

WELCOME TO THE *MICHIGAN NUTRITION STANDARDS* TOOLKIT.

You are taking an important step toward improving the health of students and the nutrition environment in your school.

This toolkit will give you the resources you need to implement the *Michigan Nutrition Standards*. This kit is for everyone that is involved with schools: teachers, administrators, parents, school nutrition professionals, counselors, social workers, school nurses, community members, and more.

To get started with the toolkit, gather a team and complete the *Michigan Nutrition Standards* assessment checklist; *Does our School Make the Grade?* If you need help gathering a team see Tab 2, Team Effort for ideas. Let the checklist, located on the next page, guide you to which resources in this toolkit you should look at first.

The first tab, Game Plan, will give you an overview of what the *Michigan Nutrition Standards* are and why they are important. Be sure to check out the other tabs too. In them you'll find plenty of additional tips and tools that will help make implementing the *Michigan Nutrition Standards* in your school successful, fun—and run smoothly!

**THANK YOU FOR YOUR COMMITMENT TO AND ENTHUSIASM
FOR IMPLEMENTING THE *MICHIGAN NUTRITION STANDARDS*.**

