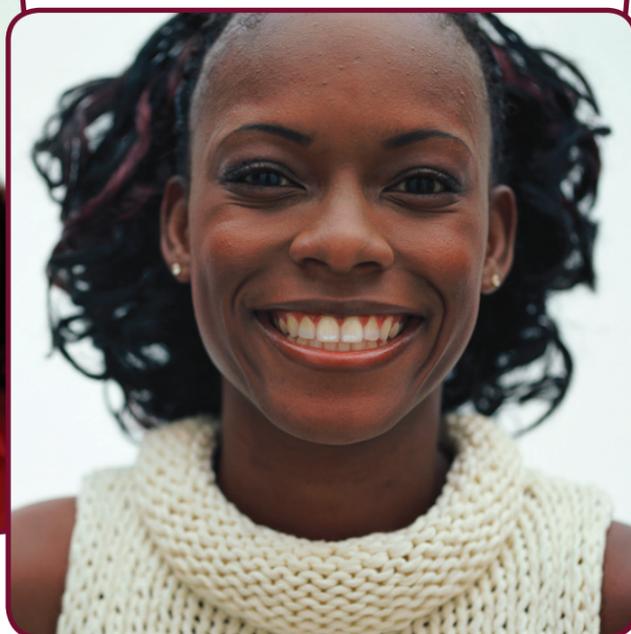


# Free Family Planning Services

*for Qualified Michigan Residents*



It's best to plan before you become pregnant.  
Plan First! helps you decide when the time is  
right for you and your family.

If you're a woman who is 19–44 years old, you may  
qualify for free insurance that covers family planning  
services, including office visits, lab tests,  
prescriptions and other services.

## **PLAN FIRST!**

*Your life. Your health. Your plan.*

**Call for more information**  
**1-800-642-3195 (toll-free)**  
**TTY 1-866-501-5656**  
**[www.michigan.gov/mdch](http://www.michigan.gov/mdch)**

Michigan Department of Community Health