Week Ending February 15, 2020 | WEEK 7

Michigan Influenza Activity

<table>
<thead>
<tr>
<th>Activity</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>No Activity</td>
<td></td>
</tr>
<tr>
<td>Sporadic</td>
<td></td>
</tr>
<tr>
<td>Local</td>
<td></td>
</tr>
<tr>
<td>Regional</td>
<td></td>
</tr>
<tr>
<td>Widespread</td>
<td></td>
</tr>
</tbody>
</table>

*Clicking on the current activity level will direct you to the CDC webpage defining each activity level for the geographic spread of influenza.

Updates of Interest

CDC have released Interim Estimates of 2019-2020 Seasonal Influenza Vaccine Effectiveness. According to data from the U.S. Influenza Vaccine Effectiveness Network, the overall estimated effectiveness of seasonal influenza vaccine for preventing medically attended, laboratory-confirmed influenza virus infection was 45%. Please see the following link for more details:

https://www.cdc.gov/mmwr/volumes/69/wr/mm6907a1.htm?s_cid=mm6907a1_w

Weekly Influenza Activity Estimates Reported by State & Territorial Epidemiologists*

Week ending February 15, 2020 - Week 7

Influenza-associated Pediatric Mortality

Nationally, 105 influenza-associated pediatric deaths have been reported thus far for the 2019-2020 flu season. Two (2) pediatric influenza (B) deaths have been confirmed by MDHHS during this season.
Influenza-like Illness Outpatient Surveillance

Week Ending Feb 15, 2020

U.S. Outpatient Influenza-like Illness Surveillance Network (ILINet)

Michigan participates in ILINet, a collaborative effort between the CDC, state and local health departments, and volunteer sentinel clinicians as part of Michigan’s influenza surveillance. ILINet provides data on the total number outpatient visits to health care providers seen for any reason and the number of those patients with influenza-like illness (ILI). For this system, ILI is defined as fever (temperature of 100°F [37.8°C] or greater) and a cough and/or a sore throat without a known cause other than influenza.

Number of Reports and ILI % by Region in Michigan during this time period:

<table>
<thead>
<tr>
<th>Region</th>
<th>C</th>
<th>N</th>
<th>SE</th>
<th>SW</th>
</tr>
</thead>
<tbody>
<tr>
<td>No. of Reporters</td>
<td>10</td>
<td>5</td>
<td>9</td>
<td>4</td>
</tr>
<tr>
<td>Total (28)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>ILI %</td>
<td>3.3</td>
<td>4.4</td>
<td>4.7</td>
<td>2.6</td>
</tr>
</tbody>
</table>

Michigan ILI Activity

3.7%

(Last week: 3.6%)
Regional Baseline*: 1.9%

A total of 371 patient visits due to ILI were reported out of 10,055 office visits during this period.

*Regional baseline is determined by calculating the mean percentage of patient visits due to ILI during non-influenza weeks for the previous three seasons and adding two standard deviations

Michigan Statewide ILINet and Syndromic Surveillance, 2019-2020

National Surveillance

In the United States, 6.1% of outpatient visits were due to ILI. (Last week: 6.8%)

This is above the national baseline of 2.4%

Become an ILINET provider!
Contact Shelly Doebler at DoeblerM@michigan.gov
Influenza Hospitalization Surveillance Project (IHSP)

The CDC’s Influenza Hospitalization Surveillance Network (FluSurv-NET) provides population-based rates of laboratory-confirmed influenza-associated hospitalizations from October 1st through April 30th each year. Michigan participates as an IHSP state in FluSurv-NET for Clinton, Eaton, Genesee, Ingham, and Washtenaw Counties.

There were 83 (9 pediatric, 74 adult) influenza-associated hospitalizations reported to MDHHS for the IHSP during this time period. Since October 1st, 565 (107 pediatric, 458 adult) influenza-related hospitalizations were reported in the catchment area for the 2019-2020 season.

Join the Influenza Sentinel Hospital Network (ISHN)!

What is it? ISHN is a group of hospitals in Michigan that voluntarily report weekly aggregate counts of influenza positive inpatients to assist MDHHS with statewide flu surveillance.

How it works: As a participating hospital in the ISHN, you would complete a brief Survey Monkey every week containing:

• Number of hospitalizations with a positive influenza test by age group during that time period
• The total number of hospitalizations due to any condition during that time period (if available)

The data you provide is aggregated by region and can assist providers and public health in recognizing changes in the age or geographic distribution of flu in this population.

If your facility is interested in participating or would like more details, please contact Sue Kim (KimS2@michigan.gov).

Washtenaw County was added in the 2017-2018 season.
There were 27 new positive influenza results (7C, 0N, 9SE, 11SW) reported by the MDHHS Bureau of Laboratories (BOL) during this time period.

### # of Positive Respiratory Virus Results by Region

<table>
<thead>
<tr>
<th></th>
<th>C</th>
<th>N</th>
<th>SE</th>
<th>SW</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>H1N1</td>
<td>81</td>
<td>26</td>
<td>34</td>
<td>80</td>
<td>221</td>
</tr>
<tr>
<td>H3N2</td>
<td>4</td>
<td>0</td>
<td>12</td>
<td>10</td>
<td>26</td>
</tr>
<tr>
<td>Infl B</td>
<td>94</td>
<td>6</td>
<td>62</td>
<td>116</td>
<td>278</td>
</tr>
<tr>
<td>Total</td>
<td>179</td>
<td>32</td>
<td>108</td>
<td>206</td>
<td>525</td>
</tr>
</tbody>
</table>

Data is provisional and may change as additional results are reported.

**Influenza Positive Test Results, 2019-2020**

Note: Flu B subtyping will be reported based on MDHHS BOL testing runs and will be backtracked into this graph. Latest MDHHS BOL Flu B lineage determination run: February 20, 2020
There were 12 new respiratory outbreaks (5C, 1N, 2SE, 4SW) reported to MDHHS during this time period. Respiratory outbreaks for the 2019-2020 season are listed in the table below.

### # of Congregate Setting Outbreaks by Region

<table>
<thead>
<tr>
<th>Facility Type</th>
<th>C</th>
<th>N</th>
<th>SE</th>
<th>SW</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Schools: K-12 &amp; College</td>
<td>1</td>
<td>8</td>
<td>1</td>
<td>7</td>
<td>17</td>
</tr>
<tr>
<td>Long-term Care / Assisted Living Facility</td>
<td>10</td>
<td>5</td>
<td>7</td>
<td>15</td>
<td>37</td>
</tr>
<tr>
<td>Healthcare Facility</td>
<td>1</td>
<td>0</td>
<td>2</td>
<td>0</td>
<td>3</td>
</tr>
<tr>
<td>Daycare</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Homeless Shelter</td>
<td>1</td>
<td>0</td>
<td>1</td>
<td>0</td>
<td>2</td>
</tr>
<tr>
<td>Correctional Facility</td>
<td>1</td>
<td>1</td>
<td>0</td>
<td>2</td>
<td>4</td>
</tr>
<tr>
<td>Other</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>14</td>
<td>14</td>
<td>11</td>
<td>24</td>
<td>63</td>
</tr>
</tbody>
</table>

### Congregate Setting Outbreaks by Region, 2019-2020

- **C**
- **N**
- **SE**
- **SW**

**Did you know?**

Congregate setting outbreaks of viral respiratory illnesses are required to be reported to your local health department? See:

- [Influenza Guidance for Healthcare Providers](#)
- [Guideline for influenza and Respiratory Virus Outbreaks in Long-Term Care Facilities](#)
Influenza Vaccine Updates

Michigan 2019-2020 Mid-Season Influenza Vaccination Coverage Estimates

Each quarter the Division of Immunization at the Michigan Department of Health and Human Services creates County and State Immunization Report Cards that provide vaccine coverage estimates for children and adults.

These report cards include child vaccination series and recommended adult vaccinations along with school/childcare estimates of completed vaccine series and influenza vaccine coverage estimates.

The current State and County Immunization Report Cards reflect data as of December 31, 2019.

2019-2020 Mid-Season Flu Coverage

<table>
<thead>
<tr>
<th></th>
<th>MI Coverage</th>
<th>US Average</th>
<th>HP 2020 Goal</th>
</tr>
</thead>
<tbody>
<tr>
<td>Flu Complete (6 months through 8 years)</td>
<td>27.0%</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>1+ Flu (6 months through 17 years)</td>
<td>25.6%</td>
<td>62.6%</td>
<td>70%</td>
</tr>
<tr>
<td>1+ Flu (18+ years)</td>
<td>29.2%</td>
<td>45.3%</td>
<td>70%</td>
</tr>
<tr>
<td>2-dose Flu (6 months through 8 years)</td>
<td>5.6%</td>
<td>-</td>
<td>-</td>
</tr>
</tbody>
</table>

These vaccination coverage estimates indicate that it is vital that providers continue to vaccinate the public against influenza. For more information about 2-dose flu vaccine recommendations click here.

For more information about flu vaccine, visit www.michigan.gov/flu.

Influenza News Blast

- Global Flu Surveillance Update
- AAFP Survey: Flu Shot Uptake Among Millennials is Poor
- NEW Study: Influenza Vaccine During Pregnancy and 6-month Infant Development
- Immunization Schedules, 2020
- COCA Call Archive: 2019-20 Flu Season Update
- NBC News: Anti-vaxxers on Facebook urged a mom not to get her son Tamiflu. He later died.
- Flu Forecasting Tool: FluSight

Additional Resources

- MDHHS Influenza Webpage
- MDHHS Bureau of Laboratories (BOL) Webpage and Test Request Forms
- CDC FluView Weekly Report
- NFID Flu and Chronic Health Conditions Toolkit
- CDC Healthcare Professionals Flu Toolkit
- Immunization Action Coalition: Ask the Experts- Flu
- MDHHS- Influenza Vaccine F.A.Q.

View Michigan Flu Focus Report archives here

Influenza Burden Estimates

The Centers for Disease Control and Prevention (CDC) have once again begun to release preliminary burden estimates for the 2019-2020 influenza season.

Between October 1, 2019 through February 15, 2020 it is estimated that there have been:

- 29 million – 41 million flu illnesses
- 13 million – 19 million flu medical visits
- 280,000 – 500,000 flu hospitalizations
- 16,000 – 41,000 flu deaths

Additionally, there have been 105 confirmed flu-associated pediatric deaths for the 2019-2020 flu season.

Influenza activity continues to be elevated throughout the country. Check out CDC’s Weekly Influenza Surveillance Report for more information.

Remember: It is not too late to get vaccinated! Get your flu shot!