



## Michigan Occupational Safety & Health (MIOSHA)

### *DVD Catalog*

#### Loan Process

The Michigan Occupational Safety and Health Administration (MIOSHA), Consultation Education and Training (CET) Division, provides training video loan services through the following division:

MIOSHA Videos  
7707 Rickle Street, P.O. Box 30677  
Lansing, Michigan 48909-8177

E-Mail: [mioshavidoes@michigan.gov](mailto:mioshavidoes@michigan.gov) or  
Fax No. 517-284-2920  
Telephone 517-284-2928

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Laboratory and Equipment Services Section (LESS)  
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Lansing, Michigan 48909-8177
- Questions regarding this training video lending service may be directed to:  
MIOSHA  
Consultation Education and Training Division  
525 W. Allegan Street, P.O. Box 30643  
Lansing, Michigan 48909-8143  
517-284-7720

Listing by:

- Titles by Subject
- Alphabetical Listing
- Spanish Videos

[Link to Order Form](#)

<b>Explanation of Abbreviations (CC/Sp/SP&amp;P&amp;F)</b>	
<b>CC</b>	Closed caption - text displayed on the screen to provide additional interpretive information to viewers.
<b>Sp</b>	Available in Spanish also
<b>SP&amp;P</b>	Available in Spanish & Portuguese also
<b>SP&amp;P&amp;F</b>	Available in Spanish, Portuguese, & French also

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## ALPHABETICAL LISTING

- A BIT ABOUT BACKS (1993)** 700 **cc**  
*40:00 minutes (Modules 1, 2, & 3)*  
 Covers back basics, risk factors and prevention strategies. Focuses, in a humorous way, on back care in day-to-day living - on and off the job. Will help employees understand how their backs work and how to make choices to protect them from injury.  
[2017 MIOSHA Review: Good, funky music at beginning. Good humor \(entertaining\). Covers great basics.](#)
- ABOUT FIRE PREVENTION AND RESPONSE (concise)** 1134 **Sp**  
*11:15 minutes*  
 Work materials, equipment and other objects are all at risk for catching on fire in our workplaces. Correcting fire hazards and knowing how to respond to a fire can prevent injuries and save lives. This program discusses how workers can prevent fires and how they should respond should one occur. Topics include classes of fire, good housekeeping, storage of flammable materials, hot work precautions, responding to fires. The DVD includes the Spanish version at no extra charge.
- ABOUT THE SAFE OPERATION OF  
 ARIAL WORK PLATFORMS (concise)** 1135 **CC/Sp**  
*11:42 minutes*  
 Unsafe operation of aerial work platforms, also known as elevated work platforms (including boom lifts and scissor lifts), often has devastating consequences. Making sure these mobile and

elevating work platforms are operated in a safe manner must be the operator's top priority. This program discusses the safety precautions these workers must follow to prevent injuries and property damage. Topics include operator training, pre-operational inspection, mounting and moving the lift, basic safe work practices, and lowering and dismounting the platform.

**ACTIVE SHOOTER AND WORKPLACE VIOLENCE** **1080**

*10:00 minutes*

Emergencies involving violence are unfortunately a real possibility in today's workplace. This can also include encountering an active shooter on the premises. One of your job responsibilities is to be prepared and know how to respond should such an emergency occur at your workplace. Knowing the proper procedures to follow during an emergency could mean the difference between life and death. The purpose of this program is to familiarize you with basic response practices when encountering workplace violence, practices that will help you to be prepared for and to respond to a violent emergency. Topics include indicators of potentially violent behavior, how to respond to violent behavior, how to respond to an active shooter situation and how to react when law enforcement arrives at an active shooter scene.

**AERIAL LIFT SAFETY (1990)** **729** **CC/Sp**

*13:30 minutes*

Training program for all employees who operate or work around aerial lifts. Real-lift in chemical and manufacturing facilities, refineries, and municipalities. Subjects include pre-operation inspection; preparing the work site; vehicle stabilization and traveling; safe work practice on platforms; and working near electrical lines.

[2017 MIOSHA Review: This is an older video but still relevant.](#)

**ANTICIPATION, RECOGNITION, EVALUATION, AND CONTROL OF WELDING HEALTH HAZARDS** **1039**

*7-hour course*

Six DVDs include:

- Chapter 1: Introduction and Overview
- Chapter 2: Anticipation and Recognition Part A
- Chapter 2: Anticipation and Recognition Part B
- Chapter 3: Evaluation of Welding Health Hazards
- Chapter 4: Control
- Chapter 5: Applied Ventilation for Hotwork in Confined Spaces

**ARC FLASH SAFETY AWARENESS (2009)** **1008**

*25 minutes*

Every day, 16 workers are injured in electrical accidents - some fatally. Give your workers comprehensive grounding on safety measures that comply with NFPA Standard 70E. This award-winning program explains the facts on electrical shock, arc flash and arc blast.

- Arc flash hazards
- Electrical safety program
- Hazard analysis
- PPE
- Safe work practices

**ARTICULATED LADDER SAFETY TRAINING (2014)** **1127** **Sp**

*25:17 minutes*

During this presentation, you are shown the proper techniques to select, inspect, use and care for articulated ladders.

**ASBESTOS AWARENESS: UNDERSTANDING THE RISK** 1062 **Sp&P**  
*25 minutes*

When it comes to asbestos, it's better to be safe than sorry. This program provides you with the basics of safe asbestos use – facts, risks, uses, dangers, and protection measures:

- Three forms of asbestos
- Adverse health effects
- Where asbestos can be found
- Hazard communication
- Personal protection
- Housekeeping requirements.

2016 MIOSHA Review: Please note – this DVD does not meet the required two-hours in length for school AHERA compliance and Class IV construction work. Parts 305, 602 and AHERA require additional information be provided regarding the locations and quantities of ACM/PACM in specific buildings/facilities where employees work. Customer should refer to the applicable regulation for compliance purposes. If you have questions, please contact MIOSHA's Construction Safety and Health Division at 517-284-7680.

**BACK INJURY PREVENTION: YOU'RE IN CONTROL** 861 **cc**  
*16:30 minutes*

Back injuries can affect any industry, any company, any person and their family. Learn how the back works, risk factors, common injuries, posture, lifting, physical condition, stretches, and exercises.

2017 MIOSHA Review: Kind of corny in the beginning but it does have good information once you get past the start.

**BACK SAFETY: EXERCISE AND ERGONOMICS** 1061  
*15 minutes*

They say you never notice the parts of your body until they hurt. This video stresses the importance of back safety training and discusses not only the risks involved in everyday body movement, but also the ways to prevent those risks from turning into debilitating back injuries. This back safety video presentation stresses a proactive approach including proper health through exercise and ergonomics safety. Information is offered on how to properly move through each day without adding undue strain and stress on the body. Viewers will be shown a range of basic stretching techniques as well as other methods and tips for safe lifting and healthy movement. Things such as a safety squat, ergonomic lifting, back injury prevention, stretching techniques and general OSHA lifting training are all covered in detail.

**BACK SAFETY FOR HEALTH CARE PROVIDERS** 1136  
*9:08*

Explains how the back works, body mechanics and how each employee can make the proper decision when lifting anything, even in unusual situations.

**BACK SAFETY: LIFT FOR LIFE** 1027 **CC/Sp**  
*15:00 minutes*

Teaching employees to follow proper lifting techniques and the basics of back safety can prevent many of the causes of back injury. Help prevent incidents, accidents, and associated costs of back injury by educating employees with this engaging program. This program covers:

- Common Back Injuries
- Proper Posture
- Reducing the Hazard
- Accessing the Lift
- Lifting Safely
- Other Risk Factors

**BACK SAFETY: LIFT WELL, LIVE WELL (2001)**

**914 CC/Sp**

*15:00 minutes*

Remind your employees that it's far better to take care of their backs before pain sets in with this valuable program. It teaches workers how to "head off" back pain by using their heads and always being aware of how to protect their backs from injury, through careful lifting and invigorating exercise.

[2015 Customer Comment: Great information in this DVD!](#)

[2018 MIOSHA Review: Up to date information.](#)

**BACKS, A BIT ABOUT**

**700 CC/Sp**

*40:00 minutes*

Covers back basics, risk factors, and prevention strategies. Focuses, in a humorous way, on back care in day-to-day living, on and off the job. The modules will help employees understand how their backs work and how to make choices to protect themselves from injury.

**BASIC TRAINING FOR GROUND OPERATIONS  
IN TREE CARE (5 DVD set) (2007)**

**1005**

*70:25 minutes*

Five video set with contributions from Peter Gerstenberger and Bob Rouse of TCIA, and Ken Palmer of ArborMaster TM Training. Titles are: *An Orientation to the Arboriculture Profession*, *Vehicle Safety*, *Job Planning & Preparation*, *Working Safely & Efficiently* and *Brush Chipper Operation & Maintenance*.

**An Orientation to the Arboriculture Profession (Length 11:57)**

- Some of the benefits and aspects of tree care as a career choice
- How to recognize and avoid the common hazards associated with tree work

**Vehicle Safety (Length 9:30)**

- Pre-trip vehicle inspections
- Defensive driving and traffic control
- Backing up and dumping

**Job Planning & Preparation (Length 11:42)**

- How to perform job site inspections
- The importance of the work plan, the job briefing and emergency preparedness

**Working Safely & Efficiently (Length 21:09)**

- Safe, efficient procedures and practices
- Topics such as assisting the climber, chain saw operation, command and response, and much more!

**Brush Chipper Operation & Maintenance (Length 16:07)**

- Safe practices with the traditional drum chipper as well as hydraulic in feed disk and drum chippers

- Major safety issues associated with hooking up, towing, operation and maintenance

**BASIC TRAINING FOR TREE CLIMBERS (5 DVD set) (2007) 1006**

*2 hours 3 minutes*

International tree climbing champs Ken Palmer and Rip Tompkins team up with veteran climbing instructor Robert Phillips to demonstrate the skills required to become a top-production tree climber. Five video set includes:

- Getting Started
- Rope Installation & Ascending
- Climbing Spurs
- Tying-In & Positioning; and
- Working the Tree.

**Getting Started (Length 37:00)**

- Pros and cons of the various types of climbing gear
- The importance of a daily gear inspection and preclimb inspection of the tree and site
- How to tie important knots and climbing hitches

**Rope Installation and Ascending (Length 29:00)**

- Techniques for installing a throwline
- Detailed instruction in body thrust & footlock climbing

**Climbing Spurs (Length 18:00)**

- Selecting, fitting and maintaining spurs
- Proper spur climbing technique

**Tying-In and Positioning (Length 21:00)**

- Selecting a tie-in point that is safe and effective
- How to advance the climbing line and use the personal lanyard
- How to install and use a false crotch or redirect

**Working the Tree (Length 18:00)**

- How to re-crotch and double crotch
- Techniques for limb walking

**BEAT THE HEAT: PREVENTING & TREATING HEAT DISORDERS (2007)**

**963 CC/Sp&P**

*17:00 minutes*

Heat stress seems like a minor inconvenience, but for workers in the heat, it can cause bodily harm, worksite accidents and even death. Items covered in the video are: thermo-regulation of the body, replenishing fluids, and prevention and treatment.

**BED BUGS: FACTS AND PREVENTION**

**1137**

*9:41 minutes*

Bedbugs have made a comeback in the US due to increased international travel. Bedbugs can crawl out of a traveler's suitcases and establish themselves in hotel rooms. A Bedbug problem can be quite expensive. In fact, an outbreak could lead to serious litigation and large settlements and loss of business. Can your property afford it? This program trains your employees to spot bed bugs so they can be caught in the early stages and remediated before a major infestation occurs.

**BEHAVIOR BASED SAFETY: MAKE THE RIGHT DECISION 994**

*10:24 minutes*



Using scientifically proven training and reinforcement techniques, behavior-based training encourages personal responsibility for safety from everyone in your organization. It identifies and rewards safe behavior, rather than affixing blame for unsafe behavior. This is part two of a four-part series that presents behavior-based safety to staff and crew members. It explains the theory behind behavior-based programs and their part in making the system work.

**BEHAVIOR BASED SAFETY: STARTING THE PROCESS 995**

*11:56 minutes*

Using scientifically proven training and reinforcement techniques, behavior-based training encourages personal responsibility for safety from everyone in your organization. It identifies and rewards safe behavior, rather than affixing blame for unsafe behavior. This is part three of a four-part series that gives step-by-step instructions on starting and implementing a behavior-based safety program.

**BEHAVIOR BASED SAFETY: THE KEY COMPONENTS 996**

*14:51 minutes*

Using scientifically proven training and reinforcement techniques, behavior-based training encourages personal responsibility for safety from everyone in your organization. It identifies and rewards safe behavior, rather than affixing blame for unsafe behavior. This is part four of a four-part series that supports maintaining the program and give detailed instructions on ensuring its effectiveness.

**BEHAVIOR BASED SAFETY: THE MANAGER’S ROLE 997**

*14:36 minutes*

*Facilitator’s guide included.*

Using scientifically proven training and reinforcement techniques, behavior-based training encourages personal responsibility for safety from everyone in your organization. It identifies and rewards safe behavior, rather than affixing blame for unsafe behavior. This is part one of a four-part series that explains how managers can move from the ineffective “safety cop” role to successfully influencing their staff’s safety behavior.

**BIOLOGICAL THREATS IN HEALTHCARE: IDENTIFY & RESPOND (2005) 964 Sp**

*19:58 minutes*

Every day healthcare providers are exposed to potentially infectious bodily fluids. Today, workers must also be concerned about exposure to biological threats. In this vital program, employees will learn about the six major biological agents and how to effectively cope with exposure emergencies. Topics covered are: six major biological agents; symptoms, transmission, treatment and infection control; biological disaster preparedness; chemical attacks; clinical management of infected patients; and "all hazards" approach to facilities planning.

**BLOODBORNE PATHOGENS: GENERAL AWARENESS 1138 CC/Sp**

*11:56 minutes*

Bloodborne pathogens are dangerous micro-organisms that can cause disease in humans. These micro-organisms are carried in the blood stream and other bodily fluids. This video provides general awareness training for all employees on the dangers of bloodborne pathogens, how to protect yourself from them and ways to minimize the risk of transmission.

**BLOODBORNE PATHOGENS FOR HEALTHCARE 1026 CC/Sp**



*15:58 minutes*

This program encourages personnel within the industry to use standard precautions – a combination of Universal Precautions and Body Substance Isolation. This means that all blood, body fluids, secretions, excretions (except sweat), no intact skin, and mucous membranes may contain bloodborne pathogens. This program covers:

- What bloodborne pathogens are
- How to protect yourself
- Diseases that could be transmitted
- What to do if exposure does occur
- Potential exposure routes

**BLOODBORNE PATHOGENS: TAKE PRECAUTIONS (2008)      921      CC/Sp&P**

*13:00 minutes*

This valuable program teaches employees to protect themselves from bloodborne pathogens by learning about the three types of viruses and how they spread, plus what they can do to prevent infection, from avoiding exposure to blood to cleaning up after accidents occur.

[2017 MIOSHA Review: Up to date. Good basic overview.](#)

**BLOODBORNE PATHOGENS TRAINING FOR HOSPITALITY      1139**

*9:28 minutes*

This video meets the training requirements for employees working in service, hospitality, and foodservice industries. Designed for workers identified as first aid/CPR providers or whose jobs may expose them to blood or blood-exposed body fluids, linens or clothing. Explains exactly what bloodborne pathogens are, their potential effects on employee health, and how to reduce exposure to BBP, HIV, and/or HBV.

**BLOODBORNE PATHOGENS: UNIVERSAL PRECAUTIONS      1025      CC/Sp**

*13:54 minutes*

Bloodborne pathogens are infectious materials found in blood and other bodily fluids that cause disease in humans. This program will keep workers informed about situations where infections from blood and other body fluids are a risk factor.

This program uses real life scenarios, on-site footage, and high-end animation to provide employee's with the knowledge and training necessary to protect themselves and their co-workers. No matter the occupation, the risk of encountering bloodborne pathogens is present. Teach your workers the hazards of bloodborne pathogens and how to reduce the risk of exposure.

This program covers:

- What bloodborne pathogens are
- Diseases that could be transmitted
- Potential exposure routes
- How to protect yourself.

**BODY MECHANICS IN HEALTHCARE      1140**

*13:49 minutes*

The purpose of using proper body mechanics is simple...To Prevent Injury. One of the most strenuous and potentially hazardous parts of home health-care is bending, stretching and reaching. This program teaches how to reduce risk and prevent injury. Lift assist equipment such as gait belts, bath boards, grab bars and others are discussed as ways to reduce lifting demands. Viewers are taught to properly assess their environment and correct hazards before incidents occur. Safe Client Transfers and Ambulation are addressed in detail.

## **BREATHE SAFELY:**

### **THE PROPER USE OF RESPIRATORY PROTECTION (2018) 1133**

*17 minutes*

Exposure to the gases, dusts, mists, and fumes of hazardous chemicals can cause lung damage, cancer, and other serious conditions of the respiratory and central nervous systems as well as other organs. Your organization has implemented a written respiratory protection program to protect workers from the adverse health effects of airborne contaminants while performing your job. The purpose of this program is to provide employees with an understanding of the respiratory hazards they may encounter in their work areas and how to use the proper respiratory protection to prevent exposures to such hazards.

- How medical evaluations and fit tests are conducted.
- What the efficiency ratings and classes of particulate filter respirators are.
- Why it is critical to use the proper cartridges in chemical cartridges and replace them according to schedule.
- What the benefits of using a powered-air purifying (PAPR) are.
- Why an SCBA or SAR must be worn in IDLH atmospheres.
- How to perform both a positive and negative pressure user seal check.
- How to properly clean, disinfect and store a respirator.

[2018 MIOSHA Review: Up to date.](#)

## **BULLYING AND OTHER DISRUPTIVE BEHAVIOR FOR EMPLOYEES**

**1141**

*17:09 minutes*

Fear, anger, frustration, humiliation, helplessness... these feelings shouldn't be part of anyone's job description. But they can be common in workplaces where bullying and other disruptive behavior is a problem. Your customers know that this type of behavior interferes with the functioning of a workplace, disturbs and threatens employees and can even affect their health... and that it can also damage a company's business and reputation. Employees and managers both need to understand bullying and disruptive behavior, and know what to do to prevent it or shut it down. *Bullying and Other Disruptive Behavior: for Employees* discusses how to recognize bullies and disruptive people, explains the impact their behavior can have and outlines the steps employees can take to help address these problems.

## **BURIED TRUTH UNCOVERED, THE (2009)**

**1019**

*40:00 minutes*

Eric Giguere, a 33-year-old former construction worker from Waterloo, NY, shares his story of how he was buried alive while working in a trench. Eric explains the circumstances and events that led up to his accident and the profound effects it has had on him and his family for the last six years. Eric speaks from the heart with a desire for the listeners to learn from his death defying safety message. He has a very genuine approach and the intent of his presentation is to prevent this experience from ever happening to anyone again. Eric explains how he is an average guy and a series of extraordinary events left him with an unbelievable story to tell. Once you have heard Eric's story, damage prevention will be more important to you than ever before.

[2016 MIOSHA Review: Excellent video!](#)

## **CAUGHT IN OR BETWEEN HAZARDS IN CONSTRUCTION ENVIRONMENTS**

**1142**

*13:48 minutes*

This safety training video provides the information employees need to recognize the caught-in/between hazards that are associated with construction tasks and avoid them before accidents happen. Caught-in/between accidents occur when a person is squeezed, caught, crushed, pinched or compressed between two or more objects. They are one of the four top causes of fatalities in construction work, and can result in serious injuries as well. Topics covered in this program include the three major types of caught-in/between hazards; vehicles and heavy equipment; powered tools and machinery; and more.

**CELL PHONES IN THE WORKPLACE: 1056**  
**A DANGEROUS DISTRACTION**

*15 minutes*

Our cell phones are powerful tools that allow us to have instant access to information and communication. When used appropriately, these devices can make our lives easier and more enjoyable, but when used at the wrong time and in the wrong manner, these same devices can get us in trouble at work and cause serious injury. This program discusses how sending and receiving text messages can cause us to lose focus on doing our jobs safely and efficiently as well as the importance of always following your company's policy regarding cell phone use. Also featured are several workplace scenarios that illustrate the tragic consequences of ignoring these policies in order to text when it is unsafe or prohibited. Other topics include how cell phone use adversely affects our production level, following the company plan for emergency contact, appropriate use of company-owned cell phones and why we must have the courage to speak up and refuse to participate in unsafe and inappropriate texting.

[2016 MIOSHA Review: Great video!](#)

**COACHING SAFETY PERFORMANCE: 965 Sp&P**  
**JOB SAFETY ANALYSIS (2008)**

*12 minutes*

Job Safety Analysis (JSA) is a way of planning ahead, a way to spot problems before they become accidents. JSA focuses only on those steps that create a hazard to the safety or health of personnel. This program is designed to help prepare a JSA: preparing for the JSA, self-inspection; and identifying job steps.

[2017 Customer Review: Very well done.](#)

**COMBUSTIBLE DUST: INCIDENT PREVENTION 1024 CC/Sp**

*12:00 minutes*

Dust explosions are serious problems that reach a wide range of industries. During the past 25 years, there has been a reported 281 major combustible dust incidents reports, killing 119 and leaving over 720 workers injured as well as causing multi-million dollars in property damage. This program will ensure to educate your employees on alertness of hazards and teach a commitment to following good housekeeping and safe work practice. Topics covered include:

- Hazards of combustible dust
- Safe work practices
- Preventing dust explosions
- Emergency procedures

**COMPETENT PERSON & SOILS TESTING, THE 1023**

*27 minutes*

What every competent person needs to know including:

- Who is the "competent person" & responsibilities
- Soil classification system
- Five easy field tests for determining soil types
- How to be prepared for and handle an OSHA inspection.

## **COMPRESSED GAS CYLINDERS**

**758** **CC/Sp**

*14:45 minutes*

Improper handling of compressed gas cylinders can cause devastating damage and severe injuries. Educate your employees on the proper handling of compressed gas cylinders with an increased awareness and respect for the hazards associated with compressed gas cylinders. This video covers: potential hazards; pre-use inspection and testing; best safety practices for handling and use; and proper storage and transportation.

[2015 MIOSHA Review: 10 out of 10! Good training DVD.](#)

## **COMPRESSED GAS CYLINDERS IN THE LABORATORY**

**1090**

*15 minutes, 2011*

The energy possessed by a compressed gas cylinder can make it a virtual missile if it is not handled with the utmost care. And a leaking cylinder or fitting can lead to asphyxiation, a fire or even an explosion. Since compressed gas cylinders are frequently used in many laboratories, employees need to be familiar with the precautions that should be taken when dealing with them. This program on handling compressed gas cylinders examines how gas cylinders work, the hazards that are associated with them and the need for caution when using or storing a cylinder.

This video has been updated for 2014 with the new GHS Standard. Topics covered also include:

- The four ways to compress gases.
- Hazards associated with compressed gases.
- Proper storage procedures.
- Marking and labeling.
- Handling cylinders safely.
- Connections and fittings.
- Leak detection.

## **CONFINED SPACE ENTRY – GENERAL INDUSTRY AND CONSTRUCTION**

**1043** **CC**

*26:11 minutes*

Comprehensive Confined Space Entry training updated standards. Addressing the Confined Spaces Standards for both general industry and construction. In 1993 OSHA issued the Permit-Required Confined Spaces Standard for General Industry. The Confined Spaces in Construction Standard extends similar protections to workers in the construction industry. The new Standard also clarifies many points in the earlier General Industry rule. And depending on the tasks their workers will be performing in the Permit Space, many employers that don't normally consider themselves to be in the construction business may find that the Construction Standard applies to them, as well. You can provide all of these employers with critical information on how to stay compliant with OSHA's regulations and keep their workers safe in confined spaces. The Confined Space Entry training program provides employees with current facts on confined space hazards, how a Permit Space Program reduces these risks, what roles they may play in a confined space entry, how to keep themselves and their co-workers safe inside, and more.

## **CONFINED SPACES: ENTRY TEAM TRAINING – CONSTRUCTION ACTIVITIES**

**1114** **CC**

25 minutes, 2015

Helps employees meet requirements of the new MIOSHA standard regarding construction activities in confined spaces.

**CONSTRUCTION ELECTRICAL SAFETY (2008)**

**1012**

**Sp**

*10 minutes*

Electricity is an invaluable tool in construction but if handled improperly even a small amount of current can cause injury or death. This program shows how to recognize and avoid electrical hazards. Subjects covered include ground fault circuit interrupters, lockout/tagout; extension cords, personal protective equipment, power tools, elevations for unguarded live parts and open conductors, and what to do if you ever encounter someone who has accidentally been electrocuted.

**CONSTRUCTION SAFETY ORIENTATION (Safety Bob)**

**1132**

*22 minutes*

With over 25 years of experience as a construction safety professional, Bob Synnett is dedicated to teaching construction workers safe work practices in his training video. Bob shows various construction hazards and points out that individuals are the only ones responsible for their own safety. Although employers and OSHA can assist in addressing safety issues by requiring all workers to follow PPE at work regulations, it is up to the individual workers to carry out safety precautions and wear safety personal protective equipment.

Bob's safety training video will cover the following key points on construction safety:

- The types of Personal Protective Equipment (PPE) worn on construction sites and the importance of always wearing these when required.
- Procedures for staying safe when working in and around excavation and trenching operations.
- Safe work practices for working on ladders and scaffolding.
- Types of fall protection and why it is crucial to know which type is necessary and how to use it properly.
- Precautions that must be followed when working with and around electricity.
- General jobsite safety practices required for construction work.

**CRANE INSPECTION**

**1022**

**CC/Sp**

*18 minutes*

Would you bet your life that your crane is up to its job? Did your last lift stress your crane almost to the breaking point? To stay alive and keep co-workers safe, you need to make sure your crane is ready to do the job - and the best way to do that is with a crane inspection. Program includes:

- Daily and monthly inspections
- Rigging
- Preparing for inspection

**CRANE RIGGING SAFETY**

**932**

**CC**

*16 minutes*

In this video, you will learn how to rig a safe lift. This includes selecting slings and hitches, setting up the rigging, and stabilizing the load.

**CRANE OPERATIONS: HAND SIGNALS**

**1074**

**Sp**

*14 minutes*

Crane operations are an integral part of any worksite, employing and potentially endangering approximately 250,000 operators and workers. The signal person plays a critical role in safe crane operations, giving the operator a second pair of eyes on the ground. Ensuring your workers know and understand the universal, non-verbal hand signals that are used while working with and around these potentially dangerous and massive machines as well as:

- The signal persons role
- Best work practices
- Standard hand signals

## **CRANE SAFETY: MOBILE CRANES**

**978**

*14:40 minutes*

Crane incidents are nearly always serious accidents with catastrophic and costly consequences. Ironically, most crane incidents are preventable. Topics covered in this video are: load chart interpretation and usage, quadrants of operation, outriggers, and hazards in operating environments.

## **CRANE SAFETY: OVERHEAD OPERATIONS**

**909** **CC/Sp**

*18:30 minutes*

*Facilitator's guide included.*

Crane incidents are nearly always serious accidents with catastrophic and costly consequences. Ironically, most crane incidents are preventable. Overhead Operations covers different types of cranes, pre-operation inspections, hand and light signals, and weight capacity.

[2018 MIOSHA Review: Good information to supplement crane safety training.](#)

## **CRANE SIGNAL PERSON – BASIC TRAINING**

**1021**

*18:00 minutes*

Crane Signal Person Basic Training is an important resource to help crane signal people and crane operators learn the 20 standardized hand signals as described in ASME B30.5 and OSHA 29 CFR 1926. This program presents:

- A general overview of crane operations and limitations
- Clear demonstrations of the 20 standard crane hand signals
- An explanation of correct voice signal communication
- Guidelines for using non-standard and new signals
- Basic safety practices for a crane signal person

[Customer Comment: Content is specific to construction industry cranes.](#)

## **CRYSTALLINE SILICA EMPLOYEE TRAINING**

**1122** **CC**

## **CRYSTALLINE SILICA EMPLOYEE TRAINING**

**1121** **CC**

**(concise version)**

*15 minutes or*

*9 minutes*

Crystalline silica is a naturally occurring substance used in a wide variety of industries and construction operations, such as the production of cement, sandblasting operations and the production of glass and ceramics. While silica has many valuable uses, it can also present a danger when workers are exposed to excessive amounts of crystalline silica dust. In fact, each year there are hundreds of deaths and thousands of illnesses attributed to harmful exposures to silica dust.

To help prevent such exposures, OSHA recently issued regulations for general industry and maritime operations as well as the construction industry. This program discusses key



requirements of the silica standards as well as basic safe work practices that employees should follow to protect themselves from harmful exposure to crystalline silica. Topics include:

- Effects of Exposure
- Engineering Controls
- Work Practice Controls
- Respiratory Protection
- Table 1 of the Construction Regulation

2017 MIOSHA Review: [Up to date. Silicosis is not curable, but it is preventable!](#)

**DAN PETERSEN'S SAFETY MANAGEMENT SERIES (2007)**      **945**      **CC/Sp**  
**(2 DVD's)**

**DEADLY DUST III**      **1038**  
*22 minutes*

Deadly Dust II (a remake of Deadly Dust I) explains how a dust explosion occurs and shows news footage from several dust explosions. Deadly Dust III places more emphasis on the responsibility of the employee and features two employees who survived a major dust explosion. Everyone, especially new employees, should view Deadly Dust II before being shown "Deadly Dust III.

**DEALING WITH DRUG AND ALCOHOL ABUSE**      **1124**  
**FOR EMPLOYEES**

*18 minutes*

The first in a two-part series on dealing with drug and alcohol abuse in the workplace, the training program "Dealing with Drug and Alcohol Abuse... for Employees" discusses the various types of substance abuse that are found in the workplace, how they can affect an employee's work situation and what employees themselves can do to help keep their workplace drug and alcohol free. The program includes information on:

- How substances are typically abused by employees
- Alcohol and other depressants, and their effects.
- Stimulants, narcotics and hallucinogens, and their effects.
- How people get "hooked" on drugs and alcohol.
- Drug dependency.
- Alcohol and drug policies.
- Helping employees overcome substance abuse.

2017 MIOSHA Review: [Great, concise information without overstepping. Supportive of employers' efforts/programs. Good length, solid and believable information. Great at explaining the types and forms of abuse and offering solutions. Good effort on preventing abuse in the first place. Can be used for both employees and managers.](#)

**DEFENSIVE DRIVING: PREPARED FOR THE WORST (1997)**      **708**      **CC/Sp**  
*18 minutes*

How to deal with road hazards, poor weather condition, vehicle collisions and crime. Shows how to stay in control by being prepared for the worst. Topics:

- Nature's forces
- Night driving
- Breakdown basics
- Accidents

- Road construction; and
- Personal security.

2015 MIOSHA Review: [Up to date. No deficiencies.](#)

**DEFENSIVE DRIVING TECHNIQUES:  
YOUR TICKET TO SAFETY**

**1118**

*12 minutes*

Motor vehicles traffic crashes are the leading cause of unintentional injury death in the U.S., and the leading cause of death for American workers. Each year, car crashes cause over 40,000 deaths, more than 250,000 injuries requiring hospitalization and more than three million visits to emergency rooms across the nation. For employers, this equates to serious injury or death of employees, as well as substantial direct and indirect costs. Most motor vehicle crashes can be avoided if drivers and passengers take simple steps to reduce the likelihood of a crash and increase the chances of surviving a crash. This video program is designed to train your employees in basic defensive driving techniques they can practice each time they get behind the wheel, whether for business or personal reasons. Topics covered also include:

- Use of seat belts
- Stopping & following distances
- Adverse weather conditions
- Proper adjustment and use of mirrors
- The need to stay alert at all times.

2015 MIOSHA Review: [Very good video. Car accidents are the leading cause of work-related fatalities.](#)

**DISTRACTED DRIVING: HOW FOCUSED ARE YOU?**

**1144**

*16:57 minutes*

We've all seen them, drivers on the road drinking a cup of coffee, putting on make-up, eating a snack and talking on their cell phones. More and more people every day, it seems, are doing something other than paying attention to traffic when they're behind the wheel. It's called distracted driving. This safety video provides the information employees need to drive cars, vans and small trucks safely, both on and off the job safely.

**DISTRACTED DRIVING: AT WHAT COST (non-humorous)**

**1145**

*13:21 minutes*

We've all seen them, drivers on the road drinking a cup of coffee, putting on make-up, eating a snack and talking on their cell phones. More and more people every day, it seems, are doing something other than paying attention to traffic when they're behind the wheel. It's called distracted driving. This safety video provides the information employees need to drive cars, vans and small trucks safely, both on and off the job safely.

**DISTRACTED DRIVING: AT WHAT COST?**

**1146**

*14:17 minutes*

There's a lot of talk about this issue but most of us don't realize how often we're distracted while driving. A new study shows that up to 5% of crashes involve some sort of driver distraction. This safety video helps us become aware of this increasingly dangerous behavior. The video includes a two car crash that is investigated and shows how each driver was distracted leading up to the crash. It also includes an interview with a woman who was severely injured in a crash caused by a distracting cell phone conversation. Her parents also talk about how their entire family's lives were changed by the crash. There are two slightly different versions available. The only



difference is the first two opening minutes. One opening features a quick series of humorous scenes that illustrate common driving distractions but we show them in non-driving situations to emphasize the foolishness of not focusing on the main task at hand.

**DISTRACTED DRIVING: AT WHAT COST? (concise) 1147**

*7:24 minutes*

There's a lot of talk about this issue but most of us don't realize how often we're distracted while driving. A new study shows that up to 5% of crashes involve some sort of driver distraction. This new video helps us become aware of this increasingly dangerous behavior. The video includes a two car crash that is investigated and shows how each driver was distracted leading up to the crash. It also includes an interview with a woman who was severely injured in a crash caused by a distracting cell phone conversation. Her parents also talk about how their entire family's lives were changed by the crash.

**DON'T BE A DUMMY ABOUT INDUSTRIAL SAFETY 1081**

*23:00 minutes*

In this video from our "Don't Be a Dummy" Series, our workplace "dummies" show viewers just how easily accidents can happen. But accidents don't just happen to dummies, they happen to real workers with families, like your employees. This comprehensive orientation program covers sixteen specific training topics essential for new hires while stressing the importance of development of a good safety attitude. Topics include: Lockout/Tagout, Electrical Safety, Power Tools, Warning Signs, Good Housekeeping, Emergency Plans, PPE, and Working around Machinery.

**DRIVING SAFELY IN THE HAZARDS OF WINTER 1116**

*11 minutes*

This video covers how bad weather can influence a professional driver's ability to drive safely and defensively. It shows drivers how to prepare for a number of weather conditions, and how to handle some unexpected and potentially dangerous situations while driving in adverse weather. It also presents precautions for operating various types and sizes of commercial vehicles in inclement weather.

Topics covered also include:

- Winter Driving basics (control & braking)
- Vehicle prep, maintenance & safety kit
- Storm watch, storm warning & blizzards
- Driving in snow, rain and black ice
- Driving situations (people, obstacles, vehicles)
- Driving in wind (high profile vehicles)
- Driving in fog

[2015 MIOSHA Review: Good video. Important topic. Car accidents are the leading cause of work-related fatalities.](#)

**ELECTRICAL SAFETY: BASIC PRINCIPLES 1036 CC/Sp**

*15:00 minutes*

Anyone working with electricity must know and apply basic safety principles and proper emergency procedures. This popular program defines common electrical terms and explains:

- Housekeeping
- Circuit protection devices

**ELECTRICAL SAFETY FOR EVERYONE (Concise Version) 1076**

*11 minutes*

Because electricity is so important to our everyday lives, it is surprising that many of us know very little about it or the hazards it presents. Many workers don't understand the dangers of electricity and don't follow safe work practices when working with or around electricity or electrical equipment. You don't have to be a qualified electrical worker or electrician to have a need to understand electrical safety. In fact, all workers should know and practice basic electrical safety. This program provides viewers with a general understanding of how electricity works while showing them the actions they can take to prevent becoming part of an energized electrical circuit.

**ELECTRICAL SAFETY FOR EVERYONE 1079**

*20:00 minutes*

Because electricity is so important to our everyday lives, it is surprising that many of us know very little about it or the hazards it presents. Many workers don't understand the dangers of electricity and don't follow safe work practices when working with or around electricity or electrical equipment. You don't have to be a qualified electrical worker or electrician to have a need to understand electrical safety. In fact, all workers should know and practice basic electrical safety. This program provides viewers with a general understanding of how electricity works while showing them the actions they can take to prevent becoming part of an energized electrical circuit. Topics include why electricity is dangerous, resistance and Ohm's law, two electrical safety concepts, grounding, avoiding electrical contact, safe work practices, use of double-insulated tools and GFCIs and response to a shock event.

**ELECTRICAL SAFETY FOR THE QUALIFIED WORKER 1078**

(Concise version)

*13:00 minutes*

Electricity is a powerful force that can cause serious injury and death. When it comes to electrical job tasks, it only takes an instant to turn a momentary mistake into a fatality. This is why qualified electrical workers must understand the hazards presented by exposed energized parts and know how to protect themselves through the use of safe electrical work practices. That's the purpose of this program--to explain the safety precautions these employees must always take to avoid needless tragedies while performing any type of electrical work.

**ELECTRICAL SAFETY FOR THE QUALIFIED WORKER 1077**

*20:00 minutes*

Electricity is a powerful force that can cause serious injury and death. When it comes to electrical job tasks, it only takes an instant to turn a momentary mistake into a fatality. This is why qualified electrical workers must understand the hazards presented by exposed energized parts and know how to protect themselves through the use of safe electrical work practices. That's the purpose of this program--to explain the safety precautions these employees must always take to avoid needless tragedies while performing any type of electrical work. Topics include the definition of a qualified worker, approach boundaries, the shock hazard of electricity, voltage-rated gloves and PPE, the arc flash boundary, PPE Levels of arc flash protection, creating and verifying an electrically safe work condition and exceptions when energized work is allowed.

**ELECTRICAL SAFETY IN THE LABORATORY 1089**

20 minutes, 2011

Today, laboratories rely on a vast array of electrically powered equipment. To work safely with this equipment, employees need to understand how electricity works, be aware of common electrical hazards and know how to use electricity safely. This training program emphasizes the need for safety when using electricity, and discusses how to reduce the potential for accidents involving electrical shock, fire and explosions. This video has been updated for 2014 with the new GHS Standard. Topics covered also include:

- How electricity works
- Common electrical hazards
- Fuses, circuit breakers and grounding
- Using and maintaining electrical equipment
- Accidents and emergency procedures.

**ELECTRICAL SAFETY: NFPA 70E**

**993 CC/Sp**

17:40 minutes

*Facilitator's guide included.*

Electrical Safety: NFPA 70E will train employees on the hazards of working with electrical currents.

**ELECTRICAL SAFETY NFPA 70E CONTROL  
THE CHARGE (ARC FLASH)**

**1073 Sp**

18:00 minutes

Details updates to the NFPA 70E standard for 2012. Protect yourself and your employees from these statistics: Arc flash accidents can heat to air to temperatures as high as 35,000 degrees Fahrenheit and can produce a blast as high as 2,000 pounds per square foot, sending over 2,000 people to burn centers every year. This course covers:

- Electrical Hazards
- Safety Planning
- De-Energizing Equipment, and
- Working Hot

**ELECTRICAL SAFETY: WHAT EVERYONE SHOULD KNOW 1035**

12 minutes

When it comes to electricity, some hazards are pretty obvious. Then there are electrical hazards that we don't recognize or we choose to ignore until someone gets a painful or fatal shock. This program is intended for everyone in your organization who uses electricity on or off the job, and presents important electrical safety information that everyone needs to know, including these three important issues: how electricity works, what happens when the human body and electricity meet, and what we can do to make sure we're always using electricity safely.

**ELEMENTS OF ERGONOMICS**

**960 CC/Sp**

10 minutes & 14 minutes

This program contains two modules designed to provide your employees with an understanding of the importance of ergonomics and how to implement an effective ergonomic plan in your company. Module one, "Basics of Ergonomics," provides a general overview of ergonomics. Module two, "Elements of an Ergonomics Program," outlines the necessary elements of a successful ergonomic program. *(CET Consultant comments: "Attention getting. Good visual examples - ball bearings, rotating tables, elevating tables. The video covered the basics – repetition, force, posture, contact stress, and vibrations.)*

## **ELEVATED WORK PLATFORM SAFETY**

**974** **CC/Sp**

*19 minutes*

Elevated work platforms such as scissor and boom lifts allow us to safely perform various tasks and maintenance operations at heights that otherwise may be unreachable. While there are many different styles of lifts designed for various applications and site conditions, they all have one thing in common: the potential for serious injury or death when operated in a careless manner. Electrocution, falls, crushed body parts and tip-overs are just a few examples of incidents that often result from unsafe operation. This video discusses the procedures lift operators must follow to prevent these types of incidents.

## **EMERGENCY PREPAREDNESS AND RESPONSE**

**1110**

*22 minutes*

While they may be rare....fires, severe weather, chemical spills or exposures, severe injuries, medical emergencies, workplace violence and other emergency situations often occur without warning. Employees have the responsibility to be prepared for and know how to respond should such an emergency occur at their workplace. Knowing the proper procedures to follow during an emergency could mean the difference between life and death.

- What general knowledge employees should have in preparation for emergencies.
- How to respond to fires.
- How to attend to sick or injured co-workers.
- How to prepare for and respond to severe weather.
- How to stay safe during an earthquake.
- Which behaviors may indicate the potential for workplace violence and how to respond to respond to violent behavior.
- What actions to take should an active shooter be on the premises.

[2015 MIOSHA Review: Good overview and ideas for emergencies. Very good. Long segment on violence and active shooter.](#)

## **ERGONOMIC TASK ANALYSIS**

**961**

*Two 14- minute modules*

Teach your team the basic concepts, knowledge and skills necessary to perform an ergonomic task analysis in a manufacturing setting with this quality, two-module program. Classroom and field sessions teach participants what to look for in their workplaces so that they can make effective ergonomic improvements.

[2017 MIOSHA Review: Up to date.](#)

## **EVERY TIME I LOOK AT MY HAND**

**986** **CC**

*12 minutes*

This videotape program features testimony from workers who have suffered traumatic, disabling hand injuries. Through their testimony, the viewer will learn the importance of taking the time to do a job correctly. Nip points, loose clothing and jewelry, lockout/tagout and using proper tools are all covered in the video.

[2017 MIOSHA Review: No focus on management's responsibility. Older production but good. Impactful!](#)

## **EXCAVATIONS: SAFE WORK ESSENTIALS**

936 **CC/Sp**

*15:30 minutes*

When the walls of your excavation fail, it can be a disaster. Though it is one of the most dangerous job tasks, countless excavations are performed each day. In fact, at least three people are killed every month in the United States from excavation-related accidents. This DVD explores:

- What are excavations?
- Potential hazards
- Protective measures
- Safe work practices.

## **EXCAVATIONS, TRENCHES AND SHORING**

726

*13:30 minutes*

Personnel who work in or around excavations and trenches need to be aware of the hazards and how to prevent cave-ins and other accidents. This video will demonstrate an overview of protective systems, regulatory requirements, and safe work practices.

[2017 MIOSHA Review: Some old equipment, but good information.](#)

## **EXTREME DRIVING QUIZ**

929

*46 minutes*

Will you know what to do if your car is submerged in water, you see a car coming straight at you, or you experience a rollover? This video lets you decide the best answers for these and other extreme driving situations.

[2016 MIOSHA Review: Excellent real-life video!](#)

## **EYE SAFETY: NO SECOND CHANCES**

907 **CC**

*20:45 minutes*

*Facilitator's guide included.*

Prevent disabling eye injuries at your workplace by training with "Eye Safety: No Second Chances". Training workers to properly select and use the right eye protection works best when it also motivates workers to consistently use the equipment. The program features scenes from a variety of job sites that show several situations where eye protection is needed and used correctly. Your workers will develop a respect for eye protection and understand the life-long consequences from not using adequate eye protection.

[2017 MIOSHA Review: Good basic eye safety video.](#)

## **FALL FACTORS: UNDERSTANDING & PREVENTING SLIPS, TRIPS & FALLS**

1117

*12 minutes*

Slips, trips and falls result in more than 15 million workplace injuries each year; and unfortunately, injuries related to falls are the second leading cause of on-the-job fatalities. Falls are also the third leading cause of disability among employees. The good news is that these mishaps can be prevented. By understanding how "fall factors" such as balance, gravity, friction and momentum contribute to these incidents, we can take preventative measures to prevent falls. That's the purpose of this program - to prevent fall-related incidents by providing viewers with an understanding of the factors involved in every fall as well as the common hazards and unsafe actions that make a fall much more likely.

2015 MIOSHA Review: Good tripping hazard information. Some of the example falls are a little silly but get the point across. Implication is that spills/wet floors are housekeeping problems but the best message is that it is everyone's problem.

## **FALL PROTECTION IN CONSTRUCTION ENVIRONMENTS 1148**

*10:44 minutes*

Falls are the second leading cause of death each year in the United States after traffic accidents. Over 1, people are killed every year as a result of falls and two to three people are disabled. Eight-five percent of all falls that occur on the job result in lost work time. This video training program provides the information employees need to work safely when they are off the ground, and assist in satisfying the major training requirements in the OSHA Standard on Fall Protection.

Topics covered include:

- The consequences of falls in the workplace
- Hazardous work environments
- The safety mindset
- Designing fall hazards out of the workplace
- Proper housekeeping techniques
- Protective measures; and
- Protective equipment.

## **FALL PROTECTION UPDATE (2016) 1123**

*11 minutes*

Falls are the second leading cause of death every year in the United States. OSHA requires employers to set up the workplace to prevent employees from falling off overhead platforms, elevated work stations, or into holes in the floor and walls. This updated training program provides the information employees need to work safely when they are off the ground. It assists in satisfying the major training requirements in the OSHA Standard on Fall Protection, 29 CFR1910.

Topics covered also include:

- Basics of fall protection
- Creating a fall protection plan
- Using personal fall arrest systems
- Inspecting equipment
- And more

2017 MIOSHA Review: Good general fall protection information. Modern video. Well produced. Thorough information about inspection of fall protection equipment.

## **FIRE EXTINGUISHER BASIC TRAINING REFRESHER 1101**

*10 minutes*

Workplace fires can happen at any time. That's why it's important to know what to do when a fire starts--know when and how to fight it and when not to. This safety training video program will provide viewers with the basic information they need to react safely in a potentially dangerous situation involving a fire. Topics include when to use an extinguisher, using the PASS method to put out a fire and extinguisher inspection, maintenance and storage.

## **FIRE EXTINGUISHERS: READY TO RESPOND 1034**

*13 minutes*

What could be more boring than fire extinguisher training? Not this video! Every year fires in the workplace cause thousands of employee injuries. Fires also cause millions of dollars in damage to personal and company property. Use this upbeat video to teach your employees how to use the P.A.S.S. procedure and the right extinguisher for each kind of fire. The confidence of gaining the proper knowledge through this video can help the panic and confusion usually common to most fire emergencies.

### **FIRE PREVENTION (HOSPITALITY)**

**1149**

*4:24 minutes*

This video improves fire prevention awareness by explaining the classes of fires, PASS and other important information, as well as, illustrates the proper use of fire extinguishers.

### **FIRE PREVENTION IN HEALTHCARE FACILITIES**

**1150**

*15:49*

Every year more than a million fire emergencies are reported in the U.S., with over 5,000 of them taking place in healthcare facilities. They cause injuries, deaths and more than \$45 million in damage. Fire Prevention in Healthcare Facilities looks at the fire hazards that can be encountered in healthcare environments, discusses how fires can be prevented, and explains what employees should do in case a fire emergency occurs in their workplace.

Topics covered in these products include:

- How fires burn
- The four most common classes of fires
- Dealing with a fire emergency
- Patient safety and evacuation procedures
- Fire hazards in healthcare environments
- Controlling electrical hazards.

### **FIRE PREVENTION IN THE OFFICE**

**1151**

*15:14 minutes*

Among all the safety problems an employee can encounter, fire can be the most frightening. Every year office fires cause millions of dollars in damage and result in hundreds of employee injuries. Yet many employees do not realize how their own actions can contribute to the risk of fire. This video looks at what causes fires in office environments, reviews steps that can be taken to help prevent fires and discusses what employees should do in case of a fire emergency.

Areas covered in the program include:

- Common causes of workplace fires
- The concept of flashpoint
- Classes of fires
- Importance of good housekeeping
- Preventing office fires
- Fire extinguishers
- Evacuation and other employee responsibilities.

### **FIRST STEP**

**1003**

*5 minutes*

This is the story about how one wrong step, one wrong action can change your life forever. Candace Carnahan, a young college student, worked summers at a paper mill in her hometown. She had worked at the mill three years and was comfortable with the work and familiar with the environment. She was so familiar that she thought nothing of taking an often-used shortcut - stepping over a conveyor system that ran at floor level. But one day she stepped too short, catching her foot in the conveyor and eventually losing her left leg from the knee down. Candace dramatically describes this tragedy and the safety lessons she learned from it. Her story will help your employees realize that the first step to not being injured is knowing that you can be injured.

[2017 MIOSHA Review: Up to date.](#)

## **FITNESS AND WELLNESS**

**1152**

*14:30 minutes*

Healthier employees just plain feel better about themselves, so they work better, they're more productive and they're less prone to illness and accidents which is good for them and their employers! This Fitness and Wellness training video provides the information and inspiration employees need to achieve these benefits by eating right, exercising and reducing stress. It shows them how to set and reach reasonable goals while eliminating bad habits like smoking, alcohol and drug use that can hold them back.

## **FLAMMABLES AND EXPLOSIVES IN THE LABORATORY**

**1088**

*15 minutes, 2011*

Flammables and explosives are some of the most dangerous materials used in a laboratory. When working with these substances, employees need to know their characteristics, as well as how to prevent accidents and injuries when using them. This training program discusses the nature of flammable and explosive materials, as well as hazards associated with their use. It also reviews the proper handling procedures and personal protective equipment that should be used when working with these substances. This video has been updated for 2014 with the new GHS Standard. Topics covered also include:

- Definitions of flammables and explosives.
- Conditions that can create hazards.
- The role of ventilation in preventing problems.
- Transporting flammables and explosives.
- Storage considerations.
- Using compressed gases.
- Emergency planning & disposal.

## **FOOT PROTECTION**

**1105**

**Sp**

*15 minutes*

*Addresses the Foot Protection sub-part of OSHA 29 CFR 1910.132*

This program is crucial for workers whose jobs have potential hazards to the feet such as construction, manufacturing, those who work around chemicals or electricity, and others. This program covers:

- Types of footwear
- Daily inspections
- Getting a good fit
- Working safety

## **FORKLIFT OPERATIONS: CARRY THE LOAD (2007)**

**916**

**CC/Sp**



*20:00 minutes*

Reduce the risk of forklift accidents with this valuable program. Topics covered include: operating conditions, vehicle and pedestrian traffic, special hazards, proper load manipulation, and special conditions such as narrow aisles or restricted areas.

**FORKLIFT OPERATIONS: SAFETY DRIVEN**

**1033** **CC/Sp**

*16:48 minutes*

Nearly 100 workers are killed in forklift accidents each year and another 20,000 workers are seriously injured (Bureau of Labor Statistics). To prevent accidents from occurring, OSHA mandates that every forklift operator must be properly trained and certified before using the equipment. Employers can prevent costly accidents and injuries by teaching drivers to recognize hazards and follow proper operating procedures with this training program. This program covers:

- Daily Inspections
- Maintaining Stability
- Driving a Forklift
- Handling Loads

[2016 MIOSHA Review: Very thorough video, and quite useful for re-training employees as well as a good introduction for new employees.](#)

**FORKLIFT OPERATOR SAFETY AND TRAINING**

**1009**

*17 minutes*

There are 855,000 forklifts in the United States, 11% of which will be involved in an accident. That is almost 95,000 vehicles involved in an accident next year alone, not including forklifts involved in more than one accident. This forklift safety video tries to make sure that your employees don't become part of that statistic. The topics covered in this forklift training film video include: engineering principles, knowing the load center and capacity of your forklift, understanding stability (both latitudinal and longitudinal), and how to increase your chances of surviving a turnover.

**FORKLIFT OPERATOR TRAINING (1998)**

**897** **CC**

*17:00 minutes*

Powered industrial trucks are a necessary part of most industrial operations. They can be found in a variety of sizes and models, and many of them can be fitted with attachments for performing specialized tasks. These valuable machines are truly an extension of ourselves, but their proximity to people and property in the plant always presents potential hazards. If forklifts are used incorrectly, the resulting accidents can injure or kill operators and pedestrians and cause tremendous property damage. To prevent these accidents, operators must know, understand, and follow all safe work procedures. Steering and maneuvering, use of special attachments, vehicle capacity and stability, vehicle inspection and refueling procedures are all subjects featured in this video. Other topics include moving loads, pedestrian traffic, types of lift trucks and hazardous work surfaces.

[2018 MIOSHA Review: Older production but good information. Very detailed.](#)

**FORKLIFT OPERATOR TRAINING (1998)**

**1020** **CC**

*8:00 minutes*

Concise version of above title.

**FORKLIFT SAFETY**

**1011** **CC**

*16:00 minutes*

Designed for employees responsible for operating forklifts in agriculture settings. Explains engineering principles, safe operating rules, forklift maintenance, and more.

[2018 MIOSHA Review: Reviews basic skills on driving forklifts and daily checks. Note: No mention of personal protective equipment. States daily checks must be documented and filed. This is a best practice – not a requirement.](#)

## **FORKLIFT SAFETY: BASIC ORIENTATION**

**904** **CC/Sp**

*13:22 minutes*

Because of their size, weight, and the loads they carry, forklift accidents can cause serious injury and property damage; in fact, forklift operators are the only workers who have a greater risk of injury and death on the job than driving to and from work.

This program was filmed at multiple job sites showing forklift use in a variety of everyday situations. You're sure to see footage of a work environment similar to your own - which helps your workers relate the important safety messages in this series to their specific jobs.

Forklift Safety: Basic Orientation covers pre-operation procedures to ensure your forklifts are good-to-go.

- Pre-operation inspection
- The parts of a forklift
- Safe operation.

## **FORKLIFT SAFETY: BEST OPERATING PRACTICES**

**859** **CC/Sp**

*12:00 minutes*

*Facilitator's guide included.*

Best safety practices for moving loads throughout the work environment – through different conditions, surfaces, and around obstacles. Topics include hazard awareness, pedestrian traffic, load-handling techniques, stability triangle, and driving skills.

[2017 MIOSHA Review: Good overall forklift training.](#)

## **FORKLIFT SAFETY: REFUELING PROCEDURES**

**903** **CC/Sp**

*12:00 minutes*

*Facilitator's guide included.*

Covers the basics of all power sources for forklifts and best safety practices for refueling. Safe removal and recharging of batteries, best safety practices for fuel-powered forklifts, and PPE are all covered in this video.

## **FORKLIFT STABILITY ESSENTIALS (2006)**

**883** **CC**

*18:00 minutes*

Every year people are injured and killed in incidents involving forklifts. Forklift stability is a major factor in many accidents. Collisions, rollovers and damaged goods are just some of the results of forklift operators not understanding forklift stability.

## **GENERAL ELECTRICAL PRINCIPLES**

**892** **CC**

*17:00 minutes*

Electricity is so common in our lives that we often take it for granted, causing us to disregard its power. In fact, every year more than 1,000 people are killed and another 30,000 are injured in

electrical mishaps. We need to know what electricity is and how it works in order to use it safely.

## **GHS GLOBALIZE YOUR COMMUNICATION**

**1072** **CC/Sp**

*16:00 minutes*

It's a fact: potentially hazardous chemicals travel around the world, going back and forth across borders, every day. That's why it is critical to understand the new global compliance requirements for handling hazardous chemicals that started May 25, 2012 and continues through to 2015. This program ensures that your workers understand how to identify hazards and handle these chemicals safely, regardless of their origin, by covering:

- What is the GHS?
- GHS Labels
- Safety Data Sheets
- Safety Checklist

[2015 Customer Comment: Great summary of GHS changes and for raising awareness of chemical hazards.](#)

[2017 MIOSHA review: Up to date.](#)

## **GHS LABELS REFRESHER (employee)**

**1153** **CC/Sp**

*5:17 minutes*

Refresh your training with these new short effective Safety Refresher videos. Each video covers key points of the topic. Designed to refresh and refocus safety attitudes for people that have already had more extensive how-to training.

## **GHS LABELS REFRESHER (supervisor)**

**1154** **CC/Sp**

*4:55 minutes*

Refresh your training with these new short effective Safety Refresher videos. Each video covers key points of the topic. Designed to refresh and refocus safety attitudes for people that have already had more extensive how-to training.

## **GHS OVERVIEW REFRESHER (employee)**

**1155** **CC/Sp**

*5:39 minutes*

Refresh your training with these new short effective Safety Refresher videos. Each video covers key points of the topic. Designed to refresh and refocus safety attitudes for people that have already had more extensive how-to training.

## **GHS OVERVIEW REFRESHER (supervisor)**

**1156** **CC/Sp**

*5:34 minutes*

Refresh your training with these new short effective Safety Refresher videos. Each video covers key points of the topic. Designed to refresh and refocus safety attitudes for people that have already had more extensive how-to training.

## **GROUNDKEEPING SAFETY: BE A PRO (2008)**

**705** **Sp**

*17:00 minutes*

Teaches how to avoid unnecessary accidents by thinking: safe or sorry? Topics include: personal protective equipment, general checklist for safety, tractors, riding mowers and push mowers, trim and brush-cutting equipment and blowers, checklist for hazardous materials.

[2017 MIOSHA Review: This would be good for new employees or general awareness. It's not "training." Very basic.](#)

**HAND INJURY PREVENTION – IN TOUCH WITH SAFETY** 699 CC/Sp

*16:20 minutes*

Explains the potential hazards to which hands are exposed every day. Trains workers to avoid hand injuries and reduce associated costs of lower productivity and insurance claims.

2016 MIOSHA Review: Very good information. Also addresses lighting, housekeeping, clothing and PPE while using hand and /or powered tools.

**HAND AND POWER TOOL SAFETY (2006)** 931 CC/Sp

*19:45 minutes*

*Facilitator's Guide included.*

Because we use hand and power tools on a regular basis, many workers forget the potential hazards. This program puts safety at the forefront of common tasks. Carelessness, poor housekeeping and misuse often lead to accidents and injuries that range from cuts and bruises to amputations.

2017 MIOSHA Review: Reinforces machine guarding and lockout. Discusses various hazards and what gloves are appropriate for the identified hazards. (Note: references MSDS instead of SDS.)

2017 Customer Review: Very good!

**HAND SAFETY: IT'S IN YOUR HANDS (2006)** 967 Sp&P

*15 minutes*

Some ways hands can be injured include pinched, burned, irritated, cut, and sliced. Get a firm grip on hand safety and prevent these accidents. Avoid the two types of hazards - machine and chemical - and understand the factors that determine the ideal PPE for a job. Make sure employees know the glove types when they are used - leather, fabric and insulating gloves - and how they are to be checked, inspected, and cared for. Topics covered: wearing the right hand protection, using machine guards, using the right tool for the task, keeping equipment in proper working order, and taking good care of gloves.

**HAZARD COMMUNICATION: BEHIND THE SCENES (2006)** 1000

*18 minutes*

This is an entertaining new video that covers the key elements of Hazard Communication training for workers in general industry. This is a HazCom video that will keep the viewers attention and give them important information. It's filled with surprising special effects and attention-grabbing illustrations. Behind the Scenes addresses the following information: roles and responsibilities of employers and employees in the development and implementation of a workplace Hazard Communication plan; physical and health hazards chemicals can produce; different ways chemicals can enter our bodies; called routes of entry; important information found on chemical labels; overview of information found in Material Safety Data Sheets; and chemical safety around the home.

2016 Customer Comment: Very good!

2018 MIOSHA Review: Opening scene overly dramatic but makes a good point. Video is "pre-GHS" so outdated but overall content is OK. MSDS are now revised and different than explained in video but, again, generally valid.

**HAZARD RECOGNITION: OUT OF THE ORDINARY** 817 CC/Sp

*12:50 minutes*

This video uses optical illusions to capture the audience's attention and applies the principles of observation to train your employees to recognize and respond to hazards in the workplace. After they learn how to recognize potential hazards, they can be trained to eliminate incidents and accidents. This video educates workers about different types of hazards commonly found in the workplace. This video also demonstrates how workers should use all their senses to recognize and prevent hazards.

[2016 MIOSHA Review: OK video. Good general overall hazard recognition.](#)

## **HEARING CONSERVATION:**

### **WHAT DO YOU WANT TO HEAR?**

**234** **CC/Sp**

*15:50 minutes*

*Facilitator's Guide included.*

Each year thousands of workers suffer irreversible, noise-induced, hearing loss in the workplace. Most are the result of cumulative exposure to high levels of noise. Learn to prevent hearing loss and the associated costs at your company by creating an awareness and respect for noise hazards and motivating employees to protect their hearing. Hearing loss is 100% preventable.

[2016 MIOSHA Review: A little dated but still relevant. Good video!](#)

[2016 Customer Comment: Funny video but got the message across.](#)

### **HEARING PROTECTION: IT MAKES SENSE (2004)**

**943** **CC/Sp&P**

*22:00 minutes*

Don't let employees run the risk of losing their hearing. Teaches employees how the noise at work can be controlled and how they can protect themselves from hearing loss. Includes: the human ear, preventing hearing loss, audiometric testing, engineering and administrative controls, and PPE.

### **HEAT STRESS**

**791**

*17:00 minutes*

After viewing this video you will be able to explain: How heat affects the body and can lead to heat stress; how to prevent and treat symptoms of heat rash and heat cramps; Why symptoms of heat exhaustion and heat stroke are so dangerous and how employees should respond to victims with these symptoms; why it is important to become acclimated to hot work environments; and what general precautions everyone can take to help prevent heat stress.

[2017 MIOSHA Review: Good video on heat stress. Some hearing protection and proper PPE fitting issues worthy of discussion.](#)

### **HEAT STRESS: CODE RED (2008/2009)**

**969** **Sp**

*15 minutes*

Heat stress, heat stroke, heat rashes, heat cramps – all are dangerous to your employees. This training DVD will give them the knowledge they need to avoid the dangers of working in hot, humid conditions. Topics covered: acclimatization, hydration, proper clothing, and signs of heat fatigue.

### **HEAT STRESS: DON'T LOSE YOUR COOL (2000/2008)**

**970** **Sp&P**

*15 minutes*

This program provides a no-nonsense approach to heat stress and teaches how to prevent and treat heat disorders. Topics covered are: Sunburn, acclimatization, heat rash, exhaustion, stroke, clothing, fluid intake, and eating habits.

**HEAT STRESS: THE HEALTHY APPROACH****982***14:28 minutes*

Working in hot environments puts stress on your workers and can lead to significant health problems including heat exhaustion, heat cramps and other more serious heat related conditions. This video will show your workers how to manage hot conditions and how to recognize heat related illnesses.

[2016 MIOSHA Review: Seems pretty modern and has some good practical advice.](#)

**HEAT STRESS FOR PUBLIC EMPLOYEES –  
SEEING RED (2008)****968****Sp***15 minutes*

Heat stress, heat stroke, heat rashes, heat cramps – all are dangerous to your employees. This training DVD will give them the knowledge they need to avoid the dangers of working in hot, humid conditions. Topics covered: acclimatization, hydration, proper clothing, and signs of heat fatigue.

[2018 MIOSHA Review: Hit all the high points. Up to date.](#)

**HEIGHT SAFETY ESSENTIALS (2006)****1104***20 minutes*

Falls from height remain the most common workplace fatality. More than 1000 workers a month suffer a serious injury following a slip, trip or fall.

[2017 MIOSHA Review: Scaffold inspection is stated “often” instead of “at shifts” which is standard language. The DVD says, “Do not tie lanyards back to themselves.” Some new lanyards allow this. Even with these small deficiencies, the video has good general information for new safety programs or new employees.](#)

**HEXAVALENT CHROMIUM AWARENESS (2006)****913****CC/Sp***17:00 minutes*

OSHA has revised its standard concerning permissible exposure limits for HexChrom. Make sure your workplace is up to date and your workers are aware of the risks of exposure to and the health hazards associated with HexChrom. Protect your workers from lung cancer, permanent eye damage and skin ulcerations with this new, high-impact training program.

[2018 MIOSHA Review: Current, accurate, informative.](#)

**HIGH IMPACT: EYE SAFETY****1106***20 minutes*

This dynamic program shows viewers that a commitment to eye safety is the key to maintaining an injury-free workplace or even saving one’s sight. Filled with re-creations of actual accidents from OSHA files, this film has proven to be a highly effective training tool through its scared-straight, graphic nature.

- Six accidents involving eye mishaps.
- Utility worker loses an eye while nailing a shipping crate together.
- Metalworker loses an eye in grinding incident.
- Safety glasses save eyesight.
- Welder avoids eye injury through use of proper PPE.
- Chemical goggles and prompt use of eye wash station / emergency shower prevents serious injury.
- Worker breaks chemical line at the flange, causing corrosive to leak out into his eye.

**HIGH IMPACT: FORKLIFT SAFETY (2003)**796 **cc***19:00 minutes*

This dynamic video shows viewers that a commitment to forklift safety is the key to maintaining an injury-free workplace or even saving one's life. Filled with re-creations of actual accidents from OSHA files, this film has proven to be a highly effective training tool through its scared-straight, graphic nature.

[2017 MIOSHA Review: Up to date. Instructor may want to warn audience this video is graphic in nature.](#)

**HIGH IMPACT: "QUALIFIED" ELECTRICAL SAFETY**894 **cc***20:00 minutes*

This dynamic video shows viewers that a commitment to electrical safety is the key to maintaining an injury-free workplace or even saving one's life. Filled with re-creations of actual accidents from OSHA files, this film has proven to be a highly effective training tool through its scared-straight, graphic nature. Includes electrical shock, burns, and arc flash.

**HOUSEKEEPING: IT AIN'T LIKE THE MOVIES (2005)**706 **CC/Sp&P***15:00 minutes*

Review importance of good housekeeping and what to look for in your facility. Topics: clean or clutter, proper storage, eliminate spills, and leaks.

[2015 MIOSHA Review: Video is entertaining and easy to watch. Covers many housekeeping issues regularly seen in industry. The video is 20 years old so some of the items \(and fashions\) are a bit outdated but the ideas don't change. This is a good general overview of good housekeeping practices that can cover many industries.](#)

**HOUSEKEEPING SAFETY: A TEAM APPROACH (2013)**

1120

*13 minutes*

This video shows employees how working together as a team to keep a clean work area can help minimize incidents caused by unnecessary clutter and other hazards. The program discusses the impact of both poor and good housekeeping on the business environment and presents effective ways to implement and maintain good housekeeping principles.

[2017 MIOSHA Review: Two thumbs up!](#)

**HOUSEKEEPING SAFETY: MAKING BEDS SAFELY**

1082

*6:00 minutes*

It may not seem obvious but making a bed can pose many possibilities for injury. Bending improperly, lifting more weight and bulk than is safe, tripping over bedding on the floor: these are examples of common housekeeping mistakes that are discussed in the video. With a heightened awareness of proper techniques, your staff will be encouraged to perform this task safely.

**I CHOSE TO LOOK THE OTHER WAY (2010)**778 **cc***12:00 minutes*

This video tells the story of an employee who failed to speak up when witnessing an unsafe act and by choosing to "look the other way," he allowed the needless death of a co-worker to occur. This powerful program shows how "speaking up" about unsafe acts can save lives and help to develop a positive safety culture.

[2017 MIOSHA Review: On a scale of 1 – 10 \(10 being the best\), this video gets a 10+! Good employee involvement information. Unique use of a poem as the basis of the program.](#)



2017 Customer Review: We were very impressed with this video. We have high school students training here and this was short and easy for them to understand the importance of safety.

**INDOOR CRANES: SAFE LIFTING OPERATIONS (1991/2008) 971 Sp&P**

*19:00 minutes*

This valuable program provides non-licensed operators with the information they need to safely operate several types of cranes. Topics covered are: Rigging techniques, lifting and moving.

**IT ONLY TAKES A SECOND II (2009) 1115**

*4 minutes*

This is the sequel to one of the most popular safety videos ever made. This new video features all new footage of mistakes and bad choices we all too often make. Viewers won't forget the powerful accident reenactments and dramatic consequences illustrated in this motivational video. This program makes you think safety.

2016 MIOSHA Review: Good for a meeting opener.

**IT'S UP TO ME 1031 Sp&P**

*14 minutes*

Like its predecessor "I Chose to Look the Other Way", this program is based on another popular poem by Don Merrell. Its powerful safety message is brought to life through the combination of program and poetry.

- Scenarios are meshed with the poem to deliver the message: *I want a workplace that's injury free and if that's going to happen, then it's Up to Me.*
- The program makes it clear to viewers not to "assume" that someone else will fix a problem.
- Several vignettes depicting both the wrong and right ways to respond to unsafe conditions.
- Complete poem with narration at the end of the program.

**JOB SAFETY ANALYSIS (1998) 991**

*17:30 minutes*

*Facilitator's guide included.*

This JSA program will make a difference in your safety program. It takes a proactive approach to incident prevention.

**LABORATORY ERGONOMICS 1093**

*13 minutes, 2011*

Many of the activities performed in a laboratory can exert stress and strain on muscles and joints... ultimately causing significant injuries. To work safely and maintain good ergonomic health, employees need to know how to avoid movements and work patterns that can be harmful. This training program discusses the need to set up work areas correctly, as well as how to minimize the strain of using laboratory equipment, tools and instruments. This video has been updated for 2014 with the new GHS Standard. Topics covered also include:

- Parts of the body most susceptible to ergonomic problems.
- Arranging work areas to minimize stress and strain.
- Working from "neutral" positions.
- Most and least stressful types of body movements.
- Proper lifting techniques.
- Effective stretching exercises.



## **LABORATORY HOODS**

**1098**

*15 minutes, 2011*

Many of the materials used in laboratories give off fumes, mists, vapors, particulates or aerosols, which are hazardous. To minimize exposure to these materials, special precautions need to be taken. This often means working within a laboratory hood. This training program emphasizes how to properly use laboratory hoods and how to test them to ensure correct functioning... as well as discusses how hoods can protect an experiment, the facility, and most importantly, the employee. This video has been updated for 2014 with the new GHS Standard. Topics covered also include:

- Why laboratory hoods are needed.
- Protections afforded by hoods.
- How hoods function mechanically.
- Proper use of laboratory hoods.
- Testing and maintenance.

## **LADDER SAFETY**

**1102**

*17 minutes*

Over 300 people are killed every year and 165,000 are injured while using ladders. This safety video will help keep you and your employees safe while using ladders.

Topics include:

- Selecting the Right Ladder
- Inspecting Ladders
- Transporting and Setting Up Ladders
- Working on Ladders
- Ascending and Descending Ladders Safely

## **LADDER SAFETY: EVERY STEP COUNTS**

**1030 CC/Sp**

*16:37 minutes*

Each year accidents involving ladders send over 130,000 people to emergency rooms for treatment and cause an estimated 300 deaths. Stop preventable injuries at your site by training your employees with this program. Important best safety practices are taught, such as weight-bearing capacity, proper height for the job, and how to set-up a ladder correctly. The risks your employee's face while climbing on the job may not be obvious, but they are real. Use this program to keep safety at the top of your employee's mind. This comprehensive program covers:

- Ladder selection
- Proper set-up
- Safe use
- Care & maintenance

## **LASER SAFETY: THE BLINK OF AN EYE (2007)**

**1063**

**Sp&P**

*20 minutes*

Deflect the accidents and blast away the hazards. This program aims to provide basic laser safety awareness. While your workers do abide by your safety guidelines, this program supplements your accident-prevention efforts. The program, based on the current and up-to-date American National Standards Institute (ANSI) standard Z136, illuminates a deeper understanding of:

- The various other standards and guidelines that may be associated with their work
- Hazardous situations when working around lasers

- Air contaminants produced by laser operations
- The classification of lasers
- What role the Laser Safety Officer plays
- Engineering and Administrative controls
- How to protect your eyes
- The importance of laser safety training.

## **LEAD SAFETY**

**910** **CC/Sp**

*10:37 minutes*

This is ideal for construction, chemical, manufacturing, petroleum, maintenance, and utility employees exposed to lead on the job. Filmed in multiple industrial and construction locations, this program motivates workers to follow best safety practices that reduce the concentration of airborne particles and eliminate the potential for overexposure. Video covers: how lead enters the body, effects of overexposure, preventative measures and safe work practices, requirements for regulating an area, and why and how preventive measures/controls are used.

## **LEAD SAFETY ON THE JOB (2007)**

**927** **CC/Sp**

*22 minutes*

This program helps your facility comply with OSHA's Lead in Construction Standard (1926.62). It examines the ways lead can enter the body, its symptoms, and its effects. Protect yourself and your employees from dangerous lead exposure. Information includes:

- Inhalation and ingestion
- Health risks
- Blood lead level (BLL)
- Action level vs. permissible exposure limit (PEL)
- Engineering, work practice, and administrative controls
- Work management practices

## **LEADING INDICATORS: IT'S THE LITTLE THINGS**

**1069**

*27 minutes*

The worst aviation accident in history occurred in 1977 when two 747 jets collided on the island of Tenerife, killing 583 people. Just like hazardous situations that lead to injuries in the workplace, there were several "leading indicators" or warning signs preceding the collision that warned of impending danger. In this presentation, fighter pilot and safety speaker Jeff "Odie" Espenship discusses the three leading indicators that led to this tragedy and encourages viewers to slow down, re-plan and refocus when these warnings appear in our workplaces.

## **LESSONS LEARNED FROM HAND INJURIES**

**1029**

*19 minutes*

From our earliest moments, we use our hands to learn, to explore and to interact with the world around us. Now, as working adults, our hands continue to be "out front," touching, grasping, pushing, pulling and lifting our way through work and through life. Unfortunately, being "out front" can also mean being placed in danger, and sometimes things go wrong. This program features reenactments of workplace hand injury scenarios to teach valuable safety lessons.

- Causes and effects of hand injuries
- Selection and use of protective gloves
- Nip points and entanglement hazards
- The use of assist devices
- Using hand and power tools safely

- Preventing Cumulative Trauma Disorders.
- [2016 MIOSHA Review: Very attention getting. Would make an impact with trainees.](#)

**LETHAL STRIKE: PROCEDURES FOR PROPERLY  
MANAGING INJECTION INJURIES**

**1083**

*15:00 minutes*

This video focuses on the correct pre-hospitalization management of injection injuries. High-pressure injection injuries are becoming increasingly prevalent. It covers:

- Typical cause of injection injuries.
- What to do if you suffer an injection injury.
- How to properly manage the victim of an injection injury.
- What NOT to do if you become the victim of an injection injury.
- How to make sure the victim receives the proper medical treatment.
- Bonus feature: Interview with a hand surgeon (5 minutes) & interview with a medical doctor (5 minutes)

**LIFE & DEATH: ELECTRICAL SAFETY**

**893** **CC**

*19:00 minutes*

This video has a unique approach where it starts on the scene of an accident and works backwards. With the characters and audience playing the part of an accident investigator, they use the clues to solve the mystery of how the incident occurred. This film has proven to be a highly effective training tool through its scared-straight, graphic nature.

**LIFTING SAFELY: CRANES, CHAINS, SLINGS AND HOISTS** **1084**

*11:00 minutes*

Pendant, or hand controlled, overhead cranes or hoists are one of the most useful aids for material handling in the workplace today. This is an excellent crane safety training program for anyone using overhead cranes/jib hoists. Every person who works near or with cranes should understand the basic safety rules. Designed for anyone operating hoists or cranes, this OSHA crane safety video explains sling angles, safety techniques, crane rigging safety and inspection procedures. Anyone operating this equipment must be trained, so this crane safety video meets OSHA training requirements.

**LOCKOUT / TAGOUT: AN OPEN AND SHUT CASE (2004)**

**911** **CC/Sp**

*14:00 minutes*

Reinforcing the basics of lockout/tagout will help you comply with OSHA's 1910.147 standard and avoid catastrophic accidents.

- What lockout/tagout is and when to perform it.
- OSHA's six steps to controlling hazardous energy.
- OSHA's three steps for the safe restoration of energy.

[2018 MIOSHA Review: Reviews the nine basic steps to lockout/tagout. Accurate.](#)

**LOCKOUT/TAGOUT: REAL, REAL LIFE (2004)**

**912** **Sp&P**

*18:00 minutes*

Be sure your employees are familiar with safe locking and tagging practices with this training program. This program will keep in you in compliance with OSHA's Lockout/Tagout standard. Topics include: awareness, attitude, action, when, where, why, and proper lockout/tagout procedures.

**LOCKOUT/TAGOUT REFRESHER (employee)****1157***3:44*

Refresh your training with these new short effective Safety Refresher videos. Each video is less than five minutes but covers key points of the topic. Designed to refresh and refocus safety attitudes for people that have already had more extensive how-to training.

**LOCKOUT/TAGOUT REFRESHER (supervisor)****1158***4:19 minutes*

Refresh your training with these new short effective Safety Refresher videos. Each video is less than five minutes but covers key points of the topic. Designed to refresh and refocus safety attitudes for people that have already had more extensive how-to training.

**MACHINE GUARD AWARENESS (2008)****998** **CC/Sp***16:21 minutes**Facilitator's guide included.*

Moving machine parts, when unguarded, have the potential to cause severe workplace injuries, such as crushed fingers or hands, amputations, burns, or blindness.

**MACHINE GUARD SAFETY****1159***17 minutes*

Employees need to understand the dangers of working with machinery—and how those risks can be minimized by proper installation and use of safety guards and devices: Dangerous mechanical motions Types of machine guards Guarding points of operation Safety devices Safe work practices

**MACHINE GUARDING (1992)****720** **cc***14:00 minutes*

Workplace injuries and deaths occur because a machine was never safeguarded, or the guard was removed. Workers must understand and use the best form of protection - machine safeguarding. This video includes the following topics: categories and types of machine guarding; explanation of how machine guarding works; importance of safeguarding; places where most machine hazards occur; and safety control devices.

[2017 MIOSHA Review: The machines are very common and typical. Only the clothing is dated. There is accident re-creation with blood.](#)

**MACHINE GUARDING: SAFEGUARD YOUR FUTURE (2008)****972** **Sp&P***24 minutes*

Practically every machine has some sort of machine guard – a shield, automatic shutoff or even a laser curtain – to protect workers if a body part should come in contact with the machine. Make sure your employees understand the importance of knowing about and using the machine guards meant to protect them. Topics covered: What are machine guards, machinery hazards, protection from hazards, safe work practices, safety guards and devices.

**MACHINES, OPEATORS AND GUARDS:  
REAL ACCIDENTS, REAL STORIES****975** **CC/Sp***14:30 minutes*

This video covers the importance of machine guarding. It also covers several real machine guard accidents that resulted in serious injury or death. Viewers will learn the appropriate OSHA regulations and why they exist.

**MANAGING THE IMPACT OF WORKPLACE  
EMERGENCIES AND DISASTERS**

**1071**

*35 minutes*

This program describes strategies to: design a crisis management program; reduce traumatic reactions in employees; and deploy crisis teams to manage the impact of industrial accidents, violent incidents, disasters, and traumatic events.

**MOBILE LADDER STANDS &  
MOBILE LADDER STAND PLATFORMS (2014)**

**1128**

*15:59 minutes*

During this presentation, you are shown the proper techniques to select, inspect, use and care for mobile ladder stands and mobile ladder stand platforms.

**MRSA AWARENESS (2008)**

**926** **CC/Sp**

*11 minutes*

There is widespread concern over the risk of exposure to the deadly MRSA infection. This staph infection is not confined to hospitals anymore and has become a new threat known as community-associated MRSA. Help your employee protect themselves and their families with the information on how exposure occurs and the best ways to protect themselves in this timely training program. Includes:

- What is MRSA
- How is it spread
- Symptoms of infection
- Prevention exposure

[2017 MIOSHA Review: Important topic. Good overall review.](#)

**NO INJURY/NO ACCIDENT**

**505** **CC**

*15:00 minutes*

Zeros in on an often-neglected safety area - near misses and insignificant incidents that result from unsafe acts and conditions that can cause major accidents and serious injuries.

[2015 MIOSHA Review: Good production quality and relevant topic for most industries. This video includes hazards in the office which many safety videos miss. While this is a good video on simple trip, slips and drops, it is basic and has a little over a dozen examples. One thing they do well is to explain the difference between an accident and an injury, which is often confused.](#)

**OFFICE ERGONOMICS TODAY**

**824** **CC/Sp**

*16:35 minutes*

*Facilitator's guide included.*

The techniques and best safety practices featured in this program will teach your workers the causes of Musculoskeletal Disorders (MSDs) and motivate them to follow safe work procedures to reduce their exposure to risk factors. The training covers: definition of ergonomics, ergonomic risk factors, recognizing and respecting early warning signs, proper posture, and effective ways to prevent injuries.

[2017 MIOSHA Review: Good, basic office ergo information.](#)

**OFFICE INJURY PREVENTION**

**1109**

*18 minutes*

Office workers sometimes forget about their most important workplace responsibility: their safety. They overlook safety issues because they just don't believe an office has any hazards. Nearly 40,000 office workers suffer disabling injuries each year. This program stresses the importance of office safety and how a good safety attitude and using good judgment are the real keys to injury prevention; why office safety and a good safety attitude are important; how to prevent slips, trips and falls; how to avoid back injuries by using proper lifting techniques; how to prevent repetitive strain injuries and eye strain; how to avoid injuries associated with file cabinets, sharp tools, office equipment and chemicals; and how to respond to an emergency properly how to prevent the spread of contagious illness in an office environment.

[2015 MIOSHA Review: Realistic shots of office issues \(lifting boxes, office clutter, misuse of chairs\), slip/trip/fall tips, ergo issues and contagious illnesses addressed.](#)

### **ON THE ROAD: THE LIGHTER SIDE OF LIFTING**

**889** **cc**

*21:00 minutes*

Follow Mike Melnik as he takes you on a trip and demonstrates how to lift in the real world. A refreshing departure from traditional videos, this program uses humor to effectively teach safe body mechanics in real-life situations. It teaches viewers how to choose the "right lift" and apply these back safety principles in a variety of lifting situations.

### **OPERATING FORKLIFTS SAFELY (2004)**

**895** **cc**

*20:00 minutes*

Forklifts are basically simple machines, but they are also massive and powerful. If they aren't operated safely, the results can be devastating. While there are a lot of potential hazards associated with operating a forklift, you can avoid incident and injury by knowing 1) how your forklift operates, 2) how to safely carry your loads and 3) how to follow the rules of the road. This program provides viewers with the basic information they need to know regarding these three areas of forklift safety.

[2015 Customer Comment: Very good. Short, sweet, and to the point!](#)

### **ORDER PICKER SAFETY**

**959** **cc**

*9 minutes*

Order pickers are used in many storage environments and are especially dangerous because the operator goes up and down with the load. This program focuses on best safety practices specific to this piece of equipment, including the use of fall protection. Additional topics covered include how the truck works, how to perform inspections, and how to safely operate the truck.

[MIOSHA Comment: Concise DVD that details the safety features of an order picker. The DVD demonstrated some unsafe behaviors, e.g. leaning outside the platform, however, clearly indicated that this was an unsafe behavior.](#)

### **ORIENTATION TO THE BOARD OF HEALTH & SAFETY COMPLIANCE AND APPEALS**

**1053**

*25 minutes*

This video was created to give some background information as a board member on the Board of Health & Safety Compliance and Appeals and to place the board's work in context with the Michigan Occupational Safety & Health Act (MIOSH Act). An employer may file a first appeal with the Michigan Occupational Safety & Health Administration (MIOSHA) for modification or dismissal of a MIOSHA citation item and/or any proposed penalty or request an extension of time for abatement. If the employer has reason to contest MIOSHA's decision concerning the first appeal of the citation, it is then transmitted to the Board of Health and Safety Compliance

and Appeals for consideration. The Board contains seven members appointed by the Governor for four-year terms. Three members represent labor in fields of construction, general industry, and health, respectively. Three members represent management. One member represents the general public.

## **OSHA FORMALDEHYDE STANDARD**

**1096**

*15 minutes, 2011*

The use of formaldehyde in many laboratory operations poses significant health hazard to laboratory employees. The results of mishandling formaldehyde can be serious. They can range from the short-term discomfort associated with minor burns or skin irritation... to chronic effects from a lifetime of overexposure. This program provides the training that is required by this standard, focusing on the rules and procedures that the standard establishes for working with this potentially dangerous chemical. This video has been updated for 2014 with the new GHS Standard. Topics covered also include:

- Potential health hazards
- Testing for Permissible Exposure Limits (PEL)
- Labeling and material safety data sheets
- Hoods and other ventilation systems
- Personal protective equipment
- Spill and cleanup and decontamination procedures
- First aid and the Medical Surveillance Plan.

[2019 MIOSHA Review: This training video is specifically targeted to the Laboratory Industry.](#)

## **OVERHEAD CRANE SAFETY**

**1085**

*20 minutes*

If you work with or around an overhead crane, then this overhead crane safety video is a must see! Focusing on over three different types of overhead cranes, this crane safety video covers every aspect of crane safety to insure minimal accidents. A wide assortment of connectors (slings, chains, ibolts, lifting beams, etc.) are covered, as well as talk about sling angles and a pre-use inspection.

[2016 MIOSHA Review: Good video!](#)

## **PANDEMIC FLU: THE FACTS (2009)**

**1017**

*10:00 minutes*

The threat of a global influenza epidemic is very real. Now is the time to insure your company is prepared for an outbreak in the workplace. This program is a great way to raise awareness in your workplace and give your employees training on the proper precautions they need to take so they act and react in a calm, confident manner in the event of an outbreak or potential outbreak situation.

## **PENDANT CONTROLLED CRANE SAFETY**

**990** **cc**

*14:40 minutes*

*Facilitator's guide included.*

Crane incidents are nearly always serious accidents with catastrophic and costly consequences. Ironically, most crane incidents are preventable. Topics covered in this video are: Selecting, attaching and removing rigging, and storing the block and crane.

## **PERSONAL PROTECTON EQUIPMENT IN CONSTRUCTION ENVIRONMENTS**

**1162**



*19:12 minutes*

On-the-job injuries affect all types of people doing all types of work. Each year over 1,000,000 workers are injured at a cost to employers of over \$1 billion annually. However, studies have shown that the great majority of these workplace injuries could have been prevented if proper safety procedures and workplace practices had been followed. Personal Protective Equipment in Construction Environments has been specifically created to assist construction workers in selecting proper Personal Protective Equipment. Topics covered include:

- General workplace injury information
- PPE for head hazards
- PPE for eye and face hazards
- PPE for respiratory hazards
- PPE for hand and finger hazards
- PPE for foot hazards; and
- PPE for electrical hazards.

**PERSONAL FALL PROTECTION: ONE STEP BEYOND (2008) 940 CC/Sp&P**

*13:00 minutes*

This video reviews personal fall protection systems and anchorage equipment to protect workers from fatal falls. Rescue procedures after a fall are also covered. Includes: personal fall protection systems; lifelines, snaphooks, and harnesses; rescue; and equipment care and inspection.

[2017 MIOSHA Review: Up to date. Basic instruction on personal fall arrest equipment and use.](#)

**PERSONAL PROTECTIVE EQUIPMENT:  
REALITY IN THE PUBLIC SECTOR (2007) 930 CC/Sp**

*12:00 minutes*

Trends may come and go, but safety will not. All the time, every time, public sector employees must wear their PPE. They face a lot of risks and must be prepared. Otherwise, the results can only be tragic. Give them a first-hand look at the consequences of not wearing PPE, through a worker's recounting of his accident. Stress the importance of using protective equipment.

Covers:

- Wearing the right PPE for the job
- The importance of PPE
- Employer's and employee's responsibility
- Care and maintenance
- Different types of PPE

[2015 Customer Comment: Great. Covers all PPE and what happens the one time you don't wear it.](#)

**PERSONAL PROTECTIVE EQUIPMENT REFRESHER  
(Employee) 1163**

*3:51 minutes*

Refresh your training with these new short effective Safety Refresher videos. Each video is less than five minutes but covers key points of the topic. Designed to refresh and refocus safety attitudes for people that have already had more extensive how-to training.

**PERSONAL PROTECTIVE EQUIPMENT REFRESHER  
(Supervisor) 1164 CC**

*4:49 minutes*

Refresh your training with these new short effective Safety Refresher videos. Each video is less than five minutes but covers key points of the topic. Designed to refresh and refocus safety attitudes for people that have already had more extensive how-to training.

**PERSONAL PROTECTIVE EQUIPMENT: WEAR IT FOR YOU** **1058**

*12 minutes*

This is a powerful, true story of surviving a violent explosion during a routine maintenance procedure. Because of the PPE he was wearing, he is here today to share his moving story. Not only does David Dyck remind us of the importance of PPE, his story illustrates how an injury affects family, friends and co-workers. It's a message you won't forget.

[2016 Customer Comment: Very good. Drove home what happens when you do wear your PPE.](#)

**PERSONAL PROTECTIVE EQUIPMENT: YOUR DEFENSIVE LINE** **1040** **CC/Sp**

*20:50 minutes*

A football player wouldn't hit the field without a helmet or pads. This program will keep workers informed of the correct way to wear PPE to avoid any potential danger. This program includes an exciting and relevant opening that features football players getting ready to hit the field, making the connection with your workers that wearing PPE is the right, and safe, choice to make. Teach your workers to hit the job site with the necessary PPE to do their job safely. This program covers:

- Eye & Face Protection
- Head Protection
- Hearing Protection
- Hand Protection
- Foot Protection

**PLANNING FOR LABORATORY EMERGENCIES** **1091**

*17 minutes, 2011*

A caustic acid hose has just erupted... an experiment has shown unexpected reactions... what should employees do to deal with these and other emergencies? Employees need to know when and how they should act in an emergency situation. This program on laboratory emergencies discusses how to minimize damage and prevent injuries if a laboratory emergency should occur. This video has been updated for 2014 with the new GHS Standard. Topics covered also include:

- The emergency plan
- Types of emergencies
- Alarms and warning systems
- Contacting outside agencies
- Evacuation
- Fires, explosions and chemical spills.

**POOL SAFETY** **1160**

*8:59 minutes*

The pool is a place to have fun and relax. Because of this fact safety concerns are all too often overlooked. This video is designed to heighten employee awareness about safety in the pool and surrounding areas. Defines what is, and what is not, acceptable behavior and gives tips on how to recognize and respond to emergency situations. Since most hotels do not have a lifeguard present at their pools, employees must be aware of activity in and around the pool and know what steps

to take if they witness an unsafe condition or act. This video is a great way to inform and educate employees about their safety responsibilities.

## **PORTABLE GRINDING & ABRASIVE WHEEL**

**1099**

*13 minutes*

This program includes general safety rules, ring testing, handling of abrasive wheels, and how to prevent injuries when operating this equipment.

## **POWER LIFTING TECHNIQUES FOR A HEALTH BACK (concise)**

**1161 cc**

*10:29 minutes*

Most workers have been instructed to lift objects safely by using the “old way” of lifting; unfortunately, this method contains many flaws that result in unnecessary and very harmful stress on our backs. Lifting while balancing on the balls of our feet, too much bending of the knees, leverage that places excessive force on the lower back and overextending the spine beyond its base of support are all problems associated with this approach.

To eliminate the harmful effects of the old way of lifting, Dr. Mike Schaefer, a licensed orthopedic and chiropractic doctor, has developed the technique. This program demonstrates how to combine various lifts and postures associated with Dr. Schaefer’s PowerLift technique to overcome the real world challenges presented by many material-handling situations. Topics include:

- Advantages of a wider stance while lifting
- Creating a basic PowerLift
- The “Tip the Load,” Bridging & Lean Bar Techniques
- The Tripod Lift & the Golfer’s Bend; and
- Performing PowerLift pushes & pulls.

## **POWERED HAND TOOL SAFETY: HANDLE WITH CARE (2004)**

**919 CC/Sp**

*20:00 minutes*

Show your employees the benefits of working safely with power tools – on and off the job. This program explains the dangers of powered hand tools and offers training that follow the outline “avoid, protect, and defend.” Topics include: Avoiding dangers, staying out of the way of tools, proper use of PPE, pre-use inspection of tools, and good housekeeping.

## **PREVENTING CONTAMINATION IN THE LABORATORY**

**1095**

*11 minutes, 2011*

Handling hazardous chemicals and specimens requires a great deal of caution. If substances are not properly controlled, hazards can spread and contaminate other materials, work areas... even employees themselves. With many laboratories using toxic, corrosive and carcinogenic chemicals, employees need to do all they can to prevent contamination. Updated for 2014 with the new GHS Standard. Topics covered also include:

- How contamination occurs
- General preventative measures
- Engineering controls
- Safe work practices
- Personal protective equipment.

**PRINCIPLES TO PRACTICE –  
PREVENTING INJURIES THROUGH EMPLOYEE TRAINING**

**1070** **CC**

*25 minutes*

There are five basic safety principles that must be part of any successful safety program: management commitment, employee involvement, worksite analysis, hazard recognition and employee training. These concepts are also the key components of OSHA's Voluntary Protection Program. In this live presentation, safety professional and motivational speaker David Lynn discusses 15 real-world, successful techniques that can be used to put these five safety principles into practice. Designed as an awareness level program for safety leaders and managers, the program will help viewers change safety attitudes and culture at their organizations.

**REACH TRUCK SAFETY**

**962** **CC**

*8:26 minutes*

This equipment's flexibility makes it more important to understand how to evaluate rated capacity, pick and place loads and clear racking. These trucks have an articulated carriage that can reach, tilt and shift from side to side, requiring the operator to have a greater understanding of safe usage. Topics covered include how the truck works, how to perform inspections and how to safely operate the truck.

**REMEMBER CHARLIE**

**745**

*56:49 minutes*

A deeply moving portrayal of the devastating real-life consequences of the abuse of safety procedures. Designed to motivate audiences to handle all aspects of their lives with greater awareness and appreciation of safety. Learn to become more responsible for your own safety on the job, at home, and at play. Dramatically changes safety attitudes from uncaring, apathetic and routine to safety first & always.

[2017 MIOSHA Review: Long video, but good message. Production is older \(90's\), but still gets the point across.](#)

**RESPIRATORY PROTECTION**

**898** **CC/Sp**

*13:00 minutes*

Breathing - it's something we all do all the time, without even thinking about it. Most of the time we don't have to because the air around us is safe, but when we are on the job we could run into situations where it could damage our bodies or even be fatal. In times like these, we need to take personal responsibility for our safety, and that means using respiratory protection. This video alerts workers to the importance of protecting their respiratory systems and provides them with helpful tips for using and maintaining respirators properly. Topics include types of respiratory hazards, selecting the appropriate respirator and using respirators in emergencies. Fitting, cleaning, disinfecting and storing respirators properly are other topics covered.

**RESPIRATORY PROTECTION**

**1046**

*12 minutes*

This program is designed to provide your employees with the basics of respiratory protection. Revised to meet the new OSHA respiratory standard, the program alerts employees to the importance of protecting their respiratory systems and provides them with helpful tips for maintaining and properly using respirators. Also included is a clear explanation of the

requirements of the OSHA standard.

[2019 MIOSHA Review](#): The video covers all aspects of a respiratory protection program. Please note: In addition to the information presented in this training video, employees will have to receive training on the details of their worksite specific respiratory program, such as information regarding the precise types of respirators used.

## **RESPIRATORY PROTECTION: THE FACTS**

**1165**

*17:16 minutes*

Sometimes it is difficult to respect a hazard you can't see or one that may take years to affect you. Respirators can provide protection, but only if they are worn and used properly. Respiratory Protection The Facts creates an awareness and respect for the hazards by demonstrating with highly effective graphics how the respiratory system works and the effects of different airborne hazards. The program covers proper use, care and maintenance of air-purifying respirators and the importance of proper selection and fit. Respiratory Protection The Facts will educate and motivate your worker on when and how to properly use their air-purifying respirator.

## **RESPONSIBILITY: WHO'S IN CONTROL?**

**980** **cc**

*10 minutes*

Most of us are aware of the obvious steps we can take to improve safety, such as using proper protective equipment and following company safety procedures. We may be unaware, however, that our actions and behaviors are just as important to our safety. Unsafe behaviors result in many industrial injuries. While we may work for some time without incident, eventually we will experience an injury if we continue to work unsafely. This video will help your employees understand the importance of taking responsibility for their own actions rather than allowing outside forces to control their behavior.

[2018 MIOSHA Review](#): Note – Responsibility is only addressed from the employee's standpoint. There is nothing in the video that discusses management's responsibility to employees for their safety and health.

## **ROLLING TOWERS: MOBILE SCAFFOLD SAFETY**

**1004**

*13 minutes*

This video describes how to safely erect and dismantle mobile scaffolds. The video also educates construction workers on how to safely work on mobile scaffolds.

## **SAFE BEHAVIOR – NO REGRETS**

**989** **cc**

*12 minutes*

*Facilitator's guide included.*

Enhance your safety culture by emphasizing the importance of integrating interpersonal skills, hazard recognition, and positive reinforcement of safe behavior always, and in all job situations. This highly motivational message of the importance of safety helps your workers to integrate safety into everything they do – reducing accidents and lowering costs. Instilling hazard recognition and awareness skills in your workers will positively change their behavior – making safety a concern in every choice they make and action they take. This effective program covers: principles of behavior awareness, the power of positive reinforcement, the importance of interpersonal communication, and how to make best safety practices a part of your everyday work practices.

[2017 MIOSHA Review](#): Up-to-date. Note: This video refers to “material safety data sheets (MSDS). New standards use Safety Data Sheets (SDS).

## **SAFE ELECTRICAL WORK PRACTICES: 2018 NFPA 70E**

**1131**

*27 minutes*

This program explains the important changes and updates contained in the **2018** NFPA 70E Standard and discusses how electrical workers can be protected from both the shock and arc-flash hazards presented by exposed energized parts. After viewing this program, electrical workers and supervisors will understand those responsibilities and be convinced that always following electrical safe work practices and procedures is the only way for electrical workers to stay safe.

- The revised required elements of the electrical safety program such as written job safety plan, job briefing, etc.
- An explanation of both the employer and employee responsibilities.
- Updates to the shock and arc-flash hazard assessments.
- Annex Q has been added to help explain how human performance can be applied.
- When controlling risk, the regulation now requires that a specific Hierarchy of Controls be followed.
- The revised reference tables for establishing approach boundaries and selecting arc-rated clothing & PPE.
- An additional unit of measure for incident energy, updates of key definitions, and much more...

2018 MIOSHA Review: Good at showing the difference between approach distance for shock and incident energy (burn from heat).

## **SAFE HANDLING OF LABORATORY GLASSWARE**

**1092**

*13 minutes, 2011*

Broken glassware causes more laboratory accidents than any other hazard. Because it is so fragile, glassware can easily fracture if it is bumped, dropped or too much pressure is applied to it. Some glassware accidents don't require much more than a Band-Aid, while others can result in a lot of blood and the need for medical attention. Plus, the threat of contamination from the materials in a broken container can also be a serious problem. This video has been updated for 2014 with the new GHS Standard. Topics covered also include:

- Inspecting glassware before use
- Effects of extreme temperatures and pressures
- Matching glassware to the experiment
- Working with glass tubing
- Using personal protective equipment
- Storage and handling
- Washing and cleanup.

## **SAFE OPERATION OF SCISSOR & BOOM LIFTS (2006)**

**987** **cc**

*Note: Same video as #974 – Elevated Work Platform Safety. To reserve, please see #974.*

## **SAFE OPERATION OF SCISSOR & BOOM LIFTS (concise version)**

**1041**

*10 minutes*

Concise version of #974: Elevated work platforms such as scissor and boom lifts allow us to safely perform various tasks and maintenance operations at heights that otherwise may be unreachable. While there are many different styles of lifts designed for various applications and site conditions, they all have one thing in common: the potential for serious injury or death when operated in a careless manner. Electrocution, falls, crushed body parts and tip-overs are just a

few examples of incidents that often result from unsafe operation. This video discusses the procedures lift operators must follow to prevent these types of incidents.

**SAFE OPERATION AND USE OF ALL-TERRAINE VEHICLES      1166**  
**(concise)**

*7:56 minutes*

All-terrain vehicles, popularly known as ATV's or four-wheelers, were originally designed for recreation, but many companies have found their mobility and adaptability to workplace applications ideal for use on their premises. While most people think of ATV's as mere toys, they are not toys. Riders must know and understand the basic safe operating skills needed to ride them safely. ATV's can be useful around the facility, but unsafe operation can lead to serious injury or even death. This video discusses the safe operating procedures that must be followed to avoid injuries while riding an all-terrain vehicle.

**SAFE USE AND OPERATION OF INDUSTRIAL CRANES –      1100**  
**REFRESHER**

*11 minutes*

Cranes come in a wide variety of sizes, configurations and capacities to lift and transport various products and materials used in industry. Because of the serious hazards presented by crane operation, crane operators must be fully qualified, and 100 percent committed to the safe operation of their crane. That is the purpose of this safety video —to review the safety rules, precautions and safe operating practices common to all cranes in order to help crane operators work safely with the specific cranes they operate.

**SAFETY AWARENESS II:**  
**REAL ACCIDENTS, REAL STORIES (2009)      1016**

*20 minutes*

Let experienced workers tell your employees how complacency toward safety changed their lives. In this video, real workers talk about how ignoring safety guidelines led to their on-the-job accidents and injuries. Each of these workers relates how their injury has affected their job, their personal life and their attitude towards safety. In the course of their conversation with you, they will cover

- Common dangers in the workplace
- Dangers of safety complacency
- Safety guidelines and procedures
- Importance of proper PPE
- Safety training
- Life-changing effects of accidents

**SAFETY BENCHMARKING WITH DYN MCDERMOTT (2008)      999**

*45 minutes*

“Safety Benchmarking with DynMcDermott” DVD uses an engaging, documentary style approach to teach you and your staff the concepts behind their safety success.

**SAFETY DURING RENOVATION &**  
**DEMOLITION OPERATIONS      1049**

*20 minutes*



This DVD provides practical guidance ensuring employee and public safety during demolition and renovation operations (non-structural work). It addresses high-frequency/exposures hazards and includes information on controlling moisture and dust hazards.

**SAFETY LEADERSHIP – 1059**  
**A SUPERVISOR’S RESPONSIBILITY (2011)**

*20 minutes*

A supervisor’s commitment to safety can make or break any corporate safety plan, and directly impact productivity results and costs. This training program is designed to emphasize safety responsibilities for supervisors – underscoring the fact that, while safety managers have overall responsibility for safety, supervisors retain the responsibility for their employees’ safety.

**SAFETY LEADERSHIP FOR EVERYONE (2003) 976 cc**

*20 minutes*

Often the only difference between a world-class safety operation and a program struggling to move beyond regulatory compliance is the courage and willingness to put safety leadership into action. In this video, safety professional Tom Harvey discusses the traits that make a good safety leader. Several true-to-life situations in the workplace are used to illustrate his points. Stressed in the program is the fact that all of us can be safety leaders no matter what job or title we hold. Topics include connecting safety messages with actions, setting examples, why safety prizes often don't work, recognizing safe actions of co-workers and employee-powered safety.

[2017 Customer Review: Very well received by employees.](#)

**SAFETY ORIENTATION: ON ALERT (2008) 973 Sp&P**

*24 minutes*

This innovative program allows you to choose the new-hire training program that best meets the needs of your facility. Topics covered are: slips, trips and falls, hazard communication, PPE, fire safety, back safety, BBP, lockout/tagout, and evacuation.

[2017 MIOSHA Review: Very general. Covers many topics briefly.](#)

**SAFETY SHOWERS AND EYE WASHES IN THE LABORATORY 1094**

*9 minutes, 2011*

Employees may never need a safety shower or an eye wash... but if they do, knowing where they are located, and the proper procedures for using them, can prevent serious injury or possibly even save a life. This training program reviews the correct ways to use this equipment and emphasize the need for quick action after a chemical splash or spill in a laboratory. This video has been updated for 2014 with the new GHS Standard. Topics covered also include:

- Getting to eye washes and safety showers in an emergency
- Operating showers and eye washes
- Exposure to corrosive substances
- Testing eye wash and shower equipment
- Using showers and eye washes properly.

**SAFETY STARTS WITH AWARENESS, AWARENESS  
STARTS WITH YOU: THE BERNIE INMAN STORY 1107**

*20 minutes*

Bernie and Sheila Inman's world was turned upside down when Bernie suffered horrific injuries at work, leaving him in a coma with a grim prognosis: no chance of meaningful recovery. If he were to survive, the doctors predicted he would be blind, brain damaged and completely

paralyzed. In this program, Bernie and Sheila candidly discuss the events leading to Bernie's injuries, and in the process deliver a powerful message on the importance of safety awareness, safe work practices and the far-reaching effects of a workplace injury. After listening to Bernie and Sheila's message, viewers of this unique presentation will understand the importance of seemingly simple safety choices and decisions. Bernie does not know or understand why he survived his ordeal, but he insists on turning his tragedy into a positive by sharing his story with others. Topics include complacency & shortcuts, how your choices affect others, PPE, ripple effects of an injury and reasons to work safely.

## **SAFETY'S TOP 10**

**1052**

*10:00 minutes*

While the top 10 lists you see in magazines and on late night talk shows are created to get laughs, the list in this program focuses on a subject that is no laughing matter - causes of workplace injuries. With disturbing regularity, thousands of employees and contractors are injured or killed while on the job each year. Some people make the mistake of calling these types of incidents "accidents" and chalk them up to just "bad luck" or just being "in the wrong place at the wrong time, but safety professionals know better. Injury statistics show that the same types of incidents continue to occur repeatedly. Viewers will see the top 10 causes of these incidents listed from 10 to one, but more importantly, they will learn how workplace injuries can be prevented.

## **SCAFFOLDING SAFETY: ERECTING & DISMANTLING**

**981** **CC/Sp**

*18:26 minutes*

*Facilitator's guide included.*

Properly erected scaffolds provide a safe elevated work surface to efficiently perform tasks when ladders or other lift devices are not feasible or practical. However, scaffolds can present extremely hazardous situations when they aren't erected or dismantled properly. This creates the opportunity for the scaffolding to collapse resulting in disabling injuries, property damage and even death. This program teaches workers: assembly and dismantling requirements, types of scaffolds, potential hazards, and ladder construction and usage.

## **SCAFFOLDS: SAFETY AT ALL LEVELS (2005)**

**732** **CC/Sp&P**

*10:00 minutes*

Covers the role of the competent person, pre-assembly inspection, assembly, pre-shift inspection, safe work practices, and fall protection.

[2016 MIOSHA Review: Video focuses on ground-supported frame scaffolds. Also includes suspension scaffolds. Two employees on frame scaffold appear to be using personal fall arrest system improperly – two lanyards hooked together. Video is still good general information.](#)

## **SEVERE WEATHER ALERT (2003)**

**1018**

*15 minutes*

Severe weather can occur at any place at any time, and you and your employees will have to respond with little or no notice. Train your workers to be prepared for severe weather with this practical, realistic video that reviews the meanings of severe warnings and watches. Plus, employees learn

- How to stay safe when severe thunderstorms are approaching
- The hazards of flooding and moving water
- How to prepare for tornadoes in the home, automobile, at work or outside
- Precautions to take after a storm has passed

2017 MIOSHA Review: Good information on what to do to prepare for severe weather or what to do if caught in it unexpectedly. This video was produced in 2003 so the option of being notified about the potential for severe weather from a smart phone is not mentioned.

## **SILAGE SAFETY**

**1172**

*17:18 minutes*

With the right policies and procedures in place, serious silage accidents today are avoidable.

## **SINGLE LADDERS & EXTENSION LADDERS (2014)**

**1129**

*19:35 minutes*

During this presentation, you are shown the proper techniques to select, inspect, set-up, use and care for single ladders and extension ladders.

## **SLIPS TRIPS AND FALLS IN HEALTHCARE**

**1168**

*5:06 minutes*

Slips, trips and falls are the second most common cause of injury for home and community health workers. These types of accidents can result in serious disabling injuries and have a major impact on one's ability to perform their job and may result in lost work days, reduction in productivity or a diminished ability to care for a client. Recognizing and correction of household hazards is examined as the first step in prevention. Common slips and falls are examined to show the actual root causes and steps are outlined for workers to take to reduce hazards for everyone in the home.

## **SLIPS, TRIPS & FALLS: KEEPING A STEP AHEAD**

**767** **CC/Sp**

*12:00 minutes*

Slips, trips and falls can be a significant source of injuries and even deaths on the job. This video covers preventive measures: when, where and how to use fall protection; techniques to avoid slips, trips, and falls; and safe work practices.

2017 MIOSHA Review: Covers the basics of slips, trips, and falls. Focuses on housekeeping, but touches on PPE, ladders and fall protection. Up-to-date video with real-world examples. (Note: Video says OSHA only allows Type I or IA portable ladders. MIOSHA allows Type I, IA and II ladders.)

## **STEPLADDER (2014)**

**1130**

*13:35 minutes*

During this presentation, you are shown the proper techniques to select, inspect, set-up, use and care for stepladders.

## **STRETCHING OUT AT WORK**

**886** **cc**

*13:00 minutes*

This motivational video helps reduce workplace injuries by demonstrating stretching and warm-up exercises on the job. Your employees will learn why it is important to stretch before, during and after working to maintain a healthy body.

2017 MIOSHA Review: Little dated but reinforces idea and benefits of stretching at work. Shows basic stretching exercises.

## **STRUCK-BY HAZARDS IN CONSTRUCTION ENVIRONMENTS**

**1169**

*18:09 minutes*

This safety training video Struck-By Hazards in Construction Environments provides the information employees need to recognize the struck-by hazards that are associated with construction tasks and take steps to avoid them before accidents happen. Struck-by accidents occur when a person is hit by a moving object. On construction sites this can include being hit on the head by a falling hammer, hit by particles being thrown from a grinder, hit by a truck that's backing up, or hit by a load of wallboard that's being hoisted. Struck-by accidents are one of the four top causes of fatalities in construction work, and can result in serious injuries as well. But they don't have to happen. Topics covered in this program include personal protective equipment; traffic safety; heavy equipment; masonry walls, overhead work and building materials, and more.

**TAKE FIVE: VIDEO SERIES VOLUME 1 & 2**

**887** **cc**

*40:00 minutes*

- Program 1 – Lifting
- Program 2 – Ergonomics
- Program 3 – Stretching
- Program 4 – Sitting
- Program 5 – Standing

[2020 MIOSHA Review: Solid info from expert occupational therapist, credible, good examples to demonstrate his points.](#)

**TAKING CONTROL OF WORKPLACE VIOLENCE**

**1103**

*21 minutes*

Helps managers and supervisors recognize, understand and deal with warning signs or threats, and teaches them how to defuse situations and assist troubled employees.

**TEENS: THE HAZARDS WE FACE IN THE WORKPLACE**

**923**

*10:22 minutes*

This DVD introduces some typical safety hazards encountered on the job of nine high school students in the Boston area. The students discuss why safety is important, their rights under the law to work in a safe environment, and how to avoid getting injured on the job.

**TELEHANDLERS: SAFE OPERATION**

**1048**

*14 minutes*

The Telehandler is a versatile piece of equipment found on most every job site. These unique machines can lift up to 10,000 loads and extend outwards 30 to 40 feet. Because of the size and power of this machine the safety and training of for this equipment is very important.

**THANK YOU**

**1007**

*5 minutes*

Everyone needs positive reinforcement. In this unique presentation, friends and family members say thank you to the employees who have helped keep their loved ones safe by correcting hazards, speaking up about unsafe acts, and participating in the company's safety program. This upbeat safety message will set an optimistic tone for your next safety meeting.

[2017 MIOSHA Review: up to date.](#)

**TO THE POINT ABOUT PERSONAL FALL ARREST SYSTEMS**

**1125**

**Sp**

*14 minutes*

Our workplace is full of hazards, hazards that can hurt us or kill us. One such hazard is presented by elevated working surfaces where there is the potential for a fall. Should a fall occur, the proper use of a personal fall arrest system could prevent injuries and save lives. This training program reviews the proper selection and use of fall arrest equipment (OSHA Standard 29 CFR 1926.502). This DVD contains both English and Spanish versions.

Topics covered also include:

- The three components of a personal fall arrest system
- Calculating total fall distance
- Safe use of self-retracting lifelines
- Using fall arrest equipment 100% of the time
- Survival & rescue after a fall event.

### **TORNADOS: BE PREPARED! (1992)**

**896 cc**

*15:00 minutes*

Help employees become prepared for the uncontrollable power of tornadoes. This program helps employees understand the importance of taking lifesaving precautions and following proper procedures, including tornado alerts, safe versus unsafe locations, following your company's emergency plan, and safety in vehicles and at home.

[2017 MIOSHA Review: old production but information OK. Video #1018 \(Severe Weather Alert\) also covers information on tornados. Information seems consistent with NOAA safety information.](#)

### **TRACTOR SAFETY**

**1086**

*15:00 minutes*

Tractor turnovers and other tractor-related accidents occur all too often in the agriculture industry. This program provides tractor operators with “safety basics”, including vehicle operation, pedestrian safety, safe tractor operation, machine guarding, and pre-inspection checklists.

### **TRENCHING & EXCAVATION SAFETY:**

#### **THE SCOTT MAY STORY**

**1172**

*20:52 minutes*

Trenching and excavation work—it’s the starting point of most construction projects. Before you dig, there’s a lot you need to know, because the risks, just like the weight of the soil, are too great to take a chance. This type of work is dangerous, with more than 1 workers killed in trench accidents each year. So, if you work in a trench or excavation, no matter what your job, you need to know the safety requirements and that’s the purpose of this program. Construction Safety Professional Bob Synnett returns to discuss the safety rules for trenching operations and when they apply as well as to share the lessons learned from the story of Scott May, a young worker who was killed in a tragic excavation accident.

### **TUBERCULOSIS IN THE HEALTHCARE ENVIRONMENT**

**1170**

*23:34 minutes*

After an alarming resurgence in the 1980s, tuberculosis is currently one of the most common infectious diseases in the world, killing more than a million people every year. Healthcare employees are on the front lines in the fight against TB, and they have a significant risk of exposure to the disease. This safety video provides the latest information on the tuberculosis

threat, the infection hazards that Healthcare employees may encounter in their jobs, and the steps they can take to avoid them.

## **UNDERSTANDING & PREVENTING EYE INJURIES** **1042**

*10 minutes*

About 2,000 workplace eye injuries requiring medical attention occur each day. Most of these injuries are suffered by employees not wearing eye protection or wearing the wrong protective devices for the job. This program emphasizes the importance of wearing the proper protection when eye injury hazards are present, so employees can avoid needless burns, punctures, foreign objects and other threats to their vision.

## **UNDERSTANDING & PREVENTING HEAT-RELATED ILLNESSES** **1060**

*17 minutes*

As hot conditions intensify this summer and we continue to perform our regular job duties, the potential for heat-related illnesses rises dramatically. Collectively known as heat stress, these illnesses are serious and can even cause death in some cases. Your employees must be vigilant in their efforts to prevent them. This program discusses how hot conditions affect the human body, the symptoms of heat-related ailments and what to do if we start to experience them, how to treat victims of heat stress and most importantly, the precautions that must be taken to avoid problems when working in hot environments. Other topics include becoming acclimated to the heat, use of the buddy system, preventing heat stress at indoor facilities and specialized clothing and protective devices for working in hot conditions.

## **UNDERSTANDING & PREVENTING LADDER ACCIDENTS** **1043**

*10 minutes*

Each year, there are more than 164,000 emergency room-treated injuries in the U.S. relating to ladders. The unfortunate truth is that all of these injuries are preventable; by following a few simple guidelines and procedures you can work safely on ladders and avoid becoming a statistic. The purpose of this program is to review these basic guidelines and procedures, so your employees can prevent ladder-related mishaps.

## **UNDERSTANDING SAFETY AT WORK (2006)** **880** **cc**

*24:00 minutes*

A-Z of workplace safety. The consequences of poor industrial safety practices can result in serious injury, increased absenteeism, sick days and even death. An organization can minimize the risk of accidents and incidents occurring by implementing appropriate safe work procedures. [2017 MIOSHA Review: Helpful video. Realistic examples and rather entertaining. \(Note: Haz Com is not up-to-date – refers to MSDS and old pictograms – but that is only a small portion of the video.\)](#)

## **USING LADDERS SAFELY** **1057**

*15 minutes*

Ladders bring portability and flexibility to any job that extends above the ground. But if not used correctly, ladders can be dangerous. The program includes information on stepladders, extension ladders and articulated or multi-purpose ladders. Your employees will learn: how to select the right ladder for the job; how to inspect a ladder for damage; how to set up a ladder properly; and how to climb and work on a ladder safely.



## **VIOLENCE ON THE JOB**

**1108**

*27 minutes*

Discusses practical measures for identifying risk factors for violence at work and taking strategic action to keep employees safe.

## **WALKING AND WORKING SURFACES (2017)**

**1126**

*21 minutes*

To ensure workers are provided with safe working and traveling surfaces, OSHA has developed and recently updated its regulation 29 CFR 1910 Subpart D, titled "Walking and Working Surfaces". Those employees covered by the regulation must be trained in the nature of the fall hazards in the work area and how to recognize them, as well as in the procedures to be followed to minimize those hazards. This program discusses the requirements addressed in the sections of the regulation in detail, so viewers can make sure the surfaces on which they work, or travel are safe and secure.

- Slips and Trips hazards, causes, corrections and working around stairs.
- Fall Protection Systems to be used around an "unprotected edge" such as Guardrails, Safety Nets and Personal Fall Protection.
- Personal Fall Arrest Systems and its proper use including: Anchor Points, Body Harnesses, Connecting Devices and calculating / limiting fall distance.
- Portable & Fixed Ladders: inspection, setup and safe work practices.
- Scaffolding: Qualified Person, erection, guardrails and other hazards.
- Falling Objects, head protection and various protective measures such as toe boards, screens, guardrail systems, canopy structures and barricades.
- Dock Boards, runways & catwalks and hoist areas.
- Holes, openings, low-sloped roofs and dangerous equipment.

## **WELDING SAFETY**

**1045** **CC/Sp**

*13:20 minutes*

This program teaches employees to recognize and respect the potential hazards and motivates them to use best safety practices to prevent property damage and injury. It covers:

- Types of welding
- Potential hazards
- Purpose and importance of ventilation
- Proper personal protective equipment
- Purpose and procedures of a hot work permit
- Fire prevention techniques
- Special welding situations

## **WHAT WOULD YOU SAY? (2005)**

**1001**

*15 minutes*

We all occasionally witness unsafe behavior. But talking with our co-workers about safety can be difficult. We don't want to hurt feelings; we don't want to make people mad, but we don't want anyone to get hurt. This new video helps us learn to effectively communicate with our co-workers when we see them behaving unsafely. What Would You Say? Features three potentially hazardous workplace incidents in which workers confront each other about the hazards. In each incident, examples of poor communication are demonstrated and then examples of effective and



positive communication techniques are demonstrated - techniques that we can all use on the job and off. This DVD focuses on easy to use communication techniques including: be positive, show that you are concerned about their safety, explain the consequences of the hazard or unsafe behavior, and be specific with your comments. The DVD also helps us learn to respond in a positive way if someone is pointing out our unsafe actions. Suitable for new and experienced employees in a wide variety of settings.

### **WHEN YOU LEAST EXPECT IT**

**879** **cc**

*19:00 minutes*

This award-winning video stresses defensive driving attitudes as well as techniques. Dramatic auto accidents are executed by professional stunt drivers from the Joie Chitwood Thrill Show. This program provides positive reinforcements in a dramatic style! Include an excellent section on the importance of using seat belts.

### **WINTER DRIVING: WHEN THE RULES CHANGE**

**1002**

*15 minutes*

This attention-grabbing new 15-minute video dramatically illustrates the importance of adjusting our driving techniques when winter rolls around. Aurora's "famous" Larry character also appears in this video making one winter driving mistake after another; mistakes we can all learn from. When the Rules Change also includes a powerful interview with a woman who was involved in fatal wintertime crash - an event that changed her life forever. The video addresses: vehicle preparation for winter; adjusting schedules for winter driving conditions; maintaining good visibility; winter driving techniques, including intersections, cornering, skid control, braking and slowing down; and winter survival supplies and techniques.

[2017 MIOSHA Review: Good advice. Good reminders.](#)

### **WINTER WALKING: AVOIDING SLIPS & FALLS (2008)**

**983** **cc**

*10 minutes*

One of the quickest ways to have an accident in the winter time is by simply walking around in the great outdoors with your mind on other things. Snow, cold, rain, sleet, ice, wind, and decreased visibility are all factors in the dangers that winter walking presents. If you have a job that requires walking outdoors, this video program could help keep you from becoming an accident victim. Training points covered include walking on slippery sidewalks, entering and exiting buildings, climbing slippery steps, stepping off or over curbs, being alert to painted surfaces or ice under the snow, and getting in and out of vehicles on snow and ice.

[2017 MIOSHA Review: Good tips on avoiding slips and falls. Especially liked suggestion about getting in and out of vehicles.](#)

### **WORKPLACE STRESS**

**1171**

*14:09 minutes*

In the fast-paced world that we live in, we are always encountering situations that can be stressful. Many of these occur at work. Yet stress, and its effects on our ability to do our jobs, is a subject that is often overlooked. This video on Workplace Stress helps employees identify potentially stressful situations and learn how to cope with them. Topics covered include:

- Situations causing stress
- Positive versus negative stress
- Recognizing symptoms
- Effects of stress

- Eliminating stress factors; and
- Stress-relieving exercises.

## **WORKING AROUND CRANES**

**1044**

*19 minutes*

Teach your employees how to identify and prevent the hazards associated with working around cranes - before those hazards become accidents.

- Proper PPE to wear around cranes
- Crane assembly
- Wire rope/lifting
- Signaling

## **WORKING SAFELY IN COLD WEATHER**

**1119**

*15 minutes*

Working safely in cold weather requires more than just the right clothing. This presentation provides viewers with detailed information on how to safely work in cold weather conditions. It will explain how the systems of the body work in cold conditions, how to spot frostbite and other cold-related illness, as well as how to properly dress and work in the cold months. Prevention is emphasized as viewers are shown signs of distress to look for in themselves and co-workers and how to safely handle such situations.

[2017 MIOSHA Review: Good information on \(1\) how to identify and treat symptoms of cold stress; \(2\) how to prevent cold stress through diet and layering of clothing; and \(3\) driving in cold weather and the importance of having an emergency kit.](#)

## **WORKING SAFELY IN HOT ENVIRONMENTS**

**1064**

*15 minutes*

Whether you work in a hot environment or you're outside on one of those "dog days of summer", this program shows viewers how to recognize and respond to various heat-related problems. Featured are several scenarios with some of the physical symptoms and appropriate First Aid procedures for each illness.

- Heat rash, aka "prickly heat"
- Heat cramps
- Heat exhaustion
- Heat stroke
- General precautions and getting acclimated to hot environments.

## **WORKPLACE HARASSMENT IN INDUSTRIAL FACILITIES**

**1087**

*17:00 minutes*

Most of us cannot do our work without interacting with other people. Effective communication is usually part of the job, and cooperation can be essential. When interaction, communication and cooperation are hindered in some way the workplace can become "toxic" and threaten our sense of well-being. Feelings of stress, frustration and anger can boil to the surface. Attendance, productivity, quality and safety often suffer. When people hear the word "harassment," they usually think of sexually-related activity. But harassment encompasses a wide range of behavior from practical jokes to intimidation. It can also include threats, verbal abuse and discrimination, even stalking and assault and anyone can be subject to it. Topics covered in this video include:

- The nature of workplace harassment.
- How to recognize various types of harassment.

- How to handle verbal abuse and threats.
- The many forms sexual harassment can take.
- How to recognize the many variations of "assault."
- Knowing what to do, and what not to do, when confronted with a stalker.
- How fostering a positive workplace environment can increase productivity and safety.

## **WORKPLACE SAFETY INVESTIGATORS:**

**1047**

### **GROUNDSKEEPING SAFETY**

*19 minutes*

After a frightening incident, expert workplace investigators are called to crack the case. During the story, viewers will learn about the hazards of exposure to the various machinery and elements of outdoor work environments. In this landscaping video, emphasis is placed on working in the elements and how to recognize, prevent and handle heat stress situations. Basically, this is a landscaping video that specializes on preventing complacency from entering into landscaping training.

## **WORKPLACE STRESS**

*14:09 minutes*

In the fast-paced world that we live in, we are always encountering situations that can be stressful. Many of these occur at work. Yet stress, and its effects on our ability to do our jobs, is a subject that is often overlooked. This video on Workplace Stress helps employees identify potentially stressful situations and learn how to cope with them. Topics covered include:

- Situations causing stress
- Positive versus negative stress
- Recognizing symptoms
- Effects of stress
- Eliminating stress factors; and
- Stress-relieving exercises.

## **WORKPLACE VIOLENCE PREVENTION:**

### **IMPLEMENTING YOUR PROGRAM (2004)**

**866**

*20 minutes*

This program will help you understand the essential components of a workplace violence prevention program and how to easily implement one in your workplace.

[2017 MIOSHA Review: Very good production on a topic OSHA/MIOSHA does not have a lot of resources for.](#)

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## **Spanish Videos**

(Listed Alphabetically)

**ABOUT FIRE PREVENTION AND RESPONSE (CONCISE)**

**AERIAL LIFT SAFETY**

**ARTICULATED LADDER SAFETY**

**BACK SAFETY: LIFT FOR LIFE**

**BACK SAFETY: LIFT WELL, LIVE WELL**

**BACKS, A BIT ABOUT**

**BEAT THE HEAT: PREVENTING & TREATING HEAT DISORDERS**

**BIOLOGICAL THREATS IN HEALTHCARE: IDENTIFY & RESPOND**

**BLOODBORNE PATHOGENS FOR HEALTHCARE**

**BLOODBORNE PATHOGENS: TAKE PRECAUTIONS**

**BLOODBORNE PATHOGENS: UNIVERSAL PRECAUTIONS**

**COACHING SAFETY PERFORMANCE: JOB SAFETY ANALYSIS**

**COMBUSTIBLE DUST: INCIDENT PREVENTION**

**COMPRESSED GAS CYLINDERS**

**CONFINED SPACE: CASE HISTORIES**

**CONSTRUCTION ELECTRICAL SAFETY**

**CRANE INSPECTION**

**CRANE OPERATIONS: HAND SIGNALS**

**CRANE SAFETY: OVERHEAD OPERATIONS**

**DAN PETERSON'S SAFETY MANAGEMENT SERIES**

**DEFENSIVE DRIVING: PREPARED FOR THE WORST**

**ELECTRICAL SAFETY: BASIC PRINCIPLES**

**ELECTRICAL SAFETY: NFPA 70E**

**ELECTRICAL SAFETY NFPA 70E CONTROL THE CHARGE (ARC FLASH)**

**ELEVATED WORK PLATFORM SAFETY**

**EXCAVATIONS: SAFE WORK ESSENTIALS**

**EYE SAFETY: NO SECOND CHANCES**

**FOOT PROTECTION**

**FORKLIFT FUNDAMENTALS: GET THE FACTS**

**FORKLIFT OPERATIONS: CARRY THE LOAD**

**FORKLIFT OPERATIONS: SAFETY DRIVEN**

**FORKLIFT SAFETY: BASIC ORIENTATION**

**FORKLIFT SAFETY: BEST OPERATING PRACTICES**

**FORKLIFT SAFETY: REFUELING PROCEDURES**

**FORKLIFT SAFETY: THE RESPONSIBLE OPERATOR**

**GHS GLOBALIZE YOUR COMMUNICATION**

**GHS LABELS REFESHER (EMPLOYEE)**

**GHS LABELS REFRESHER (SUPERVISOR)**

**GHS LABELS REFRESHER (EMPLOYEE)**

**GHS LABELS REFRESHER (SUPERVISOR)**

**GROUNDSKEEPING SAFETY: BE A PRO**

**HAND INJURY PREVENTION – IN TOUCH WITH SAFETY**

**HAND AND POWER TOOL SAFETY**

**HAND PROTECTION: LESSONS FOR A LIFETIME**

**HAND SAFETY: IT'S IN YOUR HANDS**

**HAZARD COMMUNICATION: BEHIND THE SCENES**

**HAZARD COMMUNICATION: INFORMED FOR SAFETY**

**HAZARD COMMUNICATION FOR PUBLIC EMPLOYEES**

**HAZARD RECOGNITION: OUT OF THE ORDINARY**

**HEARING CONSERVATION: WHAT DO YOU WANT TO HEAR**

**HEARING PROTECTION: IT MAKES SENSE**

**HEAT STRESS: CODE RED**

**HEAT STRESS: DON'T LOSE YOUR COOL**

**HEAT STRESS FOR PUBLIC EMPLOYEES – SEEING RED**

**HEXAVALENT CHROMIUM AWARENESS**

**HOUSEKEEPING: IT AIN'T LIKE THE MOVIES**

**INDOOR CRANES: SAFE LIFTING OPERATIONS**

**IT'S UP TO ME**

**LADDER SAFETY: EVERY STEP COUNTS**

**LADDERS: ARTICULATED LADDER SAFETY TRAINING**

**LADDERS: MOBILE LADDER STANDS & MOBILE LADDER STAND PLATFORMS**

**LADDERS: SINGLE LADDERS & EXTENSION LADDERS**

**LADDERS: STEPLADDERS**

**LASER SAFETY: THE BLINK OF AN EYE (2007)**

**LEAD SAFETY**

**LEAD SAFETY ON THE JOB**

**LOCKOUT / TAGOUT OF ENERGY SOURCES**

**LOCKOUT / TAGOUT: AN OPEN AND SHUT CASE**

**LOCKOUT / TAGOUT: REAL, REAL LIFE**

**MACHINE GUARD AWARENESS**

**MACHINE GUARDING**

**MACHINE GUARDING: SAFEGUARD YOUR FUTURE**

**MACHINES, OPERATOR AND GUARDS: REAL ACCIDENTS, REAL STORIES**

**MRSA AWARENESS**

**OFFICE ERGONOMICS TODAY**

**OPERATING A FORKLIFT SAFELY**

**PERSONAL FALL PROTECTION: ONE FALL BEYOND**

**PERSONAL PROTECTIVE EQUIPMENT: REALITY IN THE PUBLIC SECTOR**

**PERSONAL PROTECTIVE EQUIPMENT: YOUR DEFENSIVE LINE**

**PLAY IT SMART, PLAY IT SAFE**

**POWERED HAND TOOL SAFETY: HANDLE WITH CARE**

**PREVENTING SLIPS, TRIPS AND FALLS – GENERAL INDUSTRY**

**RESPIRATORY PROTECTION**

**SAFETY ORIENTATION: ON ALERT**

**SCAFFOLDING SAFETY: ERECTING & DISMANTLING**

**SCAFFOLDS: SAFETY AT ALL LEVELS**

**SLIPS TRIPS & FALLS: KEEPING A STEP AHEAD**

**TO THE POINT ABOUT PERSONAL FALL ARREST SYSTEMS**

**WELDING SAFETY**

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