

Sealants Save Teeth!



What are sealants?

Sealants are thin, clear or white plastic coatings. They seal off the dips and grooves on the top of teeth. This keeps bacteria and food from getting caught and causing cavities. The sealant is painted on the tooth and hardened with a light that is shined on the tooth.

Which teeth should be sealed?

The very back top and bottom teeth (molars) should be sealed. These are the teeth that get the most cavities.

How can I get sealants for my child at no cost?

Follow these simple steps to have your child participate in the SEAL! Michigan Dental Sealant Program. Your Medicaid, Healthy Kids Dental, MICHild or other dental insurance will be billed for these services, however, families will not be billed for any services. This program is supported by grants and gift donations that allow kids to get sealants for free!

Step 1

Complete the attached form.

Step 2

We come to your child's school to apply the sealants. The appointment is *quick and painless*.

Step 3

After sealants, make sure your child's teeth are brushed two times a day, for two minutes each time with fluoride toothpaste.

[Learn more](#)



To find and pay for dental care:

It's important to find a dentist who makes your whole family feel comfortable. To find a dentist in your area, check out these websites:

Delta Dental of Michigan's online dentist search tool:

www.deltadentalmi.com/findadentist

Michigan Department of Health and Human Services:

www.insurekidsnow.gov

Healthy teeth help children:

- ▶ Do better in school
- ▶ Stay healthier and have less sick days
- ▶ Have shiny smiles, which make friends



To learn more about sealants:

Talk to your dentist, contact your local health department or contact:

Oral Health Program, State of Michigan

Michigan Department of Health and Human Services

Washington Square Building, 8th floor

Lansing, MI 48913

(517) 373-4943

oralhealth@michigan.gov



SEAL!
MICHIGAN



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