

# Mountain Biking Trail Safety and Etiquette

- Ride dry dirt trails, not mud trails, to prevent trail damage and erosion.
- Be prepared – bring water, tools and food.
- Wear a helmet.
- Ride within your skill limits and control your speed.
- Only ride trails that are designated for mountain biking.
- Leave no trace – pack it in; pack it out.
- Be courteous, slow your speed and alert others when you want to pass.
- When interacting with horses on the trail, stop, stand back and speak to the rider, who will tell you how to pass safely. Cyclists moving quickly and quietly can scare horses so always give a spoken warning before you pass.

If you love Michigan's trails, get involved and join your local trail organization!



[Michigan.gov/DNRTrails](https://Michigan.gov/DNRTrails)

