GO! SCHOOL STAFF RESOURCES

WHAT IS GO!?

54321GO! is an everyday plan for students to follow for a healthy lifestyle. It is a prevention message and marketing tool that has been adopted by *Healthy Kids, Healthy Michigan*, a coalition focused on fighting childhood obesity through policy change. The pilot districts utilized 54321GO! resources to implement the *Michigan Nutrition Standards*.

WHAT ARE GO! SCHOOL STAFF RESOURCES?

GO! School Staff Resources are a group of handouts that provide ideas to school staff on how to meet the *Michigan Nutrition Standards*.

WHAT GO! SCHOOL STAFF RESOURCES ARE AVAILABLE?

- GO! for Healthy Snacks
- GO! for Birthday Celebrations
- GO! for Parties
- GO! for Rewards

HOW CAN THE GO! SCHOOL STAFF RESOURCES BE USED?

- Provided to staff during training on the standards
- Reviewed at staff meetings
- Hung in the break rooms
- Provided to substitutes and volunteers in the building to keep the message to students consistent

ARE THERE GO! RESOURCES AVAILABLE FOR FAMILIES?

Yes! There are a set of GO! resources that can be used to provide to families and to include them in the implementation of the standards in the school. The following are available for families:

- GO! for Healthy Snacks with Grandparents
- GO! for School Birthday Celebrations
- GO! for School Parties
- GO! for Rewards
- GO! for Healthy Fundraising
- GO! for Concessions

For links to the underlined resources, go to the online toolkit at www.michigan.gov/nutritionstandards

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