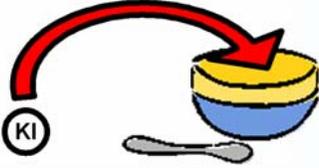


How to prepare Potassium Iodide (KI) tablets for infants and children

Keep your supply of KI with your Disaster Supply Kit. Do not give KI to your children unless a *General Emergency* has been declared at the nuclear power plant near you.

Do this to make it easier for your child to take KI.

<p>1. Crush 1 whole 65 mg tablet into a powder. Grind it using the back of a spoon against the inside of a bowl. The powder should not have any large pieces when you are done.</p>	
<p>2. Add 4 <u>teaspoons</u> of water. Stir until the powder is dissolved.</p>	
<p>3. Add 4 <u>teaspoons</u> of flavored drink (juice, flat soda, low fat chocolate milk, formula) to the KI and water mix. This mixture will help hide the taste of the KI.</p>	

Give your child this much of the mixture. It is one dose.

If your child is:	Give your child:
Age 4 - 12 years old	8 <u>teaspoons</u> of the mixture (= 1 tablet)
Age 1 month - 3 years	4 <u>teaspoons</u> of the mixture (= ½ tablet)
Age birth through 1 month	2 <u>teaspoons</u> of the mixture (= ¼ tablet)
<p>One dose is all that is needed in one day. Do not save the rest of the mixture. Listen to emergency announcements to find out how many days to give KI to your child. Make a new mixture for each day it is to be given.</p>	

For more information, call the Michigan Department of Community Health, 1-800-648-6942, e-mail MDCH-KI@michigan.gov or visit www.michigan.gov/KI.