## 2018 MICHIGAN BOARD OF CHIROPRACTIC APPROVED PROGRAMS

This list contains courses that were approved in 2018 and will be updated when new programs are approved. In addition to the Board approved programs listed below; programs offered by a chiropractic school that is accredited by the Council on Chiropractic Education (CCE) are automatically accepted.

239180001	<b>MICHIGAN ASSOCIATION OF CHIROPRACTORS</b> – Chiropractic Care for Michigan Veterans held on February 22, 2018 through December 31, 2018, online for 1 hour in practice management.
239180002	<b>MICHIGAN ASSOCIATION OF CHIROPRACTORS</b> – The OTZ Matrix held on February 24, 2018 in Novi, MI for 8 hours in adjusting technique.
239180003	<b>OMNI CHIROPRACTIC SEMINARS</b> – Chiropractic Ethics & Proper Sexual Protocol with Audit/Practice Protection and Human Trafficking held on October 27, 2018 in Romulus, MI for 6 hours; with 1 hour in sexual boundaries; 1 hour in ethics.
239180004	<b>OMNI CHIROPRACTIC SEMINARS</b> – Thompson Full Spine Adjusting Chiropractic Technique with Pain Management, Testing Ordering, And Testing Performance held on September 15, 2018 & September 16, 2018 in Romulus, MI for 12 hours; with 7 hours in adjusting technique; 1 hour in pain management; 2 hours in physical measures; 2 hours in performance/ordering tests.
239180005	<b>SOUTHEAST SPORTS SEMINARS</b> – Global Neuromuscular Assessment and Corrective Strategies (FNOR IV) held on January 12-14, 2018 in Denver, CO for 23 hours in adjusting technique.
239180006	<b>FETTERMAN EVENTS</b> – Inflammation & Food Sensitivities with Functional Rehabilitation Held on April 1-December 31, 2018, online for 12 hours; with 1 hour in sexual boundaries; 1 hour in ethics.
239180007	<b>FETTERMAN EVENTS</b> – Rehabilitation & Functional Movement Strategies Held on April 1-December 31, 2018, online for 12 hours; with 1 hour in sexual boundaries; 1 hour in ethics.
239180008	<b>FETTERMAN EVENTS</b> – Successful Shoulder Treatments to Avoid Surgery Held on April 1-December 31, 2018, online for 12 hours; with 1 hour in pain management.
239180009	<b>FETTERMAN EVENTS</b> – Successful Shoulder Treatments to Avoid Surgery Held on various dates and locations, for 12 hours; with 1 hour in pain management; 2 hours in physicals measures; 2 hours in performance/ordering tests.
239180010	<b>FETTERMAN EVENTS</b> – Myofascial Disruption Technique Held on various dates and locations, for 12 hours; with 4 hours in adjusting technique; 1 hour in pain management; 2 hours in physicals measures; 1 hours in performance/ordering tests.
239180011	<b>FETTERMAN EVENTS</b> – Myofascial Disruption Technique Held on April 1-December 31, 2018, online for 12 hours; with 1 hour in pain management.
239180012	<b>FETTERMAN EVENTS</b> – Inflammation & Food Sensitivities with Functional Rehabilitation Held on various dates and locations, for 12 hours; with 1 hours in adjusting technique; 1 hour in sexual boundaries; 1 hour for ethics; 2 hours in pain management; 1 hour in performance/ordering tests.

FETTERMAN EVENTS – State of the Art Imaging for Todays Active Practice

Held on April 1- December 31, 2018, online for 12 hours; with 1 hour in sexual boundaries; 1 hour in

Held on June 1-December 31, 2018, online for 12 hours.

ethics; 2 hours in pain management.

FETTERMAN EVENTS - Taping Techniques & Sports Medicine

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239180015 **FETTERMAN EVENTS** – Visceral Manipulation & Soft Tissue Treatments

> Held on November 10, 2018 in Escanaba, MI, for 12 hours; with 2 hours in adjusting technique; 2 hours in pain management; 2 hours in physicals measures; 2 hours in performance/ordering tests.

239180016 FETTERMAN EVENTS – Rehabilitation & Functional Movement Strategies

> Held on various dates and locations, for 12 hours; with 1 hour for sexual boundaries; 1 hour in ethics; 2 hours in pain management; 1 hour in physicals measures; 1 hour in performance/ordering tests.

239180017 FETTERMAN EVENTS - Visceral Manipulation & Soft Tissue Treatments

Held on April 1-December 31, 2018, online for 12 hours; with 2 hours in pain management.

239180018 **FETTERMAN EVENTS** – State of the Art Imaging for Todays Active Practice

Held on various dates and locations, for 12 hours; with 2 hours in performance/ordering tests.

239180019 FETTERMAN EVENTS – Chiropractic Intervention for Neurological Decline

> Held on various dates and locations, for 12 hours; with 1 hour in sexual boundaries; 1 hour in ethics; 2 hours in pain management; 2 hours in physical measures; 1 hour in performance/ordering tests.

239180020 FETTERMAN EVENTS - Chiropractic Intervention for Neurological Decline

> Held on April 1- December 31, 2018, online for 12 hours; with 1 hour in sexual boundaries; 1 hour in ethics.

239180021 DR. TODD TURNBULL, DC, CCSP – Myotonic Facilitation Technique: Upper and Lower Extremities

> Held on April 28-29, 2018 & June 2-3, 2018, in Dearborn, MI, for 12 hours; with 6 hours in pain management; 4 hours in physicals measures.

239180022 MICHIGAN ASSOCIATION OF CHIROPRACTORS - Lower & Upper Extremity Technique with Basic

Rehab and Stabilization

Held on March 3-4, 2018, in Lansing, MI, for 16 hours in adjusting techniques.

MICHIGAN ASSOCIATION OF CHIROPRACTORS - 2018 Insurance Update 239180023

Held on March 22, 2018, in Grand Rapids, MI, for 8 hours in practice management.

239180024 **GETPAIDHEALTHCARE.COM-** Complete Documentation for Proper Reimbursement.

Held on various dates and locations, for 8 hours.

239180025 FETTERMAN EVENTS - Taping Techniques & Sports Medicine

> Held on various dates and locations for 12 hours; with 2 hours in physical measures; 2 hours in chiropractic techniques; 2 hours in performance of and ordering tests; 2 hours in pain and symptom management: 1 hours in ethics: and 1 hour in sexual boundaries.

239180026 **FETTERMAN EVENTS** – New Trends & Requirements in Documentation

Held on various dates through virtual webinar for 12 hours.

239180027 **FETTERMAN EVENTS** – New Trends & Requirements in Documentation

Held on April 7, 2018 in Lansing, MI; August 4, 2018 in Raleigh, NC; and October 6, 2018 in Romulus, MI

for 12 hours.

239180028 MACOMB COUNTY CHIROPRACTIC ASSOCIATION - Chiropractic Update 2018

> Held November 10 – 11, 2018 in Warren, MI for 15 hours; with 2 hours in physical measures; 4 hours in performance of and ordering tests; 4 hours in pain and symptom management; 1 hour in ethics; and 1 hour in sexual boundaries.

239180029 MICHIGAN ASSOCIATION OF CHIROPRACTORS – Spring 2018 Convention

> Held April 27 – 29, 2018 in Acme, MI for 51 hours; with 15 hours in practice management; 4 hours in physical measures; 18 hours in chiropractic techniques; 4 hours in performance of and ordering tests; 4 hours in pain and symptom management; 1 hour in ethics; and 1 hour in sexual boundaries.

239180030 MICHIGAN ASSOCIATION OF CHIROPRACTORS - Applied Kinesiology Meets Diaphragm and

Acupuncture

Held June 23 – 24, 2018 in Holland, MI for 14 hours; with 4 hours in physical measures.

- 239180031 CARRICK INSTITUTE - Module 933: Board Review - ISCN 2018 held May 24 - 26, 2018 in Orlando, FL for 25 hours in adjusting technique. CARRICK INSTITUTE - Module 821: Digestive and Reproductive Function held April 28 - 29, 2018 in 239180032 Canaveral, FL, July 21 – 22, 2018 in Pittsburgh, PA, March 9 – 10, 2019 in Atlanta, GA for 15 hours. 239180033 SEMINARS IN CHIROPRACTIC RESEARCH - Chiropractic Research: The Year in Review held November 3 – 4, 2018 in Romulus, MI for 15 hours; 4 hours in adjusting technique, 1 hour in sexual boundaries: 1 hour in ethics: 2 hours in pain and symptom management; 2 hours in physical measures; and 2 hours in performance/ordering tests. 239180034 **MORPHOGENIC FIELD TECHNIQUE** – MFT/Energetix Intensive Seminar – Nutrition, Botanicals, Homeopathy held May 19 – 20, 2018 in Romulus, MI for 12 hours; with 1 hour in practice management; 1 hour in physical measures; 1 hour in pain and symptom management; and 1 hour in ethics. SOUTHEAST SPORTS SEMINARS - FNOR V: Integrative, Neuroscience Approach to Pain 239180035 Rehabilitation held March 23 – 25, 2018 in Denver, CO for 25 hours in chiropractic technique. 239180036 SOUTHEAST SPORTS SEMINARS - FNOR VI: Multimodal Neuro - Orthopedic Strategies for Complex Injury held June 1 – 3, 2018 in Denver, CO for 25 hours in chiropractic technique. MICHIGAN ASSOCIATION OF CHIROPRACTORS - When Inflammation Becomes Chronic: Treating 239180037 the Underlying Cause held February 3, 2019 in Plymouth, MI for 7 hours. MICHIGAN ASSOCIATION OF CHIROPRACTORS - DeFlame Your Patients with Diets and 239180038 Supplements held February 2, 2019 in Grand Rapids, MI for 6 hours. 239180039 MICHIGAN ASSOCIATION OF CHIROPRACTORS – Fall 2018 Convention held October 5-7, 2018 in Detroit, MI for 49 hours: 15 hours in chiropractic techniques; 9 hours in practice management; 1 hour in sexual boundaries; 1 hour in ethics; 5 hours in pain and symptom management; 4 hours in physical measures; 6 hours in performance/ordering tests. 239180040 MICHIGAN ASSOCIATION OF CHIROPRACTORS – 2018 UP Convention held August 18 – 19, 2018 in Marquette, MI for 15 hours; 3 hours in practice management, 2 hours in physical measures, 3 hours in chiropractic techniques, 2 hours in performance of and ordering tests, 1 hour in pain and symptom management, 1 hour in ethics, and 1 hour in sexual boundaries. MICHIGAN ASSOCIATION OF CHIROPRACTORS - Continuity Resistance Balancing held March 3-4, 239180041 2018 in Novi, MI for 12 hours; 4 hours in performance of and ordering tests and 2 hours in pain and symptom management. 239180042 MICHIGAN ASSOCIATION OF CHIROPRACTORS – Insurance Update- August 2018 held on August 9. 2018 in Ypsilanti, MI for 8 hours in practice management. 239180043 MICHIGAN ASSOCIATION OF CHIROPRACTORS – Ethics and Boundaries Webinar held May 24, 2018 December 31, 2018 through a virtual webinar for 2 hours; 1 hour in ethics, and 1 hour in sexual boundaries. 239180044 MICHIGAN ASSOCIATION OF CHIROPRACTORS - Chiropractic in Michigan's Medicaid System held August 23, 2018 – December 31, 2018 through a virtual webinar for 1 hour in practice management. 239180045 MICHIGAN ASSOCIATION OF CHIROPRACTORS - Insurance Update - December 2018 held on December 13, 2018 in Gaylord, MI for 8 hours in practice management.
- **239180047 MICHIGAN ASSOCIATION OF CHIROPRACTORS** Chiropractic Provider Audits held online January 1, 2019 December 31, 2019 for 2 hours in practice management.

hours in physical measures; 4 hours in performance and ordering tests.

**MICHIGAN ASSOCIATION OF CHIROPRACTORS** – MAC 2018 Express Convention held on November 17-18, 2018 in Mt. Pleasant, MI for 30 hours; 9 hours in chiropractic techniques; 8 hours in practice management; 1 hour in sexual boundaries; 1 hour in ethics; 3 hours in pain and symptom management; 4

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MICHIGAN ASSOCIATION OF CHIROPRACTORS – Documentation held online January 1, 2019 – 239180048 December 31, 2019 for 1 hour in practice management. MICHIGAN ASSOCIATION OF CHIROPRACTORS - Extremities and Rehab: Maximizing the Human 239180049 System held online January 1, 2019 - December 31, 2019 for 1 hour in pain and symptom management. MICHIGAN ASSOCIATION OF CHIROPRACTORS - Ethics and Boundaries with Attorney Patrick Meyn 239180050 held online January 1, 2019 - December 31, 2019 for 2 hours; 1 hour in sexual boundaries and 1 hour in ethics. 239180051 MICHIGAN ASSOCIATION OF CHIROPRACTORS - Chiropractic Care for Michigan Veterans held online January 1, 2019 – December 31, 2019 for 1 hour in practice management. 239180052 MICHIGAN ASSOCIATION OF CHIROPRACTORS - Chiropractic in Michigan's Medicaid System held online January 1, 2019 - December 31, 2019 for 1 hour in practice management. MICHIGAN ASSOCIATION OF CHIROPRACTORS - Chiropractic: A Key to America's Opioid Exit 239180053 Strategy held online January 1, 2019 – December 31, 2019 for 1 hour in pain and symptom management. 239180054 MICHIGAN ASSOCIATION OF CHIROPRACTORS - Stress, Structure, and Neurology held online January 1, 2019 – December 31, 2019 for 1 hour in pain and symptom management. MICHIGAN ASSOCIATION OF CHIROPRACTORS – The Impact of Lower Extremity Dysfunction on 239180055 Pelvic Pain held online January 1, 2019 – December 31, 2019 for 1 hour in pain and symptom management. 239180056 MICHIGAN ASSOCIATION OF CHIROPRACTORS - Athletic and Kinesio Taping for the Sports Chiropractor held online January 1, 2019 - December 31, 2019 for 2 hours in pain and symptom management. 239180057 MICHIGAN ASSOCIATION OF CHIROPRACTORS - The Foot: Anatomy, Physiology, and Three Common Conditions held online January 1, 2019 - December 31, 2019 for 1 hour in pain and symptom management. MICHIGAN ASSOCIATION OF CHIROPRACTORS - Safe, Natural Alternatives for Managing Pain held 239180058 online January 1, 2019 - December 31, 2019 for 1 hour in pain and symptom management. 239180059 MICHIGAN ASSOCIATION OF CHIROPRACTORS - Natural Supplement Choices for Stress held online January 1, 2019 - December 31, 2019 for 1 hour. 239180060 MICHIGAN ASSOCIATION OF CHIROPRACTORS - Detoxification and Cleansing held online January 1, 2019 - December 31, 2019 for 1 hour. 239180061 MICHIGAN ASSOCIATION OF CHIROPRACTORS – Benefitting from a Supplemental Weight Loss Program held online January 1, 2019 – December 31, 2019 for 1 hour. 239180062 MICHIGAN ASSOCIATION OF CHIROPRACTORS - Ethics and Boundaries with Attorney Joe Barberi held online January 1, 2019 - December 31, 2019 for 2 hours, 1 hour in sexual boundaries; and 1 hour in ethics. 239180063 MICHIGAN ASSOCIATION OF CHIROPRACTORS - EOS: The Entrepreneurial Operating System held online January 1, 2019 - December 31, 2019 for 1 hour in practice management. 239180064 THE WISE DC, INC. - Chiropractic Treatment of Auto Accident Injuries held online December 1, 2018 -November 30, 2019 for 10 hours. 239180065 THE WISE DC, INC. - Chiropractic Treatment of Golf Injuries held online December 1, 2018 - November

THE WISE DC, INC. - Current Trends in Chiropractic Practice and Treatment held online December 1,

30, 2019 for 10 hours.

2018 - November 30, 2019 for 10 hours.

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THE WISE DC, INC - Nutritional Therapy held online December 1, 2018 - November 30, 2019 for 15 239180067 hours. THE WISE DC, INC - Professional Boundaries, Ethics and Pain Management held online December 1, 239180068 2018 - November 30, 2019 for 5 hours; 1 hour in sexual boundaries; 2 hours in ethics, and 2 hours in pain and symptom management. 239180069 THE WISE DC, INC - Ancillary Diagnostic Testing Procedures held online December 1, 2018 -November 30, 2019 for 10 hours. 239180070 THE WISE DC, INC - Ancillary Diagnostic Testing Procedures held online December 1, 2018 -November 30, 2019 for 15 hours. 239180071 THE WISE DC, INC - Chiropractic Guide to Symptoms and Disease held online December 1, 2018 -November 30, 2019 for 10 hours. 239180072 THE WISE DC, INC - Chiropractic Sports Medicine held online December 1, 2018 - November 30, 2019 for 10 hours. 239180073 THE WISE DC, INC - Geriatric Health Care held online December 1, 2018 - November 30, 2019 for 10 hours. 239180074 THE WISE DC, INC - Geriatric Health Care held online December 1, 2018 - November 30, 2019 for 15 239180075 THE WISE DC, INC - Guide to Communicable Disease held online December 1, 2018 - November 30, 2019 for 10 hours. 239180076 THE WISE DC, INC - Guide to Contemporary Weight Loss and Fitness held online December 1, 2018 -November 30, 2019 for 10 hours. 239180077 THE WISE DC, INC - Opioid Drug Awareness held online December 1, 2018 - November 30, 2019 for 10 hours. 239180078 THE WISE DC, INC - Pediatric Health Care held online December 1, 2018 - November 30, 2019 for 10 hours. 239180079 THE WISE DC, INC - Sports Injuries held online December 1, 2018 - November 30, 2019 for 10 hours. 239180080 THE WISE DC, INC - X-Ray Fundamentals held online December 1, 2018 - November 30, 2019 for 10 hours. 239180081 THE WISE DC, INC - Chiropractic Sports Medicine held online December 1, 2018 - November 30, 2019 for 15 hours. 239180082 THE WISE DC, INC - Fundamentals of Clinical Nutrition held online December 1, 2018 - November 30, 2019 for 15 hours. 239180083 THE WISE DC, INC - Exercise Strength and Conditioning held online December 1, 2018 - November 30, 2019 for 15 hours. 239180084 THE WISE DC, INC - Exercise Strength and Conditioning held online December 1, 2018 - November 30, 2019 for 10 hours. 239180085 THE WISE DC, INC - Fundamentals of Clinical Nutrition held online December 1, 2018 - November 30, 2019 for 10 hours. 239180086 THE WISE DC, INC - Chiropractic Guide to Symptoms and Disease held online December 1, 2018 -November 30, 2019 for 15 hours. 239180087 DC HOURS.COM - An Introduction to Communicable Diseases held online for 2 hours in practice management.

239180088	DC HOURS.COM – Spinal Pain Syndromes held online for 1 hour in pain and symptom management.
239180089	<b>DC HOURS.COM</b> – Tension Type Headaches held online for 2 hours; 1 hour in practice management and 1 hour in pain and symptom management.
239180090	DC HOURS.COM – The Neurology of Pain held online for 1 hour in pain and symptom management.
239180091	<b>DC HOURS.COM</b> – Trigger Point Therapy held online for 2 hours; 1 hour in chiropractic techniques and 1 hour in pain and symptom management.
239180092	<b>DC HOURS.COM</b> – Cervicogenic Headaches held online for 2 hours; 1 hour in chiropractic techniques and 1 hour in pain and symptom management.
239180093	DC HOURS.COM – Chiropractic Ethics held online for 2 hours in ethics.
239180094	DC HOURS.COM – Documentation held online for 2 hours in practice management.
239180095	<b>DC HOURS.COM</b> – Function Based Care Part 1 held online for 1 hour in pain and symptom management.
239180096	<b>DC HOURS.COM</b> – Function Based Care Part 2 held online for 1 hour in pain and symptom management.
239180097	<b>DC HOURS.COM</b> – Passive Care Modalities Part 1 held online for 1 hour in pain and symptom management.
239180098	<b>DC HOURS.COM</b> – Passive Care Modalities Part 2 held online for 1 hour in pain and symptom management.
239180099	<b>DC HOURS.COM</b> – HealthCare Compliance held online for 2 hours in practice management.
239180100	<b>DC HOURS.COM</b> – Insurance Coding Procedures held online for 2 hours in practice management.
239180101	<b>DC HOURS.COM</b> – Migraine Headaches held online for 2 hours; 1 hour in practice management and 1 hour in pain and symptom management.
239180102	<b>DC HOURS.COM</b> – Osha Standards for Communicable Diseases held online for 1 hour in practice management.
239180103	<b>DC HOURS.COM</b> – Post Traumatic Headaches held online for 2 hours in pain and symptom management.
239180104	<b>DC HOURS.COM</b> – Professional Boundaries in the Chiropractic Profession held online for 1 hour in ethics.
239180105	DC HOURS.COM – Radiculopathy held online for 1 hour in pain and symptom management.
239180106	DC HOURS.COM – Sexual Boundaries held online for 2 hours in sexual boundaries.
239180107	DC HOURS.COM – Spinal Decompression held online for 1 hour in chiropractic techniques.
239180108	<b>DC HOURS.COM</b> – Understanding Whiplash Part 1 held online for 2 hours; 1 hour in practice management and 1 hour in pain and symptom management.
239180109	<b>DC HOURS.COM -</b> Understanding Whiplash Part 2 held online for 2 hours; 1 hour in practice management and 1 hour in pain and symptom management.
239180110	DC HOURS.COM – Basic Case Management held online for 1 hour in practice management.
239180111	DC HOURS.COM – Basic MRI Part 1 held online for 1 hour in practice management.

- **DC HOURS.COM** Basic MRI Part 2 held online for 1 hour in practice management. 239180112 239180113 **DC HOURS.COM** – Basic MRI Part 3 - held online for 1 hour in practice management. 239180114 DC HOURS.COM - Conditions of the Disc Part 1 held online for 1 hour in practice management. 239180115 **DC HOURS.COM** – Conditions of the Disc Part 2 held online for 1 hour in practice management. 239180116 DC HOURS.COM - Conditions of the Disc Part 3 held online for 1 hour in practice management. 239180117 OHIO STATE CHIROPRACTIC ASSOCATION - Driving Higher Value through Chiropractic Care held October 26, 2018 in Columbus, OH for 2 hours. 239180118 OHIO STATE CHIROPRACTIC ASSOCATION - The Gut-Brain Axis in Health and Disease held October 27, 2018 in Columbus, OH for 2 hours. OHIO STATE CHIROPRACTIC ASSOCATION - The Kinetic Chain from The Ground Up held October 239180119 27, 2018 in Columbus, OH for 3 hours. 239180120 OHIO STATE CHIROPRACTIC ASSOCATION - Things We Have Learned Since Graduation held October 27, 2018 in Columbus, OH for 3 hours. OHIO STATE CHIROPRACTIC ASSOCATION - Ethics, Professional Responsibility, Contracts held 239180121 October 27, 2018 in Columbus, OH for 3 hours. OHIO STATE CHIROPRACTIC ASSOCATION - Aligned Continuing Education: Strokes, Research held 239180122 October 27, 2018 in Columbus, OH for 3 hours. 239180123 CARRICK INSTITUTE FOR GRADUATE STUDIES - 99A: Acupuncture & Functional Neurology - The Integration of Chinese Medicine & Clinical Neuroscience held on various dates and locations for 15 hours. 239180124 CARRICK INSTITUTE FOR GRADUATE STUDIES - Module 824 Clinical Applications of Joint
- 239180125 OMNI Chiropractic Seminars Chiropractic Sports Technique Program W/ Pain Management & Testing Performing/Ordering W/ Physical Measures held March 23 24, 2019 in Romulus, MI for 12 hours; 2 hours in physical measures, 7 hours in chiropractic techniques, 2 hours in performance of and ordering

in ethics; 1 hour in pain and symptom management; 2 hours in physical measures; 2 hours in

Manipulation held on November 3, 2018 in Chicago, IL for 8 hours; 2 hours in sexual boundaries; 1 hour

**OMNI Chiropractic Seminars** – Chiropractic Gonstead Full Spine Adjusting Technique Program with Pain Management and Physical Measures/Performance of Test/Ordering of Test held September 14 – 15, 2019 in Romulus, MI for 12 hours; 2 hours in physical measures, 7 hours in chiropractic techniques, 2 hours in performance of and ordering tests, and 1 hour in pain and symptom management.

tests, and 1 hour in pain and symptom management.

- 239180127 HEALTHQUEST Testing, Technique and Successful Case Management of Today's Chiropractic Patient held on November 2-3, 2018 in Farmington, MI for 15 hours; 2 hours in chiropractic techniques; 1 hour in sexual boundaries; 1 hour in ethics; 1 hour in pain and symptom management; 2 hours in physical measures; 2 hours in performance and ordering tests.
- **239180128 GETPAIDHEALTHCARE.COM** Complete Documentation for Proper Reimbursement held on various dates and locations for 8 hours; 1 hour in sexual boundaries and 2 hours in ethics.