

Certified Nurse Assistant

Curriculum Guide

Program Description

In the Certified Nurse Assistant (CNA) program, students learn to care for patients in a caring and compassionate manner. Students first learn patient care techniques in a simulated lab environment, followed by a clinical rotation at a nursing home. Upon completion of the program, students are offered study and practice sessions to prepare for the state of Michigan competency exam.

Certified Nursing Assistant Admission Requirements:

- Interview with instructor prior to acceptance
- Must be crime free as outlined by Public Acts 27.28 and 29 (2006)
- No current charges pending

U.S. Department of Labor Occupational Profile:

Students who most closely match the occupational profile for a Certified Nursing Assistant are selected for enrollment.

Aptitudes/Abilities: Ability to follow orders, work under close supervision, caring and empathetic, good interpersonal communication skills, ability to perform well under stress and demonstrate emotional stability.

Work Keys: Reading/Locating Information - 4
Applied Math – 3

CASAS Scaled Score: Reading 226-235 & Math 216-225

Environment: Quiet, exposure to infectious bacteria and viruses

Physical Demands: Medium to Heavy

Temperament: Performs a variety of tasks, enjoys dealing with people beyond receiving work instructions

Instructors, program managers, and/or the referring counselor may recommend employability skills and elective classes based on the student's needs, abilities, interest and behaviors. Job Seeking Skills is required for all students anticipating to graduate from MCTI.

Certificate of Completion Program (SOC Code):

- Certified Nurse Assistant (31-1014)

The Certified Nurse Assistant program is a one-term program and offers one certificate.

Required Courses for CNA Certification

Course Number	Course Name	Credits
HC 101	Medical Terminology	2
NA 101	Introduction to the Roles of Healthcare Professionals	2
NA 110	Personal Care and Safety Measures	3
NA 120	Patient Care I	3
NA 125	Patient Care II	3
NA 150	Extended Care Facility Clinical	2
	Total Credits	15

Elective

Course Number	Course Name	Credits
NA 130	CNA Skills Update	12

Course Descriptions

HC 101: Medical Terminology

An introduction to basic medical terminology; no prior knowledge is needed. Students break medical terms down into prefixes, suffixes, and root words to determine the definition of a word. A highly interactive course. **Topics covered:** prefixes, suffixes, root words, abbreviations, medical terminology by body system.

NA 101: Introduction to the Roles of Health Care Professionals

This highly interactive course is for students who are thinking about or who have decided to pursue a career as a Certified Nurse Assistant (CNA). Information on various health care professions and work sites; basic role of the CNA and chain of command in a work environment. **Topics covered:** roles and responsibilities of team members, training/certification requirements, CNA job duties, legal and ethical standards, confidentiality, public relations.

NA 110: Personal Care and Safety Measures

This highly interactive course focuses on providing basic personal care while taking the necessary precautions to protect both the patient and the care provider. **Topics covered:** cardiopulmonary resuscitation (CPR), hand washing techniques, universal safety precautions, care of hair and nails, oral care, shaving the client, proper body mechanics.

NA 120: Patient Care I

This highly interactive course focuses on developing the basic skills used on a daily basis by a care provider when caring for a patient. **Topics covered:** vital signs, intake and output, catheter care, using a gait belt safely for transfers and ambulation of patients.

NA 125: Patient Care II

This highly, interactive course is a continuation of Patient Care I, focusing on developing more advanced skills needed when caring for a patient. **Topics covered:** bathing male and female patients, skin care, dressing, bed making, positioning in bed, feeding patients, range of motion, using physical restraints.

NA 130: CNA Skills Update

This highly course is designed for students who have worked in the field or have developed skills as a nursing assistance but have not used the skills for some time. Students will concentrate on refreshing current skills and learning new skills not previously learned in preparation for the certification exam. **Topics Covered:** All information learned in previous nurse assistant courses, organizational skills in an extended care facility, and documentation procedures.

NA 150: Extended Care Facility Clinical

This course is for advanced Certified Nurse Assistant (CNA) students who have demonstrated competence in all skills needed to assist patients in clinical settings. Students apply skills they have acquired in a simulated environment to an actual workplace environment. This two-week clinical experience in an area nursing home gives students practice and completes their eligibility criteria for certification. **Topics covered:** reinforcement of all information learned in previous CNA courses, organizational skills and documentation procedures used in an extended care facility.