



Appreciate Your Child - April 2020

(April is Child Abuse Prevention Month)



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1.	2.	3.	4.
5.	6.	7.	8.	9.	10.	11.
12.	13.	14.	15.	16.	17.	18.
19.	20.	21.	22.	23.	24.	25.
26.	27.	28.	29.	30.		



Day 29, Pizza Recipe: Ingredients:

English Muffins or Mini Pizza Crusts

Pizza Sauce

Shredded Mozzarella

Pizza Toppings (pineapple, pepperoni, sausage, mushrooms, green pepper, or other preferred toppings)

Instructions:

Place English muffins or mini-pizza crusts on a cookie sheet.

Put all ingredients in separate bowls.

Let your child put their own ingredients on the muffins starting with the pizza sauce.

Bake and serve.

Day 21, Finger paint: Ingredients:

½ cup plain flour

2 cups water

1 tablespoon salt

Food coloring or tempera paint powder

1 tablespoon dishwashing liquid- optional

Small sealable containers

Instructions:

Add flour and salt to saucepan and slowly add water, mixing with a whisk until all combined. Heat over medium heat, stirring with whisk to prevent lumps. Once mixture has thickened and is smooth remove from heat and allow to cool. Once cooled, mix in the dishwashing liquid – optional. It will give the paint a smoother consistency and a glossy finish when dry. Separate into small containers and color with small amounts of either food coloring or tempera powder. If using tempera add a little water to combine. Store leftover paint in the refrigerator for a few days.