

Monday Bulletin on Services to Youth

To Coordinate... To Enhance... To Serve... Through Communication...

Editor in Transition

Dear Readers,



After two years as editor of the *Monday Bulletin*, eight years as a rehabilitation consultant dedicated to Transition, several prior years as a supervisor, trainer and vocational rehabilitation counselor, I am saying “goodbye.”

The *Monday Bulletin* was created by my former supervisor and friend, Rosanne Renauer; previously staffed by Gail Faulkner and Bill Leavell, with layout and design by Julie Eckhardt, and distributed by Amie Weber. They created a tool with a history that was easy to carry forward. The *Monday Bulletin* won the 2006 National Rehabilitation Excellence in Media Award, and now has a readership of over 1000 individuals. I hope that this Michigan Rehabilitation Services legacy is continued and that I can now become a reader of the Bulletin, as I enjoy a morning cup of coffee at my home computer.

Upon retiring from MRS, I will not forget people with disabilities, and the educational, empowerment and employment issues faced by students involved in the Transition process. I intend to continue counseling and consulting, and maybe even contributing an occasional article to the Bulletin. “Thanks” goes to you, Julie Eckhardt, our producer. “Thanks” to the many writers who contributed to *Monday Bulletins*. Most importantly, thank you, readers, for your loyal readership. I hope this was a newsletter worth reading!

I hope we meet again,

Lynn Boza

Obtaining Mental Health Services for Transition-Age Youth: A Desk Aid for Rehabilitation Counselors & Transition Coordinators

Severity of condition determines the type of services an individual needs and relates to how those services may be funded. The Child & Adolescent Functional Assessment Scale (CAFAS) is used to determine functional impairment. CAFAS measures functioning at home, at school and in the community.

For individuals age 6-17, severity is determined by the following factors:

- DSM IV diagnosis
- Duration of over 12 months
- Degree of functional impairment

Treatment options can include Person-Centered Practices, therapy and medication. Services are funded in a variety of ways.

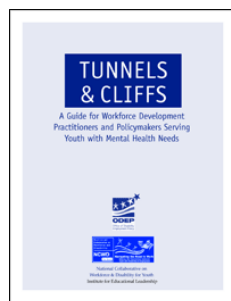
Visit the following sites to find out more:

Local Mental Health Services

www.michigan.gov/mdch/0,1607,7-132-2945_5101-14792-,00.html

Medicaid Provider Manual

www.michigan.gov/mdch/0,1607,7-132-2945_5100-87572-,00.html



Tunnels and Cliffs A Guide for Serving Youth with Mental Health Needs

The U.S. Department of Labor’s Office of Disability Employment Policy (ODEP) developed this guide to help workforce development practitioners, administrators, and policy makers increase their understanding of youth with mental health needs and the supports necessary to help them transition into the workforce successfully. The guide is based on the Guideposts for Success. Obtain *Tunnels & Cliffs* free on the web at: www.ncwd-youth.info/resources_&_Publications/mental_health.html

Michigan Rehabilitation Conference

MICRO ENTERPRISE EXHIBIT MALL

October 24 – 25, 2007

DeVos Place

Grand Rapids, Michigan

The 2007 Michigan Rehabilitation Conference is offering low cost exhibit space to qualifying consumer entrepreneurs operating Micro Enterprises, Supported Self-Employment or Small Businesses. Consumer entrepreneurs will be able to sell the products and/or services to the over 700 people attending the Michigan Rehabilitation Conference.

Exhibitor Qualifications:

Consumers wishing to exhibit in the Micro Enterprise Mall must complete an application and submit it with a statement from a Community Mental Health professional, Michigan Rehabilitation Counselor or a Community Based Rehabilitation Organization professional which states that the enterprise is an operating business venture. The intent of this requirement is to eliminate hobbyists from applying for the limited amount of available exhibit space .

Why Exhibit?

New Partners: Conference Sponsors—the MARO Employment and Training Association and the Michigan Rehabilitation Association—are pleased to welcome VSA Arts and the Michigan Association of Rehabilitation Professionals. Continuing to partner with the conference are the Michigan ADA Steering Committee, Michigan Developmental Disabilities Council, United Cerebral Palsy of Michigan the Michigan Disability Rights Coalition, the Michigan Statewide Independent Living Council, the Michigan Rehabilitation Council, the Michigan Commission on Disability Concerns and the Epilepsy Foundation of Michigan. These partners expand our audience and provide additional depth to the program offerings.

Last year's conference drew over 700 participants, and even more are expected this year.

- Sell your products--conference policy encourages sales to be made on the conference floor.
- Develop sales contacts--last year's exhibitors reported hundreds of leads.
- Lunch on opening day and the exhibit hall grand opening buffet is provided.

For additional information call conference headquarters at (517) 484-5588

Michigan Youth Leadership Forum

UP Forum Under Consideration

The Michigan Commission on Disability Concerns, in conjunction with other disability organizations, conducted its eighth Michigan Youth Leadership Forum (MYLF) at Michigan State University June 17-21, 2007.



Twenty-eight high students with various disabilities from across the state participated in this five-day forum where they learned about assistive technology, disability history, their rights under both state and federal disability civil rights laws, employment issues, and transition from school. The delegates also learned how a bill becomes law, and they developed their own legislative bill and that was debated at the Capitol. This year's bill was entitled "K-12 Disability Education Act," a bill to require additional teacher education with the goal of increasing knowledge in all areas of working with students with disabilities.

"The forum is based on mentor relationships and developing leadership by example, Director Cooley said. Successful adults with disabilities serve as mentors in their roles as small group leaders and the majority of program presenters are people with disabilities."

The forum ended with the Leadership Luncheon at the Kellogg Center where mentors and students received certificates of participation. This year's keynote speaker was Brian Sheridan, MCDC Commissioner/Rehab Institute of Michigan's Center for SCI Recovery. Additionally it is also a time where students can share their MYLF experiences with the sponsors and other invited guests.

Corporate sponsors for this year's forum are Dow Chemical and General Motors. Other businesses and individuals have also made donations to support this forum. There is no cost to students to attend this forum. All monies are raised through donations.

As a result of this five-day forum, several individuals from the Upper Peninsula are interested in sponsoring a MYLF for students with disabilities in the UP, modeling the UP forum after the Lansing forum. For further information on the UP MYLF, you can contact Colin Van, Superior Alliance for Independent Living at 1-800-379-7245.

REFERENCE POINTS: Mental Health Resources

Research: Perceptions of Depression, ADHD, and Stigma Among Youth 8-18

Approximately one in ten American children and youth experience a behavioral, emotional, or mental health disorder that could be identified and treated. Stigma associated with mental illness can dissuade young people and their families from seeking help. Staff at the Research and Training Center on Family Support and Children's Mental Health at Portland State University collaborated with a group of young adult advisors and the research firm, Harris Interactive, to produce two surveys focusing on perceptions of mental health difficulties and on the stigma associated with these difficulties among children and youth aged 8-18. A nationally representative sample of more than 1,300 U.S. children and teenagers responded to one survey, which was conducted online by Harris Interactive this June. An additional survey, conducted by Harris Interactive in August, gathered similar information from more than 3,600 adults. The press release can be found at

<http://www.harrisinteractive.com/news/allnewsbydate.asp?NewsID=1095>

Comic Book Goal: Suicide Prevention

The Healthy Aboriginal Network has released the first in a series of comic books addressing mental and physical health issues. Aimed at youth, visual learners, and hard to reach populations, the first issue, "Darkness Calls," focuses on suicide prevention. Since its release in June 2006, the comic has already sold over 33,000 copies.

<http://www.thehealthyaboriginal.net/>

From: RTC Updates Oct. 2006



Steps to Better Data: Dropouts

This report discusses strategies states can use to improve the quality of their dropout-related data and get the greatest utility from those data. This is the NDPC-SD's first offering in their State Performance Plan (SPP) Toolkit Series. The SPP Toolkit Series will contain this and other practical guides to assist state education agencies in their development and implementation of improvement activities associated with school completion.

<http://www.ndpc-sd.org/assistance/>

Strategy Brief: Improving Outcomes for Youth with Mental Health Needs

"A Difficult Passage: Helping Youth with Mental Health Needs Transition into Adulthood" has been developed by the National Conference of State Legislators (NCSL) and the National Collaborative on Workforce and Disability for Youth (NCWD/Youth). The Brief discusses current state strategies for improving outcomes for youth with mental health needs, and offers additional policy recommendations. This Brief is a prelude to a forthcoming NCWD/Youth publication entitled "Tunnels and Cliffs: A Guide for Workforce Development Practitioners and Policy makers Serving Youth with Mental Health Needs." <http://www.ncsl.org/programs/health/forum/youthmentalneeds.htm>

Federal Programs to Assist Transition-Aged Youth with Serious Mental Health Conditions

Myriad federal programs can address the wide range of needs of youth with serious mental health conditions who are transitioning into adulthood. The Bazelon Center has prepared fact sheets about 57 programs, run by 20 or more different agencies in nine departments of the federal government. For more information go to <http://www.bazelon.org/publications/movingon>

From: the DD Quarterly, Spring 2006, the Ohio Developmental Disabilities Council

Project SEARCH: Hospital Based Transition Programs

Project SEARCH is a program found at Cincinnati Children's Hospital Medical Center. They have two noteworthy Transition programs: A one-year, work site-based, school-to-work High School Transition Program for students having cognitive disabilities, and a Vocational-Education Clinic for students whose high school programs are interrupted due to chronic illness and disability issues. Project SEARCH provides employment and education opportunities for individuals with significant disabilities. For more information about their model programs, visit: <http://www.cincinnatichildrens.org/svc/alpha/p/search/default.htm>

Care for Low Income People with Serious Mental Illness

Gaps have grown in services for low income people with serious mental illnesses, in part as a result of state budget pressures and Medicaid cost containment policies, according to an article in the May/June 2006 issue of "Health Affairs". Researchers describe these gaps in twelve US communities, based on interviews with mental health professionals, general medical care providers, and policy makers. Residential services were consistently mentioned as being in short supply, including housing, group quarters, transitional shelters, and other support services. Low reimbursement from Medicaid was the most frequently cited reason for gaps in outpatient capacity for mental health services. The study can be accessed at <http://content.healthaffairs.org/cgi/content/abstract/25/3/694>

CDC Embraces Mental Health as Part of Mission

The U.S. Center for Disease Control and Prevention has begun to embrace mental health as part of its mission. The inclusion of mental health in the agency's mission comes as society has become more comfortable talking about mental health issues and as research increasingly links mental health with physical health, according to Marc Safran, M.D., who heads the CDC's Mental Health Work Group. For more information go to <http://www.intelihealth.com/IH/ihtIH/WSIHW000/333/8014/423160.html>

Reasonable Accommodations for People with Psychiatric Disabilities: On-Line Resource for Employers and Educators

Practical information for employers and educators about reasonable accommodations for people who have psychiatric disabilities from Boston University Center for Psychiatric Rehabilitation. To access, go to <http://www.bu.edu/cpr/reasaccom/index.html>

Key Considerations for Health System Stakeholders

A new issue paper from the National Institute on Health Care Management Research and Educational Foundation provides an overview and highlights of key considerations for health system efforts to promote and improve the mental health of children and youth. For more information go to <http://www.nihcm.org/CMHReport-FINAL.pdf>.

From: Monday Morning in Washington, D.C.

Funding Options to Support Mental Health Care for Children

Published by the National Governors' Association, this brief describes the cost of the unmet mental health needs on society and outlines the Medicaid options available to states to expand treatment capacity for children. For more information go to www.nga.org/cda/files/0501CHILDMENTALHEALTH.pdf

State Report Cards by NAMI

NAMI, the National Alliance on Mental Illness, presents its first comprehensive state-by-state analysis of mental health care systems in 15 years. Every US state has been scored on 39 specific criteria resulting in an overall grade and four sub-category grades for each state. The report has prompted dialogue on the challenges of meeting the needs of people with psychiatric disabilities.

To find out more about the creating of this report, go to http://www.nami.org/gtstemplate.cfm?section=grading_the_states&lstid=679

The complete report is available in print for \$15 or as a free download at http://www.nami.org/Content/NavigationMenu/Grading_the_States/Full_Report/GTS06_final.pdf

About REFERENCE POINTS

Articles on pages three and four of this Monday Bulletin are from REFERENCE POINTS, Transition updates from the TATRA Project, features resources and information to help parent organizations, advocates and professionals better serve adolescents and young adults with disabilities, and their families. It is managed by PACER Center www.pacer.org as a joint technical assistance activity of the TATRA Project and the National Center on Secondary Education and Transition www.ncset.org

Please Forward or Print Monday Bulletin for Others

E-mail your contributions or ideas for "Monday Bulletin on Services to Youth" to Julie Eckhardt: jewel@chartermi.net or call 231/590-2764. To subscribe, contact Julie Eckhardt. Views expressed in Monday Bulletin articles are not necessarily the views of the Michigan Department of Labor & Economic Growth nor Michigan Rehabilitation Services.

Symposium on Post-secondary Opportunities on College Campus for Students with Intellectual/Cognitive Disabilities

November 5, 2007 8:00 AM to 4:30 PM

University of Michigan Dearborn - Fairlane Center

National researchers from the only Office of Special Education (OSEP) funded projects, Dr. Meg Grigal and Debra Hart will present. Michigan PSE Initiatives will be showcased.

Target audience: K-12 personnel, higher education, adult serving agencies, families, students, and all interested in transition for young adults with cognitive disabilities.

For updates on the Symposium:

www.ddi.wayne.edu/postsecondary_symposium.php

To request a conference brochure, contact Latosha Marshall at: du8586@wayne.edu

Save the Dates Events & Training

AUGUST

Michigan Association of Learning Disabilities

Educators: SIM Training

August 14-16, 2007

Grand Ledge, MI

<http://mimalde.net/upcomingevents1.html>

STEM- Science, Technology, Engineering, and Mathematics for ALL Learners

August 15, 2007 10:00 AM - 5:00 PM

Park Library, Central Michigan University

Online Registration available at: www.cenmi.org/mits

Look for: IBM Technology Camp Workshop

Contact Marcie Alling at: allingm@michigan.gov or 517/335.0390

Mid-Michigan Educators' Summit

August 15, 2007

Valley Plaza in Midland, MI

Contact Kayla Courneya and at

courneyak@baisd.net or via telephone at 989/667-3280

SEPTEMBER

MALDE Annual Conference

September 27-29

Shanty Creek Resort

Bellaire, MI

www.Mimalde.net

OCTOBER

Learning Disabilities Association of Michigan:
Annual Conference

October 21-23

Kellogg Center, East Lansing, MI

www.ldaofmichigan.org

Michigan Rehabilitation Conference

October 24-26, 2007

DeVos Center

Grand Rapids, MI

www.MARO.org

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