



GRETCHEN WHITMER
GOVERNOR

STATE OF MICHIGAN
DEPARTMENT OF LICENSING AND REGULATORY AFFAIRS
LANSING

ORLENE HAWKS
DIRECTOR

AGENDA
MICHIGAN FIRE FIGHTERS TRAINING COUNCIL REGULAR MEETING

Tuesday, April 13, 2021
1:30 PM

Virtual Meeting via Zoom

Join from PC, Mac, Linux, iOS or Android:

<https://us02web.zoom.us/j/85683005590?pwd=akt2OGwzNWZlZXg0am1oeEYvOGVpZz09>

Password: **R2FEx**

Phone: (866) 390-1828 (US Toll Free)

Conference code: 394127

- | | | |
|-------|---|-------------------------|
| I. | Call to Order, Moment of Silence, and Determination of Quorum | Chairperson Tackett |
| II. | Approval of Agenda | Chairperson Tackett |
| III. | Approval of Minutes: | Chairperson Tackett |
| | February 9, 2021 Regular Meeting | |
| IV. | Communications | Chairperson Tackett |
| V. | State Fire Marshal's Report | Fire Marshal Sehlmeier |
| VI. | Old Business | |
| | a. Updated Course Codes for McNeil's Driver's Training Program (new version) | Councilperson Blomstrom |
| VII. | New Business | |
| | a. Payment to Training Coordinators During Instructor I | Councilperson Blomstrom |
| | b. Payment of Prep Time for Multi-Week Courses (Course Codes E and H) | Councilperson Blomstrom |
| | c. New Wildland Courses | Dan Hammerberg |
| | 1. S-200 Initial Attack Incident Commander | |
| | 2. FI-110 Wildland Fire Observations and Origin Scene Protection for First Responders | |
| | d. Q Course Applications | Chairperson Tackett |
| | 1. Fire Investigation Training Practical Application Intermediate (FMQ21-009) | Dennis Richardson |
| | 2. Yellow Rose Campaign (FMQ21-010) | Adam Munro |
| | 3. Growing up in the Fire Service (FMQ21-011) | Shaun Abbey |
| | 4. MayDay! Mayday! (FMQ21-012) | Gina Essex |
| | 5. Suicide RIT Training (FMQ21-013) | Michael Mattern |
| VIII. | Public Comment | |
| IX. | Council Comment | |
| X. | Adjournment | Chairperson Tackett |



GRETCHEN WHITMER
GOVERNOR

STATE OF MICHIGAN
DEPARTMENT OF LICENSING AND REGULATORY AFFAIRS
LANSING

ORLENE HAWKS
DIRECTOR

MINUTES MICHIGAN FIRE FIGHTERS TRAINING COUNCIL REGULAR MEETING

Tuesday, February 9th, 2021
1:00 PM

Virtual Meeting via Zoom

Join from PC, Mac, Linux, iOS or Android:

<https://us02web.zoom.us/j/85683005590?pwd=akt2OGwzNWZlZlZxg0am1oeEYvOGVpZz09>

Password: **R2FErx**

Phone: (866) 390-1828 (US Toll Free)
Conference Code: 394127

MEMBERS PRESENT:

Chad Tackett, Chairperson, Michigan Association of Fire Chiefs (Left at 3:30PM)
Brian Blomstrom, Vice Chair, Michigan Fire Service Instructors Association (Took over at 3:30PM)
Alan Styles, Michigan Association of Fire Chiefs
Lynnae White, Michigan Fire Inspectors Society
Terrance Blackmer, Michigan State Firemen's Association
Greg Janik, Michigan Municipal League
Jacob Steichen, Nominee of the State Fire Marshal
Aileen Pettinger, Michigan Professional Firefighters Union
Kevin Sehlmeier, State Fire Marshal, Ex-officio Member

MEMBERS ABSENT:

None

BUREAU OF FIRE SERVICES STAFF PRESENT:

Ann Searles, Deputy Director of the Bureau of Fire Services
Dan Hammerberg, Region 1 Coordinator, Fire Fighter Training Division
Robert Stokes, Region 2 Coordinator, Fire Fighter Training Division
Andrea Keown, Department Technician, Fire Fighter Training Division/Recording Secretary
Hollie Metts, Assistant to the State Fire Marshal (virtual meeting moderator)

OTHERS IN ATTENDANCE:

Adam Carroll, Hartland Area Fire Department	Dave Dekorte, DeWitt Twp. Fire Department
Al Welsheimer, Bearcreek Resort Fire Department	David Ebelt, Saginaw Twp. Fire Department
Alfie Green, Detroit Fire Department	David Feichtner, Springfield Twp. Fire Department
Andy Down, Long lake Twp. Fire Department	David Pelton, Walker Fire Department
Aric Massingill, City of Adrian Fire Department	Don Schreiber, Grand Blanc City Fire Department
Brandon Cory, Marquette City Fire Department	Doug Borgeois, Beaver Creek Fire Department
Brian Kazmierzak, Benton Harbor Department of Public Safety	Edward Smith, Belleville Fire Department
Cameron Pichan, Detroit Fire Department	Frank Pierce, Shelby Twp. Fire Department
Christopher Van Loo, Saginaw Fire Department	Greg Ball, Oakland Twp. Fire Department
Corey Miller, Berkley Department of Public Safety	Jack White, Shelby-Benona Fire Department
Dan Mercure, Rockwood Fire Department	Jake Latson, Pittsfield Twp. Fire Department
Dan Yost, Grant Twp. Fire Department	James Edwards, Detroit Fire Department
	Jason Keller, Ira Twp. Fire Department

Jed Wild, Covert Twp. Fire Department
Jerry Becker, Harrison Community Fire Department
Jesse Marcotte, Northville Twp. Fire Department
Jon Stone, Stanton Twp. Fire Department
John Cieslik, Rochester Fire Department
John Gallagher, Clinton Twp. Fire Department
John Martin, Novi Fire Department
John VanCoillie, Albert Twp. Fire Department
Joseph Mirace, Jr., Green Lake Twp. Fire Department
Josh Gray, Detroit Metro Airport Fire Department
Josh Mosher, Midland Fire Department
Kelen Gailey, Ingham Twp. Fire Department
Kevin Christiansen, City of Lansing Fire Department
Kurt Corradi, Bay City Fire Department
Liam Carroll, Schoolcraft College RTC
Mark Cleveland, Egelston Twp. Fire Department
Martin Erskine, Marshall Fire Department
Matt Majestic, Oakland Community College
Michael Yanz, NIESA
Michael McLeieer, Michigan Firemen's Association
Mike Cousins, Thomas Twp. Fire Department

Mike Kennedy, City of Ann Arbor Fire Department
Mike May, Grandville Fire Department
Nathan Furton, Iron Mountain Fire Department
Nick Sakon, ACW-Unionville Fire Department
Paul Vosburg, Kalamazoo Airport Fire Department
Rick Farrand, Whittemore Fire Department
Robert Arbini, Chelsea Area Fire Authority
Robert Ginther, Beverly Hills Dept. Of Public Safety
Robert Smith, Dexter Area Fire Department
Ryan Tibbets, Kalamazoo Department of Public Safety
Sean Canto, Rochester Hills Fire Department
Shaun Abbey, Kentwood Fire Department
Stan Pochron, Taylor Fire Department
Steve Dalton, Clinton Twp. Fire Department
Steve Rynbrandt, Clio Area Fire Department
Thomas Konik, City of Marysville Fire Department
Tracy McMillan, South Kalamazoo County Fire Authority
William Shagena, Fort Gratiot Fire Department

I. CALL TO ORDER AND DETERMINATION OF QUORUM:

Before **Chairperson Tackett** called the regular meeting to order, he announced a roll call vote will be done for any motion put forth to council during this meeting and read a virtual meeting introduction advising of the procedures for the meeting, public comment, and the steps that would be taken if the meeting were disconnected. A moment of silence was also acknowledged.

Chairperson Tackett called the meeting to order at 1:32 PM, a roll call was taken.

Chairperson Tackett – present
Councilperson Blomstrom – present
Councilperson Styles – present
Councilperson White – present
Councilperson Blackmer – present
Councilperson Janik – present
Councilperson Steichen – present
Councilperson Pettinger – present
Fire Marshal Sehlmeier – present

A quorum was determined present.

II. REVIEW AND APPROVAL OF AGENDA:

21-02-01

A **MOTION** was made by **Councilperson White** and seconded by **Councilperson Styles** to approve the February 9, 2021 regular meeting agenda, as presented.

A roll call vote was taken.

Chairperson Tackett – yes
Councilperson Blomstrom – yes
Councilperson Styles – yes
Councilperson White – yes
Councilperson Blackmer – yes
Councilperson Janik – yes
Councilperson Steichen – yes
Councilperson Pettinger – yes
Fire Marshal Sehlmeier - yes

MOTION PASSED UNANIMOUSLY.

III. REVIEW AND APPROVAL OF MINUTES:

21-02-02

A **MOTION** was made by **Councilperson Janik** and seconded by **Councilperson Pettinger** to approve the following minutes as presented:

December 4, 2020 Regular Meeting

A roll call vote was taken.

Chairperson Tackett – yes
Councilperson Blomstrom – yes
Councilperson Styles – yes
Councilperson White –yes
Councilperson Blackmer – yes
Councilperson Janik – yes
Councilperson Steichen – yes
Councilperson Pettinger – yes
Fire Marshal Sehlmeier - yes

MOTION PASSED UNANIMOUSLY.

21-02-03

A **MOTION** was made by **Councilperson Blomstrom** and seconded by **Councilperson White** to approve the following minutes as presented:

December 4, 2020 Special Meeting

A roll call vote was taken.

Chairperson Tackett – yes
Councilperson Blomstrom – yes
Councilperson Styles – yes
Councilperson White –yes
Councilperson Blackmer – yes
Councilperson Janik – yes
Councilperson Steichen – yes
Councilperson Pettinger – yes
Fire Marshal Sehlmeier - yes

MOTION PASSED UNANIMOUSLY.

IV. COMMUNICATIONS:

Fire Marshal Sehlmeier: received an email on January 22, 2021 from Fire Chief Nettle from Merritt Area FD/CTC Missaukee County regarding increasing CTC responsibilities and possible administrative fee.

Chairperson Tackett: mentioned the chiefs letter regarding Fire Instructor I, he emailed to councilperson Blomstrom who forwarded it to council members.

Councilperson Steichen: reached out to his behavioral health unit of the CTCs in his area to make sure they were in the loop and cleared up any confusion on what the bureau is doing with mental and behavioral health.

V. STATE FIRE MARSHAL'S REPORT:

Fire Marshal Sehlmeier started by introducing Courtney Pendleton, the new Deputy Director at LARA and Bryan Modelski, the new LARA Deputy Operations Officer. Courtney Pendleton gave a brief history of her service with the state of Michigan and thanked everyone for their service to the state.

- a) **Region Coordinator Position Filled:** Fire marshal introduced Robert Stokes as the Region 2 Coordinator. Robert comes from the City of Detroit Fire Department.
- b) **Revised Course Summary (Handouts):** Fire marshal provided council with handouts for FY21 to give an idea of how courses are going so far this year.
- c) **Fatal Fires:** As of February 8, 2021, there have been 10 fatal fires. Below is the 2021 Yearly Comparison.

2021 Compared to Previous Years							31
	2017	2018	2019	2020	2021	AVG	1/31/21
YTD Death Comparison	15	16	10	18	7	14.75	
YTD Death % Change	-53%	-56%	-30%	-61%			
YTD Fire Comparison	14	12	10	15	6	12.75	
YTD Fire % Change	-57%	-50%	-40%	-60%			

- d) **Update on Behavioral and Mental Health Courses:** There are a few Q courses on today's agenda. If the motions pass they will be added to the Q course catalog. The bureau has not heard back from five (5) districts as they are still trying to figure out what they want to do in district that they haven't reached out to the bureau. Funding has been disbursed to districts that have responded. Deadline to encumber funding: 3/15/21.
- e) **Clarification on Expo Funding:** (\$80k for 26 districts), Deadline to encumber: 2/28/21.
- f) **Draft FFTC Rules Update:** Regulatory Impact Statement (RIS) and Cost Benefit Analysis has been approved by MOAHR. The next step is to schedule and advertise the public hearing. If all goes well the public hearing will be the third week of March.
- g) **Wednesday Wrap-Up:** The next Wrap-Up is on Wednesday, February 10, 2021 at 4:00 and 7:00 PM and again on Wednesday February 24, 2021 at 4:00 PM.
- h) **It's Friday with MI Prevention:** The next session will be Friday, February 19th at 2:00 pm via Zoom featuring the National Fallen Firefighters Foundation

VIII. OLD BUSINESS:

- a) **Updated Course Codes for McNeil's Driver's Training Program (New Version):**
Councilperson Blomstrom updated council that within the last 60 days the course was finalized by McNeil and they are now working on the student manual. He would like to keep this on as old business until the April meeting when the book comes out so it can be presented together as part of the update to the drivers training program. He and Dave Purchase are already working on updating the test.

IX. NEW BUSINESS:

- a) **Proposed 2021 Meeting Schedule:** The proposed 2021 meeting schedule was posted to council website for review and approval.

21-02-04

A **MOTION** was made by **Councilperson Pettinger** and seconded by **Councilperson Steichen** to approve the 2021 meeting schedule as presented.

A roll call vote was taken.

- Chairperson Tackett – yes
- Councilperson Blomstrom – yes
- Councilperson Styles – yes
- Councilperson White –yes
- Councilperson Blackmer – yes
- Councilperson Janik – yes
- Councilperson Steichen – yes

Councilperson Pettinger – yes
Fire Marshal Sehlmeier - yes

MOTION PASSED UNANIMOUSLY.

- b) **Fire Expo 2022 from FY22 Funding:** Shaun Abbey explained to council that with because of Covid Joint Council felt that they could not put a good product out so ultimately they decided to delay the fire expo for 2021 but would like to try hosting again in 2022.

21-02-05

A **MOTION** was made by **Councilperson Pettinger** and seconded by **Councilperson Janik** to support Joint Fire Council's endeavor to host a conference in 2022 for all fire service members utilizing 2022 funds with the understanding that the initial \$80,000.00 issued will be returned to funds after January 1st.

A roll call vote was taken.

Chairperson Tackett – yes
Councilperson Blomstrom – yes
Councilperson Styles – yes
Councilperson White –yes
Councilperson Blackmer – absent
Councilperson Janik – yes
Councilperson Steichen – yes
Councilperson Pettinger – yes
Fire Marshal Sehlmeier - yes

Eight votes yes. **MOTION CARRIED.**

- c) **Fire Officer III Pilot:** Fire marshal shared that at the last council meeting, the bureau started to develop Fire Officer III. The goal was to have something to roll out March 1st, however looking at the JPR's that are involved with Fire Officer III and to get consistency throughout the state, there need to be "TED Talk" style videos to supplement information on the JPR's.

21-02-06

A **MOTION** was made by **Councilperson Steichen** and seconded by **Councilperson White** to approve the Bureau of Fire Services (BFS) to develop the MFFTC NFPA 1021 Fire Officer III curriculum, which will include the use of fireworks safety fees to cover the production costs for recording subject matter expert (SME) videos to enhance the Jones & Bartlett learning platform.

A roll call vote was taken.

Chairperson Tackett – yes
Councilperson Blomstrom – yes
Councilperson Styles – yes
Councilperson White –yes
Councilperson Blackmer – yes
Councilperson Janik – yes
Councilperson Steichen – yes
Councilperson Pettinger – yes
Fire Marshal Sehlmeier - abstain

Eight votes yes. One abstention. **MOTION CARRIED.**

Fire Marshal Sehlmeier went on to explain the final project that would tie Fire Officer III together. The final project is built throughout the course with the instructor facilitating, but the final project will be evaluated by subject matter experts (SME) to confirm that the student minimally meets the JPR's for the course. The SME will apply and be screened by the bureau and would be considered contract coordinators for the state on an annual basis. Instructors can also be SME's, however, cannot be both the instructor and SME for the same course. The SME's would evaluate the projects independent from the instructors that taught the course and

on passing the course would send a letter to the student letting them know that they are approved to take the Fire Officer III certification exam. Councilperson Blackmer asked if the bureau expects to do something similar for other advanced courses that there will be different qualifications for instructors instead of a blanket “you can teach whatever you take”. Fire marshal spoke to the new rule set that council changed it to you have to be a Fire Instructor II after the rules go in to effect but up to this point, if you’re a Fire Instructor I in the state, if you’ve taken the course, then you can teach it. No one will have taken this course since this is a new course, so there will have to be a Train the Trainer. In the new rule set, you can teach any course taken as a Fire Instructor II unless there is a Train the Trainer.

21-02-07

A **MOTION** was made by **Councilperson Pettinger** and seconded by **Councilperson Blomstrom** to approve the BFS to develop the application process for the selection of Fire Officer III SMEs to serve as BFS contract Training Coordinators funded by fireworks safety fees. The Fire Officer III SMEs will be trained to evaluate the students’ final project to ensure the minimal NFPA Fire Officer III job performance requirements (JPRs) have been met prior to the student getting approval to take the MFFTC NFPA 1021 Fire Officer III certification exam.

A roll call vote was taken.

Chairperson Tackett – yes
Councilperson Blomstrom – yes
Councilperson Styles – yes
Councilperson White –yes
Councilperson Blackmer – yes
Councilperson Janik – yes
Councilperson Steichen – yes
Councilperson Pettinger – yes
Fire Marshal Sehlmeier - abstain

Eight votes yes. One abstention. **MOTION CARRIED.**

Chairperson Tackett reminded everyone that this is just to get the ball rolling on and adjustments can be made in the future. Councilperson Steichen brought a motion forward to address the issue of who is going to be teaching the Fire Officer III courses.

21-02-08

A **MOTION** was made by **Councilperson Steichen** and seconded by **Councilperson Blomstrom** to approve Bureau of Fire Services staff to develop an application process for Fire Officer III instructors that will include the following:

- a. Pre-requisite certifications using a combination of knowledge, skills, and abilities in a point system to qualify as a Fire Officer III instructor.
- b. Qualifying instructors must complete the Fire Officer III Train-the-Trainer prior to teaching the NFPA 1021 Fire Officer III course.

A roll call vote was taken.

Chairperson Tackett – yes
Councilperson Blomstrom – yes
Councilperson Styles – yes
Councilperson White –yes
Councilperson Blackmer – yes
Councilperson Janik – yes
Councilperson Steichen – yes
Councilperson Pettinger – yes
Fire Marshal Sehlmeier - abstain

Eight votes yes. One abstention. **MOTION CARRIED.**

d) **NIMS 100 and 200:** Fire Marshal Sehlmeier withdrew this from the agenda.

e) **Q Course Applications:**

1) **Insight Fire Training, Tactical Thermal Imaging (FMQ21-001)**

Instructor: Jacob Latson / Phone: (810) 599-6562

Email: latson3146@yahoo.com

21-02-09

A **MOTION** was made by **Councilperson Steichen** and supported by **Councilperson White** to approve **FMQ21-001** submitted by Jacob Latson.

A roll call vote was taken.

Chairperson Tackett – yes

Councilperson Blomstrom – yes

Councilperson Styles – absent

Councilperson White –yes

Councilperson Blackmer – yes

Councilperson Janik – yes

Councilperson Steichen – yes

Councilperson Pettinger – yes

Fire Marshal Sehlmeier - yes

Eight votes yes. **MOTION CARRIED.**

2) **Peer Support: Bringing Your Team to the Next Level (FMQ21-002)**

Instructor: Mike Wierenga / Phone: (616) 262-8455

Email: info@twotherescue.com

3) **Loss of Control: Suicide, Post Traumatic Stress & High Risk Behavior Education (FMQ21-003)**

Instructor: Mike Wierenga / Phone: (616) 262-8455

Email: info@twotherescue.com

21-02-10

A **MOTION** was made by **Councilperson White** and supported by **Councilperson Pettinger** to approve **FMQ21-002** and **FMQ21-003** submitted by Two The Rescue, LLC.

A roll call vote was taken.

Chairperson Tackett – yes

Councilperson Blomstrom – yes

Councilperson Styles – absent

Councilperson White –yes

Councilperson Blackmer – yes

Councilperson Janik – yes

Councilperson Steichen – yes

Councilperson Pettinger – yes

Fire Marshal Sehlmeier - yes

Eight votes yes. **MOTION CARRIED.**

4) **Trench Rescue Awareness: The Dangers of Dirt (FMQ21-004)**

Instructor: Eric Burghardt / Phone: (269) 598-4441

Email: eburghardt@ostemo.org

21-02-11

A **MOTION** was made by **Councilperson Janik** and supported by **Councilperson Steichen** to approve **FMQ21-004** submitted by Eric Burghardt.

A roll call vote was taken.

Chairperson Tackett – absent

Councilperson Blomstrom – yes
Councilperson Styles – absent
Councilperson White –yes
Councilperson Blackmer – yes
Councilperson Janik – yes
Councilperson Steichen – yes
Councilperson Pettinger – yes
Fire Marshal Sehlmeier - yes

Seven votes yes. **MOTION CARRIED.**

5) MUSAR Awareness/Operations Level Rope Rescue (FMQ21-005)

Instructor: David VanHolstyn / Phone: (616) 299-5772

Email: TruckFF@yahoo.com

21-02-12

A **MOTION** was made by **Councilperson White** and supported by **Councilperson Blackmer** to approve **FMQ21-005** submitted by David VanHolstyn.

A roll call vote was taken.

Chairperson Tackett – absent
Councilperson Blomstrom – yes
Councilperson Styles – absent
Councilperson White –yes
Councilperson Blackmer – yes
Councilperson Janik – yes
Councilperson Steichen – yes
Councilperson Pettinger – yes
Fire Marshal Sehlmeier - yes

Seven votes yes. **MOTION CARRIED.**

6) O2X Human Performance for Tactical Athletes (FMQ21-006)

Instructor: Adam La Reau / Phone: (617) 416-2195

Email: www.o2x.com

21-02-13

A **MOTION** was made by **Councilperson Steichen** and supported by **Councilperson Janik** to approve **FMQ21-006** submitted by Jamal Mickles.

A roll call vote was taken.

Chairperson Tackett – absent
Councilperson Blomstrom – yes
Councilperson Styles – absent
Councilperson White –yes
Councilperson Blackmer – yes
Councilperson Janik – yes
Councilperson Steichen – yes
Councilperson Pettinger – yes
Fire Marshal Sehlmeier - yes

Seven votes yes. **MOTION CARRIED.**

7) Surface Ice Rescue Training (FMQ21-007)

Instructor: Nathan Furton / Phone: (906) 290-0622

Email: furtonna@outlook.com

8) The Search for THEM (FMQ21-008)

Instructor: Nathan Furton / Phone: (906) 290-0622

Email: furtonna@outlook.com

21-02-14

A **MOTION** was made by **Councilperson Janik** and supported by **Councilperson Steichen** to approve **FMQ21-007 and FMQ21-008** submitted by Nathan Furton.

A roll call vote was taken.

Chairperson Tackett – absent
Councilperson Blomstrom – yes
Councilperson Styles – absent
Councilperson White –yes
Councilperson Blackmer – yes
Councilperson Janik – yes
Councilperson Steichen – yes
Councilperson Pettinger – yes
Fire Marshal Sehlmeier - yes

Seven votes yes. **MOTION CARRIED.**

IX. PUBLIC COMMENT:

David Feichtner, Springfield Twp. Fire Department: Asked if curriculum committee review or make any recommendations on any of the suggestions as far as the Fire Officer III goes? Councilperson Blomstrom clarified that curriculum committee handles the exam and once the exam has been developed and presented to the committee, it will be vetted. The building of the class is up to the fire marshal and the (BFS) staff.

Michael Yanz, NIESA: Looked at the emotional support classes available and there are very few that are out. The Lansing area has a Capitol Area Peer Support Group and have been requested to help in Flint and Bay City. Asked if extra money could be used towards fliers and promotional items. They have been depending on some of the union groups to help fund that aspect.

Shaun Abbey, Kentwood Fire Department: Thanked council for voting to use Fireworks Fund money for the 2022 Fire Expo and hopefully they are able to do a great event next year.

X. COUNCIL COMMENT:

Councilperson Blomstrom: Thank you everybody who was able to be a part of this meeting. It's great to see the high numbers, showing that people are involved and want to hear about the things that are going on in the fire service. I appreciate you taking time out of your day to come and listen to a council meeting and be updated as to the different happenings. I'm very excited about the Fire Officer III curriculum coming out. I like the idea of taking it to the next level and making it more of a JPR based class. I also like the idea of getting more people involved with the course with that type of magnitude. We have over 20 regional coordinators that are doing the job of watching firefighter I and II classes and teaching some instructor orientations but this give the opportunity for additional people in the fire service that might not have the time to do the regional coordinator job. It might open the door for more people in the fire service to get involved at that level to give back a little bit. It's a little different and more opportunities for people in the fire service and I'm looking forward to that curriculum and the people that are involved moving forward and seeing the positives that come with that.

Councilperson White: Ditto what Chief Janik said and from what Chief Yanz said, maybe that is a discussion point in April to tie on to Councilperson Steichen said. If maybe funds are returned we could look at something like that. I really appreciate every body on here and bring up questions like that for us to look at. It gets our minds thinking and we are all in this together for the fire departments and firefighters in the state of Michigan. Thank you.

Councilperson Blackmer: It was a good meeting; I don't have a lot to share. Like Councilperson Steichen said, I'm surprised to hear that the funds weren't used for behavioral health as much as we expected that they would be. I think it is important to continue to move ahead with that message and do what we can and hope that the money gets encumbered and used for what it was designed for. Other than that it was a good meeting, it was good to see everyone.

Councilperson Janik: Thank you to the over 60 participants that are on the Zoom meeting. A lot of dedication and commitment to training and to Michigan in general. My thanks and appreciation is to them today.

Councilperson Steichen: I did want to touch on the behavioral health stuff. The point of contacts are the CTC's so if you're in attendance today, make sure you contact your CTC's and make sure they're doing their due diligence and communicating with those in the behavioral health units and if any body out there has a question or needs some help or want to make sure that all your ducks are in a row to get the Fireworks Funds to get the behavioral health training in your area, just reach out to one of us. All of our contact information is on the website. Appreciates everybody's attention and participation in this two hour meeting.

Councilperson Pettinger: Thanks for everyone for sticking through these meetings, they can get a little long. Wants to welcome the new Region Coordinator Robert Stokes and I want to say a thank you to fire marshal and Dan Hammerberg for all the work they are putting in to the Fire Officer III class. They put a lot of time and effort and I think it's going to be a great program. It's encouraging to see all the fire departments taking advantage of the behavioral health. I think it is going to be a great program for everyone. Thanks!

Fire Marshal Sehmeyer: Thank you to all of you for taking the time to take calls, I also want to say thank you to a lot of folks I see on the call that reached out to me in the last 12 days since I had my shoulder surgery done. I'm excited to be back at work and my shoulder feels fantastic. Mental Health is a real thing, and we need to do a better job for the folks who are involved in the mental health stuff. I suggest that if there is someone out there that you really want to hear, submit it as a Q Course. Thank you everyone for your hard work.

d) **ADJOURNMENT:**

21-02-15

A **MOTION** was made by **Councilperson Janik** and seconded by **Councilperson White** to adjourn the meeting.

A roll call vote was taken.

Chairperson Tackett – absent
Councilperson Blomstrom – yes
Councilperson Styles – absent
Councilperson White – yes
Councilperson Blackmer – yes
Councilperson Janik – yes
Councilperson Steichen – yes
Councilperson Pettinger – yes
Fire Marshal Sehmeyer – yes

Seven votes yes. **MOTION CARRIED.** The meeting adjourned at 3:32 PM.

APPROVED:

Chairperson Tackett

Councilmember

S-200, Initial Attack Incident Commander, 2006

Description

This course is designed to meet the training needs of the incident commander type 4 ([ICT4](#)). It is presented in a discussion/exercise format. The six instructional units include Foundation Skills; Intelligence Gathering and Documentation; Size Up the Incident; Develop a Plan of Action; Post-fire Activities; Evaluating Incident Objectives and Manage the Incident. Evaluation of the student is by unit tests and performance based evaluations.

Objectives

- Demonstrate effective foundation skills (leadership, risk management, and communications) at the ICT4 level.
- Gather and document essential information about the incident.
- Size up the incident, develop plan of action.
- Manage the incident through effective leadership.
- Demonstrate the ability to evaluate plan of action and make adjustments to the plan when necessary.
- Conduct post-fire activities.

Target Group

Personnel desiring to be qualified as Incident Commander Type 4 ([ICT4](#)).

Prerequisite Qualifications and Training

- Qualified as any single resource boss.
- Satisfactory completion of pre-course work.

Session Offerings

Nationally advertised course sessions can now be found on the NWCG Wildland Fire Learning Portal (WFLP), <https://wildlandfirelearningportal.net/>. Log on as a guest to search for session offerings of this course and to view other public content. To search for a specific course, use the "Find Learning" menu item at the top of the page, then select "Upcoming Courses." To view Geographic Area training schedules, select the specific "Geographic Area" information using the drop-down menu at the top of the page. Contact your local training officer for more information about local course sessions.

Delivery

S-200 is available as classroom instructor-led training.

Course Components and Hours to Complete

Course Component	Course Time
Pre-course work	3
Pre-selection assessment	N/A

Online training	N/A
Instructor-led training	16
Total Hours	19

Course Level

Local

Minimum Instructor Qualifications

Lead instructor must be a qualified Incident Commander Type 3 ([ICT3](#)) or Prescribed Fire Burn Boss Type 2 ([RXB2](#)).

Unit instructors must be qualified as Incident Commanders Type 4 ([ICT4](#)).

Cadre must be proficient in the delivery of Tactical Decision Games (TDGS).

See [NWCG Standards for Course Delivery, PMS 901-1, Instructor Standards](#) for more information.

Revision History

Certification Date:

2006-12

Previous Certification Dates:

- 1996-12
- 1989-05

FI-110, Wildland Fire Observations and Origin Scene Protection for First Responders, 2005

Description

The primary emphasis of this course is to teach sound wildland fire observations and origin scene protection practices that enable first responders to a wildland fire scene to perform proper origin scene protection procedures. The course is presented by short lectures, electronic presentations, exercises, and class discussion.

Objective:

- List various causes of wildland fires and their cause indicators.
- Perform the basic procedures and techniques needed to provide witness/observer information to fire investigators.
- Identify and protect wildland fire origin areas.

Target Group

Recommended training for all first responders, including Single Resource Bosses, law enforcement officers, prevention technicians, and field resource personnel.

Prerequisite Qualifications and Training

None.

Session Offerings

Nationally advertised course sessions can now be found on the NWCG Wildland Fire Learning Portal (WFLP), <https://wildlandfirelearningportal.net/>. Log on as a guest to search for session offerings of this course and to view other public content. To search for a specific course, use the "Find Learning" menu item at the top of the page, then select "Upcoming Courses." To view Geographic Area training schedules, select the specific "Geographic Area" information using the drop-down menu at the top of the page. Contact your local training officer for more information about local course sessions.

Delivery

FI-110 is available as classroom instructor-led training.

Course Components and Hours to Complete

Course Component	Course Time
Pre-course work	N/A
Pre-selection assessment	N/A
Online training	N/A
Instructor-led training	6

Course Level

Local

Minimum Instructor Qualifications

Cadre must have experience in wildland fire investigation.

See [NWCG Standards for Course Delivery, PMS 901-1, Instructor Standards](#) for more information.

[Print Training Overview Page](#)



"Q" COURSE APPLICATION

FMQ21-009

Michigan Department of Licensing & Regulatory Affairs
Bureau of Fire Services, Fire Fighter Training Division
P.O. Box 30700 Lansing, MI 48909
Email: LARA-BFS-SMOKE@MICHIGAN.GOV

To add a seminar/course to be listed in SMOKE submit this form to the following email address: LARA-BFS-SMOKE@MICHIGAN.GOV for review. The request will be reviewed and forwarded to the Michigan Fire Fighter Training Council (MFFTC) for curriculum review at the next scheduled MFFTC meeting (all requests must be made at least 15 days prior to the next regularly scheduled meeting).

SECTION I

Name of Applicant: Dennis Richardson		SMOKE PIN: 583494	Date: Feb 16, 2021
Host Fire Department: Detroit Fire Department		County: Wayne	
Applicant Street Address: 1301 Third St Detroit Mi			
City: 1301 Third St Detroit Mi	State: MI	Zip Code: 48226	Email: richardsond@detroitmi.gov
Applicant Phone Number: 313-596-2946		Alternate Number: 313-999-7381	

SECTION II

Seminar/Course Name: Fire Investigation Training - Practical Application and Hands on experience - Intermediate	
Instructor(s): Captain Dennis Richardson and Lt. James Hill-Harris	Instructor Phone Number: 313-596-2946
Instructor Email/URL: richardsond@detroitmi.gov	Flyer Attached: <input checked="" type="checkbox"/>

Course Description: (Include course syllabus and detailed course expenses-you may attach additional pages if needed)
The Fire Investigation: Practical Application and Hands on Experience – Intermediate Course is designed to give investigators the more in depth skills to complete fire origin and cause investigations and provide additional practical experience at actual fire scenes. This training exposes students to advanced terminology used in fire investigation, advanced investigation methods and professional standards widely accepted by professionals in the field of fire investigation. This course covers five subjects within NFPA 1033 (2014): fire investigation, fire analysis, fire investigation technology, failure analysis and analytical tools, and evidence documentation, collection, and preservation. In order to successfully complete this course, students must pass a comprehensive written exam and complete a group investigation report which will be evaluated by course instructors. Cost per student is \$450 10 student minimum.

Applicable NFPA Standard(s): NFPA 921, NFPA 1033	
Class Capacity: 20	Total Hours of Training: 40

SECTION III

Applicant Signature: 	Date: 2/16/2021
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BFS USE ONLY

Date Approved by MFFTC:	"Q" Course Number Assigned:	Date Course Catalog Updated:
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Fire Investigation Training

Practical Application and Hands on Experience – Intermediate

Presented by The Detroit Fire Department Fire Investigation Division

The Fire Investigation: Practical Application and Hands on Experience – Intermediate Course is designed to give investigators the more in depth skills to complete fire origin and cause investigations and provide additional practical experience at actual fire scenes. This training exposes students to advanced terminology used in fire investigation, advanced investigation methods and professional standards widely accepted by professionals in the field of fire investigation. This course covers five subjects within NFPA 1033 (2014): fire investigation, fire analysis, fire investigation technology, failure analysis and analytical tools, and evidence documentation, collection, and preservation. In order to successfully complete this course, students must pass a comprehensive written exam and complete a group investigation report which will be evaluated by course instructors. .

May 3 - May 7, 2021

8am - 4pm

The Detroit Public Safety Headquarters

1301 Third St

Detroit, MI 48226

Register by **April 16, 2021** through the Detroit Public Safety Foundation at:
<https://www.detroitpublicsafety.org/detroit-arson-training>

Classroom Materials Needed:

Writing utensils, notepad, laptop (optional), NFPA 921 (2017), NFPA 1033 (2014)

Suggested Safety Equipment:

Construction style hardhat, gloves, steel shank boots, eye protection, coveralls or similar.

Registration Fee: \$450 (10 student minimum)

Contact: Captain Dennis Richardson

Phone: 313-596-2946

Email: richardsond@detroitmi.gov



**Detroit
Fire Department**

FIRE INVESTIGATION TRAINING: PRACTICAL APPLICATION AND HANDS ON EXPERIENCE COURSE - INTERMEDIATE

The Fire Investigation: Practical Application and Hands on Experience – Intermediate Course is a 40 hour course designed to give experienced investigators more in depth skills to complete fire origin and cause investigations and provide additional practical experience at actual fire scenes. This training exposes students to advanced terminology used in fire investigation, advanced investigation methods and professional standards widely accepted by professionals in the field of fire investigation. This course covers five subjects within NFPA 1033 (2014): fire investigation, fire analysis, fire investigation technology, failure analysis and analytical tools, and evidence documentation, collection, and preservation. In order to successfully complete this course, students must pass a comprehensive written exam and complete a group investigation report which will be evaluated by course instructors.



**Detroit
Fire Department**

**FIRE INVESTIGATION TRAINING: PRACTICAL APPLICATION AND
HANDS ON EXPERIENCE COURSE - INTERMEDIATE**

<u>COURSE SCHEDULE</u>		
Monday	8am-4pm	Materials Needed
Complex Fire Scene Investigations - Fatal Fire Scenes Complex Fire Scene Management Knowledge check		Laptop / Tablet NFPA 1033 (2014 edition)
Tuesday	8am-5pm	Materials Needed
Practical Exercises (in field)		PPE and Safety equipment Hand tools (supplied)
Wednesday	8am-4pm	Materials Needed
Fire Related Human Behavior Writing a Good Report Courtroom Testimony and Procedure – Testifying to your report Knowledge Check		Laptop / Tablet NFPA 1033 (2014 edition)
Thursday	8am-5pm	Materials Needed
Courtroom Testimony and Procedure – Testifying to your report (cont.) Practical Exercise (in field)		Laptop / Tablet PPE and Safety equipment Hand tools (supplied)
Friday	8am-3pm	Materials Needed
Failure Analysis and Analytical Tools Investigation Presentations Test		Laptop / Tablet



**Detroit
Fire Department**

**FIRE INVESTIGATION TRAINING: PRACTICAL APPLICATION AND
HANDS ON EXPERIENCE COURSE - INTERMEDIATE**

COMPLEX FIRE SCENE INVESTIGATIONS - FATAL FIRE SCENES – 4 hours

Learning Objectives

- Describe the investigative considerations necessary at a fatal fire scene.
- Describe the death-related pathological and toxicological examination of fire and explosion victims.
- Identify and describe the fundamental issues of a fire death investigation.
- Identify and describe postmortem tests and documentation.
- Describe the investigative considerations necessary for a fire that caused injury.

COMPLEX FIRE SCENE MANAGEMENT – 4 hours

Learning Objectives

- Discuss site and scene safety considerations for complex investigations.
- Describe the basic information and documents needed to manage a complex investigation.
- Discuss the importance of communication among interested parties.
- Discuss the considerations required for governmental inquiry into fire investigation.
- Describe the organization and management of a major loss investigation.
- Explain evidence control at complex investigations.
- Describe the logistics involved in complex investigations.

FIRE RELATED HUMAN BEHAVIOR – 3 hours

Learning Objectives

- Discuss the general considerations of human response at a fire incident.
- Identify factors related to fire initiation.
- Describe the three recognized age categories of youth fire-setters and the reasons that they are drawn to setting fires.
- Describe the ways in which an occupant may react once a threat is identified.



**Detroit
Fire Department**

**FIRE INVESTIGATION TRAINING: PRACTICAL APPLICATION AND
HANDS ON EXPERIENCE COURSE - INTERMEDIATE**

WRITING A GOOD REPORT – 3 hours

Learning Objectives

- Identify common errors in investigative report writing.
- Understand and identify the elements of a peer review process for report submissions

COURTROOM TESTIMONY AND PROCEDURES – TESTIFYING TO YOUR REPORT – 4 hours

Learning Objectives

- Outline the process for criminal court cases
- Outline the process for civil court cases.
- Be able to create their Curriculum Vitae.
- Understand a Daubert Challenge and what it will encompass.
- Understand acceptable courtroom demeanor and decorum as an expert witness.

FAILURE ANALYSIS AND ANALYTICAL TOOLS - 4 hours

Learning Objectives

- Explain the use and importance of timelines in fire investigation.
- Explain the purpose and implementation of system analysis in fire investigation.
- Identify the components of mathematical and engineering modeling and how they can be used to investigate fire incidents.
- Explain the process of fire testing and its importance in fire investigation.



"Q" COURSE APPLICATION

FMQ21-010

Michigan Department of Licensing & Regulatory Affairs
Bureau of Fire Services, Fire Fighter Training Division
P.O. Box 30700 Lansing, MI 48909
Email: LARA-BFS-SMOKE@MICHIGAN.GOV

To add a seminar/course to be listed in SMOKE submit this form to the following email address: LARA-BFS-SMOKE@MICHIGAN.GOV for review. The request will be reviewed and forwarded to the Michigan Fire Fighter Training Council (MFFTC) for curriculum review at the next scheduled MFFTC meeting (all requests must be made at least 15 days prior to the next regularly scheduled meeting).

SECTION I

Name of Applicant:		SMOKE PIN:	Date:
Host Fire Department:		County:	
Applicant Street Address:			
City:	State:	Zip Code:	Email:
Applicant Phone Number:		Alternate Number:	

SECTION II

Seminar/Course Name:	
Instructor(s):	Instructor Phone Number:
Instructor Email/URL:	Flyer Attached:
Course Description: (Include course syllabus and detailed course expenses-you may attach additional pages if needed)	
Applicable NFPA Standard(s):	
Class Capacity:	Total Hours of Training:

SECTION III

Applicant Signature: <i>Adam Munro</i>	Date:
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BFS USE ONLY

Date Approved by MFFTC:	"Q" Course Number Assigned:	Date Course Catalog Updated:
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Yellow Rose Campaign Training Course Syllabus and Outline

Course Overview

The fire service has grown accustomed to dealing with issues related to emergency services, employee recruitment, public perception, and funding. These issues contribute significantly to keeping our profession ranked as one of the most stressful in the nation¹. As a whole, national fire service organizations have provided many resources for departments to address stress management. When stress is appropriately managed, firefighters enjoy the job, feel healthier, and maintain strong relationships. Maintaining an emotionally healthy work environment for our firefighters must become part of our fire service culture. The Yellow Rose Campaign's mission is to remove the stigma of emotional health issues, while linking Michigan's fire service with resources, training and peer support. The campaign is a pledge to make a positive impact on the fire service culture.

Course Description

The 3-hour Yellow Rose Campaign (YRC) class will focus on implementation of culture change in the fire service related to emotional health issues. Through carefully crafted policies and procedures, participants will learn the value of creating and maintaining a workplace environment supportive of emotional wellness. The course will address an individual's commitment to being a first follower of organizational change. The training is designed to assist an agency in the development of an actionable plan to influence and eventually codify a workplace that values emotional wellness. This training is designed for firefighters at all levels.

Learning Objectives

At the conclusion of this course, the participant will be able to:

- Define vulnerability and relate the term to emotional health.
- Determine the degree of emotional wellness related culture refinement needed within their organization.
- Compile a list of stakeholders within their municipal government team to support change initiatives.
- Analyze workplace traditions, policies, and/or procedures that may be having a negative impact on firefighters' emotional wellness.
- Summarize the influence of health, culture, family, and department on firefighter emotional wellness.
- Stress the importance discriminating research on emotional health in the fire service.
- Compare and understand the pros and cons of implementing a pre-existing program or build-your-own program.
- Recall the meaning of the YRC pledge.

Course Structure

This course consists of a PowerPoint presentation, classroom discussion, shared resources link, and YRC pledge.

Class Days/Times: To Be Determined

Contact Hours: 3 Hours

Capacity: 50 Students

Topics covered in the training include

- Understanding the call for culture change in the fire service.
- The role of the individual in organizational change.
- Selecting an emotional wellness program.
- Program implementation strategies.
- The need for outward commitment to culture change.
- Making change stick.

Course Requirements

Participants will need to be either active or retired from the fire service, EMS, dispatch, law enforcement or agency clergy, to participate. Participants are also required to attend all training hours to be considered trained.

Program Outcomes

Participants will learn strategies for implementing culture change within their organization. Attendees will learn to evaluate research to assure their program development and implementation is centered on peer reviewed research. Through guided discussion with the presenter, attendees will learn of best practices from other in the class and the presenter. After completing the class, the participant will be equipped to begin the process of evaluating the needs and vision for their department related to firefighter emotional health.

Training Outline

1. Introduction/objectives	10 minutes
2. Relation of stress to the job	20 minutes
3. Emotional health in the fire service	20 minutes
4. Review of Dr. Joiner theory on death by suicide	20 minutes
5. Break	10 minutes
6. Culture in the fire service	30 minutes
7. Program evaluation	30 minutes
8. Actionable steps	20 minutes
9. Yellow Rose Pledge	20 minutes

Course Expenses

Course expenses shall include but not be limited to the following

- Two MAFC Yellow Rose Task Force Instructors
- Travel expenses for two instructors to any location within the State of Michigan
- Overnight lodging for 2 instructors
- Any printed course materials for the course

Total cost for the course not to exceed \$1,100 for one single course with two instructors. Not all courses will be funded at the \$1,100 amount. Actual funding amount for each course will vary depending upon the location and travel requirements of the instructors.

Continuing Education Lesson Plan Preparatory

Topic: Mental Health Awareness

Presenter: Approved CE Instructor

Date and Time: TBD

Credit Category: Preparatory

Specific Topic: Mental Health Awareness

License Level: MFR, EMT-B, EMT-S, EMT-P

Credits: 1 Preparatory

Objectives: The participants of the CE session will:

1. Learn about mental health risks in relation to first responders
2. Learn about stress management techniques
3. Learn about mental health resources for first responders

Outline for Presentation:

1. Introduction
2. Lecture on mental health for first responders
3. Question and Answers

Student Evaluation Method: Instructor critique and feedback

Evaluation of Presentation: All students will fill out program evaluation.

Rationale for Presentation: Mental health is of growing concerns for first responders. All first responders should have an awareness level of mental health training and be given resources in the event they are needed.



The Yellow Rose

Firefighter Emotional Wellness Campaign



COURSE DETAILS

- CLASS SIZE

The class can be taught to large groups of firefighters.

- TIME

The base program includes 3 hours of content. Additional modules can be added after consultation with a Yellow Rose Advocate.

- TOPICS COVERED

Participants will learn about culture change in the fire service, content for an emotional health program, implementation strategies, and the impact of making change one firefighter at a time.

JOIN THE CAMPAIGN AND CHANGE THE TRAJECTORY OF EMOTIONAL WELLNESS IN YOUR ENGINE HOUSE

As a whole, national fire service organizations have provided many resources for departments to address stress management. When stress is appropriately managed, firefighters enjoy the job, feel healthier, and maintain strong relationships. Maintaining an emotionally healthy work environment for our firefighters must become part of our fire service culture.

The Yellow Rose Campaign's mission is to remove the stigma of emotional health issues, while linking Michigan's fire service with resources, training and peer support. The campaign is a pledge to make a positive impact on the fire service culture.





"Q" COURSE APPLICATION

FMQ21-011

Michigan Department of Licensing & Regulatory Affairs
 Bureau of Fire Services, Fire Fighter Training Division
 P.O. Box 30700 Lansing, MI 48909
 Email: LARA-BFS-SMOKE@MICHIGAN.GOV

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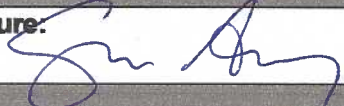
SECTION I

Name of Applicant: Shaun Abbey		SMOKE PIN: 612754	Date: March 30, 2021
Host Fire Department: Kentwood Fire Dept.			County: Kent
Applicant Street Address: 8116 Oldfield Ct. SE			
City: Byron Center	State: MI	Zip Code: 49315	Email: shaunabbey@sbcglobal.net
Applicant Phone Number: 616.299.5474		Alternate Number:	

SECTION II

Seminar/Course Name: Growing Up in the Fire Service - How Your Work Impacts You and Your Family	
Instructor(s): Shaun Abbey, Ellen Abbey	Instructor Phone Number: 616.299.5474
Instructor Email/URL: shaunabbey@sbcglobal.net	Flyer Attached: <input type="checkbox"/>
Course Description: (Include course syllabus and detailed course expenses-you may attach additional pages if needed) A unique perspective of family life from the daughter of a first responder who is now a clinician and her father who is a thirty-year firefighter. In this 3-hour course, you will be guided through an inclusive discussion on how the work we do affects our overall health, wellbeing and family life and strategies to manage it. While many classes are taught from the first responder's perspective, this class is focusing on the friend's and families point of view. Friends and families are encouraged to participate, if possible.	
Applicable NFPA Standard(s): NFPA 1500	
Class Capacity: 40	Total Hours of Training: 3

SECTION III

Applicant Signature: 	Date: March 30, 2021	
BFS USE ONLY		
Date Approved by MFFTC:	"Q" Course Number Assigned:	Date Course Catalog Updated:

Growing Up in the Fire Service - How Your Work Impacts You and Your Family

A unique perspective of family life from the daughter of a first responder who is now a clinician and her father who is a thirty-year firefighter. In this 3-hour course, you will be guided through an inclusive discussion on how the work we do affects our overall health, wellbeing and family life and strategies to manage it.

Objectives:

Understand how your family life impacts your service.

Understand how your service impacts your family life.

Identify how to adjust issues that impact your life.

Identify indicators that signify the first responder and/or family needs assistance.

Identify resources that are available to first responders and their families.

****Reduce stigma associated with behavioral health.****

Motivation: Describe how behavioral health affects every single person. Maintaining your emotional health is one of the best things you can do ensure a high overall quality of life.

Icebreaker:

Write down one thing that you wish your family members knew about the way the job impacts you.

Ask (text) family member, what is one thing you wish your first responder understood about the way their job impacts your family life?

Big Three:

Your service impacts your behavioral health and your family life.

Your family life impacts your behavioral health and work life.

Understand how to receive feedback and what resources you have available when needed.

1. How your Family Life Impacts your Service (Class Discussion)

a. Spouse/Significant Other

i. Their career

1. Schedule Conflicts

2. Travel

3. Higher Income

4. Competing Interests

ii. Attitude towards service

iii. Finances

iv. Fidelity

- v. Divorce / Separation
 - b. Children
 - i. Care
 - ii. School
 - iii. Education towards service (Change?)
 - 1. Family life differences from peers
 - iv. Teens
 - v. College
 - vi. Adulting
 - c. Parents
 - i. Why this service conversation
 - ii. Supportive or stand-off
 - iii. Worries
 - iv. Understanding schedule
 - v. Aging or Health
 - vi. Care
 - d. Friends/Other Family
 - i. Getting together / Scheduling conflicts or leaving
 - ii. Asking about service
 - iii. Distancing / More in service
 - e. Health
 - i. Weight
 - ii. Sleep
 - iii. Medical conditions
 - iv. Injuries
 - f. Career/Side Jobs
2. How Your Service Impacts Your Family Life (Class Discussion)
- a. Schedule
 - i. Shift work
 - ii. On Call
 - iii. Holidays
 - iv. Birthdays
 - v. Anniversaries
 - vi. Kids Events
 - vii. Weekends
 - 1. Weddings
 - 2. Parties
 - 3. Religious Gatherings
 - b. Sleep
 - i. Poor sleep on duty
 - ii. Calls at home
 - iii. Tired & Irritable
 - iv. Missing more events
 - v. Sleeping when you get home

- c. Bringing Work Home
 - i. Bad calls – didn't go well
 - ii. Uniform Stress (Management conflict)
 - iii. Peer Stress (Getting along with peers)
 - iv. Loss at work – fatal, serious
 - v. Call that hits close to home
 - 1. Different through career
 - vi. "Second family" issues – loss, problems
 - d. How you Choose to Cope
 - i. Drinking
 - ii. Drugs
 - iii. Isolation (I don't want to talk about it – not verbal)
 - iv. Partying
 - v. Anger
 - vi. Withdrawn
 - vii. Gambling
 - viii. Abusive Behavior
 - ix. Social Media
3. Identify ways to adjust things that affect our family life. (Small Group Activity)
- a. Schedule
 - i. Protected time
 - ii. Schedule adjustment for POC
 - b. Sleep
 - i. Plan that works
 - ii. Turn off pager, if possible
 - iii. Sleep study / Normal
 - iv. Prioritize sleep when possible
 - v. Don't overbook time off
 - c. Communication
 - i. Work
 - 1. Management Issues
 - 2. Peer Issues
 - 3. Follow-up after calls
 - 4. Peer Support
 - ii. Home
 - 1. It's OK if you need time – just explain it
 - 2. Uniform language
 - 3. Honest and open
 - 4. Who and how do you share
 - 5. Normal not to share (type of people / protect)
 - d. Mood
 - i. It's not up to family to know (tip-toe)
 - ii. You determine

- iii. Prying (both ways)
- e. How you could choose to cope
 - i. Exercise
 - ii. Baselines
 - 1. Drinking
 - 2. Energy
 - 3. Attitude
 - 4. Personality
 - iii. Social Activity
 - iv. Outdoors
 - v. Hobbies
 - vi. Healthy Eating
 - vii. Peer or clinical help
 - viii. Get away from FS
 - 1. Friends
 - 2. Scanner/Pager
 - 3. Firehouse visits
 - 4. Conversation
 - ix. Travel
- 4. Indicators that You or Your Family Need Assistance
 - a. Behavioral changes
 - i. Isolate
 - 1. Don't want to socialize
 - 2. Withdrawn
 - ii. Anger
 - 1. Lack of Patience
 - 2. Quick Fuse
 - 3. Lashing Out
 - 4. Overreacting
 - iii. Depression
 - 1. No Enjoyment
 - 2. Lack of Motivation
 - iv. Insomnia
 - 1. Tired
 - 2. Fatigue
 - v. Excuses
 - vi. Abuse
 - 1. Physical
 - 2. Verbal
 - 3. Emotional
 - vii. Any noticeable change from your normal
 - b. Substance Abuse
 - i. Alcohol
 - ii. Illegal Drugs

- iii. Rx or marijuana
 - c. Chronic “Bad Days”
 - i. Calls
 - ii. Management
 - iii. Peers
 - iv. Others notice
 - v. What does your family notice?
 - d. Suicide
 - i. Ideation
 - ii. Planning
 - iii. Attempting
 - iv. Ask “Do you want to take your life?”
 - e. Family Extras
 - i. Issues at work or school
 - ii. Secretive
 - iii. Time on phone/social media
 - iv. Relationship Changes
- 5. What Resources are Available? (Complete for location)
 - a. Local
 - i. Peer Team
 - ii. EAP
 - iii. PCP Referral
 - iv. Clinician – find the right fit
 - b. State
 - i. Process being developed for first responders
 - c. National
 - i. National Calls
 - ii. IAFF Center of Excellence
 - iii. Roscrance
- 6. Conclusion
 - a. First Responder: List one thing you are going to try and change to lessen the impact of your service on your family.
 - b. Family: List one thing you are going to do to support your first responder.
 - c. Big Three:
 - i. Your service impacts your behavioral health and your family life.
 - ii. Your family life impacts your service and life.
 - iii. Understand how to receive feedback and what resources you have available when needed.
 - d. If you see or hear something’s wrong, do something right...
 - e. Questions

Instructors:

Shaun Abbey has been in the fire service for over 30 years. He started his career as a paid-on-call firefighter with the Springfield (MI) Fire Department and is currently a battalion chief with the Kentwood Fire Department. Over the course of his career, Shaun realized that our lives and work have become more stressful and the solutions we were given to cope were not effective for everyone. Looking for more answers, he has advocated for better emotional support for the fire service and currently sits on the Governor's Suicide Prevention Commission. Shaun has had several close firefighters take their lives and his goal is to improve emotional health for all firefighters, eliminate the stigma associated with mental health and abolish suicide.

Ellen Abbey was raised in the home of a first responder giving her a unique perspective on the family life of a firefighter. As Ellen started college, she realized she wanted to become a counselor and work with first responders and their families. She graduated Magna Cum Laude with a Master of Social Work degree from Grand Valley State University. Ellen is a clinician with Encompass that has a program called Backing the Badge that provides employee assistance resources for first responders. Ellen currently works with many fire, police and county departments across the state.

Class Costs:

Instructor Pay:
\$600

Travel:
\$150 below US 10 or west of US 23 / I 75 (N of Flint)
\$250 above US 10 to the bridge or east of US 23 / I 75 (N of Flint)
\$350 Upper Peninsula



"Q" COURSE APPLICATION

FMQ21-012

Michigan Department of Licensing & Regulatory Affairs
Bureau of Fire Services, Fire Fighter Training Division
P.O. Box 30700 Lansing, MI 48909
Email: LARA-BFS-SMOKE@MICHIGAN.GOV

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SECTION I

Name of Applicant: <i>Regina Essex</i>		SMOKE PIN: <i>563426</i>	Date: <i>3/26/21</i>
Host Fire Department: <i>Camp Grayling FD; FD ID 02007</i>		County: <i>Crawford</i>	
Applicant Street Address: <i>465 Baldwin Street</i>			
City: <i>Jenison</i>	State: <i>MI</i>	Zip Code: <i>49428</i>	Email: <i>ginaessex@gmail.com</i>
Applicant Phone Number: <i>616-930-0214</i>		Alternate Number: <i>616-209-2781 cell</i>	

SECTION II

Seminar/Course Name: <i>Mayday! Mayday!</i>	
Instructor(s): <i>Regina Essex, MA LPC</i>	Instructor Phone Number: <i>616 209 2781 cell</i>
Instructor Email/URL: <i>ginaessex@gmail.com</i>	Flyer Attached: <input checked="" type="checkbox"/>

Course Description: (Include course syllabus and detailed course expenses-you may attach additional pages if needed)
See attached syllabus & fee schedule

point of contact for Camp Grayling FD is Steve Richardson smoke pin 563426

Applicable NFPA Standard(s):	
Class Capacity: <i>15-20</i>	Total Hours of Training: <i>18</i>

SECTION III

Applicant Signature: <i>[Signature]</i>	Date: <i>4-1-21</i>
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Date Approved by MFFTC:	"Q" Course Number Assigned:	Date Course Catalog Updated:
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Fee Schedule for M@yd@y Class

3 Days (Thu-Sat) or (Fri-Sun) from 10am-1pm; 2pm-5pm each day= 6 hours/day

Course Expenses:

Instructor Fee: 18 hours of Classroom for up to 20 participants*	\$4,500
(*\$225/person --minimum of 15 participants, maximum of 20 participants)	
Travel Per Diem for Instructor \$150 x (3 days)	\$450
Venue to be provided by Department	Provided by Dept
Classroom supplies/certificates/bottled h2o provided by instructor, Gina Essex, MA LPC	Included
Total Fee for 3-day Class (18 hours of instruction) for up to 20 participants*	\$4,950*

* to be paid in full upon completion of course

M@yd@y M@yd@y Syllabus

Instructor
Gina Essex, MA LPC

Phone
616-930-0214

Email
ginaessex@icloud.com

Office Location
Jenison, MI

Course Overview

-Build awareness through de-stigmatizing the cause and effect of traumatic stress.

-Build resiliency by learning how to navigate self-regulation through experiential techniques within the self and with another.

-Create a common dialogue of experience for peers in order to gain and offer effective support that proactively addresses and attends to the inevitable distress most humans will experience as a Firefighter/First Responder.

-Instills a sense of hope for 'healing from the effects of traumatic stress' versus a culture of 'dealing with the effects of traumatic stress in isolation'.

-Provides the possibility of longevity, wellbeing, healing and quality of life for every participant, their families and their colleagues.

Course Materials

- Spiral Notebook (provided)

Course Schedule

Day	Subject	
Day 1	Introduction	Lecture
	Trauma & Resiliency	Demonstration
	Experiential Resourcing	Experiential
	Implicit/Explicit Memory	Lecture/Experiential
	Implicit/Explicit Learning	Experiential/Video
Day 2	Survival Adaptations	Lecture/Experiential
	Recognizing Patterns of Protection	Demonstration
	Patterns of Protection	Experiential
	Vicarious Trauma/Healing	Video/Experiential

Day	Subject	
Day 3	Working through	Lecture/Experiential
	Co-Regulation as a Resource	Demonstration/Experiential
	Riding the Roller Coaster	Video/Experiential
	Certificate of Completion	



M@YD@Y!

M@YD@Y!

Help is on the way!

- Do you find yourself re-experiencing past work-related events in your mind and/or body, while trying to fall asleep or during sleep?
- Do you find yourself avoiding situations, people, conversations or reminders of work-related stressors or past events?
- Are you consistently on-guard, easily agitated, easily startled, not feeling like 'yourself' or can't even remember who 'yourself' is or was?
- Do you feel numb, detached or like you're 'just going through the motions' of life, without feeling alive?

If you (or someone you know) can relate to any of these questions with an emphatic 'YES', then this course will likely be of great benefit to you. Join up to 20 peers to learn about the subtle, cumulative effects of traumatic stressors and what you can do to actively support yourself and others.

Over the span of 3 consecutive days, this course covers the basic neurobiology of traumatic stress, how to identify the effects of traumatic stress in yourself and others, and some of the key navigational skills of working with and working through the internal distress you experience on a regular basis.

The course design is a combination of didactic, experiential and demonstrative (live and/or video) learning with fire fighters who are allowing their experience of distress and healing to be shared in order to help those in need.

This course aims to:

-Build awareness through de-stigmatizing the cause and effect of traumatic stress. The material presented is based on the premise of recognizing that it's not a matter of 'if'...it's a matter of 'when' a person experiences the effects of traumatic stress.

-Build resiliency by learning how to navigate self-regulation through experiential techniques within the self and with another.

-Create a common dialogue of experience for peers in order to gain and offer effective support that proactively addresses and attends to the inevitable distress most humans will experience as a first responder.

This course is an investment into:

-Instilling a sense of hope for 'healing from the effects of traumatic stress' versus a culture of 'dealing with the effects of traumatic stress in isolation'.

-The longevity, wellbeing, healing and quality of life of every participant, their families and their colleagues.



Course Creator: Gina Essex, MA LPC

I specialize in working with individuals who experience symptoms related to complex trauma, with a special focus on First Responders—including on-duty and retired Law Enforcement Officers, Firefighters, Paramedics, Dispatchers, Forensic personnel as well as Military veterans.

I provide a mind/body therapeutic approach for individuals who experience psycho-biological symptoms and challenges including anxiety, depression, insomnia, relationship problems, chronic pain, physical health problems, parenting challenges, grief and loss, self-harm behaviors and more.

In addition to my private practice, I teach Trauma and Resiliency trainings for Police Departments and workers in the field of Law Enforcement and First Responders. I also am part of a teaching team for therapists and medical professionals from all over the world who are students of the NARM trauma Institute.

Trauma and Resiliency~ two sides of the same coin



"Q" COURSE APPLICATION

FMQ21-013

Michigan Department of Licensing & Regulatory Affairs
Bureau of Fire Services, Fire Fighter Training Division
P.O. Box 30700 Lansing, MI 48909
Email: LARA-BFS-SMOKE@MICHIGAN.GOV

To add a seminar/course to be listed in SMOKE submit this form to the following email address: LARA-BFS-SMOKE@MICHIGAN.GOV for review. The request will be reviewed and forwarded to the Michigan Fire Fighter Training Council (MFFTC) for curriculum review at the next scheduled MFFTC meeting (all requests must be made at least 15 days prior to the next regularly scheduled meeting).

SECTION I

Name of Applicant: Michael Mattern	SMOKE PIN: 582199	Date: 3/22/2021
Host Fire Department: Dearborn Firefighters Local 412 Peer Support Team		County: Wayne
Applicant Street Address: 2350 Monroe		
City: Dearborn	State: Mi	Zip Code: 48124
Applicant Phone Number: 313-600-4947		Email: Michaelmattern229@gmail.com
Alternate Number: 517-331-3079 (Andy Haid)		

SECTION II

Seminar/Course Name: Suicide RIT Training	
Instructor(s): Dearborn Firefighters L412 Peer Support Team Members	Instructor Phone Number: 313-600-4947
Instructor Email/URL: Michaelmattern229@gmail.com	Flyer Attached: <input checked="" type="checkbox"/>
Course Description: (Include course syllabus and detailed course expenses-you may attach additional pages if needed) On the fire ground there is always a RIT team present to jump into action if members get in trouble and to pull them out of the fire. This training teaches first responders how to save their brothers and sisters off the fire ground when they are in trouble mentally. After this training students will be able to recognize the early signs of PTSD and suicide in their friends, family and co workeres. They will also learn how to not only approach people to ask if they want to commit suicide but, what they do when the answer they recieve is yes. Students will be able to effectivly intervene and get the person to safety much like the RIT team is set up to do. This training aims to not only prevent suicide but intervene when a brother or sister is at the critical point. (See attached Lesson Plan/ Outline)	
Applicable NFPA Standard(s): NFPA 1500, Everyone Goes Home Firefighter Life Safety Initiatives	
Class Capacity: 10-50	Total Hours of Training: 2 hours

SECTION III

Applicant Signature: 	Date: 3/22/21
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BFS USE ONLY

Date Approved by MFFTC:	"Q" Course Number Assigned:	Date Course Catalog Updated:
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Suicide RIT Training

Presented by Dearborn Firefighters Peer Support Team

In partnership with Hegira Health

Pre-Lecture

- I. Class introduction
 - A. Instructor introduction
 - B. Motivation for starting a peer support team and creating this class
 - C. Go over rules of the classroom
 - D. Go over exit locations
 - E. Go over restroom locations
 - F. Go over social distancing and mask policy
 - G. Have class introduce themselves
 - i. Name
 - ii. Where they're from
 - iii. What they hope to take from the class
- II. I have a question for each and everyone of you. Who in this class has been directly affected by a first responder suicide, or attempted suicide?

Time: 10 minutes

Group discussion/participation

Purpose

Use this activity to motivate and engage students to learn and prepare for the information to come in the lecture

Instructor Duties

1. Ask the students the question, and ask for volunteer participation by hand raising. This is to demonstrate the prevalence of first responder suicide or attempted suicide.

Lecture

I. Introduction

Time: 8-10 minutes

Slides: 1

Video: 1

Lecture/Discussion

- A. A recent survey of 1,000 active and retired firefighters found some shocking results:
 - 1. Over 50% of those in the survey said they had thought about suicide (3x that of the public)
 - 2. 16% had actually attempted (2-9% for general public)
 - B. The Rates of PTSD seen in firefighter exceeds those of military personnel
 - 1. This is partly due to the repeated exposure to traumas over an extended career
 - C. 92% of the firefighters studied stated the reason they did not seek treatment for their mental health illness was the stigma that is attached
 - 1. Historically the firehouse culture promotes packing emotions away and moving onto the next call.
 - 2. The stigma needs to be attacked and broken down.
 - D. Every 18 minutes a first responder commits suicide.
 - E. Firefighters attempt suicide at a rate ten times higher than the general public.
- II. How Suicide & Mental Health Affect First Responders video (4:42)
- A. Jason Patton- Career Firefighter, Fire Department Chronicles creator

III. **Risk Factors**

Time: 20 Minutes

Slides: 3

Lecture/Discussion

- A. Health
 - 1. Mental Health Conditions: Depression, Anxiety, substance abuse problems
 - a. Anxiety is the most common mental health disorder.
 - i. It causes both physical and psychological symptoms
 - ii. Long term, untreated anxiety can increase the risk for physical illness and other mental health conditions.
 - b. Depression affects mood, thoughts, feelings, behaviors, and physical health.
 - i. Severe depression can result in the inability to feel pleasure in things you once enjoyed, and can cause you to withdraw from social relationships
 - c. Substance abuse can lead to anxiety, depression, and many other mental health disorders, and physical illness due to increased dependency.
 - d. Traumatic brain injuries affect how you think, feel and act, and can affect cognitive function and behaviors.
 - i. TBI increases risk for multiple other mental health problems
 - e. Prolonged PTSD without treatment
 - i. Intrusive memories
 - ii. Avoidance
 - iii. Negative changes in thinking and mood
 - iv. Changes in physical and emotional reactions
 - f. Serious physical health conditions, chronic pain

B. Environmental

1. Access to lethal means
2. Prolonged stress: Relationship problems, unemployment
3. Stressful life events: Divorce, financial crisis, loss
4. Exposure to another person's suicide

C. Historical

1. Previous suicide attempts
 - a. The period from 3 months to 1 year following a suicide attempt pose the highest risk for re-attempt
 - b. 1 in 25 people with previous attempt, completed suicide within 5 years of a previous attempt.
2. Family History of suicide
 - a. Those with family history of suicide are twice as likely to complete suicide.
3. Childhood abuse, neglect, or trauma
 - a. Increased risk for mental health disorders, PTSD, and suicidal behavior

IV. **Warning Signs**

Time: 15 minutes

Slides: 2

Lecture/Discussion

A. Moods

1. Depression
 - a. Changes in sleeping patterns
 - b. Individual may sleep more and struggle to get out of bed.
 - c. Individual may sleep less, exhibiting irregular sleeping patterns and staying up late.
 - d. Individual may become emotionally distant
 - e. Individual may become less concerned with their personal appearance
 - i. Exhibiting loss of interest in normal activities
 - ii. May become isolated from people and loved ones, and disengage from social situations.
 - f. Individual may give away possessions
2. Anxiety
 - a. Uneasiness
 - b. Restlessness
 - c. Hypervigilance
 - d. Racing thoughts
 - e. Unwanted thoughts
 - f. Palpitations
3. Irritability/Anger
 - a. Sudden change in mood

- b. Increased temper tantrums or aggression
- c. Short temper
- d. Angry outbursts at inappropriate times
- e. Extreme mood swings
- f. Behaving recklessly or irrationally
- 4. Humiliation/Shame
 - a. Verbalizing the feeling of being a burden to others
 - b. Verbalizing the feeling of being hopeless or not having a reason to live
- 5. Relief/Sudden Improvement
 - a. Sudden shift in mood to an uncharacteristically calm, happy demeanor
 - b. Individual may prepare by calling loved ones to say good bye or express their love for them

V. **Suicide RIT Training**

Time: 30 minutes

Slides: 6

Lecture/Discussion

****This section may potentially foster group discussions and questions. Time shall be adjusted accordingly to accommodate any such discussion****

- A. What can I do to help someone who might want to commit suicide?
 - 1. Ask someone if they want to kill themselves
 - 2. Use direct lines of questioning
 - 3. Do not be afraid to use the word "suicide".
- B. Don't be afraid of the person saying yes, they want to
 - 1. You asking is not going to put the thought in their mind
 - 2. Question them.
 - i. Ask, "Do you have a plan?"
 - ii. Ask, "Do you have the means to carry out your plan?"
 - iii. Ask, "Why do you want to commit suicide?"
- C. Persuade them any way you can
 - 1. Talk about the good in their life
 - 2. Tell them you care
 - 3. Tell them they are not alone
 - 4. Listen to them and let them talk
 - 5. Slowly try to get them to talk to someone professionally or to seek help
- D. Try to refer them to a professional
 - 1. This could be a phone number or hotline to call
 - i. National Suicide Prevention Hotline- 800-273-8255
 - ii. Text **TALK** to 741741
 - iii. If needed, 911
 - 2. Contact or refer them to a peer support team member
 - 3. Contact a mental health professional

- i. Community Mental Health
 - ii. Crisis center
 - iii. On-call team mental health professional
- E. What happens post suicide?
1. People will often experience a rush of feelings and emotions.
 - i. You may feel angry, sad, confused, agitated, numb, or nauseated.
 2. Another very common reaction is guilt.
 - i. People often feel guilty because they feel as though they missed signs, i.e. you could have said something or done something to change the outcome.
 - ii. In some situations, there is nothing that could have changed the outcome. If you ask the individual and offer to seek them help, and they deny or hide it, there is nothing more you could have done.
 - iii. Do not be discouraged from reaching out in the future if you think someone is suicidal.
 3. It is common to hear in post suicide situations, people say “I just talked to the person and they seemed happy and laughing.”
 - i. Refer back to Warning Signs, Relief/Sudden Improvement
 - ii. The individual has made peace with their decision, and they feel as though they will no longer be a burden and the pain and sadness will go away.
 - iii. In their minds, they are doing the right thing.
 - a. They take time to plan it out, write a note, and make financial plans as a show of love to their family, to not burden them with those responsibilities.
 4. Suicide is commonly seen as selfish
 - i. It is often seen as that individual not caring about loved ones left behind to cope with the loss.
 - ii. In actuality, the individual who is suicidal sees it as lifting the burden on their loved ones.
 5. Most people who survive a suicide attempt have reported that the instant the jump, pulled the trigger, or hung themselves, they immediately regretted the decision.

VI. **Mental Health Week Video**

Video: 4min

VII. **Do you think just talking and listening to someone will make a difference and save a life? Here is your answer...**

A. Cop Stops man at Last Second, True Story of the Golden Gate Bridge Guardian Angel video

Video: 6:11

VIII. **Role Play**

Time: 15 minutes

Paired groups

Purpose

To allow students the opportunity to explore the lines of questioning of a suicidal individual in an attempt to get them to seek help or any other alternative.

Instructor Directions

1. Direct students to break up into pairs, to facilitate ease and manage time, break off into pairs by the tables you are sitting at.
2. Read the scenario to the students
3. Direct the students to take turns, using the questions from the lesson, questioning the suicidal individual and initiate conversation, or actively listen if the suicidal individual chooses to talk on their own.
4. Direct students to use the word "suicide" when questioning, i.e. "Are you planning to commit suicide?"
5. Direct the students to utilize the options of referring to a professional, seeking professional help, calling a crisis hotline, or utilizing a peer support team during the course of the scenario.
6. Direct the students to switch after the first person has completed the scenario.
7. Instructor shall move about the room actively listening to the groups, and providing helpful constructive criticism and tips.
8. At the conclusion, discuss what worked, what didn't, how it felt having to ask those questions.

IX. Survivors of suicide

Time: 10 minutes

Slides: 1

- A. It is normal to feel guilt, shame, and anger
- B. You may have a lot of unanswered questions
- C. You may feel the need to hide the cause of death out of perception and shame
- D. There will be additional barriers with life insurance policies, benefits, etc.

X. References

- **Suicide Prevention resource Center (National)- www.sprc.org**

- American Foundation for Suicide Prevention (local chapters)- www.afsp.org
- Suicide Prevention Lifeline (national)- www.suicidepreventionlifeline.org
- National Alliance on Mental Illness (local chapters)- www.nami.org
- New Hope Center for Grief Support (Northville, MI)- www.newhopecenter.net
- On Facebook: Southeast Michigan Peer Support Network
- CAPS (Capital Area Peer Support Network, Lansing, MI region)- (989) 372-6664
- IAFF Center of Excellence- (301) 358-0192

XI. **Lesson Review**

Time: 10 minutes

Discussion

Note: Facilitate the review of this lesson by using prepared review questions as direct, close ended questions.

**DEARBORN FIREFIGHTERS LOCAL
412 PEER SUPPORT TEAM
PRESENTS**



**SUICIDE R.I.T
TRAINING**

On the fire ground there is always a RIT team present to jump into action if members get in trouble and to pull them out of the fire. This training teaches first responders how to save their brothers and sisters off the fire ground when they are in trouble mentally. After this training students will be able to recognize the early signs of PTSD and suicide in their friends, family and co workers. They will also learn how to not only approach people to ask if they want to commit suicide but, what they do when the answer they receive is yes. Students will be able to effectively intervene and get the person to safety much like the RIT team is set up to do. This training aims to not only prevent suicide but intervene when a brother or sister is at the critical point.

WHEN:

WHERE:

ANY QUESTIONS PLEASE CALL MIKE MATTERN

(313) 600-4947