

Stress & Adrenaline Survival

Presented by: 2 The Rescue

Terry Bykerk & Mike Wierenga

This highly important seminar from 2 The Rescue addresses not only your emergency responders but also their loved ones on issues that are destroying relationships, careers and lives at alarming rates. Among these workers, stress and overexertion are the leading causes of death. In addition, consistently high rates of alcoholism, divorces and domestic violence negatively affect themselves, their spouses and families to say nothing of their co-workers, on-the-job efficiency or career prospects.

Approved by Michigan Fire Fighter Training Division, MCOLES, the State of Michigan's 911 Dispatcher Training Committee and Michigan EMS Continuing Education, this 2 The Rescue training will instruct through real-life examples how the inability to manage the cumulative stress from daily exposures to trauma and adrenaline affects the way we act. It also is directly related to our safety, decision making and capacity to remain ethically solid as individuals and organizations.

Thursday September 27 or Friday September 28

7:00 PM

Promedica Coldwater Regional Hospital Conference Center

370 East Chicago Street

Coldwater, MI 49036

Students must register in SMOKE prior to attendance. There is no cost to attend. First responders are encouraged to bring their significant other.

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