

**Description of Manual Breast Pumps (Single-user)**

<b>Name of Pump and Company</b>	<b>Manufacturer's Description</b>	<b>Uses</b>
<b>Avent Isis</b> By Philips-Avent	Easy one hand breast pump with Let Down Cushion™. The Isis Breast Pump is as efficient as a hospital grade electric pump, but more quiet, comfortable and portable.	Recommended uses: <ul style="list-style-type: none"> <li>• Short-term pumping</li> <li>• Occasional pumping</li> <li>• Portable pumping</li> <li>• Relief of temporary breastfeeding issues</li> <li>• Can be used daily</li> <li>• One side pumping while nursing on the other</li> </ul>
<b>Spring Express</b> By Medela	For the breastfeeding mother who wants short-term pumping. Offers unique comfort and efficiency by manual pumping in a rhythm that is just like an actual nursing infants sucking rhythm. This suck-release-relax cycle effectively draws milk out of the breasts, while helping stimulate the breasts to produce more milk.	
<b>One-Hand Breast Pump with Flexishield™</b> By Evenflo/Ameda	The patented, easy to use design provides control and flexibility simply by varying the frequency and degree of the handle squeeze. The Flexishield Areola Stimulator™ provides increased stimulation and encourages the let-down reflex.	
<b>Harmony</b> By Medela	The dual pumping pattern comes closer to the way a baby naturally breastfeeds. The two patterns mimic baby's sucking patterns for the let-down and expression phases of breastfeeding. The handle swivels allowing for more comfortable positioning on each breast. The SoftFit™ Breastshield is designed to gently massage the breast during pumping.	