

1-800

QUIT NOW

ANSWERS. ADVICE. REFERRALS.

Did You Know?

- LGBT's smoke at rates 40% to almost 200% higher than the general population.
- Tobacco companies have used LGBT civil rights leaders to help them frame smoking as a "freedom" so they can target us more successfully.
- If you call the quitline you are up to 5 times more likely to successfully quit smoking versus going cold turkey.
- One phone call can get you a FREE quit coach, FREE quit plan, and answers and support to help you quit smoking today.

