

Supporting Families with Young Children



The Fourth Biennial Conference
on the Early Years

November 8-10, 2004

**Amway Grand Plaza Hotel
Grand Rapids, Michigan**

Their Hearts are in our Hands!

PURPOSE



The Supporting Families with Young Children Conference is a means of bringing people together from across initiatives and disciplines. The conference strengthens and supports the efforts of service providers, advocates, leaders, and parents in communities throughout Michigan who have made great strides in increasing the complement of services available to expectant families and families with young children. These efforts are a result of the increased awareness of the significant development that takes place in the first years of life and the need to support families.

The conference will feature sessions from eight different areas of discipline/tracks. These include **Administration, Policy, Advocacy, Partnership (AD); Child Development and Physical Health (CD); Diverse Populations (DI); Family Literacy (FL); Home Visiting and Family Issues (HV/FI); Nurturing the Worker (NU); Social-Emotional Well Being and Mental Health (SE/MH); and Supervision (SU)**. The sessions are designed for individuals and families working with young children and children's issues.

Extended Learning: The first day of the conference, Monday, November 8, 2004, from 9:00 a.m. - 4:30 p.m., will offer extended learning opportunities with 12 Institutes; at least one offered in each area of discipline/track. Those choosing to attend this day of the conference will select one Institute. SB-CEU's are available, pending approval, for the full-day Institute sessions.

WHO SHOULD ATTEND



Anyone who is a parent and/or people who are working in child development, home visiting, early childhood education, family support and education, program management, staff supervision, infant mental health, child welfare, parenting education, family literacy, childcare, advocacy, policy making, community leadership, criminal justice, special needs/disability/special education, health, mental health and adoption.



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"The bond that links your true family is not one of blood, but of respect and joy in each others life." Richard Bach

The Supporting Families with Young Children's Conference is made possible because of the collaborative effort of state human services agencies, private child advocacy organizations, providers of early childhood and family support services in Michigan, and coordinated by the Children's Trust Fund/PCA Michigan.

Conference at a Glance



Sunday, November 7

6:00 p.m. – 9:00 p.m. Registration - Gerald R. Ford

Monday, November 8

7:00 a.m. – 8:45 a.m. Registration - Gerald R. Ford

9:00 a.m. – 4:30 p.m. Institute Sessions 1 – 12*

Lunch included - Ambassador Ballroom

6:00 p.m. – 9:00 p.m. Registration - Gerald R. Ford

Tuesday, November 9

7:00 a.m. – 8:45 a.m. Registration - Gerald R. Ford

8:45 a.m. – 9:00 a.m. Welcome/Housekeeping

9:00 a.m. – 10:00 a.m. Dr. Kyle Pruett – Ambassador Ballroom

“Differences Between Mothers and Fathers and What They Mean for Children”

10:30 a.m. – 12:00 p.m. Workshop Sessions A1 – A16

12:00 p.m. – 1:30 p.m. Lunch on your own

1:30 p.m. – 4:30 p.m. Workshop Sessions B1 – B15

Wednesday, November 10

7:30 a.m. – 8:30 a.m. Registration & Continental Breakfast

8:30 a.m. – 10:15 a.m. John Irvin - Ambassador Ballroom

“Hilarity Therapy”

MI-AIMH Awards - Ambassador Ballroom

10:45 a.m. – 12:15 p.m. Workshop Sessions C1- C16

12:15 a.m. – 1:30 p.m. Lunch on your own

1:30 p.m. – 3:00 p.m. Workshop Sessions D1 – D16

*SB-CEU's available

Exhibitors/Vendor Area Open:

Tuesday, November 9 - 9:00 a.m. – 5:30 p.m.

Wednesday, November 10 - 8:00 a.m. – 1:30 p.m.

Wellness Activities: (see page 19)

Tuesday, November 9

Yoga - 6:30 - 7:15 a.m. - River View Room

Dance - 12:15 - 1:00 p.m. - River View Room

Dance - 4:45 - 5:30 p.m. - River View Room

Chair Massage - 12:30 - 5:00 p.m. - Wellness Area located in Exhibit Area

Wednesday, November 10

Yoga - 6:30 - 7:15 a.m. - River View Room

Pilates - 12:30 - 1:15 p.m. River View Room

Chair Massage - 12:00 - 3:30 p.m. - Wellness Area located in Exhibit Area



Keynote Presenters

Please join us for two powerful speakers
who will inform and entertain you!

Dr. Kyle Pruett

Tuesday, November 9
9:00 - 10:00 a.m.



Internationally respected child psychiatrist and parenting expert, Dr. Kyle Pruett, has gained recognition as one of the leading authorities on the role of fathers. A committed father of four, he is the author of the award-winning book, "Me, Myself and I", that encourages positive parental involvement during the first three years of development, focusing on simple day-to-day, interaction between parent and child, and an overall commitment to familial relationships.

Dr. Kyle Pruett first established himself as a pioneer in the field of father and child relationships. With appearances on a number of programs including Good Morning America, 20/20, National Public Radio, and chosen by Oprah Winfrey to co-host her acclaimed "Begin with Love" video, Pruett continues to share his expertise with families around the world.

A rare gem in a society of diminishing family values, Dr. Pruett is an embodiment of strong parental values, encouraging the partnership of discipline and trust. A role model for adults everywhere, he was chosen by Peter Jennings and ABC News to serve as the on-air mental health consultant to the children's town meetings after 9/11, and again a year later. Pruett demonstrates the commitment to parenting needed to steer the child and family, as a whole, on a healthy and happy course of life.

John Irvin

Wednesday, November 10
8:30 - 9:30 a.m.

The ability to see the positive side of things is essential to our vision, our relationships, productivity, problem solving and our health. John's "Hilarity Therapy" is an entertaining and inspirational presentation that gives us the necessary skills and reminds us of the power of seeing the positive side.

John Marshall Irvin is the founding President of Lifestyle Enhancement Services, a successful motivational, training and speaking firm. John holds his degree from the University of Tulsa and has been active in creating opportunities for personal and professional development for over 25 years. John began his career in "front line" social work with a vocational training program that took students on "high challenge" outings such as backpacking, rock climbing and canoeing. John's purpose is clear - each of us is capable of achieving great things, that we can do more and be more than what we currently are, and most importantly, we can have great fun while doing it!



♥ MI -AIMH Conference joins with SFYC Conference ♥

The Michigan Association for Infant Mental Health (MI-AIMH) is proud to be the newest collaborating partner in the Fourth Biennial Statewide Conference, "Supporting Families with Young Children". As an interdisciplinary, professional organization for practitioners from many different disciplines and work settings, MI-AIMH celebrates this partnership. Central to MI-AIMH is the belief that relationships promote competence. We believe that relationships with each of our collaborating partners enhance our knowledge about "best practice" with very young children and families. Our relationship with individual conference participants promotes professional growth and development. We have chosen to join with the SFYC conference this year to further our goals of relationship building rather than offering a separate conference experience.

MI-AIMH's unique contribution to the conference includes a focus on infant mental health practice as reflected in many Institute sessions and workshops throughout the three days. Our hope is that these events will enrich each participant's understanding of relationship-based practice that promotes social and emotional health.

Selma Fraiberg Award Betty Tableman Award

We are pleased to have this year's Selma Fraiberg Award and the Betty Tableman Award presented at the SFYC 2004 Conference. These awards honor professionals who are involved in the lives of very young children and their families. The Fraiberg is awarded to an exemplary direct service provider and the Tableman is awarded to a person or agency involved in leadership, advocacy or policy development. The 2003 Awardees were Greg Proulx, Infant Mental Health Supervisor in Alpena, and Kathleen Strader, former Director of Healthy Start in Pontiac.

MI -AIMH Membership Information

If you are interested in enhancing your professional development in a career with infants, young children and their families...

Look for MI-AIMH Membership information in your registration packet at the SFYC Conference 2004 or visit MI-AIMH's website at www.mi-aimh.msu.edu.

PAM Kickoff Conference: For those unable to attend the SFYC Conference on November 8, please be reminded that the PAM Kickoff Conference is also November 8th in Lansing. For information call: 517-393-6890.



"In each family a story is playing itself out, and each family's story embodies its hope and despair." Auguste Napier



Monday, November 8

9:00 a.m. — 4:30 p.m.

Institute Sessions 1 - 12



1 - Positive Parenting in A Changing World

Parenting is a great joy and a great challenge. Parental influence is forever. Building self-esteem and love in our children is vital. This presenter will share important truths and tools about parenting that can ease your burden and help you in this very challenging world. Discussion on how to personally cope with change and how to help children do the same, in addition to introducing ways in which to nurture ourselves so that we can best nurture children. Presentation will be delivered in a warm and witty way, touch your heart, make you laugh, and help you refocus on critical aspects of parenting skills. (CD, NU)

Maureen Burns, Professional Speaker and Author

2 - Genetic Education for Early Intervention Providers

This interactive workshop will improve your understanding of the role and benefits that genetics has in early intervention. An overview of the more common genetic syndromes, including distinguishing features, diagnosis, and testing. This presentation will enlighten you about genetic syndromes that are less well known, but seen with relative greater frequency. In addition, a portion of the presentation will provide a summary of a research project on the role that fathers play in the care of their children with Down Syndrome. Providing insight into incorporating fathers into the everyday care of a child with special needs. (DI)

Deborah Lane, Genetic Counselor; Patty Taneja, Genetic Counselor; Helga Toriello, Director, Genetic Services; Spectrum Health Genetic Services; Jane Wassenaar, CCRESA Early On Training and Technical Assistance

3 - Child Development in the Early Years

Knowledge of the abilities and developmental tasks that are typical of children of a given age can inform our work with young children and their parents in powerful ways. Developmental understanding helps us empathize with the child's sense of reality and enter her world, define what skills and capacities to target in our interventions, and communicate the child's developmental realities to parents. This presentation will review the course of child development during infancy, toddlerhood, and the preschool years, based on Dr. Davies' book "Child Development: A Practitioner's Guide". Emphasis will be placed on how the young child develops in the context of attachment relationships with parents and caregivers, and on the interaction of different spheres of development, including emotional, regulatory, symbolic, moral, and self development. Case vignettes and videotape will illustrate practical approaches to applying developmental knowledge in assessment and intervention. (CD)

Dr. Douglas Davies, Clinical/Practice Associate Professor, School of Social Work, University of Michigan

4 - Family Literacy - Family/Home/School Connections

Family/Home/School Connections - Newaygo County Early Childhood Programs will interactively share ideas on: philosophy of home visiting, research, building relationships, tips for hiring home visitors, home and school curriculum connections, use of books and toys to build foundations for literacy, safety issues, and use of an individual family service plan as a lesson plan. Participants will then have an opportunity to self-rate their program, target an area of concentration and end the day with a make it take it activity. (FL)

Denise Gasper, Director, Early Childhood Services; Shelley Barton, Even Start Coordinator, Newaygo Public Schools

5 - Where Was I?, Where Am I Now?, Where Am I Going?, Reflective Practice

On some days you may ask yourself these questions more times than you can count. Do you give yourself the time needed to answer them? This workshop will focus on the essential aspects of reflective practice in home visiting work, discuss issues that effect the ability to be reflective, and have opportunities to apply what is learned. Come prepared to reflect on and interact with others about your work with families. (CD, SE/MH)

Sheryl Goldberg, Early On Coordinator, Lenawee Intermediate School District

6 - Understanding and Intervening with Traumatized Children and Their Families

Child development is vulnerable to innumerable, harmful intrusions that can seriously limit children from reaching their potential. Prenatal alcohol exposure and maltreatment by parents arguably have the most harmful impact across multiple domains. Often such children have experienced repeated traumatic events that continue to overwhelm their ability to cope and adapt to their environments. This workshop will outline a complex trauma model that offers a new understanding of these children. Intervention that targets children with complex trauma and their caregivers (biological parents, foster parents, adoptive parents) will be detailed. In addition, system advocacy to challenge system professionals in appropriately responding to the needs of these families will be explored. (HV/FI, SE/MH)

Dr. James Henry, Director; Connie Black-Pond, Clinical Director; Amy Mack, Training Coordinator; Southwestern Michigan Children's Trauma Assessment Center



Monday, November 8

9:00 a.m. — 4:30 p.m.

7 - Creative Problem Solving Tools

Is your life too stressed? Short on time? No money? Too much pressure? Dive in and try a “taste” of PATH planning. Do a solution circle. Collaborative creative problem solving. Explore graphics. (NU)

Jack Pearpoint, President, Inclusion Network & Director, Marsha Forest Center

8 - A Framework for Understanding Poverty

This Institute will be helpful to anyone who works with children or adults from poverty. It will discuss how individuals in poverty think and act differently than those people in the middle and upper economic classes. Discussed at length are the social cues or “hidden rules” that govern how we think and interact in society and the significance of those rules. Topics covered include the role of language, identifying resources, case patterns, registers, story structure and the hidden rules in generational poverty, in middle class, and in wealth. Examined are the “voices” that all of us use to project ourselves to the outside world and how poverty can affect those voices. Participants learn to assess sources of support or resources which might or might not be present in their client’s life. (DI)

Dr. O. Raye Adkin, Consultant, Aha! Process, Inc.

9 - Maltreated Infants and Young Children: What Do We See, What Do They Need?

Infants and young children raised in atmospheres of abuse and/or neglect have considerably different needs than children raised in stable families. When foster or adoptive families, educators or therapists are unfamiliar with the impact of abuse and neglect on child development, they run the risk of further traumatizing children by not adequately addressing their tremendous needs. This workshop will examine the varying impacts of severe neglect, as well as abuse, and suggest a paradigm to increase a child’s ability to begin to trust and rely on safe adults, thus reducing the risk of severity of behavior disorders. (CD, SE/MH)

Julie Ribaud, Infant Mental Health Specialist, Interdisciplinary Center for the Family

10 - Unintentional Intolerance: How Nice People Can Exclude Others

How is it that well-meaning, generally nice people go about excluding others who may be different than them? Come find out in this humorous, insightful and interactive presentation that will certainly make you more mindful of your everyday behaviors. This Institute is sure to make you rethink your views on “different others.” Led by a nationally recognized diversity expert, Dr. Steve Robbins. (DI)

Dr. Steve Robbins, President, S.L. Robbins & Associates

11 - Toddlers and Toddler Biting

This will be a four part presentation as follows: 1. foundations of toddler development (needed before intervention will make sense); 2. understanding toddler biting (what do we know, what are the myths?); 3. the development of intervention strategies; and 4. techniques for developing policies and supporting parents. The institute will be research based, practical and fun! Participants should leave with a new or renewed appreciation of toddlers, a better understanding of themselves in relationship to toddlers with challenging behavior, and practical ideas to use to deal with biting incidents - with the toddlers, the staff, and parents. (SE/MH, HV/FI)

Kathryn Sims, Early Childhood Consultant, Oakland Schools

12 - Family-Centered Practices: Meeting the Challenges

This presentation will describe the importance of family-centered practices as they relate to outcomes for children and families. Based on more than 10 years of research, this presentation will examine family-centered practices in the context of everyday life, and will allow participants the opportunity to examine and refine their own family-centered practices in order to optimize their day-to-day home visits. During this presentation, practitioners will be able to share challenges they face when working with families who have had no experience with family-centered practices, or families who have worked with other service providers who have not used a family-centered model. Some of the challenges that will be discussed include how to implement these practices in the everyday life of families who are overwhelmed with day-to-day survival issues, and implementing these practices with diverse groups of people including teen moms, people of various cultural backgrounds, etc. Participants will be able to build on their own knowledge and experience as well as that of their colleagues through information sharing and discussion. (HV/FI, SE/MH)

Dr. Carol Trivette, Co-Director, Orelena Hawks Puckett Institute

Registration Deadline is October 8, 2004

Tuesday, November 9

10:30 a.m. - 12:00 p.m.

Workshop Sessions A1 - A16



A1 - Good to Great - A Look at What Makes a Successful Organization

Presenters will discuss the characteristics of companies that made the leap from good to great companies and how these characteristics can be adapted to all organizations. (AD - Basic)

Carl III, Allegan County ISD; William Eis, Wayland Union Schools

A2 - Steps of Change: A Look at Early Childhood Development

This session will look at the developmental steps related to a child's environment and the social interactions that occur during the first years of life. Red flags that indicate developmental concerns will be identified. Participants will come away from this session with an understanding of developmental changes and the skills to identify concerns as early as possible. (CD - Basic)

Criss Hickey, Amy Mason, CCRESA Early On Training and Technical Assistance

A3 - Sensory School: A Parent Training Program Designed for Children with Sensory Dysfunction

What is sensory integration? How does it impact children's behavior and learning? Come to this interactive presentation to gain insight into a new program designed to help parents understand their children's sensory issues and learn strategies to promote function. (CD - Basic)

Jill Spokojny, Dave Uchalik, Abilities Center, Inc.

A4 - Games and Activities to Develop Communication Skills

Communication can be work but learning to do it better can be play. Join us for games and activities aimed at spurring your insights of enabling you to use effective communication - even with people who are different from you.

(DI - Intermediate)

Tonya Clevenger, Sue Harman, Kent Regional 4C

A5 - Lets Talk Trash: Supporting Positive Parent Child Interaction Thru Crafts & Activities

An interactive workshop that encourages home visiting professionals to show parents and children how to be creative, smile and have fun with each other. Participants will learn the value of providing creative activities and how they enhance the parent-child relationship. Handouts and make-it-take-it projects provided. (HV/FI - Basic)

Natasha Hall, The Child Abuse & Neglect County; Lenore Jordan, Jewish Family Service

A6 - Michigan Fatherhood Coalition: What About Working with Those Fathers?

A panel of practitioners working with fathers will discuss programming that has been successful in advocating for fathers and getting fathers more involved in the lives of their children. Share ideas and strategies for working effectively with fathers and men raising children. (HV/FI, AD - Basic)

Panel: Stephen Goodrum, Marilac Outreach Services; Barry Kaufman, Community Mental Health; Mike Kildee and Marie Snodgrass, Bendle/Carmen-Ainsworth Learning Center; Duane Wilson, Family Independence Agency

A7 - I've Made the Referral, Now How Do We Work Together?

In the home visiting arena many professionals with different approaches/perspectives but similar goals must work together as a "virtual team" to achieve comprehensive client outcomes. This workshop will utilize discussion, humor, and an interactive approach to elaborate on building collaborative competencies that enable home visiting teams to effectively work together. (HV/FI - Basic)

Lois Winer, Oakland County Health Division; Cynthia Zagar, St. Joseph Merch Oakland - Healthy Start

A8 - Puzzling Out Family Centered Practice

Ever wonder what is meant by "family centered practice?" This workshop will explore the underlying principles of family centeredness and how to incorporate them into your practice. Recent research that demonstrates the importance of family centered practice & its impact on outcomes will be discussed. (HV/FI, DI, SE/MH, AD - Basic)

Constance Conklin, Department of Community Health

Basic = Audience has *limited* familiarity with topic

Intermediate = Audience has *some* experience with topic

Advanced = Audience has *considerable* experience with topic



Tuesday, November 9

10:30 a.m. - 12:00 p.m.

A9 - The ABC's of Family Literacy

The development of emergent literacy skills begins within the home, beginning with interactions within the family. This interactive workshop will provide background information related to the cornerstones of literacy development, as well as easy and inexpensive strategies for implementation within family settings. *(FL - Basic)*

Dawn Koger, Meagan Shedd, Michigan State University Extension

A10 - Mind the Gap

Trainers from Even Start Regional Technical Assistance Centers will guide participants through interactive literacy research into practice based on the study of Todd R. Risley and Betty Hart, authors of *Meaningful Differences in the Everyday Experience of Young American Children*. Video will provide the basis for discussion. *(FL - Intermediate)*

Judy Banfield, Kristi Myatt, Bendle/Carman-Ainsworth Even Start; Denise Gasper, Newaygo County Even Start

A11 - Motherhead Family Literacy Program

During this interactive presentation, participants will develop an understanding of the Motherhead Curriculum and resources available in their community to replicate the model. Motherhead uses children's literature to promote family literacy. *(FL - Basic)*

Angela Burkey, Connie Garcia, Cassandra Phillips, Teen Parent Services; Julie Bash, Cindy Sergeant, Saginaw ISD

A12 - Your Office on Wheels - How to Be Organized

Transitioning from one home visit to another in a day can be a challenge. Through handouts, presentation, questioning and discussion, beginning home visitors will be encouraged to think about ways to utilize materials and suggestions in their work day. *(NU, HV/FI - Basic)*

Marcia Campbell, Amanda Peterson, Charlevoix-Emmet ISD

A13 - An Introduction to Infant Mental Health Practice

Workshop will introduce participants to theories, principles and practices of infant mental health. Designed for professionals from multiple service settings, the intent is to discuss approaches that support social and emotional health in infancy and early parenthood. *(HV/FI, SE/MH - Basic)*

Deborah Weatherston, Mi-AIMH/Wayne State University

A14 - The Role of Play in Social-Emotional Development

This presentation focuses on improving school readiness in young children through parent-child play. Participants will learn about the mediating effects of an innovative project that includes music making, infant massage and parent-toddler play groups to increase social-emotional development. *(SE/MH - Basic)*

Pamela Savoy-Weaver, Jane Reitman, Development Centers, Inc.

A15 - Misbehavior Misunderstood: Recognizing and Responding to Children Who Have Experienced a Traumatic Event

Behavior changes due to trauma are often misread as resistance, stubbornness, over reactivity, impulsiveness and confrontation. This workshop will focus on explaining and identifying children's behavior in relation to their experience with trauma. Children's pictures will be utilized. In addition, workshop will focus on helping participants effectively respond to children exhibiting trauma reactions. *(SE/MH, CD, HV/FI - Intermediate)*

Rosalynn Bliss, Pat Crum, DeVos Children's Hospital Child Protection Team

A16 - One Size Does Not Fit All

Presentation will focus on the differences and similarities (of what?) - meeting staff needs for professional and personal support and nurturance. Whether you are new to supervision or have some experience it is tempting to see all staff as a group, instead of individuals. Workshop will explore staff nurturing, ways in which your staff differ, and how to tell if what you are giving fits their needs. *(SU, NU - Basic)*

Kathy Kelley, Barbara Rohde, Child Abuse Prevention Services

AD = Administration, Policy, Advocacy, Partnership

CD = Child Development and Physical Health

DI = Diverse Populations

FL = Family Literacy

HV/FI = Home Visiting and Family Issues

NU = Nurturing the Worker

SE/MH = Social-Emotional Well Being & Mental Health

SU = Supervision

Tuesday, November 9

1:30 p.m. - 4:30 p.m.

Workshop Sessions B1 - B15



B1 - Leadership and Change

The reality is that we have experienced more change in the past ten years than we did in the rest of the 20th century. Moving organizations and individuals forward is a difficult but necessary task for survival in today's world. Understanding and learning about different approaches to change as well as our own natural reaction to it can increase the likelihood of smooth transitions. *(AD - Intermediate)*

Mary Robb, Kent/Michigan State University Extension

B2 - Creating Positive Futures for Children with Fetal Alcohol Spectrum Disorders

This workshop is designed for those who have previous knowledge of fetal alcohol spectrum disorders. Participants will develop strategies and interventions tailored to this specific brain injury. Parents will learn how to better communicate their child's needs to schools and to work collaboratively. *(CD - Intermediate)*

Barbara Wybrecht, Spectrum Health

B3 - Issues in Diversity

Explore through interactive methods why considering diversity is important, specific characteristics of various cultures and concrete recommendations on best serving families. *(DI - Basic)*

Sylvia Murray, Even Start - Catholic Social Services

B4 - The Dance of Partnership: Why Do My Feet Hurt?

Workshop designed to assist participants to better understand the unique challenges to forming and maintaining partnerships between professionals and parents of children with special needs. Through mini-lectures, video clips and interactive learning activities participants explore the challenges and identify strategies which promote partnership. *(DI - Intermediate)*

Janice Fialka, CCRESA - Early On Training and Technical Assistance

B5 - From Watching to Responding: Ways of Being "There" With Clients

Explore different ways to be "present with" our clients. Workshop begins with an exercise and discussion about the influence of subjective viewpoint, using a short film Three Views of a Feeding. The film portrays an ordinary feeding shot from three different camera angles, each of which prompts important shifts in our understanding of what is happening. The second half of the workshop will describe and then give a chance to practice the distinction between "observing" vs "being with" a client and between "listening" and "thinking about what to reply". *(HV/FI, SE/MH Intermediate)*

Bill Schafer, Ph.D., Private Practice

B6 - Building on Solutions Through Tradition - Using the Solution Focused Model

Presentation, discussion, and interactive skills will convey how to develop case plans using family based services while building on the strength and traditions at the level of the family. *(HV/FI - Intermediate)*

Carolyn Bush, Match-E-Be-Nash-She-Wish (Band of Pottawatomis Indians)

B7 - Babies in Motion

Participants are invited to join in a fun interactive workshop where you will dance or walk away with information on how to design music/literacy activities for the infant learner. *(FL - Basic)*

Denise Schmitz-Enking, Brenda Schwartz, Gogebic/Ontonagon Even Start

B8 - PLaYFUL Literacy and You!

PLaY is a scientifically based early literacy approach which explores the links between types of play, oral language, phonemic awareness, and emergent expression. Designed for both center and home based use. This session will provide an overview of PLaY with strategies to put theory into practice. *(FL - Intermediate)*

Constance Macek, Saginaw ISD

**Scholarship Deadline is September 17th.
See Page 22 for Application & Guidelines.**

Tuesday, November 9

1:30 p.m. - 4:30 p.m.

B9 - For People Like Us: Dealing with Stress and Negativity

Learn to use your strengths to manage stress and negativity in this fast paced world. Practical skills will be presented. Learn to move differently and forget the theories of time management. We need new approaches to stress and negativity. If what you have been doing is not working, stop doing it! *(NU - Basic)*

David Austin Sky, Sky Stories, Inc.

B10 - Social-Emotional Development in Infants and Toddlers

This workshop will focus on the relationship between infants and toddlers and their caregivers and the qualities of these relationships that allow caregivers to enhance and support social-emotional competence in infants and toddlers. *(SE/MH - Basic)*

Kay Loftus, Children's Charter of the Courts of Michigan; Mary Beth Reimer, Ottawa County Health Department

B11 - Early Symptoms of Mood Disorders in Young Children

This presentation will focus on the earliest signs of mood disorders in children below the age of five. Symptoms will be described and contrasted to symptoms seen in children with ADHD. Assessment tools will also be presented to help make an accurate diagnosis. *(SE/MH - Basic)*

Ira Glovinsky, Ph.D., Interdisciplinary Center for the Family

B12 - Home Visitor Evaluation: Growing More & More Effective Staff

Staff evaluation can be a positive and growth provoking experience. Evaluation components will be discussed: self-reflection (skills & growth), goal setting, home visit observations, feedback conferences, and follow-up. *(SU - Basic)*

Kerenda Applebey, Allegan County ISD

B13 - Superior Strategies Happen Naturally

To best effect desired change, we must incorporate early intervention strategies into a family's everyday routines and activities. This session will present and discuss why this approach most successfully supports family strengths and is easiest for caregivers to accomplish. *(CD - Intermediate)*

Kyle Dymond, Kim Harris, CCRESA - Early On Training and Technical Assistance

B14 - Advocacy as a Tool for Change: Strategic Action on Behalf of Children & Families

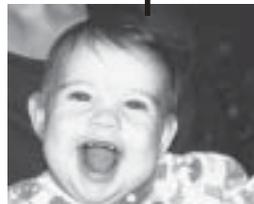
Accurate information and effective strategies can help communities communicate the needs of children and families to the people in positions to change things for the better. This workshop provides tools that maximize the effectiveness of advocacy action. *(AD - Intermediate)*

Michele Corey, Michigan's Children

B15 - Zero to Three Secondary Prevention Statewide Evaluation - The AAPI-2

For FY2005 0-3 Grantees, this workshop will outline the implementation of a statewide evaluation of the 0-3 Secondary Prevention Initiative. Participants will gain an understanding of the Adult-Adolescent Parenting Inventory (AAPI-2), learn how to implement it's use locally, and will receive evaluation materials. NOTE: This same workshop will be offered again in two parts, workshop session C16 & D16. *(HV/FI, AD - Basic)*

Michael Gillespie, Gillespie Research, LLC



We are never alone in this world, for we are all connected by heartstrings and hope, family and friends.

Wednesday, November 10

10:45 a.m. - 12:15 p.m.

Workshop Sessions C1 - C16



C1 - How We Can All Get Along

This interactive workshop will provide participants the opportunity to learn about the benefits of service coordination and how one community developed a service coordination system across various agencies including FIA, CMH, Health Dept. and ISD. Learn how to navigate the maze of service providers and how to all work together cooperatively. *(AD - Basic)*

Elizabeth O'Dell, St. Joseph County Human Services Commission; Lynell Thrasher, St. Joseph County ISD

C2 - Babies, Buckles, and Boosters

Child passenger safety 101. Did you know that over 80% of all car seats are misused? Could yours be one of them? Come learn the basics of car seat installation, Michigan's car seat law, and other ideas related to this topic. A variety of child safety seats will be on display for participants to explore in this interactive session. *(CD - Basic)*

Angela Glew, Heather Hockanson, Michigan Department of Community Health

C3 - Musical Visits: Music, Movement, & More (birth - five)

Research supports the importance of music and moving as a foundation for learning. Frustrated by the lack of appropriate materials for those little ones? Explore methods, materials, relevance of brain research, therapeutic value and more to pack in your home visit bag to help enhance the parent-child bond. *(CD, HV/FI, SE/MH - Basic)*

Gari Stein, Music for Little Folks

C4 - Promoting Social-Emotional Competence

Attendees will understand the relationships between children's behaviors and social-emotional development and environmental variables and form relevant teaching strategies based on the research of the Center on Social & Emotional Foundations for Early Learning. *(CD - Intermediate)*

Becky Garske, Mott Community College; Elizabeth Jordan, Center Academy

C5 - Family Ambassadors: Parents Train for Peer Educators

This workshop will provide information to social workers and professionals on steps in the development and implementation of a parent peer education program. Cultural diversity, the importance of developing relationships between families, human service providers and collaborative partners will be highlighted. *(DI - Intermediate)*

Ann Funchess, Cherie Ross-Barber, Spaulding for Children

C6 - Truth and Beauty: Surviving Child Abuse Through the Eyes of the Child

Truth: how I survived one of the most horrendous childhoods in American history. Beauty: the journey through torture, death and betrayal, the foster care system and to finding the beauty in life. *(HV/FI, CD, SE/MH, AD - Basic)*

Jeanne Fowler, Big Family of Michigan

C7 - Home Visiting: Parents and Children Learning Together

This workshop will offer a multitude of home visiting activities for attendees to explore. Both seasoned and new home visitors will gain fresh insight and new ideas that will foster their success and confidence on a home visit. *(HV/FI - Basic)*

Karen Dodge, Mandy Peterson, Charlevoix-Emmet ISD Early Education

C8 - Impact of Home Visiting: Education and Support Within the Mother's Environment

Support during the prenatal period can improve outcomes for the mother, infant, and family, prepare the family for a premature delivery, and ensure the family is connected with the appropriate community resources after the child is born. Session will be a combination of presentation, discussion, and interaction. *(HV/FI - Intermediate)*

Abbey Folkert, Sarah MacDonald, Spectrum Health

**"Other things may change,
but we start and end
with the family."**

Anthony Brandt



Wednesday, November 10

10:45 a.m. - 12:15 p.m.

C9- Nurturing Early Literacy in the Home and at School

This workshop will cover the four components of early literacy (reading, writing, speaking and listening) and discuss each as they relate to young children. How parents, early childhood education, and care providers can introduce young children to early literacy, in a way that is appropriate and engaging, will also be provided. *(FL - Basic)*

Roxanne Rowley, Manistee ISD

C10 - Portfolio Treasures

This unique writing/picture curriculum incorporates child development, parent/child "works of art," journal writing activities, and "moments they'll treasure," with positive goal setting exercises that develop each family's ability to embrace and realize their hopes and plans for success. *(FL - Basic)*

Cynthia Linsley, Pam Verville, Allegan County Even Start

C11 - Helping Unmarried New Parents Make Healthy Decisions About Family Formation

Workshop overviews new initiative at federal level promoting healthy marriages for unmarried new parents, and its implications for supporting families and children. "Caring for my family" program, which targets unmarried new parents around the birth of their baby and helps them make healthy decisions, will be highlighted. *(HV/FI - Basic)*

Jodi Spicer, Karen Shirer, Michigan State University Extension

C12 - The Greydance - Celebrating Our Spiritual Journey

There is an intersection in your life where your beliefs and behavior collide, and you are faced with choices. This is the greydance. Knowing what you believe and why you act on it is a base of power in these troubled times. This program will help you map out the path you have taken to get to this point in your spiritual development. Understanding the route is a source of strength for personal growth. *(NU - All)*

David Austin Sky, Sky Stories, Inc.

C13 - Reducing Misbehavior and Shame Through Play

Many children who exhibit challenging behavior have difficulty viewing adults as safe, predictable caregivers, and thus have trouble benefiting from traditional discipline techniques. This workshop will explore the links between troubled parent-child relationships, shame and misbehavior, play-based interventions to reduce shame and increase cooperation will be discussed. *(SE/MH - Advanced)*

Julie Ribaud, Interdisciplinary Center for the Family; Cristina Steele, Arbor Circle

C14 - How to Start and Maintain a Healthy Fatherhood Initiative

Whether you are new to the fatherhood area or are looking for tried and true strategies to take back to your program, this is a must see presentation that will review the important role that men play in the lives of our children and demonstrate how to lay the groundwork for a successful fatherhood program. *(HV/FI, SE/MH - Basic)*

Richard Bailey, Barry Smith, Community Action Agency of South Central Michigan

C15 - Electronic Granting and Reports

More and more programs are required to submit grant applications electronically. Come and learn the new system, E-Grants, and the process for applying for grants to the Children's Trust Fund, in FY05, via the internet. *(AD - Basic)*

HTC Global Services, Inc.; Children's Trust Fund Staff

C16 - Zero to Three Secondary Prevention Statewide Evaluation- AAPI-2 (Part 1)

For FY2005 0-3 Grantees, this workshop will outline the implementation of a statewide evaluation of the 0-3 Secondary Prevention Initiative. Participants will gain an understanding of the Adult-Adolescent Parenting Inventory (AAPI-2), learn how to implement it's use locally, and will receive evaluation materials. NOTE: participants must sign up for D16 in addition to C16 - this is a 3 hour workshop being offered in two 90 minutes sessions. Workshops C16 & D16, together, will be a repeat of B15 or C16 & D16. *(HV/FI, AD - Basic)*

Michael Gillespie, Gillespie Research, LLC

**SB-CEU's are available on
Monday, November 8th (Institute Day).
See Page 18 for details &
Page 20 to Register for SB-CEU's.**

Wednesday, November 10

1:30 p.m. - 3:00 p.m.

Workshop Sessions D1 - D16



D1 - Preventing Shaken Baby Syndrome: A Directed Education Approach

This workshop will provide information on Shaken Baby Syndrome (SBS), how to develop and implement research-supported SBS prevention programs, and share preliminary data from the SBS prevention program at DeVos Children's Hospital. *(AD, CD - Basic)*

Vincent Palusci, MD, DeVos Children's Hospital Child Protection Team; Wilma Zeemering, Spectrum Health

D2 - Discovering Temperaments!

Based on the Program for Infant/Toddler Care giving series. With video, discussion and lecture as our tools, participants will discover their own temperament traits. Examine what changes may occur as we mix and match the individual temperament traits to form a group of people that spend time together regularly (family, daycare, etc.). *(CD, HV/FI - Basic)*

Vicky Art, N.W. Michigan Human Services Agency - Head Start/Early Head Start

D3 - Understanding Children with Fetal Alcohol Spectrum Disorders (FASD)

Session will focus on how to identify the characteristics of children with FASD and provide strategies to effectively help these children. Personal experiences and insights about working with children prenatally exposed to alcohol will be presented. *(CD - Basic)*

Patricia Brewer, Grand Rapids Fetal Alcohol Parent Support Group; Sarah Horton Bobo, Kent County Health Dept.

D4 - Positive Discipline Techniques: Understanding and Overcoming Cultural Barriers

This workshop will address the issue of positive discipline techniques for families of color, families in crisis, and single-parent households. A better understanding of how cultural trends and practices can become barriers in reaching these populations will be provided as well as the challenges faced by these populations and the skills to impact these challenges in regard to positive discipline techniques. *(DI, HV/FI - Intermediate)*

Misty Lartridge, Prevention Works, Inc.

D5 - Scrap Sculpture-Building Brains

So what do you do with egg cartons, masking tape, newspaper, and Styrofoam? This workshop will be both presentation and hands on experience demonstrating how to assemble and present a one-hour parent workshop on development in young children. *(HV/FI - All)*

Lynda Allen, Dori Gillings, Grand Traverse County Michigan State University Extension

D6 - Building Partnerships with Parents

This interactive workshop is intended for beginning home visitors and child care providers. Discussion, video and small group activities will be utilized to highlight relationship building techniques including repair strategies for when a conflict occurs between parent and professional. *(HV/FI - Basic)*

Jennifer Lange, Jeri Lea Lentini, The Whole Baby

D7 - Can I Do That? Should I Do That?

Establishing and maintaining healthy boundaries is critical when working with families, especially in home visiting. This interactive workshop helps define boundaries and explores issues that can test our boundaries. Participants are invited to bring their challenges to the discussion. *(HV/FI - Intermediate)*

Jean Brisbo, Pam Langford, Child Abuse Prevention Services

D8 - Story Stretchers for Young Children's Books

This session is designed to present ideas on how to use books to promote literacy and a love of books for toddlers and preschoolers. All books presented will be those published in both Spanish and English. *(FL, DI - Basic)*

Jean McLeod Doughty, ACISD

D9 - Keep'em Coming - Recruitment and Retention

Explore issues surrounding recruitment and retention, i.e, best practice strategies, communication techniques and how relationship building is critical to recruitment and retention. *(FL, SU, AD - Intermediate)*

Judy Banfield, Kristi Myatt, Bendle/Carman-Ainsworth Even Start; Denise Gasper, Newaygo County Even Start

Wednesday, November 10

1:30 p.m. - 3:00 p.m.

D10 - You're All You've Got! (Well Almost)

In this interactive and nurturing workshop you will experience the use of humor, journaling, guided imagery, and honoring transitions as ways to sustain energy needed to work effectively with families. A brief summary of research supporting the positive impact of these techniques will be provided. *(NU - Basic)*

Janice Fialka, CCRESA - Early On Training and Technical Assistance; Sheryl Goldberg, Lenawee Early On

D11 - The Effect of Affect-Emotional Development in Young and Old

Behavioral choices are mediated by feelings; beginning in utero and continuing all our lives. Affective content of early experiences mediate the child's subsequent development, including physical growth. The how and why of this process and the means of healthy emotional development, will be the content of this interactive session. *(HV/FI, SE/MH, CD - Basic)*

Benjamin Hamilton, Michigan Department Education OSE/EIS

D12 - Fussy Baby: Crying, Cause, Comfort

This workshop will explore the cause of crying, what is considered age appropriate developmentally and equip participants with strategies to soothe a fussy baby. Educational tools will be included. *(SE/MH - Intermediate)*

Mary DeWys, Evelyn Philippi, Spectrum Health

D13 - "Care Packages"

This interactive workshop focuses on many ways to reward employees, create places where people want to work, and re-generate spirit in the workplace, all at no or low cost! Many ideas can be adapted for use with families, peers and other agencies as well. *(SU, NU - Basic)*

Janice Catldo, Dearborn Public Schools; Julie Graham, UAW-Ford FSLC Child Development Center

D14 - Learning Baby Lingo: Because All Baby Time is Learning Time

Research tells us that infants and toddlers build new understandings about their world through interactive experiences. Using photographs, video clips and small group activities, participants will explore together just how our communicative interactions with preverbal children serve to support their bright futures. *(HV/FI, SE/MH - Basic)*

Kathleen Baltman, Caring for Kids Initiative - The Guidance Center

D15 - Using Parallel Process to Facilitate Learning in Nurturing Groups for Parents and Children 0-5

Through interactive discussion, presentation, and videotape vignettes, workshop participants will learn what parallel process is and how it can be used to promote learning in a group setting. *(SE/MH, SU - Intermediate)*

Sarah Adams, Jewish Family Services; Gloria Kaye, St. Joseph Mercy Hospital - Oakland

D16 - Zero to Three Secondary Prevention Statewide Evaluation- AAPI-2 (Part 2)

For FY2005 0-3 Grantees, this workshop will outline the implementation of a statewide evaluation of the 0-3 Secondary Prevention Initiative. Participants will gain an understanding of the Adult-Adolescent Parenting Inventory (AAPI-2), learn how to implement it's use locally, and will receive evaluation materials. NOTE: participants must sign up for D16 in addition to C16 - this is a 3 hour workshop being offered in two 90 minutes sessions.

(HV/FI, AD - Basic)

Michael Gillespie, Gillespie Research, LLC



**"Call it a clan, call it a network,
call it a tribe, call it a family:
Whatever you call it, whoever
you are, you need one."**

Jane Howard

Workshops by Track



Administration, Policy, Advocacy, Partnerships (AD)

		Level
A1	Good to Great - A Look at What Makes a Successful Organization	Basic
A6	Michigan Fatherhood Coalition	Basic
A8	Puzzling Out Family Centered Practice	Basic
B1	Leadership and Change	Intermediate
B14	Advocacy as a Tool for Change: Strategic Action on Behalf of Children & Families	Intermediate
B15, C16 & D16	Administering and Using the AAPI-2	Basic
C1	Service Coordination or Why Can't We All Get Along	Basic
C6	Truth and Beauty: Surviving Child Abuse	All
C15	Submitting Grants Electronically	Basic
D1	Preventing Shaken Baby Syndrome	Basic
D9	Keep'em Coming - Recruitment and Retention	Intermediate

Child Development and Physical Health (CD)

A2	Steps of Change: A Look at Early Child Development	Basic
A3	Sensory School: A Parent Training Program	Basic
A15	Misbehavior Misunderstood: Recognizing and Responding	Intermediate
B2	Creating Positive Futures for Children with Fetal Alcohol Spectrum Disorders	Basic
B13	Superior Strategies Happen Naturally	Intermediate
C2	Babies, Buckles, and Boosters	Basic
C3	Musical Visits: Music, Movement & More (birth - five)	Basic
C4	Promoting Social-Emotional Competence thru Classroom Community	Intermediate
C6	Truth and Beauty: Surviving Child Abuse	All
D1	Preventing Shaken Baby Syndrome	Basic
D2	Discovering Temperaments	Basic
D3	Understanding Children with Fetal Alcohol Spectrum Disorders	Basic
D11	Effect of Affect-Emotional Development in Young and Old	Basic

Diverse Populations (DI)

A4	Games and Activities to Develop Communication Skills	Intermediate
A8	Puzzling Out Family Centered Practice	Basic
B3	Issues in Diversity	Basic
B4	Dance of Partnership: Why Do My Feet Hurt?	Intermediate
C5	Family Ambassadors: Parents Train for Peer Educators	Intermediate
D4	Positive Discipline Techniques: Understanding & Overcoming Cultural Barriers	Intermediate
D8	Story Stretchers for Young Children's Books Published in Spanish and English	Basic

Family Literacy (FL)

A9	The ABC's of Family Literacy	Basic
A10	Mind the Gap	Intermediate
A11	Motheread Family Literacy Program	Basic
B7	Babies in Motion	Basic
B8	PLaYFUL Literacy and You!	Intermediate
C9	Nurturing Early Literacy in the Home and at School	Basic
C10	Portfolio Treasures	Basic
D8	Story Stretchers for Young Children's Books - Published in Spanish and English	Basic

Home Visiting & Family Issues (HV/FI)

		Level
A5	Let's Talk Trash: Supporting Positive Parent Child Interaction	Basic
A6	Michigan Fatherhood Coalition	Basic
A7	I've Made the Referral, Now How Do We Work Together	Basic
A8	Puzzling Out Family Centered Practice	Basic

Home Visiting & Family Issues (HV/FI) (Continued)

	Level
A12 Your Office on Wheels - How to Be Organized	Basic
A13 Introduction to Infant Mental Health Practice	Basic
A15 Misbehavior Misunderstood: Recognizing and Responding	Intermediate
B5 From Watching to Responding: Ways of Being "There" with Clients	Intermediate
B6 Building on Solutions Through Tradition - Solution Focused Model	Intermediate
B15, C16 & D16 Administering and Using the AAPI-2	Basic
C3 Musical Visits: Music, Movement, & More (birth - five)	Basic
C6 Truth and Beauty: Surviving Child Abuse	All
C7 Home Visiting: Parents and Children Learning Together	Basic
C8 Impact of Home Visiting: Education & Support within the Mother's Environment	Intermediate
C11 Helping Unmarried New Parents Make Healthy Decisions About Family Formation	Basic
C14 How to Start and Maintain a Healthy Fatherhood Initiative	Basic
D2 Discovering Temperaments	Basic
D4 Positive Discipline Techniques: Understanding & Overcoming	Intermediate
D5 Scrap Sculpture-Building Brains	All
D6 Building Partnerships with Parents	Basic
D7 Can I Do That? Should I Do That?	Intermediate
D11 The Effect of Affect - Emotional Development in Young and Old	Basic
D14 Learning Baby Lingo	Basic

Nurturing the Worker (NU)

A12 Your Office on Wheels - How to Be Organized	Basic
A16 One Size Does Not Fit All	Basic
B9 For People Like Us: Dealing with Stress and Negativity	All
C12 The Greydance - Celebrating Our Spiritual Journey	All
D10 You're All You've Got! (Well, Almost)	Basic
D13 "Care Packages"	Basic

Social-Emotional Well Being & Mental Health (SE/MH)

A8 Puzzling Out Family Centered Practice	Basic
A13 Introduction to Infant Mental Health Practice	Basic
A14 The Role of Play in Social-Emotional Development	Basic
A15 Misbehavior Misunderstood: Recognizing and Responding	Intermediate
B5 From Watching to Responding: Ways of Being "There" with Clients	Intermediate
B10 Promoting Social-Emotional Competency in Infants and Toddlers	Basic
B11 Early Symptoms of Mood Disorders in Young Children	Basic
C3 Musical Visits: Music, Movement & More (birth - five)	Basic
C6 Truth and Beauty: Surviving Child Abuse	All
C13 Reducing Misbehavior and Shame Through Play	Advanced
C14 How to Start and Maintain a Healthy Fatherhood Initiative	Basic
D11 The Effect of Affect-Emotional Development in Young and Old	Basic
D12 Fussy Baby: Crying, Cause, Comfort	Intermediate
D14 Learning Baby Lingo	Basic
D15 Using Parallel Process to Facilitate Learning in Nurturing Groups	Intermediate

Supervision (SU)

A16 One Size Does Not Fit All	Basic
B12 Home Visitor Evaluation: Growing More Effective Staff	Basic
D9 Keep'em Coming - Recruitment and Retention	Intermediate
D13 "Care Packages"	Basic
D15 Using Parallel Process to Facilitate Learning in Nurturing Groups	Intermediate

Basic = Audience has *limited* familiarity with topic

Intermediate = Audience has *some* experience with topic

Advanced = Audience has *considerable* experience with topic

General Conference Information

Mail Completed Conference Registration Form, with payment to:

Children's Trust Fund
ATTN: SFYC Conference 2004
235 S. Grand Avenue, Suite 1411
Lansing, Michigan 48933
Fax: 517-241-7038

Check, Money Order, Visa or Mastercard Payable to: Children's Trust Fund (CTF)

Registration Deadline: Monday, October 8, 2004

NO On-Site Registration

Cancellation Policy: Refunds will be granted less a \$15.00 processing fee if a written notice of cancellation is received by October 8, 2004. No refunds will be granted after that date, however registration may be transferred, upon request, from one participant to another at no additional charge.

Directions:

From US-131, North or South: Take Exit 85-B, Pearl Street. Take Pearl Street to the East. Cross over the river and the Hotel will be on your left. This is approximately ¼ mile from the highway.

From I-196, East (from Holland): Take US-131 South to Exit 85-B, Pearl Street. Turn left and go approximately ¼ mile. The Hotel will be on your left.

From I-96, West (from Lansing): Take I-196 to Downtown. Then take Exit 77-C, Ottawa Avenue. Go three (3) blocks to Pearl Street. Turn Right. Go two (2) more blocks and the Hotel will be on the corner of Pearl and Monroe.

Hotel Accommodations/Lodging: A block of overnight rooms have been secured at the Amway Grand Plaza Hotel, 187 Monroe N.W., Grand Rapids Michigan 49503, phone 800- 253-3590 or 616-774-2000, at a special SFYC Conference rate through October 8, 2004:

Single (1 person)	\$74.00	Triple (3 persons)	\$113.00
Double (2 persons)	\$93.00	Quad (4 persons)	\$133.00

This rate does not include tax. Please refer to the "SFYC" conference when making reservations. Deadline for receiving these special rates is October 8, 2004. Make your reservations early. Space is limited. The Amway Grand Plaza Hotel can recommend other nearby accommodations, if space is not available.

The Courtyard Marriott is nearby for those interested in staying off-site or if the Amway Grand Plaza Hotel block is filled. The Marriott's number is 616-242-6000 for reservations.

Meals: Continental breakfast is included in the registration fee. Lunch will be provided on Monday, November 8th as part of the Institute registration fee (whether attending separately or as part of the entire conference package). For other meals there are several restaurants in the Amway Grand Plaza Hotel and numerous restaurants in the downtown area.

Parking: Parking is available at \$10.00 per day for registered guests of the Amway Grand Plaza Hotel (\$15.00 for valet parking) with unlimited in and out privileges. Parking is available at hourly rates ranging from **\$8.00 - \$28.00 per day for non-registered hotel guests.**

Participant Identification: Participants must wear their name badge to all sessions. Institute and conference sessions may only be attended by participants registered for those sessions.

SB-CEUs: .5 State Board of Education Units (SB-CEUs) will be available, pending approval, for the full-day Institute sessions on Monday, November 8, 2004. Institute participants **MUST** sign in at the SB-CEU table by 9:00 a.m., Monday, November 8, and at all other designated times. The SB-CEU table will be located near registration in the Center Concourse, concourse level of the hotel. The SB-CEU table will be staffed from 8:00 – 9:00 a.m. Upon signing in, the SB-CEU attendance sheets will be distributed and the attendance verification procedure explained.

To receive SB-CEU credit it is mandatory that participants:

- √ Sign-in at the SB-CEU table by 9:00 a.m., Monday, November 8, 2004
- √ Pay the \$10.00 SB-CEU registration fee - payable to CTF
- √ Attend the entire Institute session
- √ Comply with all attendance verification procedures

Website: To obtain additional copies of this catalog, visit the Children's Trust Fund website at www.michiganchildrenstrustfund.org

Wellness Activities: Wellness activities are being offered for the first time as a part of the conference. Register for Wellness Activities at the Information Desk during open registration times. All participants will participate at their own risk. Sponsors, planning committee members and staff are not responsible for any injuries received while participating in these activities. See page 19 for list of activities and their times.

Workshop Assignments: Workshop assignments are made in order of registration receipt. Please indicate your first and second choice, per Institute and workshop session, on the registration form.

Workshop Tracks:

- AD Administration, Policy, Advocacy, Partnerships
- CD Child Development & Physical Health
- DI Diverse Populations
- HV/FI Home Visiting & Family Issues
- FL Family Literacy
- NU Nurturing the Worker
- SE/MH Social-Emotional Well Being & Mental Health
- SU Supervision

Workshop (Experience) Levels: These indicators reflect the experience level that participants should have in order to gain the most from workshop presentations. Levels are denoted with the following indicator (please note this is not the level of experience of the presenter):

- **Basic** - Audience *has limited* familiarity with topic
- **Intermediate** - Audience *has some* experience with topic, broaden knowledge or skills
- **Advanced** - Audience has **considerable** experience with topic, discuss underlying or deeper issues/concepts

Further Information: Contact Tricia Headley at the Children's Trust Fund, email headleyp@michigan.gov or phone (517) 241-7226 or visit the CTF Website at www.michiganchildrenstrustfund.org.



"My father gave me the greatest gift anyone could give another person, he believed in me." Jim Valvano



Wellness Activities



Recognizing the importance of staying healthy in order to do our jobs well, we are offering for the first time at the Supporting Families with Young Children's Conference an opportunity to rejuvenate your body, mind, and spirit through wellness related activities.

Dance Class - Tuesday, November 9 (River View Room)
12:15 - 1:00 p.m. & 4:45 - 5:30 p.m
Instructor: Angela Jensen

"Jazz" up your muscles and get ready to learn some new dance steps. You will learn a quick dance routine to get your blood pumping and your toes tapping. No experience necessary and two left feet, all shapes, sizes, abilities, and ages are welcome! Loose fitting clothes are the dress code and shoes are not required. First come first serve. Class size max. of 28. Sign-up early.

Yoga Class - Tuesday, November 9 - 6:30 - 7:15 a.m. (River View Room)
Wednesday, November 10 - 6:30 - 7:15 a.m. (River View Room)
Instructor: Kathy Florentine

Yoga will awaken you mind and body and prepare you for the rigors of the day. Class is geared toward the beginner, but those experienced with yoga will benefit as well. Wear loose, comfortable clothing and bring a mat, towel, or blanket. First come first serve. Class size max. of 28. Sign-up early.

Pilates - Wednesday, November 10 - (River View Room)
12:30 - 1:15 p.m.
Instructor: Aimee Raatz

Pilates is an exercise system focused on improving flexibility and strength for the total body without building bulk. This exercise system is most popular and, not surprising, some of the first people to use the Pilates Method were dancers such as Martha Graham and George Balanchine. This session is great for beginners as well as those more experienced in this exercise method. Wear comfortable clothing and leave you shoes at the door. First come first serve. Class size max. of 28. Sign-up early.

Chair Massage - Tuesday, November 9 - (Wellness Area located in Exhibitor Area)
12:30 - 5:00 p.m.
Wednesday, November 10 - (Wellness Area located in Exhibitor Area)
12:00 - 3:30 p.m.

Chair massage consists of the client resting on a specially designed chair as the therapist kneads, lifts, stretches, and percusses the muscles and soft tissues using a variety of techniques. No oils are used and no clothing is removed. Several chair massage stations will be set up at a designated wellness area in the Exhibitor/Vendor area. Sign up sheets will be located at the information table during registration and then located at the chair massage stations. There will a \$1.00 charge per minute, with a minimum of 10 minutes required.

All participants will participate at their own risk. Sponsors, planning committee members and staff of Supporting Families with Young Children Conference are not responsible for any injuries received while participating in this event or these activities.

**Register for "Wellness Activities" at the
Conference Information Desk
during Registration.**

♥ Conference Registration Form ♥

Supporting Families with Young Children November 8-10, 2004

Last Name _____ First Name _____
 Agency/Affiliation _____
 Address _____
 City/State/Zip _____
 Phone _____ Fax _____
 Email _____

(One form for each participant, please duplicate.)

CONFERENCE FEES:	Total
Institute, November 8 - \$95.00 (Committee Members - \$75.00)	_____
SB-CEU's, November 8 - \$10.00	_____
Two-day Conference, November 9-10 - \$125.00	_____
Institute & Two-day Conference, November 8-10 - \$200.00	_____
Total Amount Enclosed:	_____

**Make Check, Money Order, Visa or Master Card Payable to:
Children's Trust Fund - SFYC**

METHOD OF PAYMENT: Check or Money Order in US Funds VISA Mastercard

Card No. _____ Expiration date: _____

Name printed: _____ Signature: _____

**REGISTRATION DEADLINE: October 8, 2004
NO ONSITE REGISTRATION**

Check applicable boxes:

- Committee Member
- Institute Presenter
- Workshop Presenter

Volunteer Opportunity:

- Room Monitor (for a workshop you selected. We will notify you. Thank You!)

Website:

For additional copies of catalog with Registration Form, visit:
www.michiganchildrenstrustfund.org

Fill in the session numbers of your 1st and 2nd choice for an Institute and for Workshops:

	Mon. 1-12 9:00 - 4:30	Tues. A1-A16 10:30 - 12:00	Tues. B1-B15 1:30 - 4:30	Wed. C1-C16 10:45 - 12:15	Wed. D1-D16 1:30 - 3:00
1st Choice _____	_____	_____	_____	_____	_____
2nd Choice _____	_____	_____	_____	_____	_____

The committee will consider reasonable ADA requests made on this form and received by October 8, 2004. Please indicate your request: _____

Vegetarian? yes no

**MAIL TO: Children's Trust Fund, SFYC Conference
235 S. Grand Avenue, Suite 1411, Lansing, MI 48933
Fax: 517-241-7038**

Questions? Call (517) 373-4320



Jack M. Stack, M.D. Scholarship Fund

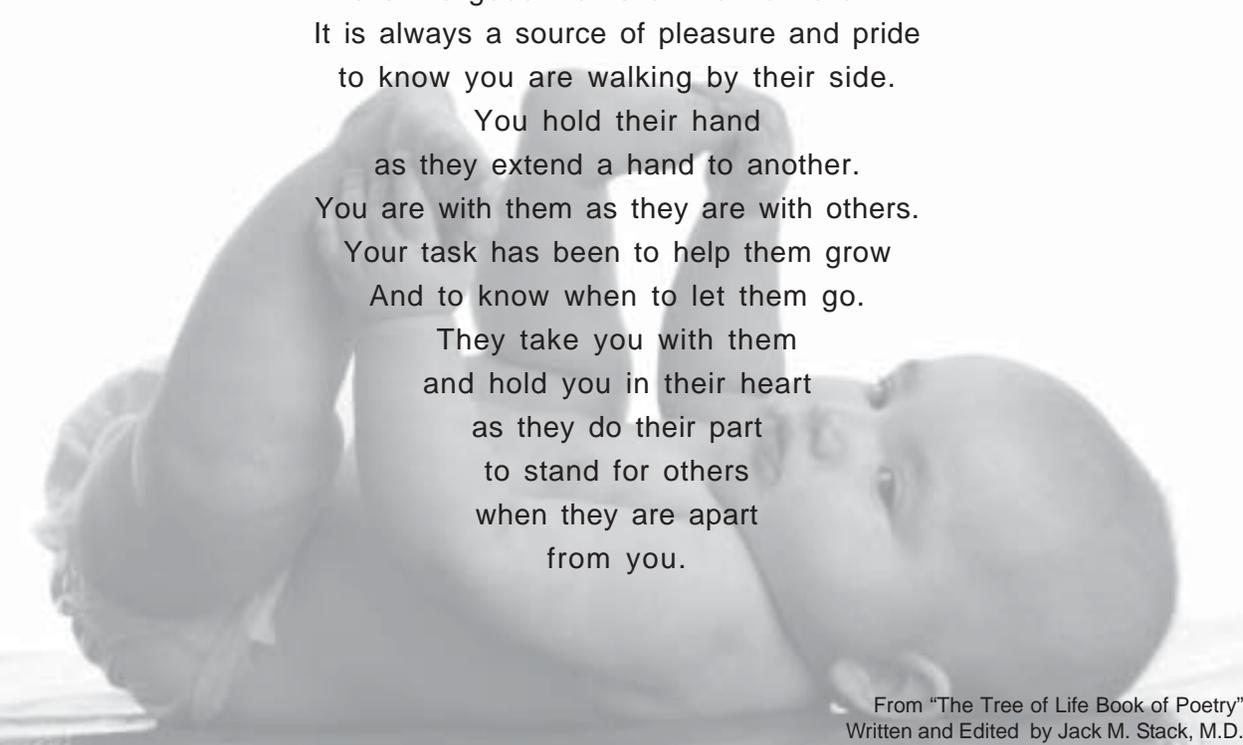


We are very fortunate this year to have monies available to offer scholarships to parents, who are receiving program services for a child, age birth to five, and to direct service/program staff, volunteer, and/or childcare staff, who are serving children 0-5 and their families. A portion of these monies have been made available by the Jack M. Stack, M.D. Scholarship Fund. Dr. Stack, M.D., was a Board-certified family practice physician and psychiatrist who practiced in Alma for most of his career.

Of the many vulnerable people Dr. Stack dedicated his life to, infants and toddlers were the most precious to him. He knew long before the evolution of infant mental health, as we know it today, that caring and nurturing environments were important to babies. In 1978, he established the Family Health Institute, a nonprofit corporation whose goal it was to study, understand, and promote these healthy relationships between babies and their caregivers. In 1996, The Selma Fraiberg Award was given to Dr. Stack for his lifetime achievements in the field of Infant Mental Health. It was bestowed upon him by colleagues who he cherished and it recognized his work in an area that was his life.

Funds raised from an event honoring Dr. Stack's lifetime achievements were used to help provide start-up money for the first SFYC Conference, at which Dr. Stack was a Keynote. As a way for Dr. Stack's family to honor their beloved husband and father, they are dedicating ***The Jack M. Stack, M.D. Scholarship Fund*** in his memory.

To All Our Children



Parents' greatest legacies
are the good works of their children.
It is always a source of pleasure and pride
to know you are walking by their side.
You hold their hand
as they extend a hand to another.
You are with them as they are with others.
Your task has been to help them grow
And to know when to let them go.
They take you with them
and hold you in their heart
as they do their part
to stand for others
when they are apart
from you.

From "The Tree of Life Book of Poetry"
Written and Edited by Jack M. Stack, M.D.

♥ SFYC Scholarship Application & Guidelines ♥

Application Instructions: Please provide the following information and fax/email this application, as well as the **conference registration form**, to Teresa Marvin (address below). Complete one scholarship application per scholarship requested.

Name (Print): _____

Address: _____

Telephone: _____ Fax: _____

Email: _____

Applicant is:

Parent (see Scholarship Guidelines 1a, below)

(Please give the name of the program where you receive services)

OR

Provider (see Scholarship Guidelines 1b, below)

(Please give the name of the Agency where employed and title of your position)

AND

Requesting scholarship for: (**choose one or the other**)

Institute Registration fee (\$95.00)

Conference Registration fee (\$125.00)

Scholarship Guidelines:

There are a limited number of scholarships available for the Supporting Families with Young Children Conference. The following guidelines apply:

1. Scholarships will be limited to those who are:
 - a. **Parent**, who is receiving program services for a child, age birth to five.
 - b. **Direct service/program staff, volunteer or child care staff**, who is serving children 0-5 and their families.
2. Scholarships will apply to the **conference or institute registration fee only, which includes registration for the conference but does not include travel, lodging, childcare, or meals.**
3. No more than **one scholarship** will be awarded to a service provider from an agency/program.
4. Those receiving scholarships may be asked to offer assistance during the conference, such as monitoring workshops, assisting with registration, etc.
5. All scholarship decisions are final. There is no appeal process for decisions made regarding the awarding of these scholarships.
6. Applicants will be notified of the date their application was received.
7. Applicants will be notified regarding the status of their scholarship application by 9/30/04.
8. Scholarships are not transferable. Only the person awarded the scholarship can register and utilize the scholarship.

Note: For agency/service staff, priority will be given to applicants who interact directly with families, parents and the community rather than executive directors, supervisors, program managers, etc.

Applications must be received by September 17, 2004.

Return this application along with the Conference Registration Form to:

Teresa Marvin, 235 S. Grand Avenue, Suite 415, Lansing, MI 48933

Fax: 517-335-7789 or Email: marvint@michigan.gov

Internal Use Only: Date Received: _____	Assigned #: _____
Geographic Location: _____	Status: _____
Notified of Receipt: _____	Notified of Status: _____

Many Thanks!



Many thanks to the Supporting Families with Young Children Conference Planning Committee members, their respective agencies, CTF staff, and all of the volunteers for their generous support in planning, preparing, and executing this year's Supporting Families with Young Children's Conference. It has been their efforts, time and energy that have made this year's conference possible.

Planning Committee Members:

Dawn Contreras, Children, Youth and Family Programs, MSU Extension
Renee DeMars-Johnson, Early Childhood and Parenting Programs, MDE
Tricia Headley, Children's Trust Fund
Deborah Jensen, Children's Charter of the Courts of Michigan
Debra Kade, Development Centers, Inc.
Kay Loftus, Children's Charter of the Courts of Michigan
Mary Ludtke, Mental Health Services to Children and Families, DCH
Teresa Marvin, Community Supportive Services, FIA
Laurie Nickson, Michigan Association for the Education of Young Children
Gayla Norris, Child Development and Care, FIA
Shannon Pavwoski, Michigan Head Start State Collaboration Program
Nancy Peeler, Family and Community Health, DCH
Lesley Phillip, Michigan Head Start Association
Bonnie Reno, Office of Financial Assistance, FIA
Julie Ribaud, Interdisciplinary Center for the Family
Natalie Riddle-Bashford, Foster Care & Protective Services, FIA
Dawn Ritter, Community Supportive Services, FIA
Jan Schultz, Spectrum Health-Healthier Communities
Mara Stein, Early Head Start
Deborah Strong, Children's Trust Fund
Jackie Wood, Early Childhood and Parenting Programs, MDE

A special thank you to the volunteers from the Grand Rapids area and the coordination of these efforts by the Kent County Child and Family Resource Council and the Grand Rapids Convention and Visitor's Bureau.



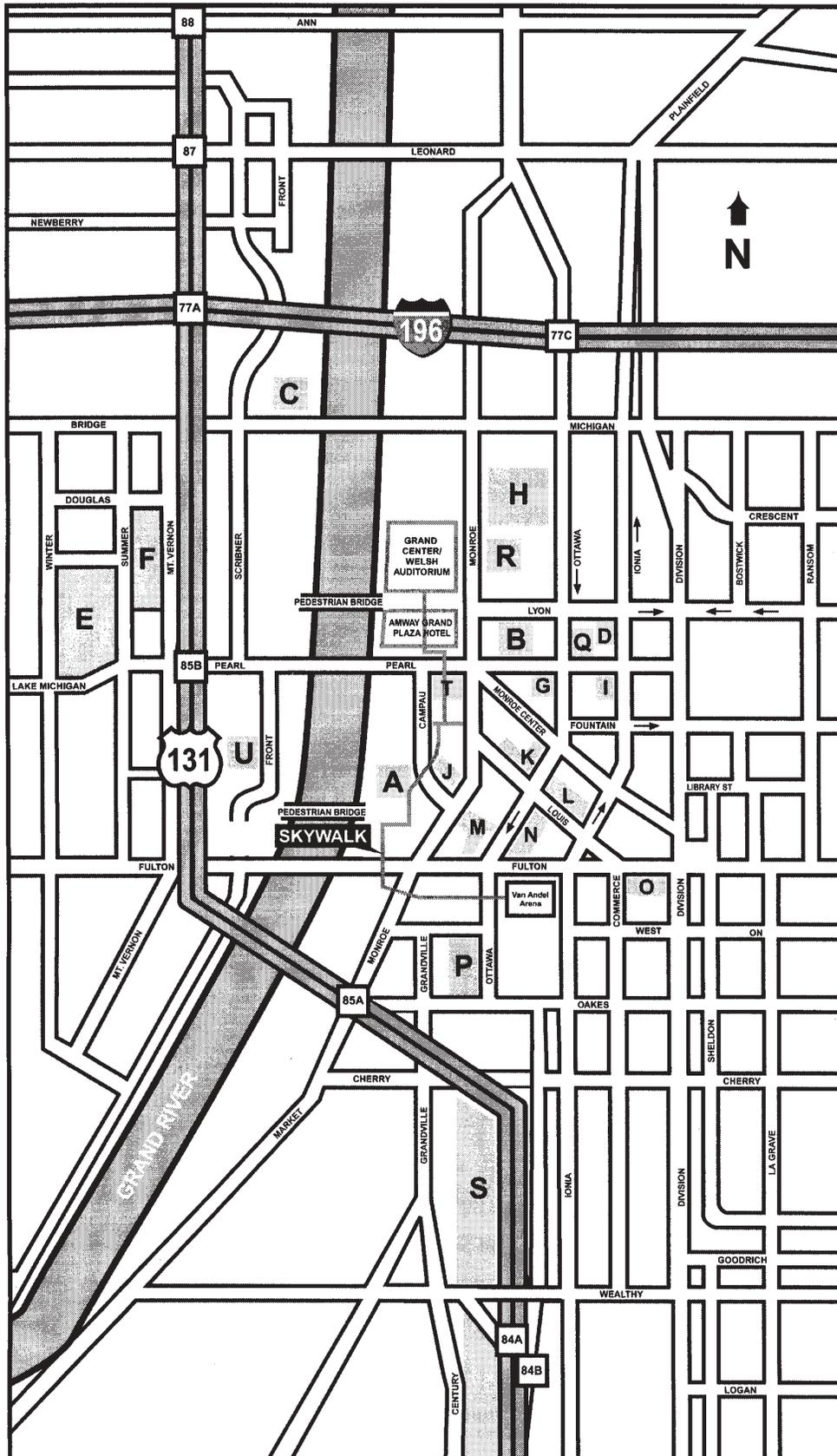
"Everyone has a purpose in life. . . a unique gift or special talent to give to others. And when we blend this unique talent with service to others, we experience the ecstasy and exultation of our own spirit, which is the ultimate goal of goals."

Deepak Chopra

Statement of Cosponsorship

Cosponsorship of a conference by the Michigan Department of Education assumes the active participation of Department of Education staff in the planning and development of the agenda. No person shall be denied the opportunity to participate on the basis of race, color, religion, national origin or ancestry, age, sex, marital status or handicap. The conference facility must meet accessibility standards for the physically handicapped. Commercial products or services displayed or presented as a part of the conference are not considered endorsed by the Michigan Department of Education.

Grand Rapids Downtown Parking Facilities



Grand Rapids Downtown Parking Facilities

- A. Ellis Lot
 - B. Ellis Ramp
 - C. Ellis Lot
 - D. Ellis Lot
 - E. DASH West
 - F. DASH West
 - G. Ellis Lot
 - H. Government Center
 - I. Pearl Ionia
 - J. Louis Campau
 - K. Moroe Center 1*
 - L. Monroe Center 2*
 - M. Monroe Place
 - N. Ottawa Fulton
 - O. City Centre*
 - P. DASH - Area 1
 - Q. Ellis Lot
 - R. Ellis Ramp
 - S. DASH - South Area 6
 - T. Amway Grand Plaza Lot
 - U. Public Museum Lot
- * Sixty minutes free parking – if you enter before 6:00 pm.

Prices

- A. \$1.00/half hour – \$7.95 maximum
- B. \$1.15/half hour – \$9.75 maximum
- C. \$1.00/half hour – \$8.00 maximum
- D. \$1.00/half hour – \$7.95 maximum
- E. \$1.00 coin
- F. \$1.00 coin
- G. \$1.15/half hour – \$9.75 maximum
- H. \$.90/half hour – \$8.50 maximum
- I. \$.90/half hour
- J. \$.90/half hour – \$7.50 maximum
- K. \$.90/half hour
- L. \$.90/half hour
- M. \$1.25/half hour
- N. \$.90/half hour – \$7.25 maximum
- O. \$.90/half hour – \$7.00 maximum
- P. \$1.00/half hour – \$8.25 maximum
- Q. \$1.15/half hour – \$9.75 maximum
- R. \$1.00/half hour – \$8.00 maximum
- S. \$1.00 coin
- T. \$1.50/half hour – \$20.00 maximum
- U. \$.80/half hour – \$7.00 maximum

Map provided by the Grand Rapids/Kent County Convention & Visitors Bureau
 For more information, please contact us at 616-459-8287.

HAVE YOU:

- Selected your Institute?
- Selected your Workshops?
- Signed up to Volunteer as a Room Monitor?
- Registered for SB-CEU's?
- Made check, money order or credit card payment to CTF?
- Mailed in your Registration Form?
- Made your hotel/lodging arrangements?

Mail Registration Form and Payment To: Children's Trust Fund

ATTN: SFYC Conference
235 S. Grand Avenue, Suite 1411
Lansing, MI 48933
Fax: 517-241-7226

Registration Deadline: October 8, 2004

NO ONSITE REGISTRATION



Special Evening for SFYC Conference Attendees
The CLUBShuttle

Tuesday, November 9, 2004
6:00 p.m. - 12:30 a.m.

There's a party going on downtown Grand Rapids and **CLUBShuttle** will take you there. **CLUBShuttle** is door to door service to the hottest nightclubs and restaurants in Grand Rapids. You'll pay no cover, no parking and wait in no lines. Our stops include The BOB, featuring four floors of entertainment, food and fun. You can dine in their Steakhouse, Fish House, enjoy wood-fired pizza or sample tapas.

Then head off to TAPS Sports Lounge and 48 West. TAPS showcases live entertainment where you can try your luck at Club Keno for big cash winnings. While 48 West boasts signature martinis in a fine dining atmosphere.

CLUBShuttle also stops at Sierra Room featuring casual dining in an elegant atmosphere, with an award winning wine list and incredible service. Dessert is a must at the Sierra Room, voted a Dining Excellence award in 2003 and a Wine Spectator Award for 2000 - 2004.

CLUBShuttle will pick up at the Amway Grand Plaza every 15 minutes and take you as our VIP Guests to one or all facilities. Only **CLUBShuttle** guests receive special discounts, waived covers and VIP service - it's a grand experience. **CLUBShuttle**.

CLUBShuttle is being offered as a service to Supporting Families with Young Children Conference attendees for **\$15.00 per person**.

Cover charge value - \$10-12.00

Parking value - \$7.00

Make check payable to: West Michigan Travel and Tour

Mail to: *West Michigan Travel and Tour*
251 Union Southeast
Grand Rapids, MI 49503
ATTN: SFYC Conference

You can also sign-up at the SFYC Conference Information Desk, by 3:00 p.m. Tuesday, November 9th. Registering ahead of time will help to ensure the shuttle service is a go.

What an easy way to see downtown Grand Rapids and to have fun!

Supporting Families With

Young Children

Conference
November 8 - 10, 2004
Amway Grand Plaza Hotel
Grand Rapids, MI

Conference Registration Deadline: October 8, 2004
Hotel Registration Deadline: October 8, 2004

CTF 250 (Rev. 8-04)
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Lansing, MI 48933

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Child Abuse America

Questions?
Contact: Tricia Headley
CTF at 517-241-7226

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