

# MIOSHA General Industry 10-Hour +

## 1 Who Should Attend . . .

This seminar is a must for anyone concerned about health and safety on the job including:

- ▶ Managers concerned about workers' compensation costs.
- ▶ Employees who want to learn proper techniques for protecting their safety and health at work.
- ▶ Business owners who want to learn about compliance with Michigan Occupational Safety and Health Administration (MIOSHA).

## 2 MIOSHA Training Institute

MIOSHA Consultation Education and Training (CET) Division and Macomb Community College (MCC) have developed the MIOSHA Training Institute (MTI) through a formal alliance. The MTI introduced an Assessment-Based Certificate program, effective October 1, 2007. The certificate program offers participants an opportunity to be recognized for their educational efforts and increased technical expertise. Courses are offered throughout the state in sponsorship with other M-TEC<sup>SM</sup> facilities, community colleges, and safety and health organizations. To learn more about the certificate program, log-on to the CET Division website at [www.michigan.gov/mti](http://www.michigan.gov/mti).

## 3 What You'll Learn . . .

In today's challenging business climate, many employers are faced with the need to have their employees be capable of performing new or multiple job functions. As personnel shift to accommodate business needs, it is essential to have staff understand the importance of safety and health management and the underlying effect it has on business. In three days this fundamentals course offers the resources and tools to create or enhance an effective safety and health management system, a review of the MIOSHA Act, and highlights of many key General Industry Safety and Health Standards.

Topics include elements of a comprehensive safety and health system, recordkeeping, accident investigations, inspections and citations, written program requirements, introduction to industrial hygiene, respiratory protection, hearing conservation, bloodborne infectious diseases (BIDs), eyewash and first aid requirements, ergonomics, hazard recognition, and machine guarding.

Required Class for  
General Industry  
Level One  
MTI Certificate

### Agenda

- ▶ Accident Investigation
- ▶ Ergonomics
- ▶ First Aid, Eye Wash, and Bloodborne Infectious Diseases
- ▶ Recordkeeping
- ▶ Hazard Recognition and Self Inspection
- ▶ Introduction to Industrial Hygiene
- ▶ Respiratory Protection
- ▶ Hearing Conservation
- ▶ Recommended Practices for Safety and Health Programs
- ▶ CET Services
- ▶ Required Written Programs
- ▶ When MIOSHA Visits

# ***MIOSHA Education Training Materials***

The student training manual and course reference materials will be provided in electronic format via email for students to download and print before class if they wish.

**No hard copy textbook will be provided at the class. Upon arrival at class, each student will also receive a flash drive containing these materials which is theirs to keep.** If you wish to bring a copy to class, you have the option to **download and/or print** the course materials in advance.

**Important:** When registering for this class, please provide your complete email address.

***Remember to download your course handouts ahead of time!***

## ***Frequently Asked Questions***

**Q: Will I be able to print my materials at the seminar or workshop?**

**A:** No printing services will be available. Print or download the presentation slides before you arrive for the class.

**Q: Will I be able to charge my device at the seminar or workshop?**

**A:** We recommend that your device is fully charged before you arrive. Charging stations may not be available in the classroom.

**Q: What happens if I do not receive an email?**

**A:** In the unlikely event that you do not receive the link via email, please call the contact number listed under Program Details on the next page for assistance.



# Facilitator

Deborah Ziel is a Senior Occupational Safety Consultant who joined the Consultation Education and Training Division of MIOSHA in 2006. Before that, she had over a decade of safety and health experience in private industry. Deborah currently provides consultation and training services for mid-west Michigan.

Before working for the State of Michigan, Deborah was an Environmental Health and Safety Specialist in a private manufacturing facility performing safety and health functions in two Michigan Voluntary Protection Program (MVPP) STAR sites. This included, but was not limited to, injury management and record keeping, program development and implementation, regulatory and best practice training, chemical management program, industrial hygiene coordination, hazard recognition program, and safety team development and facilitation. Deborah is a graduate of Grand Valley State University with a Bachelor of Science degree in Occupational Safety & Health.

Presenters: Deborah Ziel and Chris Johnson, Senior Occupational Safety Consultants; and Audrey Carlstrom, Industrial Hygienist; MIOSHA, CET Division



**Deborah Ziel**  
Senior Occupational Safety Consultant  
MIOSHA, CET Division

## Program Details

**DATE:** September 28, 29, 30, 2020  
**LOCATION:** Grand Valley State University  
Holland Meijer Campus  
515 S. Waverly Road  
Holland, Michigan 49423  
**COST:** \$250 per person.  
Includes warm lunch and course materials.  
Certification/Maintenance Points Available

**TIME:** Check-in - 8:30 a.m.  
Program - 9:00 a.m. to 4:00 p.m.  
**DEADLINE:** Register by September 14, 2020  
Please register early!  
**CONTACT:** Cheryl Kotecki – 616-331-7180,  
or ceinfo@gvsu.edu

***Inclement Weather Line: 616-331-2020***

**COSPONSOR: Grand Valley State University Center for Adult & Continuing Studies**

## How to Register

### MIOSHA General Industry 10 Hour +

#### To Register and Pay by Check or Money Order

- ▶ **Email:** ceinfo@gvsu.edu
- ▶ **Mail:** Grand Valley State University  
Center for Adult & Continuing Studies  
Attn: Cheryl Kotecki  
301 W. Fulton, EC 718  
Grand Rapids, MI 49504-6495

#### To Register and Pay By Credit Card

- ▶ **Web:** [www.gvsu.edu/learn/miosha](http://www.gvsu.edu/learn/miosha)
- ▶ **Phone:** 616-331-7180

#### Complete Separate Registration Form For Each Attendee

Name: \_\_\_\_\_  
Company Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Phone: \_\_\_\_\_ Fax: \_\_\_\_\_  
Email: \_\_\_\_\_

*(Needed for Registration)*

**Please make check or money order payable to:  
Grand Valley State University**

The meeting site and parking is accessible. Individuals attending the meeting are requested to refrain from using heavily scented personal care products, in order to enhance accessibility for everyone. People with disabilities requiring additional services (such as materials in alternative format) in order to participate in the meeting should call 517-284-7720 at least 30 days before the program. The Department of Labor and Economic Opportunity (LEO) is an equal opportunity employer/program.