RETURN TO WORK
FOR SYMPTOMATIC HEALTHCARE EMPLOYEES

Michigan.gov/Coronavirus

The Michigan Department of Health and Human Services (MDHHS) is currently reporting sustained widespread community transmission of COVID-19 in multiple areas of the state. This guidance is intended to help with the development of occupational health programs, policies, and priorities for groups that are critical to the healthcare system in Michigan and is applicable to the following groups: hospitals, healthcare facilities, EMS, other organizations that employ healthcare workers in the inpatient or outpatient setting, all providers and support staff involved in patient care, and public health staffing actively involved in the COVID-19 response (local or state). This guidance is for healthcare workers that are symptomatic who may or may not have confirmed COVID-19.

If you are sick, please stay home.

If you have a new onset of fever:
- A fever (subjective or temperature of ≥100.0ºF or 37.8°C), or
- Symptoms of possible COVID-19 syndrome (cough OR shortness of breath), then
- **You <u>MUST STAY HOME</u> and immediately notify your supervisor.**

For mild illness consistent with COVID-19 healthcare workers must:
- Stay home **ten days** following onset of illness and **72 hours** after being consistently afebrile without use of antipyretics and with resolving respiratory symptoms, whichever is longer.
- However, at the completion of isolation, **healthcare workers should check with their employer before returning to work.**

If your symptoms are severe (difficulty breathing):
- If you feel that you need medical attention, but it is not an emergency, **contact the healthcare provider before you seek care** and alert them that you are a healthcare worker who may have been exposed to a person with COVID-19.
- You should put on a mask and ideally take a **private vehicle** to travel to your healthcare provider.
- When arriving at the healthcare facility, let the staff know you are ill and had a possible exposure to COVID-19.
- If it is an emergency and you **call 911**, alert the operator that you may have been exposed to a person with COVID-19 and describe your symptoms.

For more information, visit **Michigan.gov/Coronavirus.**