



An Informative Three Day Virtual Instructor-Led Seminar:

MIOsha General Industry 10-Hour +

1 Who Should Attend . . .

This online seminar is a must for anyone concerned about health and safety on the job including:

- ▶ Managers concerned about workers' compensation costs.
- ▶ Employees who want to learn proper techniques for protecting their safety and health at work.
- ▶ Business owners who want to learn about compliance with Michigan Occupational Safety and Health Administration (MIOsha).

2 MIOsha Training Institute

MIOsha Consultation Education and Training (CET) Division and Macomb Community College (MCC) have developed the MIOsha Training Institute (MTI) through a formal alliance. The MTI introduced an Assessment-Based Certificate program, effective October 1, 2007. The certificate program offers participants an opportunity to be recognized for their educational efforts and increased technical expertise. Courses are offered throughout the state in sponsorship with other M-TECSM facilities, community colleges, and safety and health organizations. To learn more about the certificate program, log-on to the CET Division website at www.michigan.gov/mti.

3 What You'll Learn . . .

In today's challenging business climate, many employers are faced with the need to have their employees be capable of performing new or multiple job functions. As personnel shift to accommodate business needs, it is essential to have staff understand the importance of safety and health management and the underlying effect it has on business. In three days this fundamentals course offers the resources and tools to create or enhance an effective safety and health management system, a review of the MIOsha Act, and highlights of many key General Industry Safety and Health Standards.

Topics include elements of a comprehensive safety and health system, recordkeeping, accident investigations, inspections and citations, written program requirements, introduction to industrial hygiene, respiratory protection, hearing conservation, bloodborne infectious diseases (BIDs), eyewash and first aid requirements, ergonomics, hazard recognition, and machine guarding. **Virtual classroom with an in-person instructor. This training format can be taken from the office, home, or remotely.**



Agenda

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| ▶ Accident Investigation | ▶ Hazard Recognition and Self Inspection | ▶ Recommended Practices for Safety and Health Programs |
| ▶ Ergonomics | ▶ Introduction to Industrial Hygiene | ▶ CET Services |
| ▶ First Aid, Eye Wash, and Bloodborne Infectious Diseases | ▶ Respiratory Protection | ▶ Required Written Programs |
| ▶ Recordkeeping | ▶ Hearing Conservation | ▶ When MIOsha Visits |

All meetings are accessible and barrier free. Please contact the cosponsor or the CET Division, at least 30 days in advance, to request necessary accommodations.

Facilitator

Deborah Ziel is a Senior Occupational Safety Consultant who joined the Consultation Education and Training Division of MIOSHA in 2006. Before that, she had over a decade of safety and health experience in private industry. Deborah currently provides consultation and training services for mid-west Michigan.

Before working for the State of Michigan, Deborah was an Environmental Health and Safety Specialist in a private manufacturing facility performing safety and health functions in two Michigan Voluntary Protection Program (MVPP) STAR sites. This included, but was not limited to, injury management and record keeping, program development and implementation, regulatory and best practice training, chemical management program, industrial hygiene coordination, hazard recognition program, and safety team development and facilitation. Deborah is a graduate of Grand Valley State University with a Bachelor of Science degree in Occupational Safety & Health.

Presenters: Deborah Ziel and Chris Johnson, Senior Occupational Safety Consultants; and Audrey Carlstrom, Industrial Hygienist; MIOSHA, CET Division



Deborah Ziel
Senior Occupational Safety Consultant
MIOSHA, CET Division

Program Details

DATE: January 19, 20, and 21, 2021

LOCATION: **Virtual**

This training format can be taken from the office, home, or remotely.

COST: \$250 per person.

Includes course materials.

Certification/Maintenance Points Available

TIME: Check-in - 8:30 a.m.

Program - 9:00 a.m. to 4:00 p.m.

DEADLINE: Register by January 5, 2021

Please register early!

CONTACT: Cheryl Kotecki – 616-331-7180,

or ceinfo@gvsu.edu

Incident Weather Line: 616-331-2020

COSPONSOR: Grand Valley State University Center for Adult & Continuing Studies

How to Register

MIOSHA General Industry 10 Hour +

To Register and Pay by Check or Money Order

▶ **Email:** ceinfo@gvsu.edu

▶ **Mail:** Grand Valley State University
Center for Adult & Continuing Studies
Attn: Cheryl Kotecki
301 W. Fulton, EC 718
Grand Rapids, MI 49504-6495

To Register and Pay By Credit Card

▶ **Web:** www.gvsu.edu/learn/miosha

▶ **Phone:** 616-331-7180

Complete Separate Registration Form For Each Attendee

Name: _____

Company Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Fax: _____

Email: _____

(Needed for Registration)

Please make check or money order payable to:

Grand Valley State University

People with disabilities requiring additional services (such as materials in alternative format) in order to participate in the meeting should call 517-284-7720 at least 30 days before the program. The Department of Labor and Economic Opportunity (LEO) is an equal opportunity employer/program.

www.michigan.gov/leo