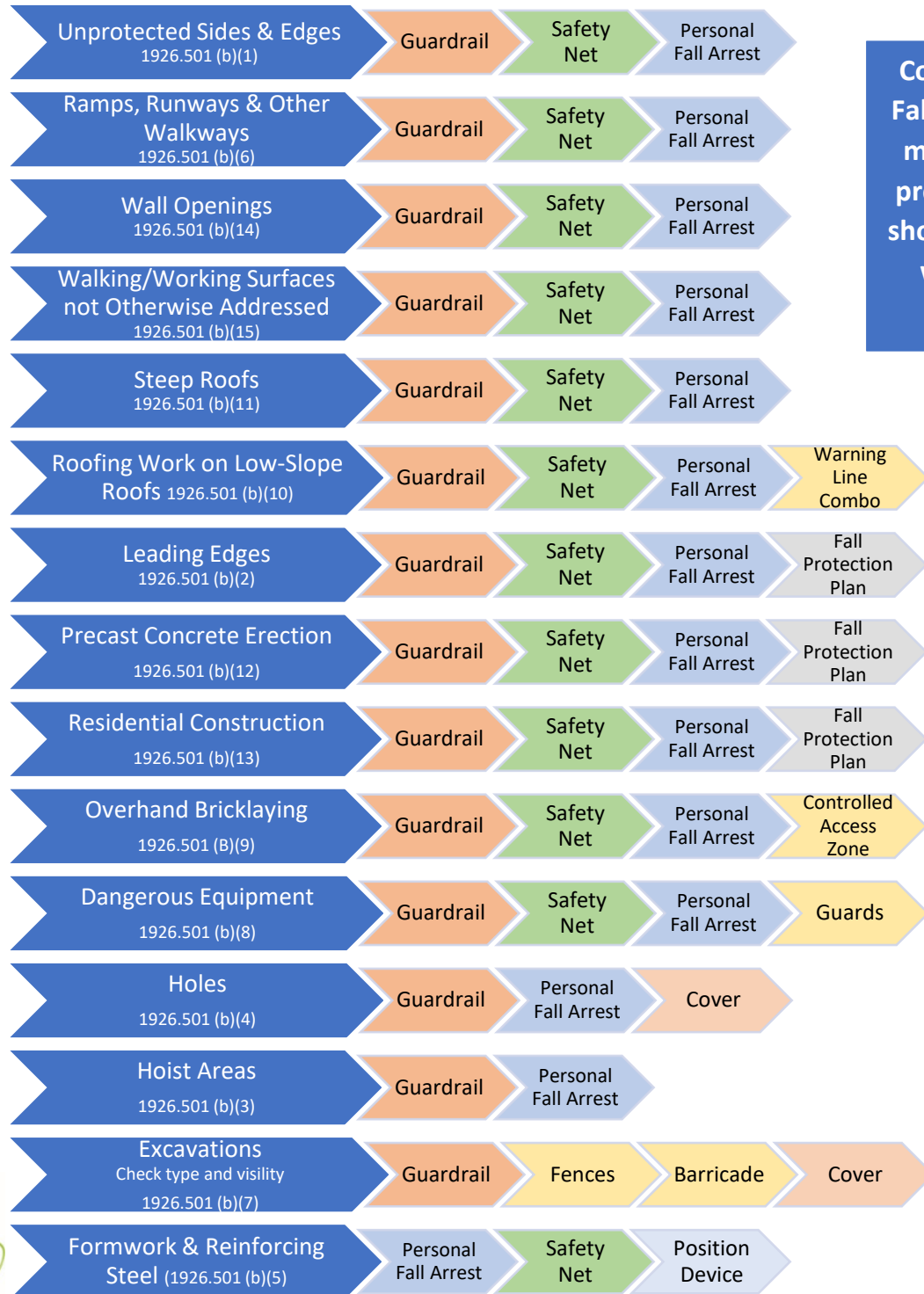


Construction Part 45: Fall Protection Quick Guide

Type of Work & Options Given



Conventional Fall Protection methods are preferred and should be used whenever possible.

Guardrail is a barrier erected to prevent employees from falling to lower levels.

Safety Net is system of nets put in place to catch fallen workers before serious injury.

Personal Fall Arrest System is used to arrest an employee in a fall from a working level.

Covers protect employees from tripping in stepping into or through holes.

Positioning Device System means a body belt or harness rigged to allow an employee to be supported.

Fences & Barricades are barriers erected to prevent access to areas where hazards may exist.

Guards for equipment protect workers from hazards created by nip points, rotating parts, flying chips, and sparks.


Warning Line is a barrier to warn employees of proximity to fall hazards and must be used in conjunction with another protection system.

Controlled Access Zone means an area in which certain work may take place and access to the zone is controlled.

Fall Protection Plans protect in elevated work areas where conventional fall protection cannot be used.

Fall Protection Systems

Construction Part 45: Fall Protection Quick Guide

	Unprotected Sides & Edges 1926.501 (b)(1)	Ramps, Runways & Other 1926.501 (b)(6)	Wall Openings 1926.501 (b)(14)	Walking/Working Surfaces not Otherwise Addressed 1926.501 (b)(15)	Steep Roofs 1926.501 (b)(11)	Roofing Work on Low-Slope Roofs 1926.501 (b)(10)	Leading Edges 1926.501 (b)(2)	Precast Concrete Erection 1926.501 (b)(12)	Residential Construction 1926.501 (b)(13)	Overhand Bricklaying 1926.501 (b)(9)	Dangerous Equipment 1926.501 (b)(8)	Holes 1926.501 (b)(4)	Hoist Areas 1926.501 (b)(3)	Excavations 1926.501 (b)(7)	Formwork & Reinforcing Steel 1926.501 (b)(5)
Guardrail is a barrier erected to prevent employees from falling to lower levels.	X	X	X	X	X	X	X	X	X	X	X		X		
Safety Net is a system of nets put in place to catch fallen workers before serious injury.	X	X	X	X	X	X	X	X	X	X			X	X	
Personal Fall Arrest System is used to arrest an employee in a fall from a working level.	X	X	X	X	X	X	X	X	X	X	X	X		X	
Covers protect employees from tripping in, stepping into or through holes.												X	X		
Positioning Device System means a body belt or harness rigged to allow an employee to be supported.														X	
Fences & Barricades are barriers erected to prevent access to areas where hazards may exist.													X		
Guards for equipment protect workers from hazards created by nip points, rotating parts, flying chips, and sparks.											X				
Warning Line is a barrier to warn employees of proximity to fall hazards and must be used in conjunction with another protection system.						X									
Controlled Access Zone means an area in which certain work may take place and access to the zone is controlled.							X			X					
Fall Protection Plans protect in elevated work areas where conventional fall protection cannot be used.							X	X	X						