

MI-WIC POLICY

Food Package

7.0 Food Package

Effective Date: 8/1/09

7.03 Food Package for Qualifying Conditions

PURPOSE: A food package for qualifying conditions is issued to women, infants and children with documented qualifying conditions that require the use of a WIC infant formula, exempt infant formula or WIC-eligible medical food because the use of conventional foods is precluded, restricted, or inadequate to address their special nutritional needs.

DEFINITIONS: Qualifying conditions include but are not limited to: premature birth, low birth weight, failure to thrive, inborn errors of metabolism and metabolic disorders, gastrointestinal disorders, malabsorption syndromes, immune system disorders, severe food allergies that require an elemental diet, and life threatening disorders, diseases and medical conditions that impair ingestion, digestion, absorption or utilization of nutrients that could adversely affect nutritional status.

Comparable nutritive value means an ounce of the manufacturers recommended standard dilution of powder formula should contain the same nutritive value as one ounce reconstituted liquid concentrate.

A. POLICY

1. Infants with a qualifying condition may be issued exempt infant formulas or WIC-eligible medical foods with medical documentation, For the maximum amounts of formula and supplemental foods allowed for infants see Policy 7.04 Maximum Food Package including Table B Maximum Monthly Food Package for Partially Breastfed Infants and Table C Maximum Monthly Food Package for Fully Formula Fed Infants.
2. Fully formula fed and partially breastfed infants 6 through 11 months of age may receive exempt infant formula or WIC-eligible medical foods in place of supplemental foods at the same maximum monthly allowance as infants 4 through 5 months of age.
3. Women and children with a qualifying condition may receive a WIC formula and supplemental foods with medical documentation. See Table A Maximum Monthly Food Package for Children with a Qualifying Condition and Table B Maximum Monthly Food Package for Women with a Qualifying Condition below.
4. Women, except for exclusively breastfeeding women of multiple infants, and children may receive but not exceed a maximum amount of 910 fl oz of reconstituted liquid concentrate per month in addition to supplemental foods.
5. Women exclusively breastfeeding multiple infants may receive 1.5 times the maximum amount of 910 fl oz of reconstituted liquid concentrate per month in addition to supplemental foods.
6. Powder and ready-to-feed formula may be substituted for liquid concentrate formula at rates that provide comparable nutritive value.

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TABLE A: MAXIMUM MONTHLY FOOD PACKAGE FOR CHILDREN WITH A QUALIFYING CONDITION

Foods	Children (1 through 4 years)
Juice	128 fl oz
WIC Formula	910 fl oz reconstituted liquid concentrate
Milk	13 qt
Cheese*	1 lb
Breakfast cereal	36 oz
Eggs	1 dozen
Fresh fruits and vegetables	\$6.00 cash value
Whole wheat bread/tortillas	2 lb
Legumes Or Peanut butter	1 lb dry or 64 oz canned Or 18 oz

TABLE B: MAXIMUM MONTHLY FOOD PACKAGE FOR WOMEN WITH A QUALIFYING CONDITION

Foods	Pregnant Women and Partially Breastfeeding Women Up to 1 Year	Postpartum Women and Breastfeeding Women of Infants Receiving more than the Maximum amount of Formula for Partially Breastfed Infants (Up to 6 Months).	Exclusively Breastfeeding Women, and Partially Breastfeeding Women of Multiple Infants Up to 1 Year Postpartum and Pregnant Women with Multiple Fetuses
Juice, single strength	144 fl oz	96 fl oz	144 fl oz
WIC Formula	910 fl oz reconstituted liquid concentrate	910 fl oz reconstituted liquid concentrate	910 fl oz reconstituted liquid concentrate
Milk	19 qt	13 qt	18 qt
Breakfast cereal	36 oz	36 oz	36 oz
Eggs	1 dozen	1 dozen	2 dozen
Fresh fruits and vegetables	\$8.00 in cash value	\$8.00 in cash value	\$10.00 in cash value
Whole wheat bread/tortillas	1 lb	0	1 lb
Legumes, And Peanut butter	1 lb dry or 64 oz canned And 18 oz	1 lb dry or 64 oz canned Or 18 oz	1 lb dry or 64 oz canned And 18 oz
Tuna	0	0	30 oz
Cheese*	1 lb	1 lb	3 lb

*Note: Maximum amount of cheese allowed without medical documentation.

7. Women and children 24 months and older with a qualifying condition that requires the use of a WIC formula may receive whole milk in place of reduced fat or skim milks.
8. Women and children with lactose intolerance or other qualifying conditions may substitute cheese up to the maximum allowances for fluid milk with medical documentation. Cheese may be substituted for fluid milk not to exceed a monthly allowance of 5 lb for children and postpartum women, 7 lb for pregnant and partially breastfeeding women, 8 lb for exclusively breastfeeding women, and 12 lb for women exclusively breastfeeding multiple infants.
9. Food packages for qualifying conditions are not authorized for:
 - a. Infants whose only condition is a diagnosed formula intolerance or food allergy to lactose, sucrose, milk protein or soy protein that does not require the use of an exempt infant formula.
 - b. Infants with a non-specific formula or food intolerance.
 - c. Women and children with food intolerance to lactose or milk protein that can be successfully managed with the use of one of the other WIC food packages.
 - d. Any client solely for the purpose of enhancing nutrient intake or managing body weight without an underlying qualifying condition.
10. Form of Formula
 - a. Concentrated and powdered formula shall be provided whenever possible to contain cost unless the requirements for issuing ready-to-feed formula are met as described in Policy 7.02 Authorized WIC Foods.
 - b. Select ready-to-feed formula in the most economical container size to meet the needs of the client.
11. Medical Documentation Requirements
 - a. Medical determination must be made by a health care provider licensed to write prescriptions under state law.
 - b. Medical documentation must be written and provided on form DCH-1326 or DCH-1327 as an original written document or a faxed copy.

Only when absolutely necessary, a telephone order to a WIC Competent Professional Authority (CPA) containing all required information may be used. Written confirmation must be provided to the local clinic within two weeks.

- i. Refer to Exhibit 7.03A Instructions for Michigan WIC Medical Documentation (DCH-1325).
 - ii. Refer to Exhibit 7.03B Medical Documentation for WIC Formula and Authorized WIC Foods for Infants and Children (DCH-1326),
 - iii. Refer to Exhibit 7.03C Medical Documentation for WIC Formula and Authorized WIC Foods for Pregnant, Breastfeeding, Non-lactating Postpartum Women (DCH-1327).
- c. A health care provider's prescription form **will not be accepted** in place of the required Medical Documentation form.
 - d. Medical Documentation forms shall be scanned into the client's record.
 - e. Medical documentation must include:
 - i. WIC formula (infant formula, exempt infant formula, and/or WIC-eligible medical food), including amount needed per day
 - ii. Authorized supplemental food(s) appropriate for the qualifying condition(s) and their prescribed amounts
 - iii. Length of time the prescribed WIC formula and/or supplemental food is required by the client
 - iv. Qualifying condition(s) for issuance of the authorized supplemental food(s) requiring medical documentation
 - v. Signature, date and contact information of the health care provider
 - f. The amounts of WIC formula and supplemental foods prescribed by health care providers shall not exceed the federal maximum allowance.
 - g. Medical documentation must be renewed at least every 6 months.
 - h. Medical documentation must include authorized supplemental foods allowed and milk substitutions (i.e. cheese and whole milk).
 - i. A health care provider must make a medical determination and provide medical documentation that a child or woman cannot drink milk and requires additional cheese as a substitute for milk. Such determination can be made for situations that include, but are not limited to, milk allergy and severe lactose maldigestion.

12. It is the responsibility of the health care provider to provide medical oversight and instruction to clients who are issued supplemental foods that require medical documentation. It is the responsibility of the competent professional authority (CPA) to ensure that only the amounts of supplemental foods recommended by the health care provider are issued.
13. WIC agencies must coordinate with other Federal, State or local government agencies or with private agencies that operate programs that also provide or could reimburse for exempt infant formulas and WIC-eligible medical foods to mutual clients, including at a minimum, the state Medicaid program. WIC may provide up to the maximum amount of exempt infant formulas and WIC-eligible medical foods in situations where reimbursement is not provided by another agency.

See Exhibit 7.03 D Coordination of Dietary Formula Authorizations Among Children's Special Health Care Services, Medicaid and the WIC Program.

14. Approval of Class I and Class II Formulas:
 - a. The CPA shall evaluate the medical documentation for a Class I formula for a child or a Class II formula for an infant or child and approve or disapprove in MI-WIC.
 - b. The CPA shall enter the expiration date of the formula package in accordance with the intended length of use (medical documentation valid for) as indicated by the health care provider on the Medical Documentation form (DCH-1326) not to exceed 6 months.
 - c. As a result of the evaluation, the CPA may recommend alternative formulas and/or feeding practices.
 - d. When the CPA evaluation differs from the health care provider those differences should be discussed with the health care provider.
 - e. If adequate medical supervision and monitoring is not in evidence, the CPA shall deny approval of the formula.
15. Approval of Class III formulas:
 - a. An authorized local agency Registered Dietitian (R.D.) shall evaluate the medical documentation for Class III or WIC-eligible medical foods for an infant, child, or woman and either approve or disapprove. See Exhibit 7.03E Approval Process and Assurances for Local Agencies with MDCH WIC Division Authorization to Approve Class III Formula for an explanation of the approval process.

- b. If a local agency does not have a state authorized Registered Dietitian (R.D.) available, they shall place their request in the queue in MI-WIC to have it reviewed and approved or disapproved by a Class III formula approver at the Michigan WIC Program.
 - c. The Registered Dietitian (R.D.) shall enter the expiration date of the formula package in accordance with the intended length of use (medical documentation valid for) as indicated by the health care provider on the Medical Documentation form (DCH-1326 or DCH-1327) not to exceed 6 months.
16. When a Medical Documentation form includes a cheese substitution for a women or child:
- a. If the form includes only a cheese substitution, then the CPA shall enter the expiration date of the food package which shall not be greater than the client’s certification end date.
 - b. If the form includes formula in addition to a cheese substitution, then the CPA shall enter the expiration date of the formula package in accordance with the intended length of use (medical documentation valid for) as indicated by the health care provider on the medical documentation form not to exceed 6 months.

Required CPA and R.D. Approvals for WIC Formulas and Milk Substitutions

WIC Formulas and Milk Substitutions	CPA Approval	Local Agency Authorized R.D. or MDCH R.D.
Class I Formula (for children)	X	
Class II Formula (for infants)	X	
Class II Formula (for children and women)	X	
Class III Formula (for women, infants, and children)		X
Whole Milk Substitution with Class II Formula (for Women and Children 2-4 years)	X	
Whole Milk Substitution with Class III Formula (for Women and Children 2-4 years)		X
Maximum Cheese Substitution (for women and children)	X	

17. Class III Formulas: Modified formulas for qualifying conditions.
 - a. See the MI-WIC Formulary for a list of WIC authorized Class III formulas.
 - b. Special instructions:
 - i. Electrolyte or oral rehydration solutions, e.g. Pedialyte, shall not be provided to WIC clients by the WIC Program.
 - ii. Similac NeoSure and Enfacare LIPIL are available only to premature infants who have reached four (4) pounds, until catch up growth is complete or until 9 months to 1 year adjusted age.
 - iii. Similac Special Care 24 with Iron and Enfamil Premature LIPIL are available to premature infants until the infant reaches a body weight of eight (8) pounds.

B. GUIDANCE

1. Resources
 - a. Michigan WIC Formulary Descriptions of Dietary Formulas can be referenced in the MI-WIC Clinic Module under the Help Menu. This formulary provides an up-to-date description of authorized dietary formulas for use in the Michigan WIC Program.
 - b. Exhibit 7.03F, Evaluating Appropriate Use of WIC Formulas.
 - c. Making 24 Calorie Formula from 20 Calorie formula can be referenced in the MI-WIC Clinic Module under the Help Menu.

References:

- 7 CFR Part 246.10 Special Supplemental Nutrition Program for Women, Infants and Children (WIC): Revision in the WIC Food Packages; Interim Rule December 6, 2007.
- MI-WIC Formulary
- American Academy of Pediatrics Committee on Nutrition. Nutritional needs of preterm infants. In: Kleinman RE ed. Pediatric Nutrition Handbook, ed 5, Elk Grove, Ill; American Academy of Pediatric, 2004:40.
- Institute of Medicine, National Academy of Sciences, 2002. Dietary Reference Intakes. These reports can be accessed at Internet site: <http://www.iom.edu> at the Food and Nutrition link.
- U.S. Department of Health and Human Service/U.S. Department of Agriculture, Dietary Guidelines for American, 2005. Available at Internet site <http://www.healthierus.gov/dietaryguidelines/>.

Cross References:

- 7.02 Authorized WIC Foods
- 7.04 Maximum Food Package
- 7.05 Customized Food Package

Exhibits:

- 7.03A Instructions for Michigan WIC Medical Documentation DCH-1325
- 7.03B Medical Documentation for WIC Formula and Authorized WIC Foods for Infants and Children DCH-1326.
- 7.03C Medical Documentation for WIC Formula and Authorized WIC Foods for Pregnant, Breastfeeding, Non-lactating Postpartum Women. DCH-1327
- 7.03D Coordination of Dietary Formula Authorizations Among Children's Special Health Care Services, Medicaid and the WIC Program
- 7.03E Approval Process and Assurances for Local Agencies with MDCH WIC Division Authorization to Approve Class III Formula
- 7.03F Evaluating Appropriate Use of WIC Formulas