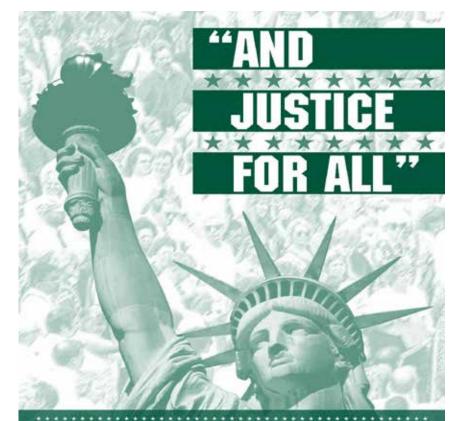
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TOTAL ADJACE STATULE SCHOOL



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Farm to School Kaitlin Koch Wojciak



Preview

MICHIGAN STATE

• Your connection to Farm to School

Extension

- What is Farm to School?
- Opportunities and benefits
- National and statewide
 resources





Is your school doing Farm to School programming?











Farm to School: By the numbers



Another 18% of districts surveyed plan to start farm to school activities in the future. (Note: of the 869 school districts in Michigan, 68% completed the USDA Farm to School Census.)



Farm to School: By the numbers

\$19,392,100 INVESTED IN LOCAL FOOD IN MICHIGAN

Extension

MICHIGAN STATE

WITH THE AVERAGE SCHOOL DISTRICT SPENDING 20% OF THEIR BUDGET ON LOCAL PRODUCTS. SCHOOL DISTRICTS IN MICHIGAN ARE CURRENTLY BUYING THE FOLLOWING TYPES OF LOCAL FOODS:



83% FRUITS

77% VEGETABLES

50

56% MILK

16% MEAT OR POULTRY

50%

OF MICHIGAN DISTRICTS SURVEYED PLAN TO INCREASE LOCAL FOOD PURCHASES IN THE FUTURE.



In the classroom

Extension

- Learn about nutrition education, food systems, cultural importance of food and more
- Experiential education and field trips
- Host a producer to learn
 more about agriculture
- Taste testing





Opportunities at your school

• In your food program

Extension

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- Use more local products from farmers, distributors and other outlets. It all counts!
- Hold taste testings and events
- Nutrition education

Community dinner from Waterford Schools Food Service, featuring local ingredients



Opportunities at your school

In the garden

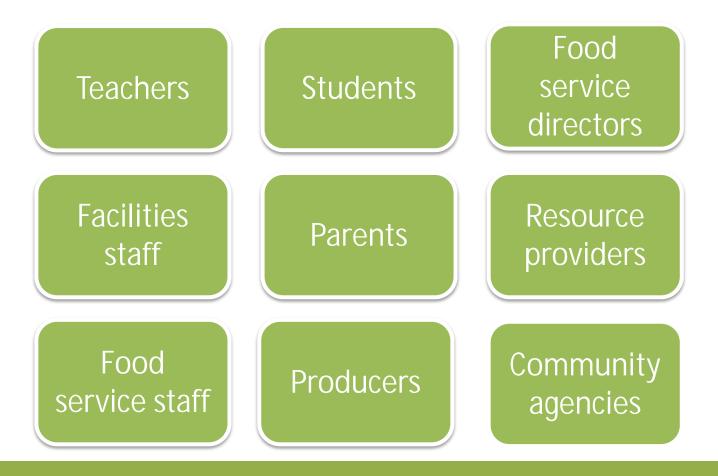
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- Learn about agriculture and growing food through handson experience
- Using garden produce in school meals
- Physical activity
- Taste testing and garden cooking
- Garden based lesson activities





Opportunities in your community Who could I involve?





Benefits of Farm to School

• Link from learning to plate (or tray)

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• Community engagement

Extension

- Support of local farms and economy
- Fresher food choices
- Healthy options
- Increased variety
- Ability to communicate needs



See NFSN Fact Sheet





Motivation



Picture: Growing Minds Farm to School



Environmental Education Connections

Recycling

- Composting food
- Participate in a local farm program or purchase locally grown produce





Environmental Education Connections

Environmental Protection

Extension

- Offer a teaching unit on environmental issues facing the state
- Establish or maintain a natural Michigan garden project with native plants or vegetables. Grown produce is used in teaching units or donated to a community organization
- Establish or maintain an outdoor animal habitat project





Getting Started *Michigan Resources*

Extension

- <u>Michigan Farm to School</u>
 - Guides

- Farm to School list (monthly school garden newsletter)
- Research and Reports
- <u>Michigan Farm to Institution Network</u>
 - Collaborative space for sharing, learning and working
 - Seasonal product guides
 - Hosted by the MSU Center for Regional Food Systems with support from MSU Extension



Getting Started *National Resources*

Extension

- National Farm to School Network
 - National conference [2020 in Albuquerque, NM]
 - Compile resources
 - Communications hub, State Core + Supporting Partners
 - Policy and promotion
- USDA Farm to School
 - Farm to School grants
 - Fact sheets
 - Regional contacts





Slide courtesy of the MSU Center for Regional Foodsystems

Thank you!

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