



# COVID-19 Workplace Requirements

SUMMARY OF MIOSHA EMERGENCY RULES

AND

SPECIFIC RULES DEFINED IN SECTION 4 FOR RESTAURANTS AND BARS

## Important Note

MDHHS has issued COVID-19 Public Health Orders regarding requirements about face coverings for the public, gathering limitations, and other public health concerns.

Please visit Michigan.gov/Coronavirus for information on these public health orders.

The requirements in this presentation are required by MIOSHA Emergency Rules for COVID-19.

#### Overview

☐ Requirements for All Workplaces Definitions ■ Exposure Determination □ COVID-19 Preparedness & Response Plan ■ Basic Infection Control Measures ☐ Health Surveillance ■Workplace Controls ☐ Person Protective Equipment ☐ Employee Training Recordkeeping "INDUSTRY" Requirements (or Resources)

## MIOSHA Emergency Rules for COVID-19

REQUIREMENTS FOR ALL WORKPLACES

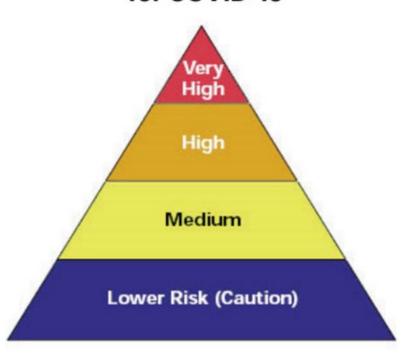
## **Definitions**

- •Close Contact: someone who was within 6ft of an infected person for at least 15 minutes starting from 2 days before illness onset (or for asymptomatic persons, 2 days prior to specimen collection) until the time the person is isolated
- **COVID-19**: coronavirus disease 2019, a severe acute respiratory disease characterized by symptoms including fever, cough, fatigue, and shortness of breath which may progress to pneumonia, multi-organ failure, & death
- **Known Cases of COVID-19**: person who have been confirmed through diagnostic testing to have COVID-19
- **SARS-CoV-2**: severe acute respiratory syndrome coronavirus 2, the virus which is the causative agent of COVID-19
- Suspected Cases of COVID-19: persons who have symptoms of COVID-19 but have not been confirmed through diagnostic testing or person who have had close contact with a person who has been confirmed through diagnostic testing

## **Exposure Determination**

- Evaluate routine & reasonably anticipated tasks/procedures to determine actual OR reasonably anticipated exposures to SARS-CoV-2
- □ Categorize tasks/procedures into the following risk categories:
  - ☐ Lower Exposure Risk
  - ☐ Medium Exposure Risk
  - ☐ High Exposure Risk
  - ☐ Very High Exposure Risk
- ☐ Use OSHA guidance for additional resources for exposure determination
  - ☐ Guidance on Preparing Workplaces for COVID-19
  - □ COVID-19 Hazard Recognition

## Occupational Risk Pyramid for COVID-19



## **Exposure Determination**

#### ☐ Exposure Risk Categories

- Lower Exposure Risk
  - Tasks do not require contact with people known or suspected of being infected with SARS-CoV-2
  - Tasks do not have frequent close contact with the public
  - Workers have minimal occupational contact with coworkers & the public
- Medium Exposure Risk
  - Tasks require frequent OR close contact with people who may be infected with SARS-CoV-2, but who are NOT a known/suspected COVID-19 patient
  - In areas with ongoing community transmission, workers that have contact with the public (schools, high-population-density work environments, high-volume retail settings)
  - In areas without ongoing community transmission, workers that have frequent contact with travelers from areas with ongoing community transmission

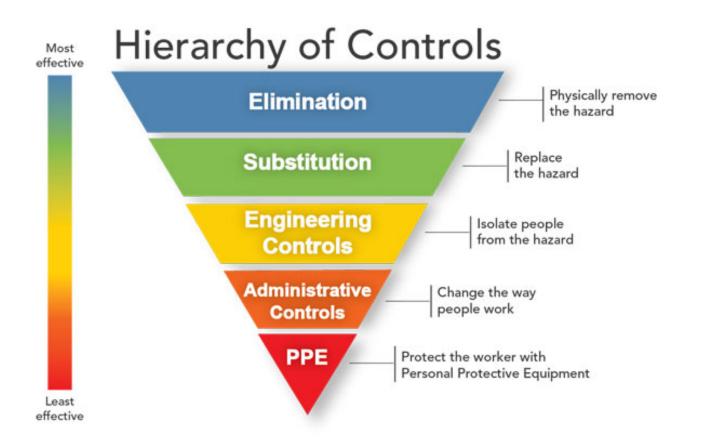
## **Exposure Determination**

- ☐ Exposure Risk Categories (cont.)
- High Exposure Risk
  - Tasks with high potential for exposure to known or suspected sources of COVID-19
  - Worker could include: licensed health care professionals, medical first responders, nursing home employees, law enforcement, correctional officers, or mortuary workers
- Very High Exposure Risk
  - Tasks with high potential for exposure to known or suspected sources of COVID-19 during specific medical, postmortem, or laboratory procedures
  - Workers could include:
    - Healthcare workers (doctors, nurses, dentists, paramedics, EMTs) performing aerosol-generating procedures on known/suspected COVID-19 patients
    - Healthcare or Laboratory workers collecting or handling specimens from known/suspected COVID-19 patients
    - Morgue workers performing autopsies on bodies of people who are known/suspected of having COVID-19 at the time of their death

## COVID-19 Preparedness & Response Plan

MIOSHA Sample COVID-19
Preparedness & Response Plan for
Low-Med Risk Employees

- ☐ Develop & Implement a written COVID-19 Preparedness & Response plan
- Use current OSHA guidance for COVID-19 <u>Guidance on Preparing</u>
   <u>Workplaces for COVID-19</u>
- Use current CDC COVID-19 guidance
- The preparedness & response plan <u>shall</u> include the employee exposure determination & <u>shall</u> detail measures to prevent employee exposure, including any:
  - Engineering Controls
  - Administrative Controls
  - Basic Infection Prevention Measures
  - Person Protective Equipment
  - Health Surveillance
  - Training
- •The employer <u>shall</u> make the preparedness & response plan readily available to employees & their representatives (website, internal network, or hardcopy)



## COVID-19 Preparedness & Response Plan

- Examples of Engineering Controls
  - High-efficiency Air Filters
  - Increased Ventilation Rates
  - Physical Barriers Clear plastic barriers, sneeze guard, plexiglass
  - Installing a drive-thru window

#### Hierarchy of Controls Most effective Physically remove Elimination the hazard Substitution Replace the hazard Engineering Isolate people from the hazard Controls Administrative Change the way people work Controls PPE Protect the worker with Personal Protective Equipment effective

## COVID-19 Preparedness & Response Plan

- Examples of Administrative Controls
  - Restrict non-essential business travel
  - Encourage hand washing and use of hand sanitizer through posters and training
  - Promote remote work
  - Implement rotational shift schedules to reduce the number on employees onsite at the same time
  - Stagger meal and break times
  - Use posters, signs, barriers, or floor markings to reduce congestion

## Basic Infection Prevention Measures

#### ☐ The employer **shall**:

- Promote frequent & thorough handwashing, including by providing workers, customers, & worksite visitors a place to wash hands; Provide antiseptic hand sanitizer or alcohol-based hand towelettes containing 60% alcohol when soap & water are unavailable
- Require workers who are sick to not report to work or work in an isolated location
- ☐ Prohibit workers from using other workers' phones, desks, offices, or other work tools & equipment when possible
- □ Create policy prohibit in-person work for employees to the extend that their work activities can feasibly be performed remotely

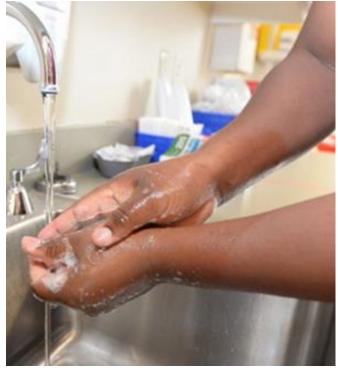


Photo: U.S. Department of Defense

## Basic Infection Prevention Measures (cont)

- ☐ The employer **shall**:
  - ☐ Increase facility cleaning & disinfection to limit exposure to SARS-CoV-2; focus on:
    - High touch surfaces (e.g. door handles)
    - Parts, products, and shared equipment (e.g tools, machinery, and vehicles)
  - ☐ Use EPA approved disinfectants expected to be effective against SARS-CoV-2: List N
  - ☐ Follow manufacturer's instructions for cleaning & disinfection products (e.g. concentration, application method, contact time, and PPE)



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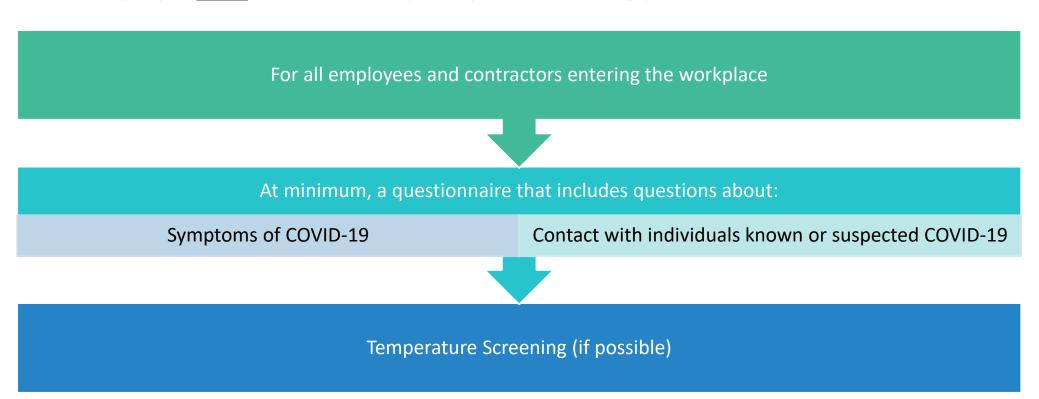
## Basic Infection Prevention Measures (cont.)

#### **General Information**

- •Cleaning
  - The removal of germs, dirt, and impurities from surfaces. Removes, but does not kill germs
  - Use soap & water
- Disinfecting
  - The use of chemicals to kill germs on surfaces. Does not necessarily remove germs from a surface
- Common Disinfectants
  - EPA List N: Disinfectants for Coronavirus
  - Bleach Solution ½ cup bleach per gallon water or 4 teaspoons bleach per quart water
  - 70% alcohol solutions may also be used wipes or liquid

## Health Surveillance

☐ The employer **shall** conduct a daily entry self-screening protocol



## Health Surveillance (cont.)

- ☐The employer **shall**:
  - □ Direct employers to promptly report any signs & symptoms of COVID-19 their experiencing to the employer before OR during the work shift
  - □ Physically isolate any employees know or suspected to have COVID-19 from the remainder of the workforce, using measure such as, but not limited to:
    - Not allowing known/suspected cases to report to work
    - Sending know/suspected cases away from the workplace
    - Assigning known/suspected cases to work alone at a remote location (e.g. their home), as their health allows



## Health Surveillance (cont.)

- □ When an employer learns of an employee, visitor, or customer with a known case of COVID-19, the employer **shall**:
  - ☐ Immediately notify the local public health department AND
  - □Within 24 hours of learning of the known case, notify any co-workers, contractors, or suppliers who may have come into contact with the person with a known case of COVID-19
- □ Employer <u>shall</u> allow employees with a known/suspected case of COVID-19 return to the workplace only after:
  - ☐ The individual is no longer infectious according to the latest guidelines from the CDC AND
  - ☐ The individual is released from any quarantine or isolation order by the local public health department
- CDC Guidance for Return to Work for Persons with COVID-19 Not in Healthcare
- **❖** CDC Guidance for Return to Work for Healthcare Personnel with COVID-19

## Workplace Controls

- ☐ The employer **shall** designate one or more worksite COVID-19 safety coordinator
  - □COVID-19 Safety Coordinator
    - Must Implement, monitor, & report on the COVID-19 control strategies required for the worksite
    - Must remain on-site at all times when employees are present on site
    - An on-site employee may be designated to perform the COVID-19 safety coordinator role
- ☐ The employer shall place posters in the languages common in the employee population that encourage staying away from work when sick, cough & sneeze etiquette, and proper hand hygiene practices



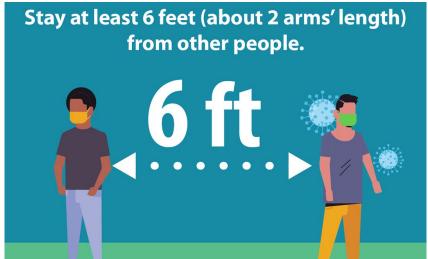


**DETÉN LA PROPAGACIÓN DE LOS MICROBIOS**Avuda a prevenir la propagación de enfermedades respiratorias como el COVID-19

Quédate en casa si estás enfermo, excepto para conseguir atención médica.







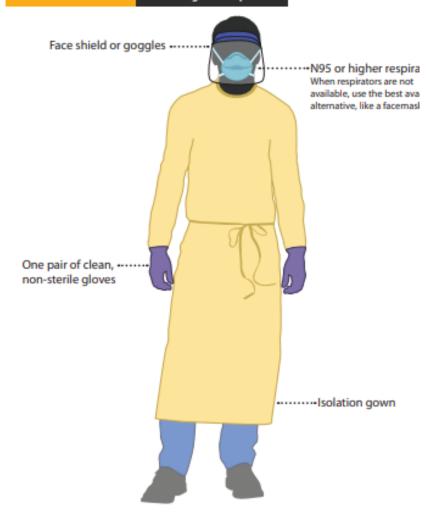
## Workplace Controls (cont.)

- ■The employer shall:
- ☐ Keep everyone on the worksite at least 6ft from one another and reduce congestion
  - ❖ Use ground markings, signs and physical barriers as appropriate to ensure social distancing and reduce congestions
- ☐ Provide non-medical grade face coverings to their employees
- Require face coverings when employees cannot consistently maintain 6ft of separation from others
- □ Consider face shields (in addition to face coverings) when employees are unable to consistently maintain 3ft of separation from others
- ☐ Require face coverings in shared spaces, including during in-person meetings and in restrooms and hallways

## Personal Protective Equipment (PPE)

- ☐ The employer **shall**:
- □ Provide employees with types of PPE, including respirators as necessary, for protection from SARS-CoV-2 appropriate to the exposure risk associated with the job
- **Ensure PPE is:** 
  - Properly worn
  - Used consistently
  - □ Regularly inspected, maintained, and/or replaced (as necessary)
  - ☐ Properly removed, cleaned, and stored or disposed of to avoid contamination to self, others, or the work environment

#### Preferred PPE – Use N95 or Higher Respirator



# Personal Protective Equipment (cont.)

- In establishments that provide medical treatment or house know/suspected cases of COVID-19, the employer **shall** ensure that employees in frequent or prolonged close contact with such cases are provided with and wear, **at a minimum**:
  - ■N-95 respirator
  - ☐Goggles or face shield AND
  - Gown

### Face Coverings vs Respirators

COVID-19

#### **FACEMASKS VS. RESPIRATORS**





#### COVID-19

#### **VOLUNTARY VS. REQUIRED RESPIRATOR USE**







Cloth or Paper Face Mask





Surgical Face Mask

Filtering Facepiece Respirator (e.g. N95)

Testing & Approval Not tested or approved, but recommended by the CDC Cleared by the U.S. Food and Drug Administration per 21 CFR 878.4040

approved by NIOSH per 42 CFR Part 84

Evaluated, tested and

Intended Use & Purpose To prevent transmission of the virus between people in close proximity

A fluid resistant barrier designed to protect the wearer from large droplets, splashes or sprays of bodily or other hazardous fluids.

Reduces the wearer's exposure to small particle aerosols and large droplets Guidelines for Employees
Using Respiratory Protection

outlines additional requirements:

Filtering Facepiece Respirator (e.g. N95)		
	Required	Voluntary
Fit Testing	Yes	No
Medical Evaluation	Yes	No
Facial Hair Prohibited	Yes	No
Appendix D Provided	No	Yes
Training per 1910.134(k)	Yes	No
Cleaning, Storage & Maintenance of Respirator	Yes	Yes

The employer determines the necessary PPE required for the job task(s). The employer is responsible for payment, replacement, maintenance, cleaning, laundering and disposal of PPE. Training should be provided to employees regarding proper use, limitations, care and maintenance of PPE. Where respirators are provided, the following table

- •Know the difference between cloth face coverings and respirators
- •NIOSH Certified Respirators require compliance to the Respiratory Protection Program
- Facemasks vs Respirators Factsheet
- Voluntary vs Required Respirator Use Factsheet

## What are Air-Purifying Respirators?

Air-purifying respirators (APRs) work by removing gases, vapors, aerosols (droplets and solid particles), or a combination of contaminants from the air through the use of filters, cartridges, or canisters. These respirators do not supply oxygen and therefore cannot be used in an atmosphere that is oxygen-deficient or immediately dangerous to life or health. The appropriate respirator for a particular situation will depend on the environmental contaminant(s).

#### Filtering Facepiece Respirator (FFR)



- Disposable
- · Covers the nose and mouth
- Filters out particles such as dust, mist, and fumes
- Select from N, R, P series and 95, 99, 100 efficiency level
- Does NOT provide protection against gases and vapors
- Fit testing required

#### **Elastomeric Half Facepiece Respirator**

- Reusable facepiece and replaceable cartridges or filters
- Can be used to protect against gases, vapors, or particles, if equipped with the appropriate cartridge or filter
- · Covers the nose and mouth
- Fit testing required





#### Elastomeric Full Facepiece Respirator

- Reusable facepiece and replaceable canisters, cartridges, or filters
- Can be used to protect against gases, vapors, or particles, if equipped with the appropriate cartridge, canister, or filter
  - Provides eye protection
  - More effective face seal than FFRs or elastomeric half-facepiece respirators
  - Fit testing required

#### Powered Air-Purifying Respirator (PAPR)

- Reusable components and replaceable filters or cartridges
- Can be used to protect against gases, vapors, or particles, if equipped with the appropriate cartridge, canister, or filter
- Battery-powered with blower that pulls air through attached filters or cartridges
- · Provides eye protection
- · Low breathing resistance
- Loose-fitting PAPR does NOT require fit testing and can be used with facial hair
- · Tight-fitting PAPR requires fit testing



## Respirator Information

- MIOSHA Part 451 Respiratory Protection Key Program Elements
  - NIOSH Certified Respirators
  - Written Program MIOSHA Sample Program
  - Medical Evaluation
  - Fit Testing
- Voluntary use respirators require a respiratory protection program
  - The respirator worn will prescribe which program elements are required for voluntary use
  - Use resources to evaluate program requirements OSHA Small Entity Compliance Guide to Respiratory Protection
- Stay updated to temporary enforcement guidance given by <u>OSHA</u> <u>Enforcement Memos for COVID-19</u>

## **Employee Training**

- ■Employer **shall** provide:
  - ☐ Training to employees on SARS-CoV-2 and COVID-19
  - □ Communication and training on COVID-19 infection control practices in the primary languages common in the employee population
  - □Updated training if:
    - ☐ There are changes to its COVID-19 preparedness & response plan OR
    - New information becomes available about the transmission of SARS- CoV-2
- ☐ Training **shall** cover:
  - ■Workplace infection control practices
  - ☐ Proper use of PPE
  - □Steps employees must follow to employer of COVID-19 symptoms or a suspected or confirmed case of COVID-19
  - ☐ How to report unsafe working conditions

### Recordkeeping

- Employers <u>must</u> maintain a record of the following:
  - ☐ Training; maintain all COVID-19 employee training
  - Screening Protocols; maintain a record of screening for each employee or visitor entering the workplace
  - Records of Required Notifications; maintain record of notifications associated to confirmed cases of COVID-19 in the workplace (see Rule 6 for health surveillance)
- Employers <u>must</u> maintain records for one year from time of generation





## Industry Specific Requirements, Recommendations, and Resources

RESTAURANTS AND BARS

#### CDC-Restaurants and Bars Decision Tool

ALL

YES

Public Health Considerations for Reopening Restaurants and Bars During the COVID-19 Pandemic

#### RESTAURANTS AND BARS DURING THE COVID-19 PANDEMIC



The purpose of this tool is to assist businesses in the food service industry, such as restaurants and bars, in making (re)opening decisions during the COVID-19 pandemic. It is important to check with state and local health officials and other partners to determine the most appropriate actions while adjusting to meet the unique needs and circumstances of the local community.

YES

#### Should you consider opening?

- √ Will reopening be consistent with applicable state and local orders?
- Are you ready to protect employees at <u>higher risk</u> for severe illness?



#### Are recommended health and safety actions in place?

- ✓ Promote healthy hygiene practices such as hand washing and employees wearing a cloth face covering, as feasible
- Intensify <u>cleaning</u>, <u>sanitization</u>, <u>disinfection</u>, and ventilation
  - Encourage social distancing and enhance spacing at establishments including by encouraging drive-through, delivery, curb-side pick up, spacing of tables/stools, limiting party sizes and occupancy, avoiding self-serve stations, restricting employee shared spaces, rotating or staggering shifts, if feasible
- Train all employees on health and safety protocols



#### Is ongoing monitoring in place?

- Develop and implement procedures to check for signs and symptoms of employees daily upon arrival, as feasible
- √ Encourage anyone who is sick to <u>stay home</u>
- √ Plan for if an employee gets sick
- Regularly communicate and monitor developments with local authorities and employees
- Monitor employee absences and have flexible leave policies and practices
- Be ready to consult with the local health authorities if there are cases in the facility or an increase in cases in the local area





YES

**OPEN AND** 

MONITOR

cdc.gov/coronavirus





#### COVID-19 Guidance for Restaurants & Beverage Vendors Offering Takeout or Curbside Pickup

OSHA is committed to protecting the health and safety of America's workers and workplaces during these unprecedented times. The agency will be issuing a series of industry-specific alerts designed to help keep workers safe.

If you are in the restaurant or beverage industry and offer takeout or curbside pickup services during the COVID-19 pandemic, the following tips can help reduce workers' risk of exposure to the coronavirus:

- · Encourage workers to stay home if they are sick.
- · Avoid direct hand-off, when possible.
- Display a door or sidewalk sign with the services available (e.g., take-out, curbside), instructions for pickup, and hours of operation.
- · Reserve parking spaces near the front door for curbside pickup only.
- · Train workers in proper hygiene practices and the use of workplace controls.
- Allow workers to wear masks over their nose and mouth to prevent spread of the virus.
- Provide a place to wash hands and alcohol-based hand rubs containing at least 60% alcohol.
- Routinely clean and disinfect surfaces and equipment with Environmental Protection Agencyapproved cleaning chemicals from List N or that have label claims against the coronavirus.
- Practice sensible social distancing by maintaining six feet between co-workers and customers.
   Mark six-foot distances with floor tape in pickup lines, encourage customers to pay ahead of time by phone or online, temporarily move workstations to create more distance, and install plexiglass partitions, if feasible.
- · Encourage workers to report any safety and health concerns.

For more information, visit www.osha.gov/coronavirus or call 1-800-321-OSHA (6742).

## OSHA Factsheet

## Requirements of Restaurants and Bars



Require patrons to wear a face covering except when seated or medically unable



Require six feet of separation between parties or groups at different tables or bar tops



Prohibit access to common areas in which people can congregate

## Communication Requirements



Create communications material for customers (e.g., signs, pamphlets) to inform them of changes to restaurant or bar practices and to explain the precautions that are being taken to prevent infection.



Post sign(s) at all entrance(s) informing customers not to enter if they are or have recently been sick.



Post sign(s) instructing customers to wear face coverings until they are seated at their table.



## Face Coverings Requirements

§Require hosts, servers, and staff to wear face coverings in the dining area in addition to areas where social distancing cannot be maintained.

# Recommendations of Restaurants and Bars



Limit capacity of 50% or normal seating



Require patrons to remain seated, except to enter, exit, order food, or use restroom



Close waiting areas and ask customers to wait in cars or outside establishment. Encourage social distancing.



Close self-serve food or drink options, such as buffets, salad bars, and drink stations.



Sell alcoholic beverages only via table service

# Additional Recommended Employee Training Recommendations







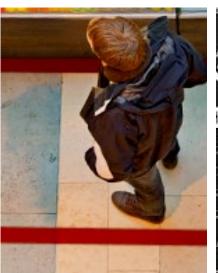
Appropriate use of personal protective equipment in conjunction with food safety guidelines.

Food safety health protocols (e.g., cleaning between customers, especially shared condiments).

How to manage symptomatic customers upon entry or in the restaurant.

## Notifications Recommendations

Close restaurant immediately if an employee shows symptoms of COVID-19, defined as either the new onset of cough or new onset of chest tightness or two of the following: fever (measured or subjective), chills, rigors, myalgia, headache, sore throat, or disorders of taste or smell, and perform a deep clean, consistent with guidance from the FDA and the CDC. Such cleaning may occur overnight.







### Workplace Controls Recommendations

- Install physical barriers, such as sneeze guards and partitions at cash registers, bars, host stands, and other areas where maintaining physical distance of six feet is difficult.
- To the maximum extent possible, limit the number of employees in shared spaces, including kitchens, break rooms, and offices, to maintain at least a six-foot distance between employees.
- Provide physical guides, such as tape on floors or sidewalks and signage on walls to ensure that customers remain at least six feet apart in any lines.
- Limit shared items for customers (e.g., condiments, menus) and clean high-contact areas after each customer (e.g., tables, chairs, menus, payment tools, condiments).

## Stay Updated

Recommendations & requirements are being updated in response to a changing environment with COVID-19

The CDC and OSHA are continually updating recommendations

Read the most recent Michigan Emergency Rules for new developments in the state

### Resources

#### Restaurants and Bars Resources

- OSHA -COVID-19 Guidance for Restaurants & Beverage Vendors Offering Takeout or Curbside Pickup
- CDC Restaurants-and-Bars-Decision-Tree
- AIHA Reopening: Guidance to the Bar Industry
- AIHA Reopening: Guidance for Restaurant Industry

#### MIOSHA Resources

- MIOSHA Webpage
- MIOSHA Consultation, Education & Training (CET) Division
- MIOSHA Standards
- Request for Consultative Assistance
- PPE Guide for General Industry (SP #16)
- Respiratory Protection Program Sample Written Program (SP #05)
- Hazard Communication Program Sample Written Program (CET 5530)
- MIOSHA Training Program

### COVID-19 Resources

#### **MIOSHA**

• COVID19 Interim Enforcement Plan

#### State of Michigan

- Coronavirus
- Frequently Asked Questions

#### **OSHA**

- COVID-19 Information
- Guidance on Preparing Workplaces for COVID-19
- Seven Steps to Correctly Wear a Respirator at Work
- <u>Ten Steps for All Workplaces to Reduce Risk of</u> Exposure to Coronavirus

#### CDC

- Coronavirus Disease (COVID-19)
- Interim Guidance for Businesses to Plan and Respond to COVID-19
- Use of Cloth Face Coverings to Slow the Spread of COVID-19
- Interim Guidance for Workers Who May Have Had Exposure to a Person with COVID-19
- Cleaning & Disinfecting Your Facility

#### Other

AIHA – <u>Back to Work Safely</u>

## Contact MIOSHA

Michigan Occupational Safety and Health Administration (MIOSHA)

530 W. Allegan Street, P.O. Box 30643

Lansing, Michigan 48909-8143

If you need further information, call 855-SAFEC19 (855-723-3219).

To request consultation, education and training services, call 517-284-7720

or visit our website at:

www.michigan.gov/miosha

