Crude and Age-Adjusted Estimates for Chronic Health Conditions, Risk Factors, Health Indicators, and Preventive Health Practices by Expanded Race/Ethnicity

State of Michigan

Selected Tables

Michigan Behavioral Risk Factor Survey

2012-2014

Chronic Disease Epidemiology Section Lifecourse Epidemiology and Genomics Division Bureau of Disease Control, Prevention, and Epidemiology Michigan Department of Health and Human Services

Prepared by: Chris Fussman August 17, 2015

TABLE OF CONTENTS

	Table of Contents	2
	Introduction	
	Key Points	4
	Prevalence Estimates among the Overall Michigan Population	
Table 2:	Prevalence Estimates among White, Non-Hispanics in Michigan	6
Table 3:	Prevalence Estimates among Black, Non-Hispanics in Michigan	7
Table 4:	Prevalence Estimates among Asian / Pacific Islander, Non-Hispanics in Michigan	8
Table 5:	Prevalence Estimates among American Indian / Alaska Native, Non-Hispanics in Michigan	9
Table 6:	Prevalence Estimates among Other / Multi-Racial, Non-Hispanics in Michigan	10
Table 7:	Prevalence Estimates among Arab, Non-Hispanics in Michigan	11
Table 8:	Prevalence Estimates among Hispanics in Michigan	12
Appendix	c Definitions	13

Introduction

The Michigan Behavioral Risk Factor Survey (MiBRFS) is an annual, statewide telephone survey of Michigan adults aged 18 years and older that is conducted through a collaborative effort among the Population Health Surveillance Branch (PHSB) of the Centers for Disease Control and Prevention (CDC), the Michigan State University Institute for Public Policy and Social Research (IPPSR), and the Michigan Department of Health and Human Services. Michigan BRFS data contribute to the national <u>Behavioral Risk Factor Surveillance System</u> that is managed by the PHSB at the CDC.

The total sample size for the combined 2012-2014 MiBRFS dataset was equal to 31,213 completed interviews (both landline and cell phone). The 2012-2014 combined dataset included 25,183 White, Non-Hispanics; 3,570 Black, Non-Hispanics; 365 Asian or Other Pacific Islander, Non-Hispanics; 286 American Indian/Alaska Native, Non-Hispanics; 829 Other/Multi-racial, Non-Hispanics, 344 Arab, Non-Hispanics; and 636 Hispanics. Those with unknown race/ethnicity were excluded from this analysis.

For the 2012 through 2014 Michigan Behavioral Risk Factor Surveys, the sample of land line telephone numbers that were utilized for data collection was selected using a list-assisted, random-digit-dialed methodology with a disproportionate stratification based on phone bank density, and whether or not the phone numbers were directory listed. The sample of cell phone numbers used within each survey year was randomly selected from dedicated cellular telephone banks sorted on the basis of area code and exchange within the State of Michigan.

Iterative proportional fitting or raking was the weighting methodology used to make the 2012-2014 Michigan BRFS data representative of the current Michigan adult population. Estimates based on this methodology were weighted to adjust for the probabilities of selection and a raking adjustment factor that adjusted for the distribution of Michigan adults by telephone source (land line vs. cell phone), detailed race/ethnicity, education level, marital status, age by gender, gender by race/ethnicity, age by race/ethnicity, and renter/owner status.

Both crude and age-adjusted, population-based prevalence estimates and asymmetric 95% confidence intervals were calculated for indicators of health status, health risk behaviors, clinical preventive practices, and chronic conditions among the overall adult population in Michigan, as well as for seven racial/ethnic groups. All analyses were performed in SAS-Callable SUDAAN®, a statistical computing program that was designed for complex sample surveys. In an effort to provide the most reliable information possible, prevalence estimates are suppressed if they are based on a denominator of less than 50 respondents or have a relative standard error of greater than 30%. Comparisons between estimates with non-overlapping 95% confidence intervals should be considered significantly different.

Due to the BRFSS methodology changes that took place in 2011, the estimates provided within the following tables should not be compared to Michigan BRFSS estimates from years prior to 2011.

If you have any questions regarding any of the estimates within the following tables, please contact Chris Fussman at MDHHS, by phone, 517-335-8144, or by email, <u>MIBRFSS@michigan.gov</u>.

¹ Klein RJ, Schoenborn CA. Age Adjustment Using the 2000 Projected U.S. Population. *Healthy People 2010 Stat Notes*. 2001:1-10.

Key Points

*All significant comparisons (i.e., non-overlapping 95% confidence intervals) mentioned below are based on age-adjusted estimates only.

Chronic Health Conditions:

- Black, non-Hispanics reported higher prevalences of diabetes, lifetime and current asthma, COPD, overall cardiovascular disease (CVD), kidney disease and disability, and lower prevalences of cancer and depression when compared to White, non-Hispanics.
- Asian or Other Pacific Islander, non-Hispanics reported lower prevalences of lifetime asthma, arthritis, depression, and disability when compared to White, non-Hispanics.
- American Indian/Alaskan Native, non-Hispanics reported higher prevalences of diabetes, lifetime and current asthma, COPD, CVD, depression, and disability when compared to White, non-Hispanics.
- Other/Multi-racial, non-Hispanics reported higher prevalences for all the chronic health conditions except for cancer and kidney disease when compared to White, non-Hispanics.
- Hispanics reported a higher prevalence of diabetes, and a lower prevalence of cancer when compared to White, non-Hispanics.

Health Risk Behaviors:

- Black, non-Hispanics reported higher prevalences of obesity and no leisure time physical activity, and lower prevalences of all three alcohol consumption indicators when compared to White, non-Hispanics.
- Asian, non-Hispanics reported lower prevalences of obesity, current smoking and alcohol consumption when compared to White, non-Hispanics.
- American Indian/Alaskan Native, non-Hispanics reported a higher prevalence of current smoking and a lower prevalence of alcohol consumption when compared to White, non-Hispanics.
- Arab, non-Hispanics reported a higher prevalence of no leisure time physical activity and a lower prevalence of alcohol consumption when compared to White, non-Hispanics.

Health Indicators:

- Black, non-Hispanics reported higher prevalences of poor general health, poor physical health, poor mental health, activity limitations, no health care coverage, no personal health care provider, and cost prevented care when compared to White, non-Hispanics.
- Asian, non-Hispanics reported lower prevalences of poor general and mental health, no health care coverage, and cost prevented care when compared to White, non-Hispanics.
- American Indian/Alaskan Native, non-Hispanics reported higher prevalences of poor general health, poor physical health, poor mental health, activity limitations, and cost prevented care when compared to White, non-Hispanics.
- Hispanics reported higher prevalences of poor general health, poor physical health, no health care coverage, and cost prevented care when compared to White, non-Hispanics.

Preventive Health Practices:

 Black, non-Hispanics, American Indian/Alaskan Native, non-Hispanics, Other/Multiracial, non-Hispanics and Hispanics all reported a higher HIV testing prevalence when compared to White, non-Hispanics.

Table 1: Prevalence Estimates among the Overall Michigan Population (N = 31,213)Michigan BRFS (2012-2014 Combined) % (95% Confidence Interval)		
Chronic Health Conditions	Crude	Age-Adjusted*
Ever Told Diabetes ¹	10.4 (10.0-10.8)	9.1 (8.7-9.5)
Ever Told Have Asthma ²	15.8 (15.3-16.4)	16.0 (15.4-16.6)
Still Have Asthma ³	11.0 (10.5-11.4)	10.9 (10.4-11.5)
Ever Told Chronic Obstructive Pulmonary Disease ⁴	8.3 (7.9-8.8)	7.6 (7.2-8.0)
Ever Told Arthritis ⁵	31.7 (31.0-32.3)	28.6 (28.0-29.2)
Ever Told Any Cardiovascular Disease ⁶	10.0 (9.6-10.4)	8.8 (8.4-9.2)
Ever Told Cancer ⁷	12.2 (11.7-12.6)	10.8 (10.4-11.2)
Ever Told Kidney Disease ⁸	3.2 (3.0-3.5)	3.0 (2.7-3.3)
Ever Told Depression ⁹	20.8 (20.2-21.4)	21.0 (20.3-21.6)
Disability ¹⁰	25.0 (24.4-25.6)	23.5 (22.9-24.2)
Health Risk Behaviors		
Obese ¹¹	31.1 (30.4-31.8)	30.9 (30.1-31.6)
No Leisure Time Physical Activity ¹²	24.4 (23.7-25.1)	24.0 (23.3-24.7)
Current Smoker ¹³	22.0 (21.3-22.7)	23.0 (22.2-23.7)
Any Alcohol Consumption ¹⁴	56.7 (55.9-57.4)	57.9 (57.1-58.7)
Heavy Drinking ¹⁵	6.4 (6.0-6.8)	6.5 (6.1-6.9)
Binge Drinking ¹⁶	19.0 (18.4-19.6)	20.2 (19.5-20.9)
Health Indicators		
General Health, Fair or Poor ¹⁷	17.2 (16.6-17.8)	16.4 (15.8-17.0)
Poor Physical Health on at least 14 Days in the Past Month ¹⁸	12.9 (12.4-13.5)	12.2 (11.7-12.7)
Poor Mental Health on at least 14 Days in the Past Month ¹⁹	12.6 (12.1-13.2)	12.9 (12.3-13.5)
Activity Limitation on at least 14 Days in the Past Month ²⁰	8.9 (8.4-9.3)	8.6 (8.1-9.1)
No Health Care Coverage (Among 18 – 64 year olds) ²¹	15.6 (14.9-16.3)	16.1 (15.4-16.9)
No Personal Health Care Provider ²²	16.3 (15.7-16.9)	17.6 (16.9-18.3)
No Health Care Access During Past 12 Months Due to Cost ²³	15.0 (14.5-15.6)	15.7 (15.0-16.3)
Preventive Health Practices		
No Routine Checkup in Past Year ²⁴	30.6 (29.9-31.3)	32.4 (31.6-33.2)
Ever Had an HIV Test Among Those Aged 18 – 64 Years ²⁵	40.6 (39.7-41.5)	43.4 (42.4-44.3)
No Dental Visit in Past Year ²⁶	31.7 (30.8-32.6)	32.5 (31.5-33.5)
* Age-adjusted by direct method using the 2000 U.S. Census.		

Table 2: Prevalence Estimates among White, Non-Hispanics in Michigan (N = 25,183)			
Michigan BRFS (2012-2014 Combined) % (95% Confidence Interval)			
Chronic Health Conditions	Crude	Age-Adjusted*	
Ever Told Diabetes ¹	9.9 (9.5-10.4)	8.2 (7.8-8.6)	
Ever Told Have Asthma ²	15.0 (14.4-15.7)	15.4 (14.8-16.2)	
Still Have Asthma ³	10.1 (9.6-10.7)	10.2 (9.6-10.8)	
Ever Told Chronic Obstructive Pulmonary Disease ⁴	8.0 (7.6-8.4)	7.0 (6.6-7.4)	
Ever Told Arthritis ⁵	33.1 (32.4-33.9)	28.7 (28.0-29.4)	
Ever Told Any Cardiovascular Disease ⁶	10.0 (9.6-10.5)	8.2 (7.8-8.6)	
Ever Told Cancer ⁷	13.9 (13.5-14.4)	11.6 (11.2-12.1)	
Ever Told Kidney Disease ⁸	3.2 (2.9-3.4)	2.8 (2.5-3.0)	
Ever Told Depression ⁹	21.4 (20.7-22.0)	21.6 (20.8-22.4)	
Disability ¹⁰	24.8 (24.1-25.5)	22.8 (22.0-23.5)	
Health Risk Behaviors			
Obese ¹¹	30.3 (29.6-31.1)	29.8 (29.0-30.7)	
No Leisure Time Physical Activity ¹²	22.6 (22.0-23.3)	21.6 (20.9-22.4)	
Current Smoker ¹³	21.0 (20.3-21.8)	22.7 (21.8-23.5)	
Any Alcohol Consumption ¹⁴	59.0 (58.2-59.8)	60.5 (59.6-61.4)	
Heavy Drinking ¹⁵	7.0 (6.5-7.4)	7.2 (6.7-7.7)	
Binge Drinking ¹⁶	19.5 (18.8-20.2)	21.5 (20.7-22.3)	
Health Indicators			
General Health, Fair or Poor ¹⁷	15.5 (14.9-16.1)	14.5 (13.8-15.1)	
Poor Physical Health on at least 14 Days in the Past Month ¹⁸	12.2 (11.6-12.7)	11.3 (10.7-11.9)	
Poor Mental Health on at least 14 Days in the Past Month ¹⁹	11.9 (11.3-12.5)	12.3 (11.7-13.0)	
Activity Limitation on at least 14 Days in the Past Month ²⁰	8.2 (7.8-8.7)	7.9 (7.4-8.4)	
No Health Care Coverage (Among 18 – 64 year olds) ²¹	13.8 (13.0-14.5)	14.6 (13.8-15.4)	
No Personal Health Care Provider ²²	14.5 (13.9-15.2)	16.6 (15.9-17.4)	
No Health Care Access During Past 12 Months Due to Cost ²³	13.4 (12.8-14.0)	14.3 (13.6-15.0)	
Preventive Health Practices			
No Routine Checkup in Past Year ²⁴	31.4 (30.6-32.2)	34.3 (33.4-35.2)	
Ever Had an HIV Test Among Those Aged 18 – 64 Years ²⁵	35.1 (34.1-36.0)	38.0 (37.0-39.1)	
No Dental Visit in Past Year ²⁶	28.8 (27.9-29.8)	29.9 (28.8-31.0)	
* Age-adjusted by direct method using the 2000 U.S. Census.	•	•	

Table 3: Prevalence Estimates among Black, Non-Hispanics in Michigan (N = 3,570)Michigan BRFS (2012-2014 Combined)% (95% Confidence Interval)		
Chronic Health Conditions	Crude	Age-Adjusted*
Ever Told Diabetes ¹	13.1 (11.8-14.6)	12.8 (11.5-14.2)
Ever Told Have Asthma ²	19.2 (17.4-21.1)	18.8 (17.0-20.7)
Still Have Asthma ³	14.5 (12.9-16.3)	14.2 (12.6-16.0)
Ever Told Chronic Obstructive Pulmonary Disease ⁴	10.5 (9.2-12.1)	10.4 (9.0-11.9)
Ever Told Arthritis ⁵	29.7 (27.7-31.7)	29.3 (27.6-31.0)
Ever Told Any Cardiovascular Disease ⁶	11.0 (9.7-12.5)	11.1 (9.8-12.5)
Ever Told Cancer ⁷	6.3 (5.3-7.4)	6.6 (5.6-7.8)
Ever Told Kidney Disease ⁸	4.4 (3.4-5.6)	4.5 (3.5-5.8)
Ever Told Depression ⁹	18.1 (16.2-20.1)	18.0 (16.1-20.0)
Disability ¹⁰	27.6 (25.5-29.8)	27.6 (25.5-29.8)
Health Risk Behaviors		
Obese ¹¹	36.9 (34.6-39.3)	36.9 (34.5-39.3)
No Leisure Time Physical Activity ¹²	33.1 (30.8-35.5)	33.3 (30.9-35.8)
Current Smoker ¹³	24.9 (22.7-27.3)	24.8 (22.6-27.1)
Any Alcohol Consumption ¹⁴	48.6 (46.2-51.1)	48.5 (46.0-50.9)
Heavy Drinking ¹⁵	3.6 (2.8-4.7)	3.7 (2.8-4.8)
Binge Drinking ¹⁶	14.3 (12.5-16.3)	14.2 (12.4-16.3)
Health Indicators		
General Health, Fair or Poor ¹⁷	25.3 (23.2-27.5)	25.1 (23.0-27.3)
Poor Physical Health on at least 14 Days in the Past Month ¹⁸	15.9 (14.3-17.8)	15.9 (14.3-17.7)
Poor Mental Health on at least 14 Days in the Past Month ¹⁹	15.2 (13.5-17.1)	15.2 (13.4-17.1)
Activity Limitation on at least 14 Days in the Past Month ²⁰	11.9 (10.5-13.6)	12.0 (10.5-13.7)
No Health Care Coverage (Among 18 – 64 year olds) ²¹	22.9 (20.6-25.3)	23.1 (20.8-25.6)
No Personal Health Care Provider ²²	22.7 (20.5-24.9)	22.6 (20.5-24.8)
No Health Care Access During Past 12 Months Due to Cost ²³	20.3 (18.3-22.4)	20.0 (18.0-22.1)
Preventive Health Practices		
No Routine Checkup in Past Year ²⁴	23.1 (21.1-25.3)	23.1 (21.1-25.3)
Ever Had an HIV Test Among Those Aged 18 – 64 Years ²⁵	68.9 (66.3-71.4)	70.9 (68.4-73.3)
No Dental Visit in Past Year ²⁶	44.8 (41.8-47.8)	45.1 (42.1-48.3)
* Age-adjusted by direct method using the 2000 U.S. Census.		

Table 4: Prevalence Estimates among Asian or Other Pacific Islander, Non-Hispanics in Michigan (N = 365) Michigan BRFS (2012-2014 Combined)			
% (95% Confidence Interval) Chronic Health Conditions Crude Age-Adjusted*			
Ever Told Diabetes ¹	4.9 (3.2-7.4)	9.4 (6.0-14.3)	
Ever Told Have Asthma ²	7.9 (4.9-12.4)	5.7 (3.7-8.6)	
Still Have Asthma ³	a	a	
Ever Told Chronic Obstructive Pulmonary Disease ⁴	a	a	
Ever Told Arthritis ⁵	6.9 (4.7-10.2)	13.0 (9.2-18.0)	
Ever Told Any Cardiovascular Disease ⁶	a	a	
Ever Told Cancer ⁷	2.9 (1.7-5.1)	6.5 (3.7-11.2)	
Ever Told Kidney Disease ⁸	a	a	
Ever Told Depression ⁹	4.6 (2.7-7.6)	4.5 (2.8-7.2)	
Disability ¹⁰	7.8 (4.9-12.1)	9.6 (6.1-14.9)	
Health Risk Behaviors			
Obese ¹¹	12.2 (8.7-16.8)	11.6 (8.5-15.8)	
No Leisure Time Physical Activity ¹²	21.1 (16.3-27.0)	18.9 (14.8-24.0)	
Current Smoker ¹³	9.5 (6.3-14.2)	7.7 (5.1-11.5)	
Any Alcohol Consumption ¹⁴	47.3 (41.1-53.5)	45.0 (39.0-51.1)	
Heavy Drinking ¹⁵	3.0 (1.6-5.5)	2.3 (1.3-4.1)	
Binge Drinking ¹⁶	17.3 (12.8-22.9)	13.0 (9.6-17.5)	
Health Indicators			
General Health, Fair or Poor ¹⁷	5.6 (3.3-9.2)	6.2 (3.7-10.3)	
Poor Physical Health on at least 14 Days in the Past Month ¹⁸	a	^a	
Poor Mental Health on at least 14 Days in the Past Month ¹⁹	4.1 (2.4-6.8)	3.5 (2.1-5.8)	
Activity Limitation on at least 14 Days in the Past Month ²⁰	a	^a	
No Health Care Coverage (Among 18 – 64 year olds) ²¹	7.5 (4.9-11.2)	7.0 (4.6-10.5)	
No Personal Health Care Provider ²²	24.4 (19.4-30.2)	18.3 (14.5-22.7)	
No Health Care Access During Past 12 Months Due to Cost ²³	8.6 (5.8-12.6)	7.1 (4.9-10.3)	
Preventive Health Practices			
No Routine Checkup in Past Year ²⁴	39.8 (33.8-46.1)	32.6 (27.9-37.8)	
Ever Had an HIV Test Among Those Aged 18 – 64 Years ²⁵	22.6 (17.5-28.6)	24.2 (19.2-30.1)	
No Dental Visit in Past Year ²⁶	29.8 (23.1-37.5)	25.9 (20.1-32.5)	
* Age-adjusted by direct method using the 2000 U.S. Census. ^a Suppressed due to a denominator < 50 and/or a relative standar	d error > 30%.		

Table 5: Prevalence Estimates among American Indian / Alaskan Native, Non-Hispanicsin Michigan (N = 286)Michigan BRFS (2012-2014 Combined)		
% (95% Confidence Chronic Health Conditions	Crude	Age-Adjusted*
Ever Told Diabetes ¹	14.8 (10.1-21.2)	16.0 (11.1-22.6)
Ever Told Have Asthma ²	25.5 (19.4-32.9)	25.1 (18.8-32.6)
Still Have Asthma ³	19.9 (14.4-26.7)	19.7 (14.0-27.0)
Ever Told Chronic Obstructive Pulmonary Disease ⁴	13.4 (9.3-19.0)	11.9 (8.4-16.7)
Ever Told Arthritis ⁵	36.2 (29.0-44.0)	35.8 (28.9-43.4)
Ever Told Any Cardiovascular Disease ⁶	15.9 (11.1-22.2)	14.3 (10.0-20.1)
Ever Told Cancer ⁷	11.1 (7.2-16.8)	13.7 (9.2-20.0)
Ever Told Kidney Disease ⁸	a	^a
Ever Told Depression ⁹	32.0 (25.2-39.8)	31.0 (24.1-38.9)
Disability ¹⁰	37.0 (29.8-44.9)	35.2 (27.8-43.5)
Health Risk Behaviors		
Obese ¹¹	31.2 (24.3-39.1)	32.7 (25.2-41.2)
No Leisure Time Physical Activity ¹²	29.6 (22.6-37.7)	29.0 (21.7-37.6)
Current Smoker ¹³	50.0 (41.9-58.0)	48.5 (40.8-56.2)
Any Alcohol Consumption ¹⁴	41.8 (34.1-49.9)	41.6 (33.6-52.5)
Heavy Drinking ¹⁵	a	^a
Binge Drinking ¹⁶	20.5 (14.5-28.2)	20.3 (14.2-28.3)
Health Indicators		
General Health, Fair or Poor ¹⁷	25.1 (19.2-32.2)	23.4 (17.6-30.5)
Poor Physical Health on at least 14 Days in the Past Month ¹⁸	25.2 (18.8-32.9)	22.9 (16.7-30.5)
Poor Mental Health on at least 14 Days in the Past Month ¹⁹	28.6 (21.6-36.8)	29.2 (21.9-37.8)
Activity Limitation on at least 14 Days in the Past Month ²⁰	18.8 (13.3-25.9)	18.0 (12.7-24.9)
No Health Care Coverage (Among 18 – 64 year olds) ²¹	19.6 (13.5-27.7)	20.9 (14.2-29.8)
No Personal Health Care Provider ²²	19.9 (14.3-27.0)	20.1 (14.4-27.4)
No Health Care Access During Past 12 Months Due to Cost ²³	24.7 (18.3-32.4)	26.3 (19.5-34.4)
Preventive Health Practices		
No Routine Checkup in Past Year ²⁴	37.6 (30.1-45.7)	37.9 (30.2-46.2)
Ever Had an HIV Test Among Those Aged 18 – 64 Years ²⁵	52.5 (43.5-61.3)	54.9 (45.1-64.4)
No Dental Visit in Past Year ²⁶	45.2 (35.8-55.1)	46.2 (36.7-56.0)
* Age-adjusted by direct method using the 2000 U.S. Census. ^a Suppressed due to a denominator < 50 and/or a relative standar	d error > 30%.	

Table 6: Prevalence Estimates among Other/Multi-Racial, Non-Hispanics in Michigan (N = 829)Michigan BRFS (2012-2014 Combined) % (95% Confidence Interval)		
Chronic Health Conditions	Crude	Age-Adjusted*
Ever Told Diabetes ¹	12.2 (9.4-15.8)	12.5 (9.8-15.8)
Ever Told Have Asthma ²	27.0 (22.7-31.9)	27.1 (22.8-31.9)
Still Have Asthma ³	18.4 (15.0-22.3)	19.2 (15.6-23.3)
Ever Told Chronic Obstructive Pulmonary Disease ⁴	14.9 (11.5-19.0)	15.6 (12.2-19.8)
Ever Told Arthritis ⁵	34.3 (29.9-39.1)	36.1 (31.8-40.6)
Ever Told Any Cardiovascular Disease ⁶	13.0 (10.0-16.7)	14.3 (11.3-17.9)
Ever Told Cancer ⁷	8.4 (6.5-10.9)	9.3 (7.2-12.0)
Ever Told Kidney Disease ⁸	2.7 (1.7-4.1)	3.0 (1.9-4.7)
Ever Told Depression ⁹	28.6 (24.3-33.3)	29.5 (25.1-34.3)
Disability ¹⁰	32.3 (28.0-36.9)	34.1 (29.6-38.8)
Health Risk Behaviors		
Obese ¹¹	34.8 (30.2-39.6)	35.5 (30.9-40.4)
No Leisure Time Physical Activity ¹²	22.6 (18.8-27.0)	23.8 (19.8-28.2)
Current Smoker ¹³	27.6 (23.3-32.4)	26.7 (22.7-31.0)
Any Alcohol Consumption ¹⁴	48.3 (43.3-53.3)	47.6 (42.8-52.5)
Heavy Drinking ¹⁵	5.4 (3.8-7.7)	4.5 (3.2-6.4)
Binge Drinking ¹⁶	19.1 (15.3-23.5)	18.0 (14.3-22.4)
Health Indicators		
General Health, Fair or Poor ¹⁷	23.2 (19.5-27.3)	24.5 (20.7-28.8)
Poor Physical Health on at least 14 Days in the Past Month ¹⁸	20.5 (16.8-24.8)	20.9 (17.3-25.1)
Poor Mental Health on at least 14 Days in the Past Month ¹⁹	17.2 (13.8-21.2)	18.0 (14.4-22.3)
Activity Limitation on at least 14 Days in the Past Month ²⁰	15.0 (12.0-18.5)	15.8 (12.7-19.5)
No Health Care Coverage (Among 18 – 64 year olds) ²¹	18.7 (14.6-23.5)	18.6 (14.5-23.6)
No Personal Health Care Provider ²²	19.9 (16.2-24.3)	18.9 (15.2-23.3)
No Health Care Access During Past 12 Months Due to Cost ²³	21.0 (17.2-25.3)	22.0 (18.0-26.6)
Preventive Health Practices		
No Routine Checkup in Past Year ²⁴	32.3 (27.7-37.3)	32.3 (27.7-37.3)
Ever Had an HIV Test Among Those Aged 18 – 64 Years ²⁵	50.8 (45.1-56.5)	56.3 (51.3-61.3)
No Dental Visit in Past Year ²⁶	38.8 (33.0-45.1)	39.6 (33.9-45.5)
* Age-adjusted by direct method using the 2000 U.S. Census.		

Table 7: Prevalence Estimates among Arab, Non-Hispanics in Michigan (N = 344) Michigan BRFS (2012-2014 Combined) % (95% Confidence Interval)		
Chronic Health Conditions	Crude	Age-Adjusted*
Ever Told Diabetes ¹	6.8 (4.6-9.9)	8.9 (6.1-12.7)
Ever Told Have Asthma ²	12.8 (8.8-18.2)	11.5 (7.9-16.5)
Still Have Asthma ³	9.2 (5.9-14.2)	8.0 (5.0-12.6)
Ever Told Chronic Obstructive Pulmonary Disease ⁴	5.2 (3.0-8.9)	6.1 (4.0-9.4)
Ever Told Arthritis⁵	19.6 (15.4-24.6)	25.3 (20.6-30.6)
Ever Told Any Cardiovascular Disease6	8.6 (5.5-13.3)	10.7 (7.5-15.1)
Ever Told Cancer ⁷	6.1 (4.1-9.0)	7.7 (5.4-11.0)
Ever Told Kidney Disease ⁸	a	a
Ever Told Depression ⁹	13.7 (9.9-18.6)	15.4 (11.3-20.7)
Disability ¹⁰	19.4 (14.7-25.2)	22.3 (17.2-28.5)
Health Risk Behaviors		
Obese ¹¹	24.6 (19.1-31.1)	28.9 (22.9-35.7)
No Leisure Time Physical Activity ¹²	28.0 (22.2-34.7)	28.7 (23.1-35.0)
Current Smoker ¹³	23.5 (18.1-29.9)	24.4 (18.9-30.9)
Any Alcohol Consumption ¹⁴	44.7 (38.1-51.5)	45.2 (38.7-51.9)
Heavy Drinking ¹⁵	a	a
Binge Drinking ¹⁶	16.3 (11.8-22.2)	15.0 (10.7-20.6)
Health Indicators		
General Health, Fair or Poor ¹⁷	12.7 (8.9-17.9)	14.0 (9.9-19.5)
Poor Physical Health on at least 14 Days in the Past Month ¹⁸	8.3 (5.4-12.6)	9.6 (6.5-14.1)
Poor Mental Health on at least 14 Days in the Past Month ¹⁹	11.4 (7.8-16.3)	10.2 (7.0-14.5)
Activity Limitation on at least 14 Days in the Past Month ²⁰	4.4 (2.4-7.7)	4.5 (2.6-7.7)
No Health Care Coverage (Among 18 – 64 year olds) ²¹	19.6 (14.2-26.4)	17.8 (13.0-24.0)
No Personal Health Care Provider ²²	16.4 (12.0-22.1)	12.3 (8.9-16.7)
No Health Care Access During Past 12 Months Due to Cost ²³	16.4 (11.9-22.1)	15.5 (11.4-20.7)
Preventive Health Practices		
No Routine Checkup in Past Year ²⁴	34.6 (28.4-41.2)	31.2 (25.5-37.6)
Ever Had an HIV Test Among Those Aged 18 – 64 Years ²⁵	27.4 (21.3-34.5)	30.5 (24.2-37.7)
No Dental Visit in Past Year ²⁶	31.3 (24.2-39.5)	31.9 (24.8-39.9)

Table 8: Prevalence Estimates among Hispanics in Michigan (N = 636) Michigan BRFS (2012-2014 Combined) % (95% Confidence Interval)		
Chronic Health Conditions	Crude	Age-Adjusted*
Ever Told Diabetes ¹	11.2 (8.5-14.7)	16.8 (13.3-20.9)
Ever Told Have Asthma ²	18.4 (14.7-22.8)	17.2 (13.7-21.4)
Still Have Asthma ³	13.6 (10.4-17.8)	12.4 (9.5-16.0)
Ever Told Chronic Obstructive Pulmonary Disease ⁴	6.4 (4.2-9.7)	6.7 (4.6-9.7)
Ever Told Arthritis ⁵	22.0 (18.3-26.3)	29.1 (25.1-33.4)
Ever Told Any Cardiovascular Disease ⁶	6.1 (4.3-8.5)	8.7 (6.3-11.7)
Ever Told Cancer ⁷	5.6 (3.9-8.0)	7.2 (5.2-9.7)
Ever Told Kidney Disease ⁸	a	a
Ever Told Depression ⁹	25.6 (21.2-30.6)	25.0 (20.9-29.5)
Disability ¹⁰	20.6 (16.8-25.1)	23.3 (19.4-27.7)
Health Risk Behaviors		
Obese ¹¹	35.5 (30.7-40.6)	38.1 (33.5-42.8)
No Leisure Time Physical Activity ¹²	28.0 (23.5-33.0)	30.2 (25.8-34.9)
Current Smoker ¹³	26.5 (21.9-31.7)	24.2 (20.2-28.8)
Any Alcohol Consumption ¹⁴	56.9 (51.9-61.8)	55.9 (51.0-60.7)
Heavy Drinking ¹⁵	6.5 (4.2-9.9)	6.0 (4.0-9.0)
Binge Drinking ¹⁶	26.6 (22.1-31.6)	23.2 (19.3-27.6)
Health Indicators		
General Health, Fair or Poor ¹⁷	24.0 (19.7-28.8)	26.3 (22.0-31.0)
Poor Physical Health on at least 14 Days in the Past Month ¹⁸	15.8 (12.1-20.3)	17.0 (13.4-21.3)
Poor Mental Health on at least 14 Days in the Past Month ¹⁹	18.0 (14.1-22.8)	16.0 (12.6-14.5)
Activity Limitation on at least 14 Days in the Past Month ²⁰	9.6 (6.9-13.3)	10.8 (7.9-14.7)
No Health Care Coverage (Among 18 – 64 year olds) ²¹	22.2 (18.0-27.1)	21.2 (17.1-26.0)
No Personal Health Care Provider ²²	21.7 (17.9-26.0)	18.5 (15.1-22.3)
No Health Care Access During Past 12 Months Due to Cost ²³	26.3 (21.9-31.2)	25.0 (21.0-29.5)
Preventive Health Practices		
No Routine Checkup in Past Year ²⁴	32.7 (28.3-37.4)	32.1 (27.8-36.7)
Ever Had an HIV Test Among Those Aged 18 – 64 Years ²⁵	51.4 (45.8-57.1)	50.4 (45.0-55.9)
No Dental Visit in Past Year ²⁶	36.9 (30.8-43.4)	36.7 (30.9-42.9)
* Age-adjusted by direct method using the 2000 U.S. Census.		

Appendix: Definitions

- ¹ Among all adults, the proportion who reported that they were ever told by a doctor that they have diabetes. Women who had diabetes only during pregnancy and adults who were diagnosed with prediabetes were considered to not have been diagnosed with diabetes.
- ² Among all adults, the proportion who reported that they were ever told by a doctor, nurse, or other health care professional that they had asthma.
- ³ Among all adults, the proportion who reported that they still had asthma.
- ⁴ Among all adults, the proportion who reported ever being told by a doctor that they had chronic obstructive pulmonary disease (COPD), emphysema or chronic bronchitis.
- ⁵ Among all adults, the proportion who reported ever being told by a health care professional that they had some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia.
- ⁶ Among all adults, the proportion who had ever been told by a doctor that they had a heart attack, coronary heart disease or a stroke.
- ⁷ Among all adults, the proportion who reported ever being told by a doctor that they had skin cancer or any other type of cancer.
- ⁸ Among all adults, the proportion who reported ever being told by a doctor that they had kidney disease.
- ⁹ Among all adults, the proportion who reported ever being told by a doctor that they had a depressive disorder including depression, major depression, dysthymia, or minor depression.
- ¹⁰ The proportion who reported being limited in any activities because of physical, mental, or emotional problems, or reported that they required use of special equipment (such as a cane, a wheelchair, a special bed, or a special telephone) due to a health problem.
- ¹¹ Note: BMI, body mass index, is defined as weight (in kilograms) divided by height (in meters) squared [weight in kg/(height in meters)²]. Weight and height were self-reported. Pregnant women were excluded. Among all adults, the proportion of respondents whose BMI was greater than or equal to 30.0.
- ¹² Among all adults, the proportion who reported not participating in any leisure time physical activities or exercises such as running, calisthenics, golf, gardening, or walking during the past month.
- ¹³ Among all adults, the proportion who reported that they had ever smoked at least 100 cigarettes (five packs) in their life and that they smoke cigarettes now, either every day or on some days.
- ¹⁴ Among all adults, the proportion who reported consuming at least one drink of any alcoholic beverage in the previous month.
- ¹⁵ Among all adults, the proportion who reported consuming on average more than two alcoholic beverages per day for men or more than one alcoholic beverage per day for women.
- ¹⁶ Among all adults, the proportion who reported consuming five or more drinks per occasion at least once in the previous month.
- ¹⁷ Among all adults, the proportion who reported that their health, in general, was either fair or poor.
- ¹⁸ Among all adults, the proportion who reported 14 or more days of poor physical health, which includes physical illness and injury, during the past 30 days.
- ¹⁹ Among all adults, the proportion who reported 14 or more days of poor mental health, which includes stress, depression, and problems with emotions, during the past 30 days.
- ²⁰ Among all adults, the proportion who reported 14 or more days in the past 30 days in which either poor physical health or poor mental health kept them from doing their usual activities, such as self-care, work, and recreation.
- ²¹ Among adults aged 18-64 years, the proportion who reported having no health care coverage, including health insurance, prepaid plans such as HMOs, or government plans, such as Medicare.
- ²² Among all adults, the proportion who reported that they did not have anyone that they thought of as their personal doctor or health care provider.
- ²³ Among all adults, the proportion who reported that in the past 12 months that there was a time when they could not see a doctor when they needed to due to the cost.
- ²⁴ Among all adults, the proportion who reported that they did not have a routine checkup in the past year.
- ²⁵ Among adults aged 18 64 years, the proportion who reported that they ever had been tested for HIV, apart from tests that were part of a blood donation. Note: "Don't know" was considered a valid response.
- ²⁶ Among all adults, the proportion who reported that they had not visited a dentist or dental clinic for any reason in the previous year. Data for this variable were only collected in 2012 and 2014.