



SAGINAW COUNTY FIRE CHIEFS

Training Announcement

Saginaw County Fire Chiefs in Association with the Saginaw County
Training Committee Presents:

Leadership and Resiliency

Presented By: Silouan Green

DATES:

Saturday

03/28/2020

9a-5p

Frankemuth Credit Union

520 N. Main St., Frankenmuth, Mi 48734

COST \$20.00

Lunch Provided

Please register In Smoke

Please make checks Payable to: Saginaw County Fire Chiefs Association

Learning Objectives:

Upon Completion, Students Will Be Able To:

- * Investigate the connection between suicide, PTSD, and the traumas of service*
- * Address the impact of service on family and personal issues and find balance at work and at home*
- * Understand how resilient leadership can impact the mental health and wellbeing of their followers*
- * Learn tools for making a healthy transitions from conditions of trauma*
- * Create a culture of resiliency and pro-active community awareness for first responder issues*
- * Learn and use simple peer support tools that can be used in your department and your community*
- * Promote a culture of mental fitness that makes your officers stronger and more resilient*
- * Better respond to moral injury*
- * Respond quicker to decrease the risks of self-medication, family troubles, and suicide*