

PREVENTING CHRONIC DISEASE & INJURY

Chronic diseases are long-term illnesses such as heart disease, diabetes, asthma, lung disease, cancer, stroke, arthritis and HIV/AIDS.

Injuries are caused by accidents (car crashes, falls, and sports injuries) or violence (gunshot wounds, suicides, and assaults).

THE HEALTHY COMMUNITY

Where you live, work, learn, and play have a big effect on how healthy you are.

A HEALTHY ENVIRONMENT

enhances an individual's ability to make healthier choices.



Healthy Michigan Communities = Healthy Residents → Healthy Economy

www.michigan.gov/mdch

Michigan Department
of Community Health



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