

The background of the entire page is a photograph of a waterfall cascading over stone steps in a lush, green forest. In the center, there is a close-up portrait of an elderly man with white hair, wearing glasses and smiling warmly. The text is overlaid on a white, semi-transparent rectangular box in the upper left quadrant.

# MICHIGAN NURSING HOME LEARNING AND ACTION NETWORK

*Rethink our approach to Dementia Care  
Reconnect with residents via Person-Centered Care Practices  
Restore good health and quality of Life*

## **The Michigan Learning and Action Network (LAN) is part of the Centers for Medicare and Medicaid (CMS) National Nursing Home Quality Care Collaborative (NHQCC)**

*Collaborative Aim: The National Nursing Home Quality Care Collaborative and its partners seek to ensure that every nursing home resident receives the highest quality of care. Specifically, the Collaborative will strive to instill quality and performance improvement practices, eliminate healthcare acquired conditions, and dramatically improve resident satisfaction.*

### **The Michigan Learning and Action Network (LAN):**

- Provides an opportunity to participate in a Statewide Performance Improvement Project at no cost
- Extends from February 2013 to July 2014. In collaboration with the Michigan Local area Network of Excellence (MI LANE), the Partnership to Improve Dementia Care, and the State Survey Agency (SSA)
- Is based on Quality Assurance and Performance Improvement Methodology (QAPI) and Person-Centered Care
- Will cover workgroup topics to improve Quality of Life and Quality of Care including but not limited to:
  - Improving dementia care (appropriate use of antipsychotics)
  - Preventing pressure ulcers
  - Reducing falls, restraints, and alarms
  - Reducing incidence of urinary tract infections
  - Reducing staff turnover
  - Promoting consistent/permanent assignments
- Offers education and assistance from expert faculty at no cost, including:
  - Local and national experts on person-centered care, dementia care, staff stability and clinical topics
  - Pre-work (Winter 2012-2013)
  - One face-to-face learning session (Spring 2013)
  - Virtual learning sessions (Summer and Fall 2013)
  - Outcomes Congress (Spring 2014)
  - Additional resources during action periods

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## **Michigan LAN Participants commit to:**

- Remaining active in the project until July 2014
- Becoming an active member of the Advancing Excellence Campaign
- Creating a Performance Improvement Team in your Facility (at least 3 persons including Senior Leaders)
- Attending Learning Sessions (both face-to-face and virtual) to create AIM statements and goals
- Participating in Action Periods by conducting Root Cause Analysis and rapid-cycle Plan-Do-Study-Act (PDSA)
- Demonstrating improvement and sharing best practices
- Providing data requested by MPRO and the LAN to assist in measuring progress
- Completing the Quality Assurance and Performance Improvement (QAPI) Self-Assessment Tool

*Participants will be eligible to compete for the Michigan Governor's Award of Excellence. The criteria for the award will be based on the nursing home's participation in the LAN and improvement made in the Quality Measures listed above by using QAPI methodology.*

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## Participant Signatures

I have read the expectations and acknowledge our commitment to the Michigan Learning and Action Network from February 1, 2013 through July 2014. I understand that by submitting this commitment to participate, my organization pledges to do the utmost to achieve the goals established by the initiative.

Provider Name:	MPN:
Contact Name:	
Telephone:	Email:

### Performance Improvement Topics (choose at least one additional):

Appropriate use of Antipsychotic medications

Improve Staff Stability

Promote Consistent Assignments

Reduce Pressure Ulcers

Reduce Falls, Restraints and Alarms

Reduce Urinary Tract Infections

Other (describe) \_\_\_\_\_

Note: For Nursing Homes currently participating in MPRO's 10SOW, the second Long Stay Quality Measurement will align with your current work as a Phase 1 participant.

NHA (please print): \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

DON (please print): \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### Please email, fax or mail MPRO form to:

Email: [cgerlach@mpro.org](mailto:cgerlach@mpro.org)

Fax: (248) 465-7428

Mail: MPRO

22670 Haggerty Road, Suite 100

Farmington Hills, Michigan 48335-2611

Attn: Caitlin Gerlach

