



# QUICK REFERENCE FOR CHILD CARE: COVID-19 EXPOSURE AND REPORTING POSITIVE CASES

## Exposure to Covid-19

If a child or staff member was exposed to COVID-19 within the past 14 days, current CDC guidelines and MDHHS guidelines recommend they quarantine for at least 10 days, even with a negative test result, and follow all instruction from the local health department.

- ▶ After 10 days if no symptoms have developed, quarantine may end early, however continue to watch for symptoms until 14 days after exposure.
- ▶ If symptoms appear, the individual should be immediately isolated and contact the local public health department or a health care provider.

## Tests positive for Covid-19

If a child or staff members tests positive for COVID-19, in general, they must stay home until they:

- ▶ Have been fever-free for at least 24 hours without the use of medicine that reduces fevers AND
- ▶ Other symptoms have improved AND
- ▶ At least 10 days have passed since symptoms appeared or the individual tested positive.

Your local public health authorities make the final decisions about how long quarantine should last, based on local conditions and needs. Follow the recommendations of your local public health department if you need to quarantine.

## Confirmed case of Covid-19

### 1 Report the case to your local health department and respond to questions such as:

- ▶ When was the staff/child in attendance?
- ▶ Who is the staff/child near (less than 6 feet) throughout the day?
- ▶ Has there been adequate physical distancing throughout the day?
- ▶ Are there others at the childcare facility that live with the staff or child?
- ▶ When are face masks worn in the facility?

Your local health department will also ask you to participate in contact tracing to limit the spread of the virus, as well as assess your specific situation and identify steps to take to reduce transmission.

### If you cannot reach your local health department immediately:

- ▶ Monitor children and staff members for symptoms.
- ▶ Clean and disinfect the classroom or your facility. If possible, close off the area for at least 24 hours before cleaning. If that is not feasible, wait as long as possible and then clean and disinfect your home or the facility following CDC guidance.
- ▶ Clean high touch surfaces more frequently.
- ▶ Clean hands more frequently.
- ▶ Wear a cloth face mask, whenever possible.

**2** While not required, we encourage you to contact your licensing consultant to discuss COVID-19 in your child care facility

**3** Notify families and staff members. You are required to notify families of possible exposure to a communicable disease, like COVID-19. LARA has posted a sample letter you can share with families at [www.michigan.gov/michildcare](http://www.michigan.gov/michildcare).