

2010 Michigan State Park Competitive Fitness Event Schedule

Adventure Racing

Saturday, June 12

"Stark Raving Mad" 6-Hour Adventure Race
Muskegon State Park

Saturday, June 19

Adventure Race
Bass River Recreation Area

Biking

Saturday, June 19

MMBA Trail Day
Holly Recreation Area

Saturday, July 10

Hell-uv-a-Ride
Waterloo Recreation Area

Saturday, August 21

Maybury Cross-Country Mountain Bike Race
Maybury State Park

Sunday, August 22

Tailwind Enterprises Mountain Bike Time Trials
Fort Custer Recreation Area

Sunday, September 5

Copper Harbor Fat Tire Festival
Fort Wilkins State Park

Saturday, September 11

Bike for MS
Island Lake Recreation Area

Saturday, September 18

Triple Trail Challenge
Pinckney State Recreation Area

Court Sports

Saturday-Sunday, June 19-20

Sanddig Volleyball Tournament
Petoskey State Park

Basketball Tournaments

Mears State Park
Contact Mears State Park for Dates/Details

Volleyball Tournaments

Holland State Park
Contact Holland State Park for Dates/Details

Disc Golf

Saturday, July 10

Flint Town Throw Down
Holly Recreation Area

Sunday, July 11

Disc Golf Tournament
Fort Custer Recreation Area

Saturday, July 31

Chain Reaction
Holly Recreation Area

Sunday, August 15

Disc Golf Tournament
Fort Custer Recreation Area

Sunday, September 26

Park Your Drive Disc Golf Tournament
Fort Custer Recreation Area

Disc Golf Tournaments/Leagues

Sleepy Hollow State Park
Contact Sleepy Hollow for Dates/Times

Paddle Racing

Saturday, August 28

Kayak Race
Wilderness State Park

Saturday, September 11

Wilderness Canoe Race
Tahquamenon Falls State Park

Swimming

Saturday, August 7

U.S. Masters Swim Meet
Holland State Park

Sunday, August 22

Swim to the Moon
Pinckney State Recreation Area

5K/10K Runs/Walks

Saturday, June 19

Van Buren GO-Get Outdoors 5K Run/Walk
Van Buren State Park

Summer Solstice
Sleeper State Park

Higgins Lake Sunrise 5K/10K Run/Walk

Kids/Family Fun Run/Walk
South Higgins Lake State Park

Saturday, June 26

Beach Wellness Run by the Bay
Bay City State Recreation Area

Sunday, June 27

She Rocks
Waterloo Recreation Area

Saturday, August 14

5K Fun Run/Walk
Newaygo State Park

10K Wilderness Run
Wilderness State Park

Sunday, August 15

Tahqua Trail Run
Tahquamenon Falls State Park

Sunday, August 29

Second Wind Race Management 10K
Brighton Recreation Area

Monday, September 6

Labor Day 5-Mile Run/Walk
Rifle River Recreation Area

Saturday, September 11

C.O.V.E. 5K/10K Benefit Run/Walk
Charles Mears State Park

2nd Chance for Greyhounds Benefit Race
Fort Custer Recreation Area

Dances with Dirt
Pinckney State Recreation Area

Friday-Sunday, September 24-26

Running Woodstock Weekend Event
Pinckney State Recreation Area

Saturday, September 25

5K Fall Fun Run/Walk
Port Crescent State Park

Half-Marathon

Saturday, June 19

Higgins Lake Sunrise Run Half-Marathon
South Higgins Lake State Park

Duathlon/Triathlon

Sunday, June 13

Ann Arbor Triathlon
Pinckney State Recreation Area

Sunday, June 20

3-D Triathlon
Ortonville Recreation Area

Elite Endeavors Triathlon-Duathlon
Brighton Recreation Area

Wednesdays, June 23, July 21, and August 18

Running Fit Triathlon
Island Lake Recreation Area

Sunday, July 11

3-Discipline Triathlon
Interlochen State Park

Triathlon/Duathlon
Waterloo Recreation Area

Saturday, July 31

The Legend Race - Running Fit
Sleepy Hollow State Park

Saturday, August 7

Copperman Triathlon
Fort Wilkins State Park

Sunday, August 8

Lansing Legislator 3-D Triathlon
Sleepy Hollow State Park

Sunday, August 15

Battle of Waterloo
Waterloo Recreation Area

Saturday, August 28

Adventure/Sprint Triathlon
Cheboygan State Park

Saturday-Sunday, September 11-12

Survival Weekend
Seven Lakes State Park

Saturday, September 25

Dunes Duathlon
Saugatuck Dunes State Park