1. Must provide fall protection at 6’ or higher
   This includes:
   - Holes and skylights
   - Ramps and walkways
   - Wall openings
   - Roofs
   - Any other walking/working surface
   - Excavation over 6’ require barriers or guardrails if they are wells, pits, shafts, or similar OR if the excavation edge is not readily seen
     - Holes must be covered and covers must:
       - withstand twice-anticipated load
       - be marked “hole” or “cover”
       - be secured

2. Choices for fall protection include:
   A) Guardrail Systems
   B) Safety Net System
   C) Personal Fall Arrest System (PFAS)

3. Guardrails:
   - 42” high, plus or minus 3”
   - Toprail must support 200 lbs. outward and downward force
   - Midrails must support 150 lbs.
   - Wire rope must be flagged every 6’
   - Wire rope must not deflect more than 3”

4. Safety nets:
   - Fall distance into net no more than 30’
   - Nets extend beyond working surface 8’, 10’, or 13’ depending on distance below surface
   - 400 lbs. drop test required for nets

5. Personal Fall Arrest System (PFAS):
   - Anchorage must support 5000 lbs
   - Free-fall distance must be limited to maximum of 6’
   - Harnesses and lanyards must be inspected daily
   - Lanyards must be shock-absorbing
   - A Rescue Plan is required that will provide a means to retrieve a victim that has fallen and is suspended by their harness and lanyard

6. Overhand bricklaying has the option of using a controlled access zone

7. Workers on flat and low-sloped roofs have the option of using a warning line system. Six feet back from edge for roofers, 15 feet back for all other trades

8. Workers on steep roofs (greater than 4 in 12) must use either guardrails, nets, or personal fall arrest

9. Precast concrete erection workers must use either guardrails, nets, or personal fall arrest. Where infeasible, they must implement a written “fall protection plan”

10. Leading edge workers must use either guardrails, nets, or personal fall arrest. Where infeasible, they must implement a written “fall protection plan”