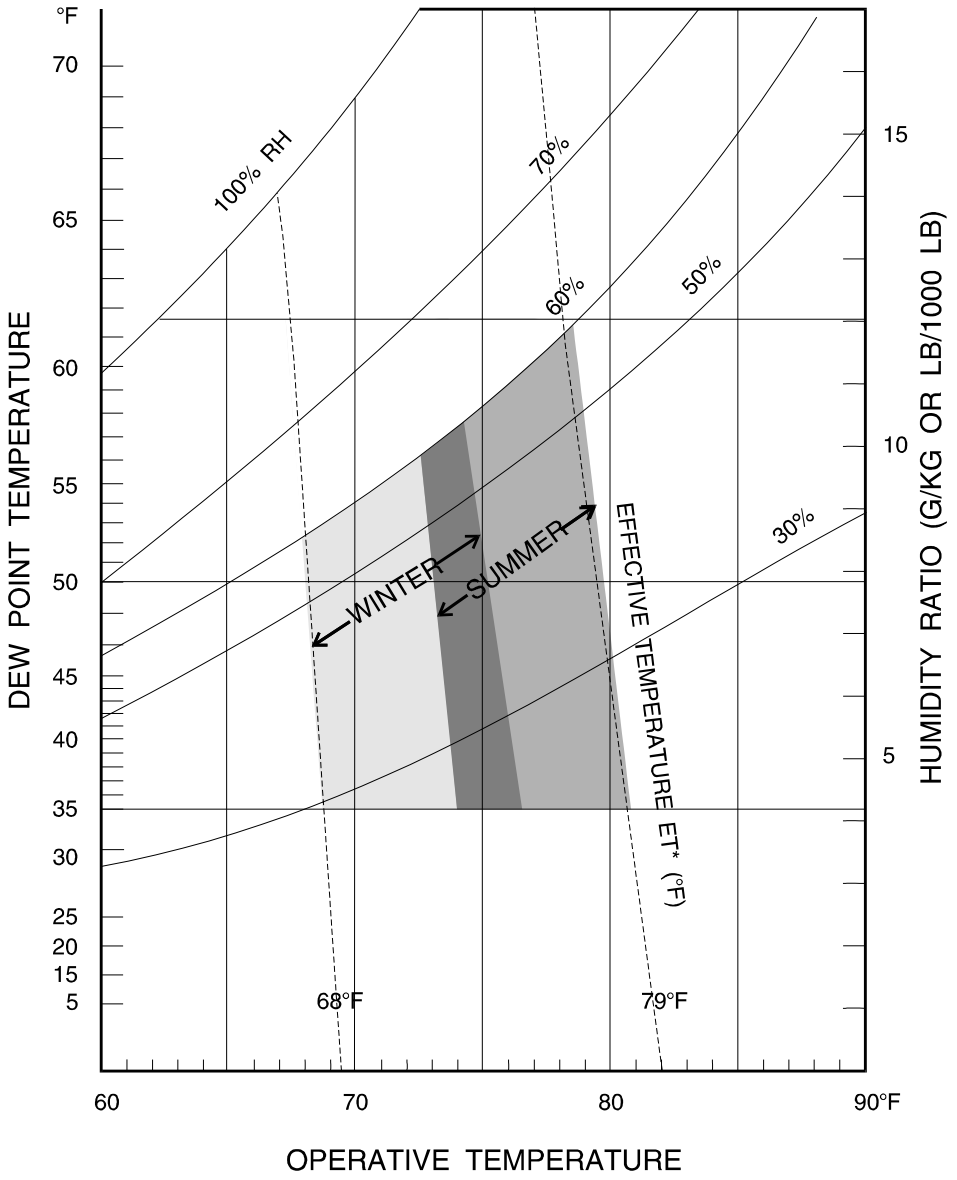
ASHRAE Thermal Sensation Scale

Cold	Cool	Slightly cool	Neutral	Slightly warm	Warm	Hot
-3	-2	-1	0	+1	+2	+3

Thermal Comfort

- Environmental factors.
  - Air temperature.
  - Humidity.
  - Air velocity.
  - Mean radiant temperature (MRT).
- Non-environmental factors.
  - Clothing.
  - Gender.
  - Age.
  - Metabolic activity.

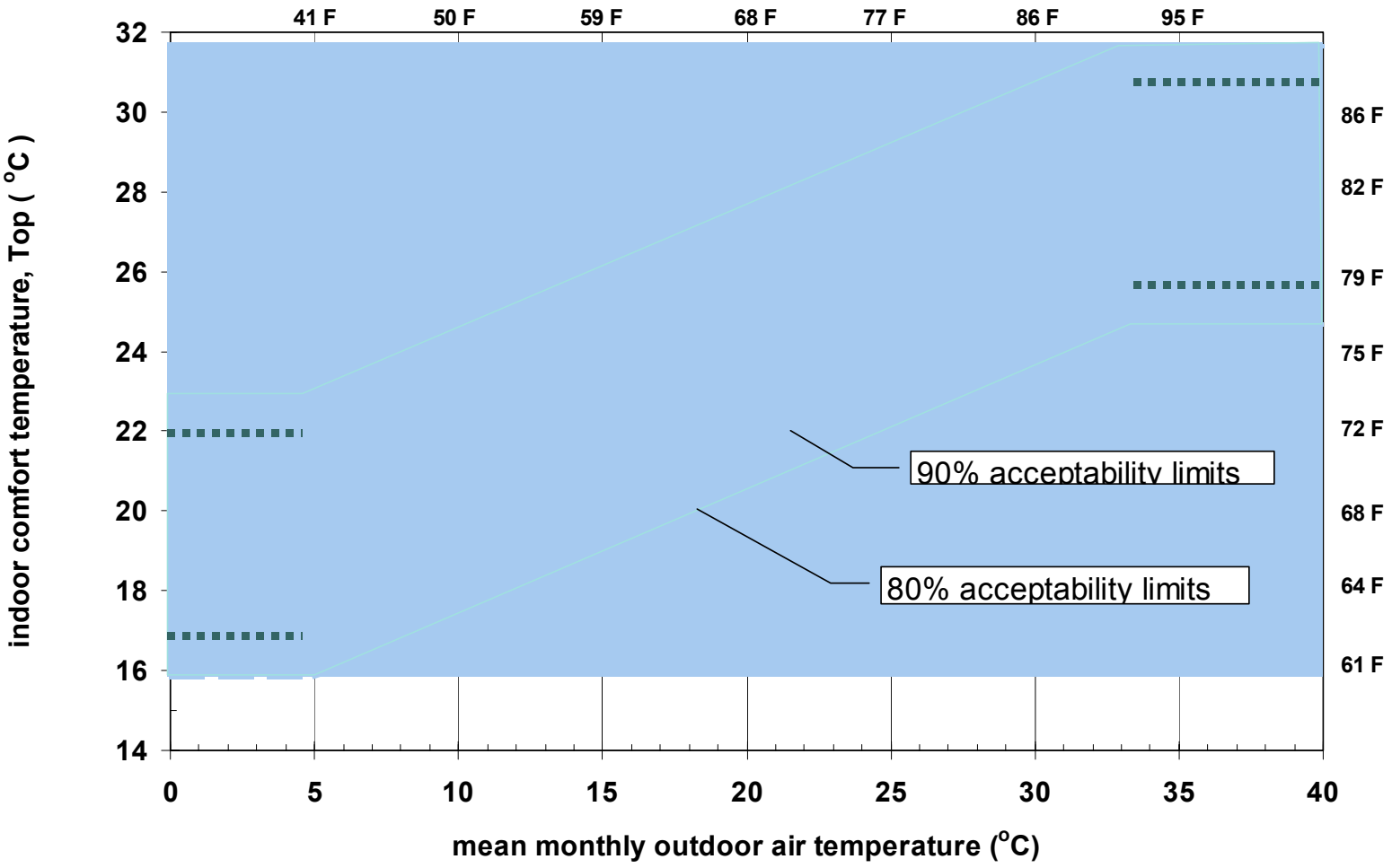
ASHRAE Standard 55



Effect of air movement on occupants

Air Velocity	Probable Impact
Up to 50 ft/m	Unnoticed.
50 to 100 ft/m	Pleasant.
100 to 200 ft/m	Generally pleasant, but causes a constant awareness of air movement.
200 to 300 ft/m	From slightly drafty to annoyingly drafty.
Above 300 ft/m	Requires corrective measures if work and health are to be kept in high efficiency.

Adaptive comfort model



Thermal loads in schools

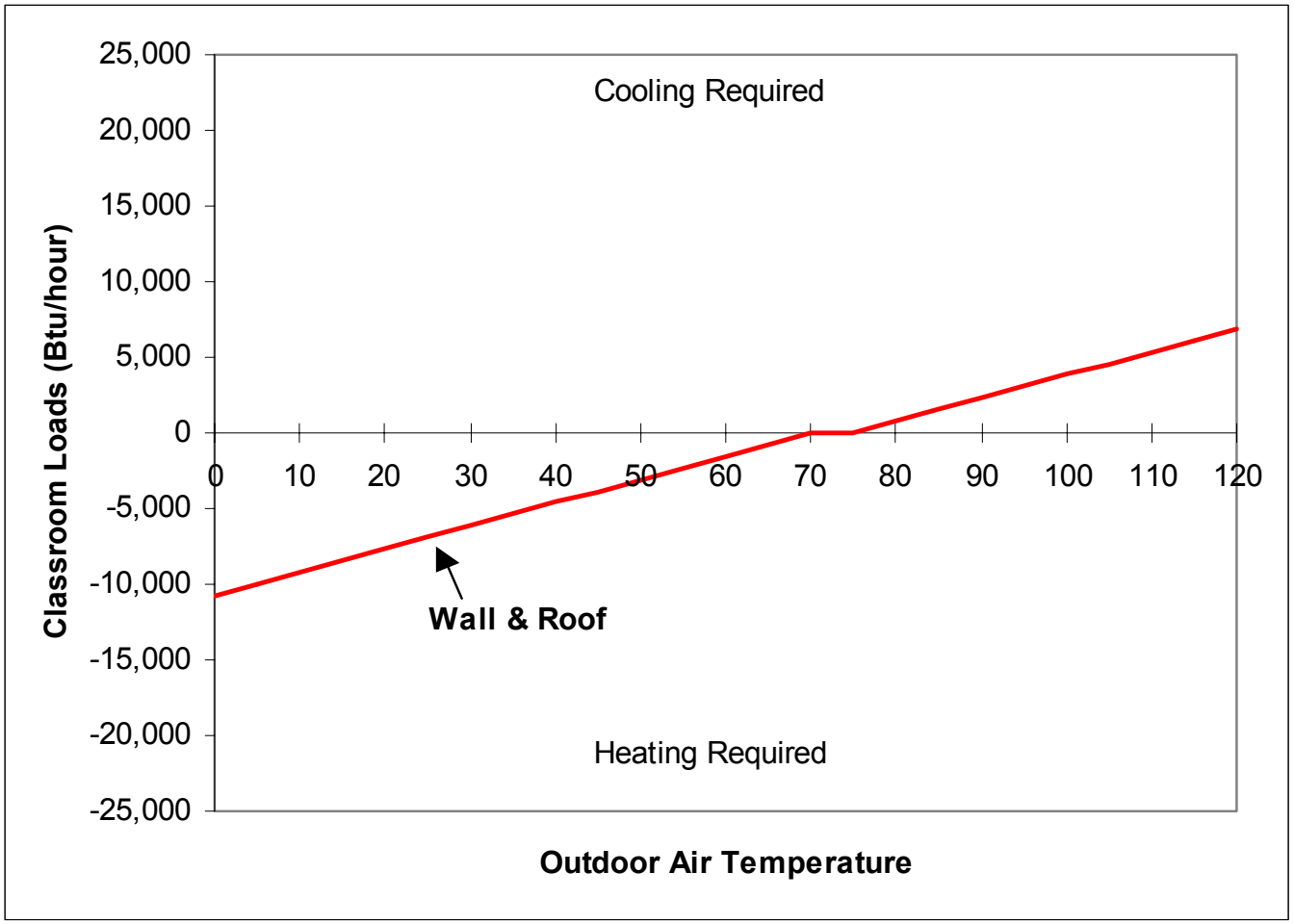
Heat gains

People	24-30 kids	5,000 Btu/h
Lights	1 watt per square foot	3,300 Btu/h
Plugs	About 150 watts per computer	1,500 Btu/h
Solar	Fairly small with correct orientation and shading	up to 3,000 Btu/h
Total		12,800 Btu/h

Heat losses/gains
(dependent on outside air temperature)

- Window conduction
- Walls, roofs and floors
- Infiltration
- Outside air ventilation

Balance point temperature



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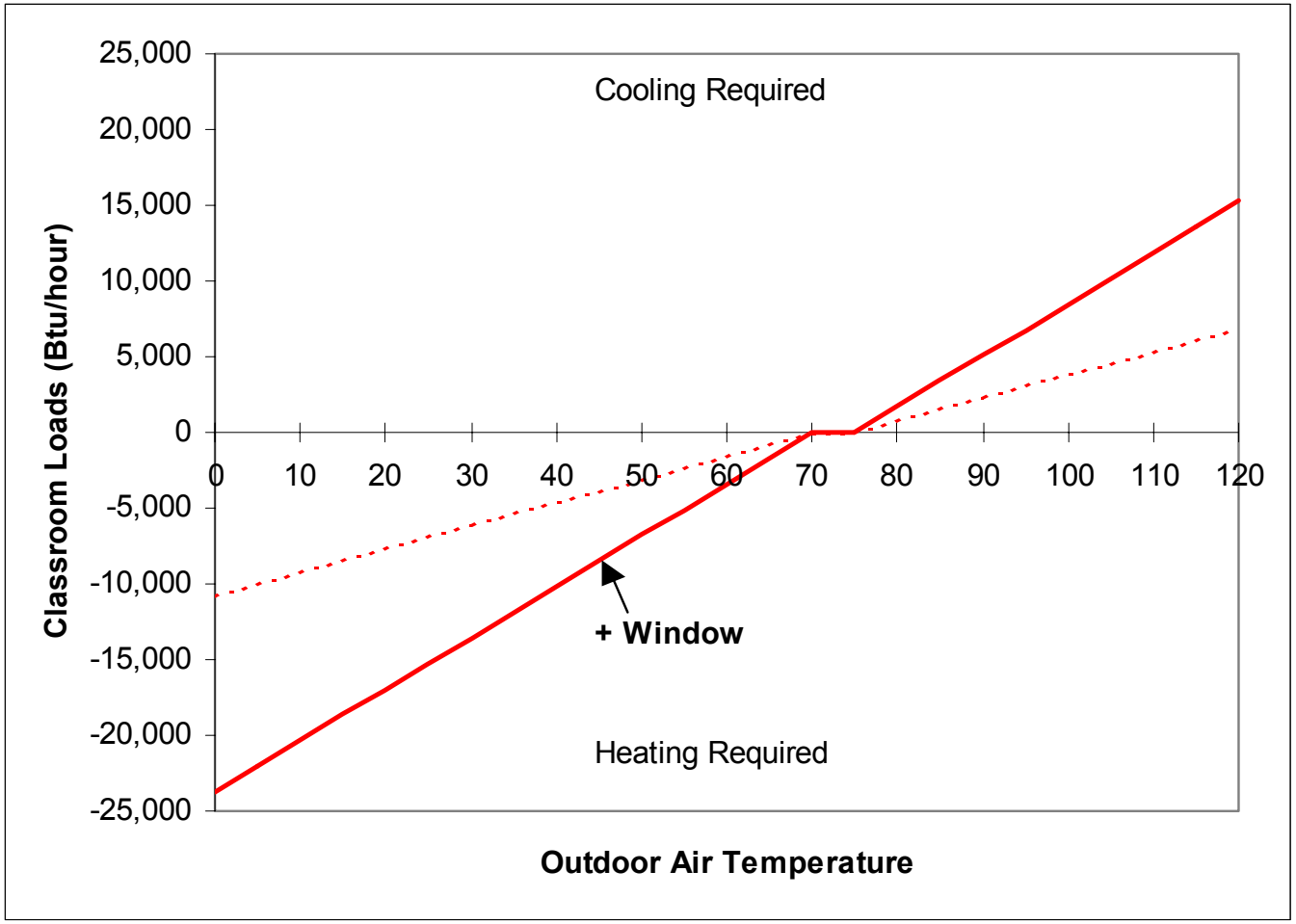

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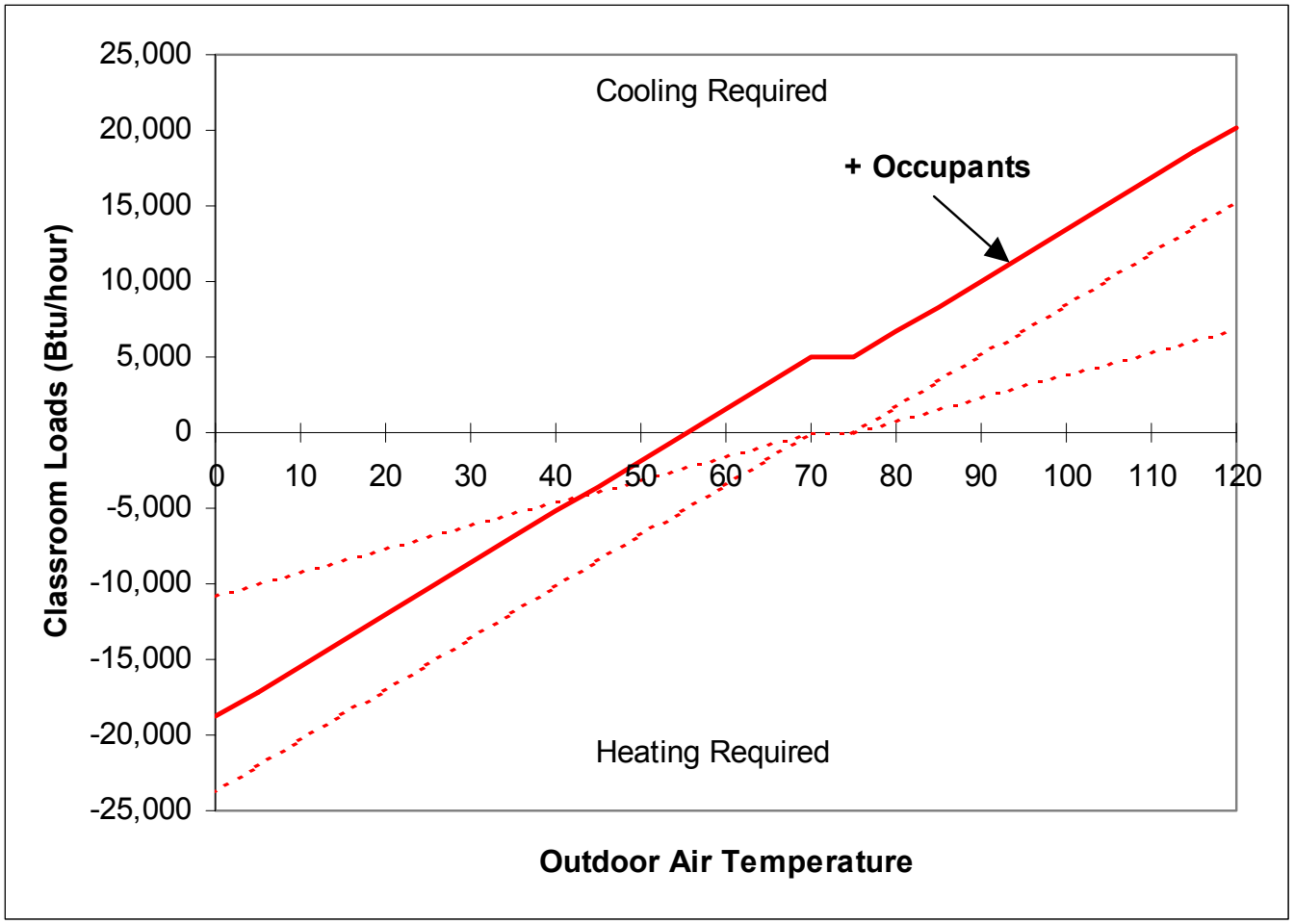
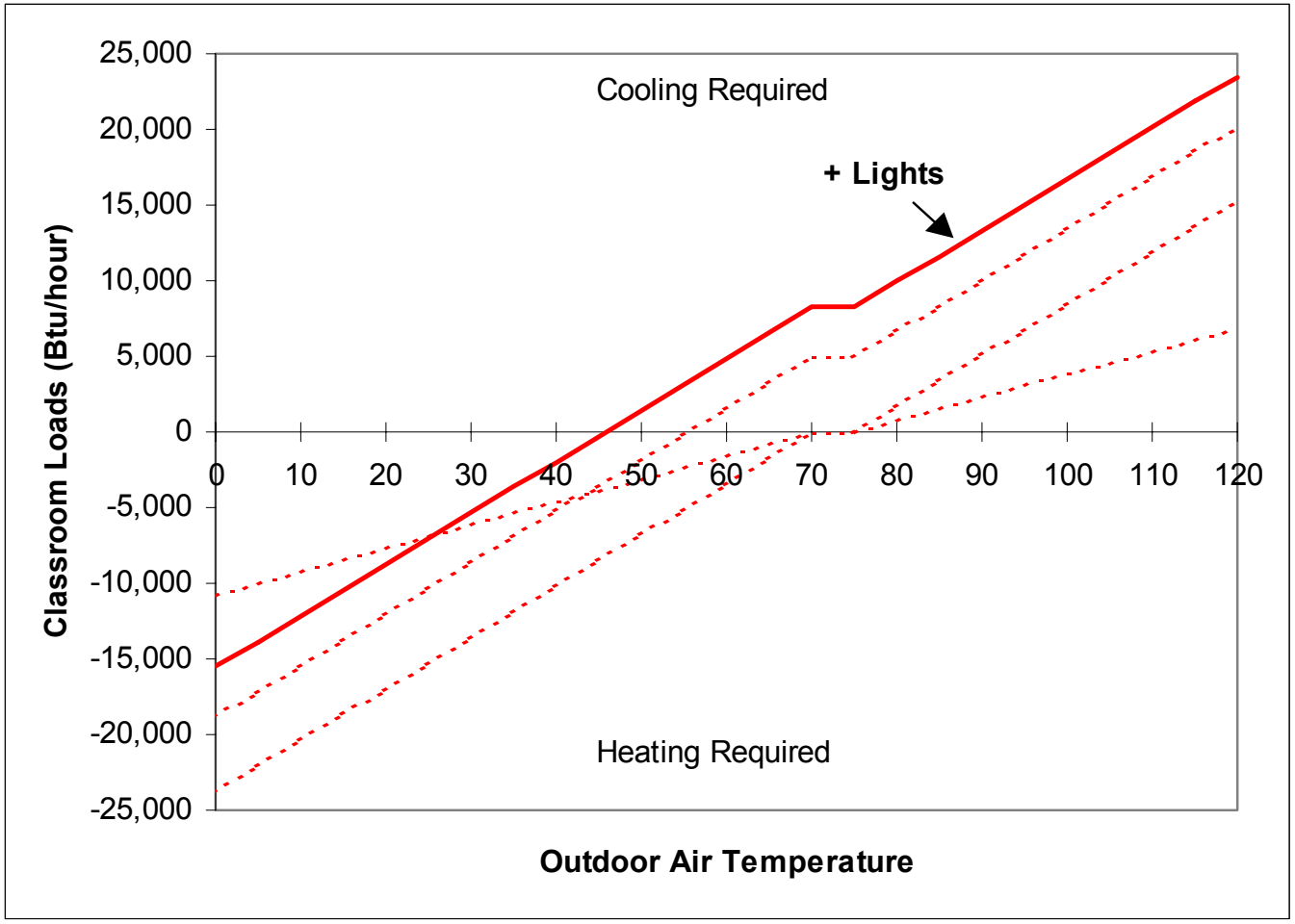


Balance point temperature



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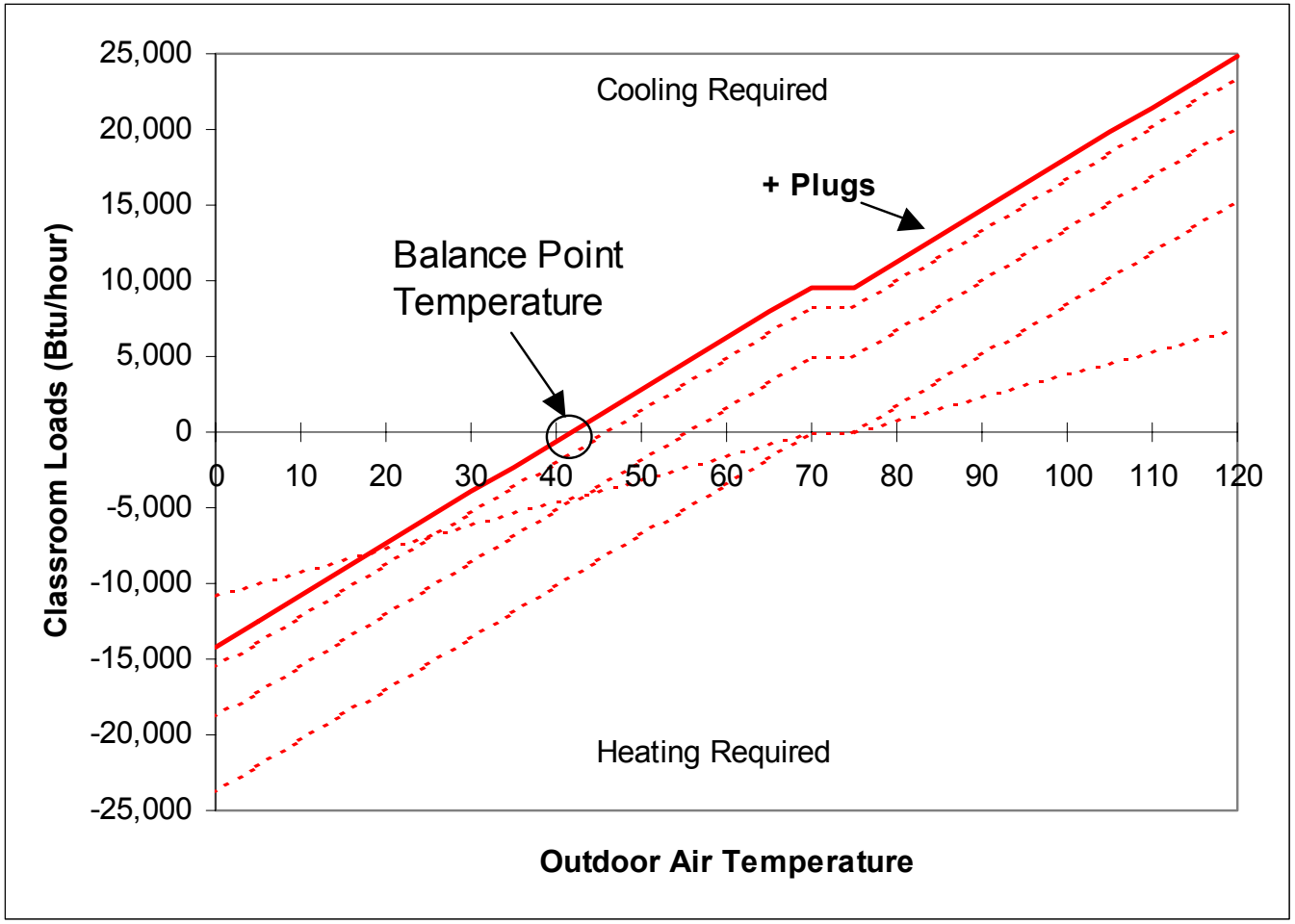
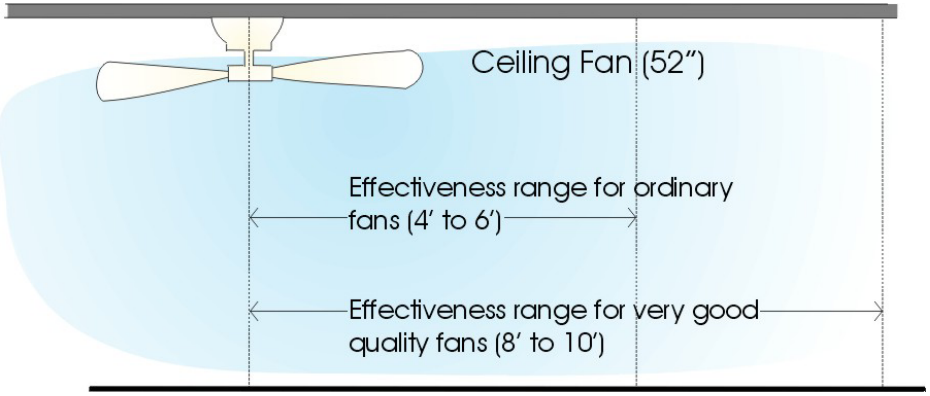
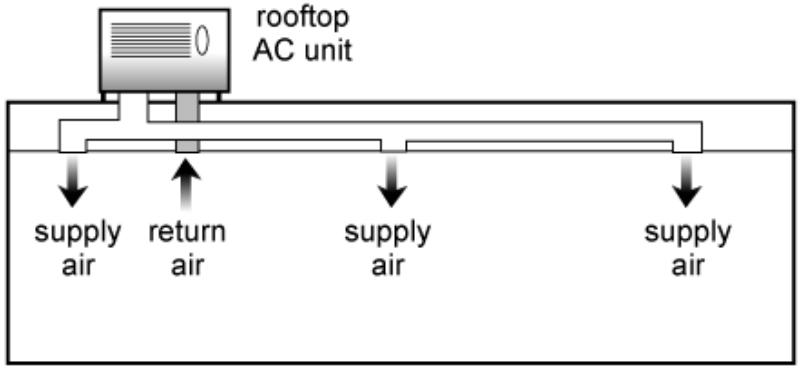


Ventilation: Natural and Mechanical



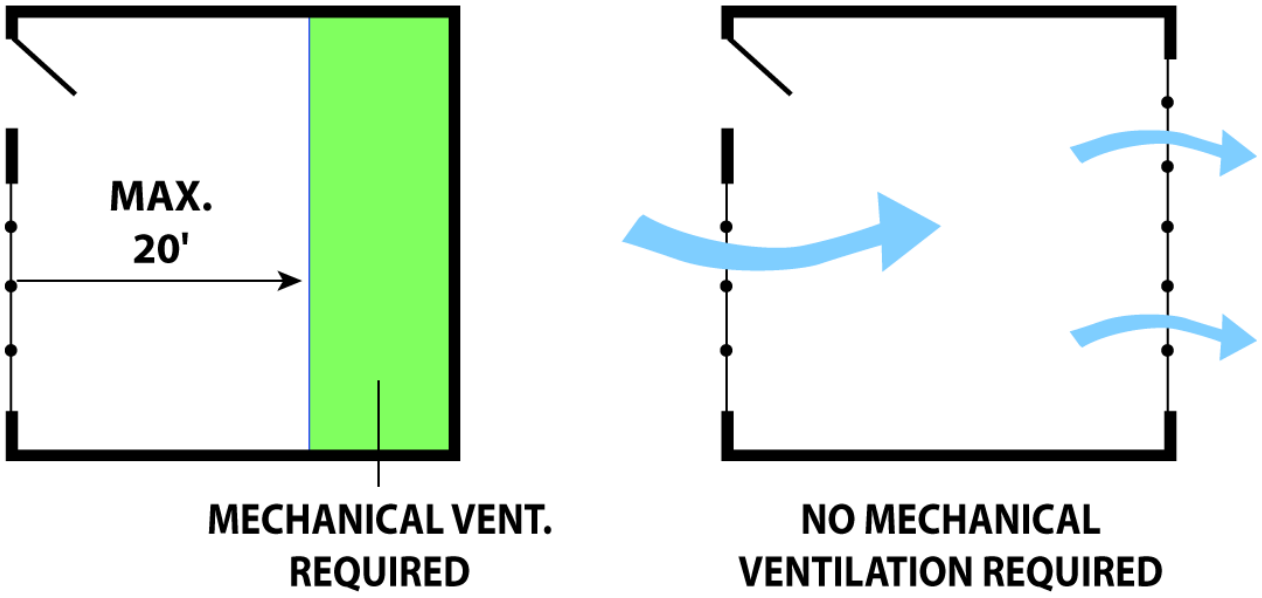


Ventilation requirements

- Ventilation is needed to remove carbon dioxide, odors, and pollutants.
- ASHRAE Standard 62 is the national consensus standard.

Using natural ventilation

- For a typical 960 ft² (30 ft x 32 ft) classroom,
  - At least 48 ft² opening area.
  - Openings on two sides of the room.

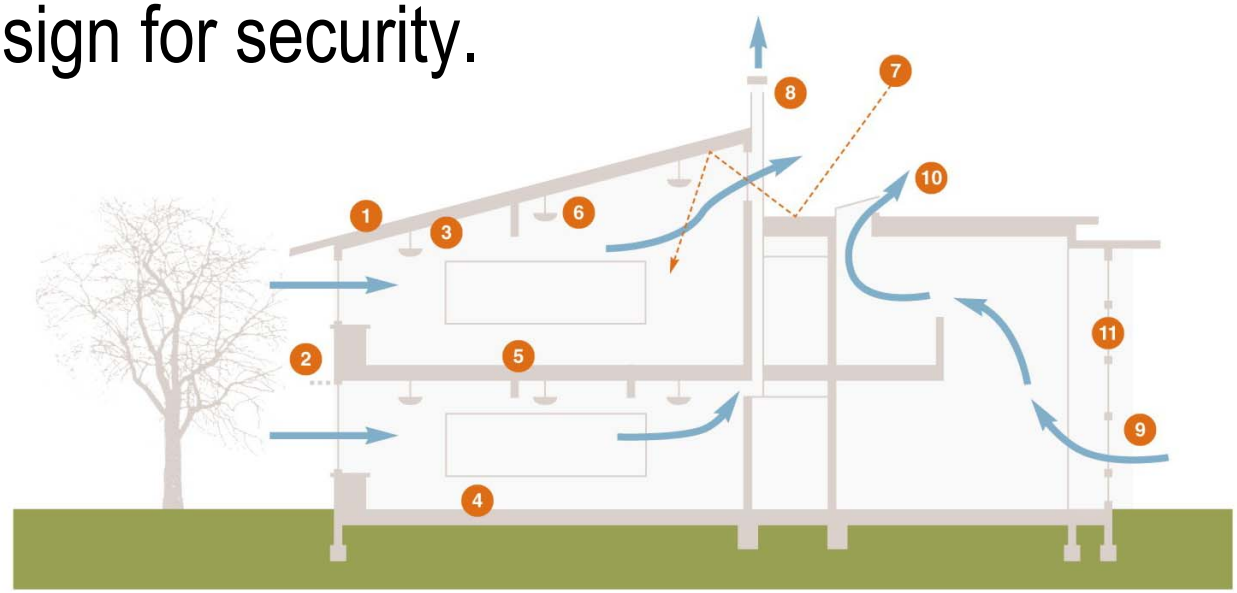


Using mechanical ventilation

- 15 cfm per person minimum outside air
  - Typical classroom calculation
  - 15 cfm/person X 30 people = 450 cfm.

Natural ventilation

- Energy efficient ventilation potential.
- Traditional in certain climate areas.
- Still appropriate strategy in many climates.
- Design for security.



Natural ventilation potential

Boston, MA
September - June
7 am - 3 pm, weekdays

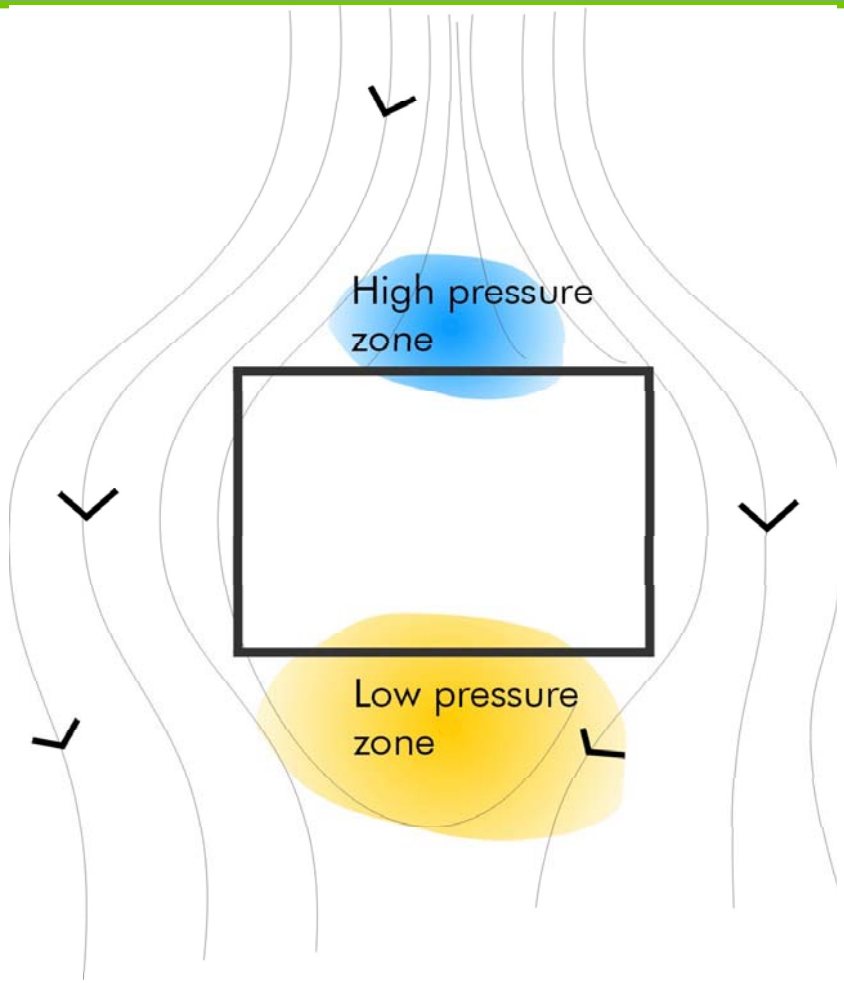
Dry Bulb Temp	15%-20%	20%-25%	25%-30%	30%-35%	35%-40%	40%-45%	45%-50%	50%-55%	55%-60%	60%-65%	65%-70%	70%-75%	75%-80%	80%-85%	85%-90%	90%-95%	95%-100%	>100%	Total
88-92					4	2	1												7
83-87				2	2	7	6	7	4										28
78-82		1	1	12	7	5	3	7	13	5	1								55
73-77		1	3	4	4	3	10	9	14	6	12	8	5	1					80
68-72			1	4	6	14	12	10	8	11	6	8	15	7	15	2	1		120
63-67				3	10	10	15	17	14	6	11	21	13	6	8	8		1	143
58-62			1	6	12	6	15	8	13	10	6	10	12	15	21	10	1	1	147
53-57	1	2	8	13	7	13	12	11	8	11	5	4	1	10	13	24			143
48-52		2	2	7	11	11	14	11	11	13	10	12	1	5	29	26	3	2	170
43-47		3	12	10	11	19	19	22	18	14	2	10	28	4	16	23	3	5	219
38-42			2	13	12	14	11	20	12	4	10	1	12	18		7		4	140
33-37			8	16	20	19	15	18	15	10	10	18		26		20	3	5	203
28-32		1	3	16	16	17	33	4	28		23		14		6		3	1	165
23-27	2	1	5	3	14	7	11	11	4	11		3	6					2	80
18-22			5	5	13	11		7	9										50
13-17			3	4		6	3	4		2									22
<13				1	1	4	3	2	1										12
Total	3	11	54	119	150	168	183	168	172	103	96	95	107	92	108	120	14	21	1784

Relative Humidity

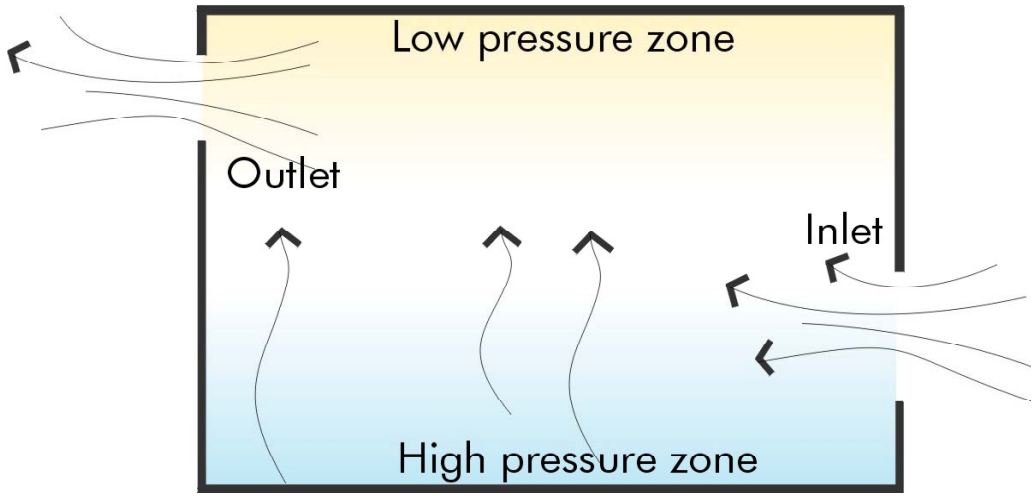
Total Hours
ASHRAE 55 Comfort Zone **76**

Cross Ventilation

- Provide equal area of operable openings on the windward and leeward side.
- Ensure that the windward side is well shaded to provide cool air intake.
- Locate the openings on the windward side at the occupied level.



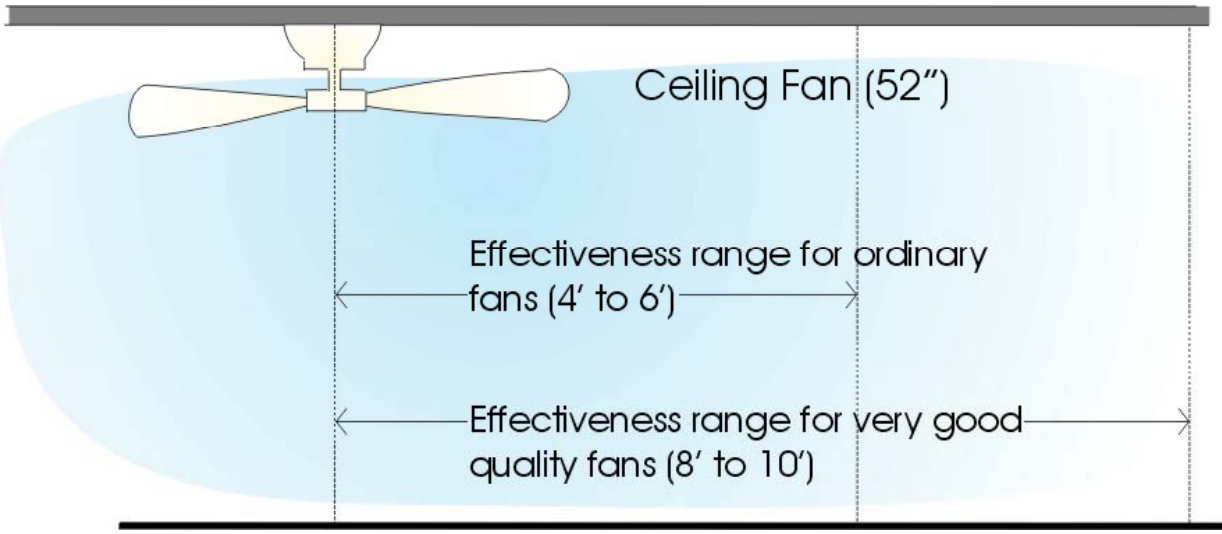
Stack Ventilation



- Use inlets and outlets of equal area and maximize the vertical distance between these two sets of apertures. Place inlets close to the floor or at the occupied level. Locate the outlets closer to the ceiling on the opposite wall.

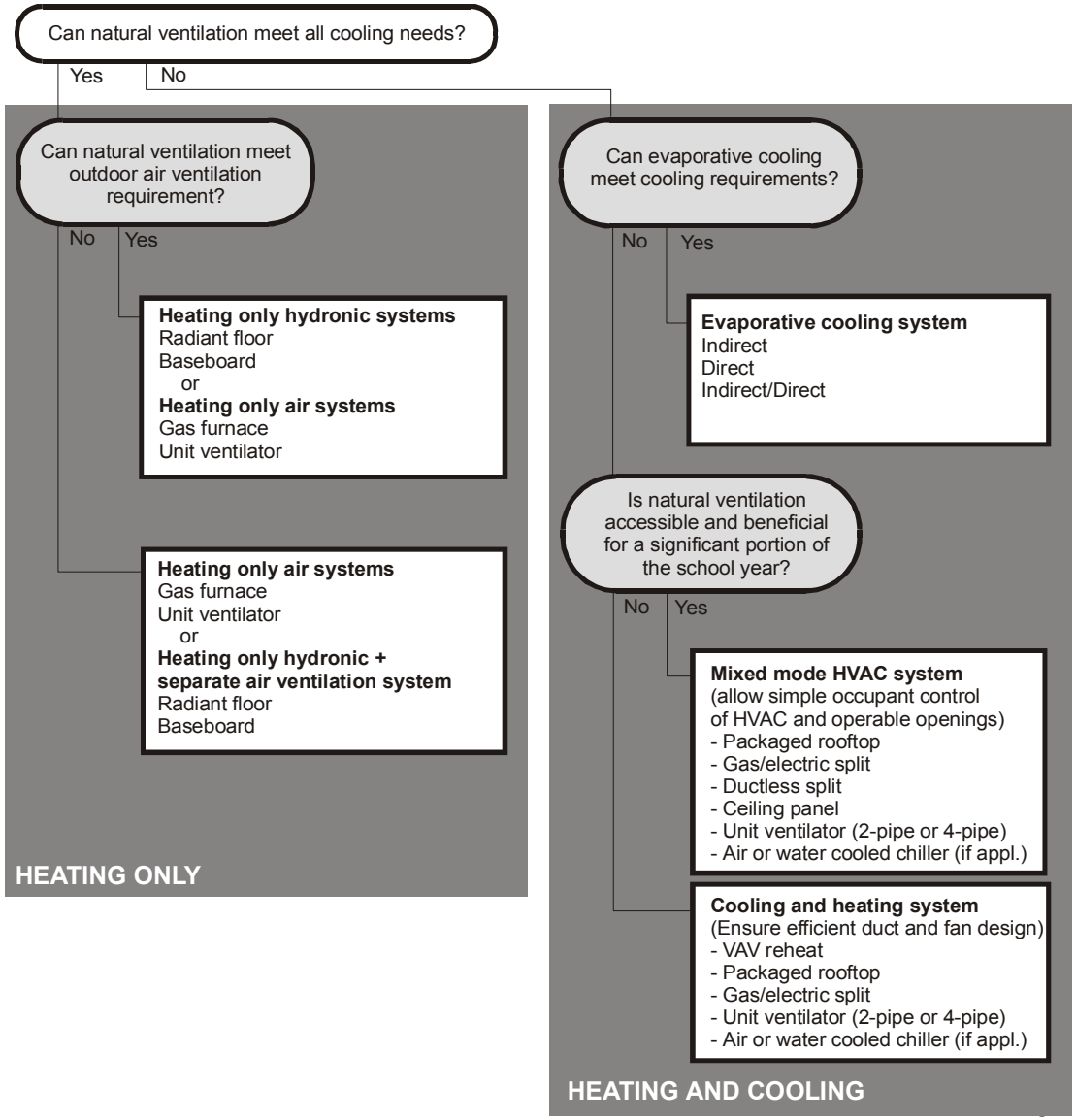
Ceiling Fans

- Use ceiling fans in classrooms to provide enhanced thermal comfort for occupants through higher air velocity. Use the ceiling fans instead of air conditioners in mild coastal climates. In more extreme climates, use ceiling fans as a supplement to cooling systems.



HVAC System Design and Selection

HVAC Decision Tree



Other selection considerations

- Noise and vibration.
- Indoor air quality ventilation performance.
- Thermal comfort performance.
- Operating costs and energy efficiency.
- Maintenance costs and needs.
- Space requirements (in the classroom, on the roof or in mechanical rooms).
- Durability and longevity.
- The ability to provide individual control for classrooms and other spaces.
- The type of refrigerant used and its ozone-depleting potential.

Equipment sizing

- Bigger is not always better! Avoid oversizing for:
  - AC/heat pump compressors.
  - Furnaces.
  - Boilers.
  - Chillers.
  - Cooling towers – use 15 degree delta T (85/100)
  - Pipes. – use “high delta T” for hot water & chilled water
- Sometimes bigger is better!
  - Ducts.
  - Fans (if they have speed control).

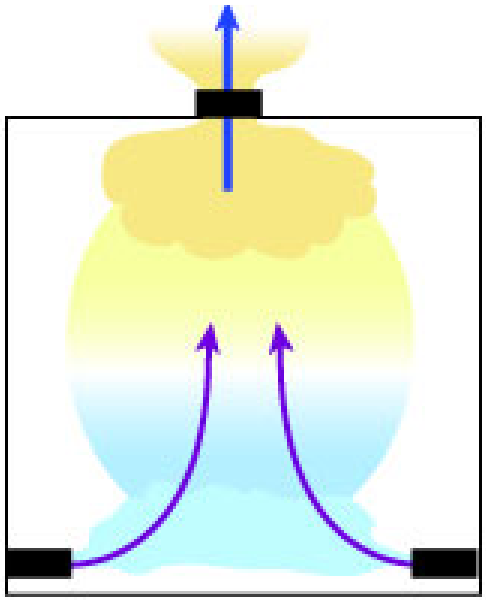
Integrated design

- Eliminate cooling with careful envelope design
- Eliminate ducts with natural ventilation
- Underfloor air distribution
- Reduce heating by attention to MRT
- Central plant to allow thermal energy storage
- Use motion sensors for HVAC control

Cool and humid climate

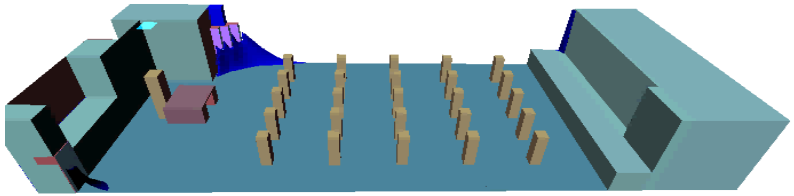
Best Applicability	Mid-Range Applicability	Worst Applicability
-Cross Ventilation -Stack Ventilation -Ceiling Fans -Displacement Ventilation System -Hydronic Ceiling Panel System -Radiant Slab System -Baseboard Heating System -Gas-fired Radient Heating System -Water Loop Heat Pumps -Geothermal Heat Pumps -Economizers	-Gas/Electric Split Systems -Packaged Rooftop System -Unit Ventilator System -Ductless Split System -Evaporative Cooling System -Evaporatively Precooled Condenser -Dedicated Outside Air Systems -Hydronic Distribution -Chilled Water Plants	-VAV Reheat System

Special HVAC Systems: Displacement Ventilation



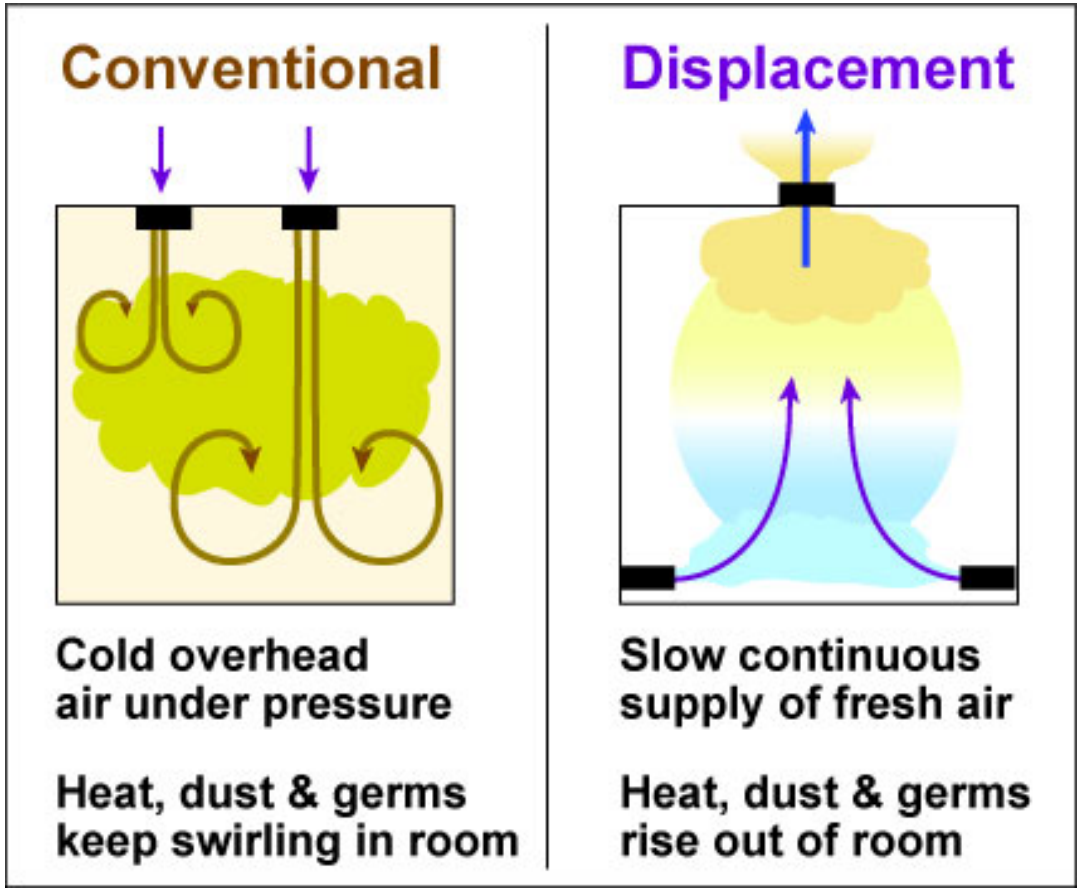
Displacement ventilation

- Fresh cool air is slowly supplied near the floor.
- Air rises as it warms.
- Air is exhausted near the ceiling.



Courtesy H. L. Turner Group

Conventional vs. displacement ventilation



Benefits of displacement ventilation

- Healthier environment; germs are not spread as easily
- 100% fresh air vs. recirculation of return air
- Improved acoustics
- Energy efficient system
- Compatible with operable windows and natural ventilation

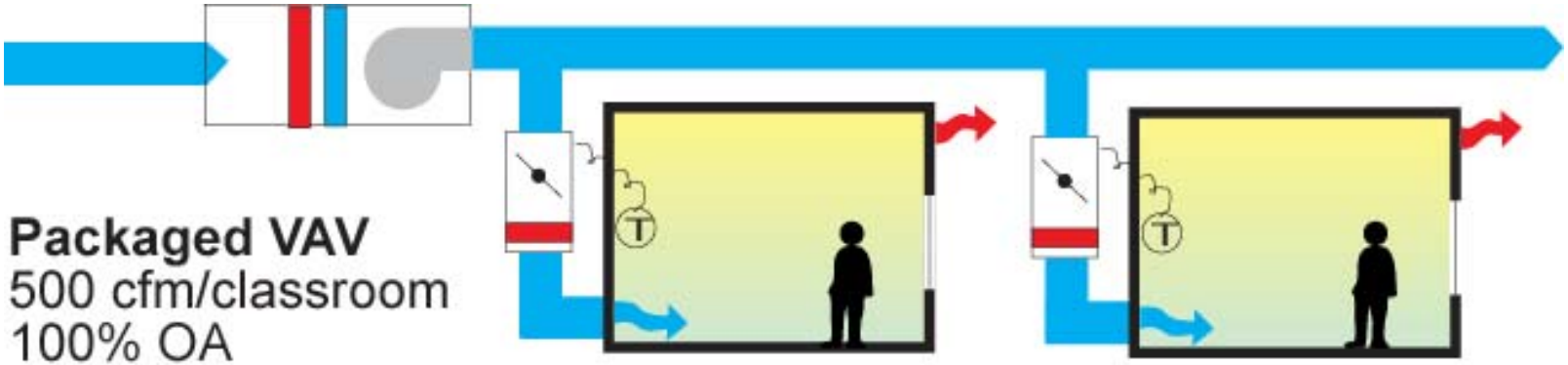
Displacement ventilation details

	Conventional System	Displacement System
Ceiling Height	8'+	10'+
Supply air flow	1,000 – 1,500 cfm	400 - 600 cfm
Diffuser air velocity	600 – 800 fpm	<100 fpm
Cooling supply air temperature	52° - 55°	63° – 68°
Outside air flow	400 – 500 cfm (~30%)	400 – 600 cfm (100%)

	Conventional System	Displacement System
Cooling load (lights)	3,300 Btu/h	x 0.13 = 430 Btu/h
Cooling load (people)	5,000 Btu/h	x 0.30 = 1,500 Btu/h
Cooling load (equip)	1,500 Btu/h	x 0.30 = 450 Btu/h
Cooling load (shell)	0 – 3,000 Btu/h	x 0.19 = 0 – 570 Btu/h
Total space cooling load	**9,800 – 12,800 Btu/h**	**2,380 – 2,960 Btu/h**
Ventilation air load (varies by climate)	14,000 Btu/h	14,000 Btu/h
Total cooling load	**23,800 – 26,800 Btu/h (2.0 – 2.2 tons)**	**16,380 – 16,960 Btu/h (1.4 tons)**

	Conventional System	Displacement System
AC size	3 tons	2 tons
Cooling demand	3.3 kW	2.2 kW
Fan demand	0.3 kW	0.2 kW
Total demand	3.6 kW	2.4 kW

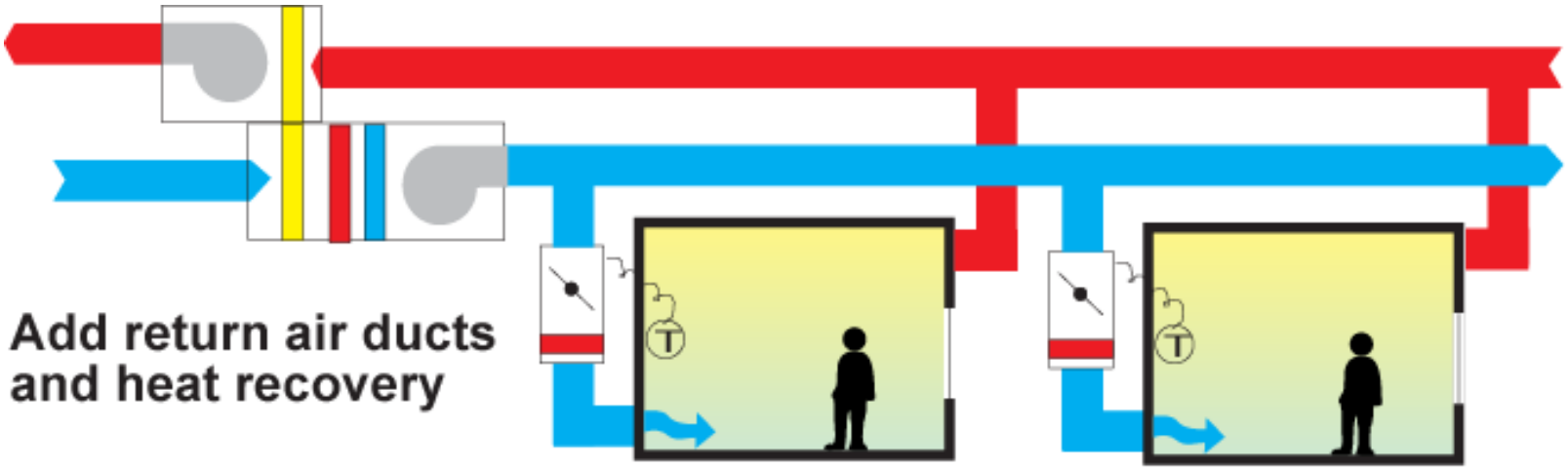
Providing the neutral air



Packaged VAV
500 cfm/classroom
100% OA
DX cooling
1.5 tons/classroom
Gas furnace heat

VAV terminal
with reheat
400/600 cfm min/max

Providing the neutral air



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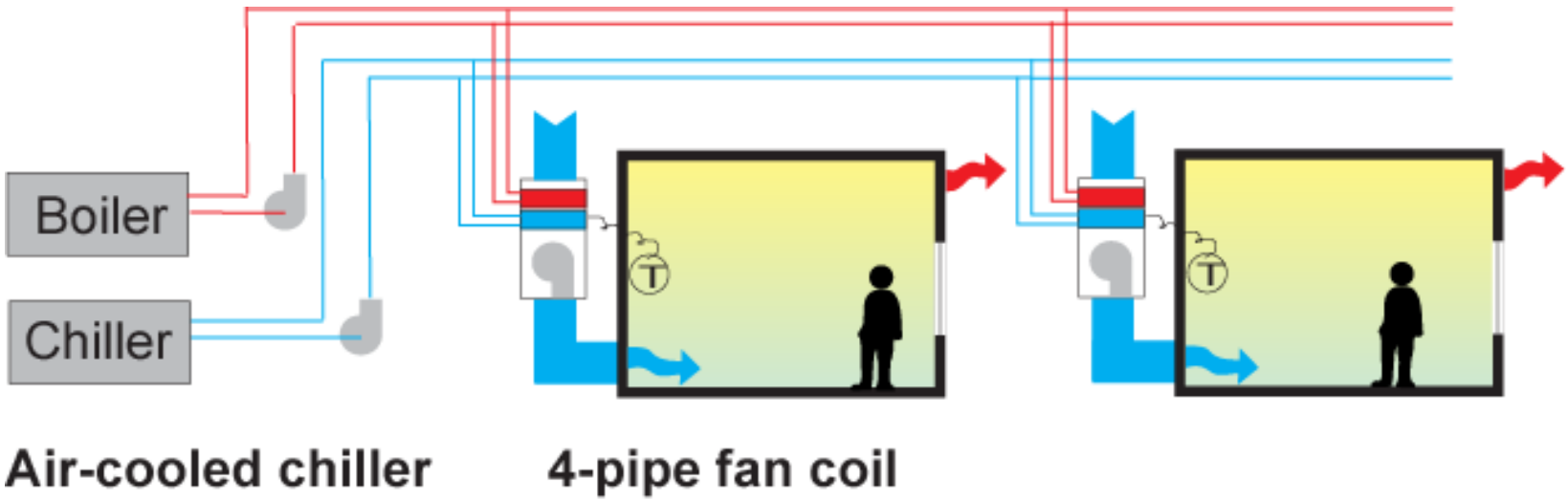

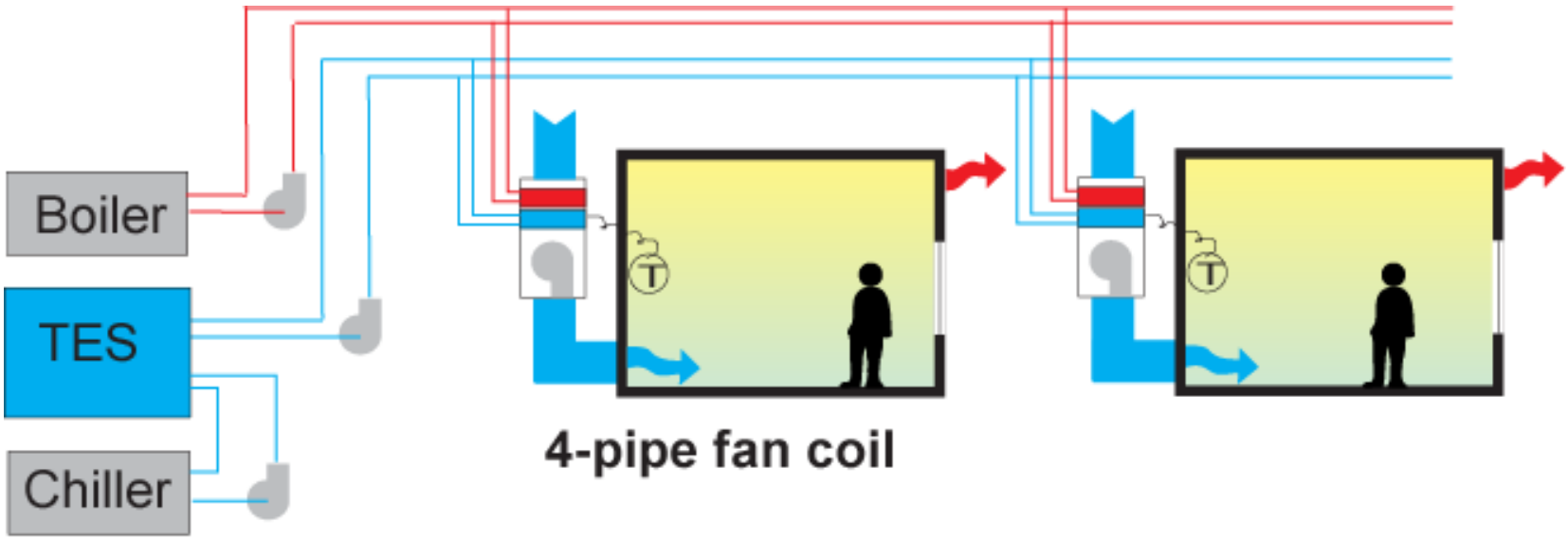

Thermal energy storage
- Chilled water
- Ice

Demand can be up to 60% of the electric bill

Why Install Thermal Energy Storage?

Lowest Life Cycle Cost

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HVAC

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