

Project Wet: The Thunderstorm

You are driving along and you hear this report on your car radio...

A large thunderstorm with lightning, heavy rain, small hail, and gusty winds is moving toward [town] at 25 miles per hour. People in the path of the storm are advised to take precautions, according to the National Weather Service.

Picture it coming. Stand in semi-circle.

Instructor makes eye contact and points. Start with a student on one end and begin the first motion. Continue the motion as you make eye contact with each student down the line. Return to the first student and start the second motion...

- Rub your hands together
- Snap your fingers
- Clap your hands together in an irregular cadence
- Slap your hands on your legs [light switch optional]
- Stomp your feet
- Slap your hands on your legs and stomp your feet [height of storm]
- Stomp your feet
- Slap your hands on your legs
- Clap your hands together in an irregular cadence
- Snap your fingers
- Rub your hands together
- Open palms [remain silent for a minute]

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