

# GRAND RAPIDS FIRE DEPARTMENT REGIONAL FIRE TRAINING CENTER

1101 MONROE NW  
GRAND RAPIDS, MI 49503

## “Leadership and Resiliency”

### Mental Health Wellness

Instructor: Silouan Green

Date: September 13, 2021

Time: 0800-1600hrs

Location: Grand Rapids Fire Regional Training Center

1101 Monroe Ave. NW, Grand rapids Mi. 49503

Cost: Funded

#### Course Description:

This seven-hour training module is taught by author, speaker, and former Marine, Silouan Green. He has worked with first responders for over fifteen years on issues of resiliency, peer support, suicide prevention and mental fitness. A survivor of a tragic jet crash as a US Marine and someone who overcame severe PTSD, he understands personally what it takes to overcome the trials and traumas of life. As a mentor and teacher to many law enforcement and fire departments across the country, he is committed to helping all our heroes “come home”. From volunteers to large departments, rural to urban agencies, Silouan has worked across the spectrum of first responder experiences.

Registration: LARA SMOKE website, “Leadership and Resiliency”

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