Substance Use and Mental Illness
In Michigan Adults (18 or older)

From the 2010-2011 National Survey on Drug Use and Health

Substance Use in Michigan

Nearly 1 in 11 Adults had a Substance Use Disorder in the past year
That’s 658,000 Adults

In the past month, 1 in 4 Adults engaged in binge drinking
That’s 2.1 Million Adults

In the past month, 1 in 10 Adults used illicit drugs
That’s 827,000 Adults

Mental Health in Michigan

Nearly 1 in 5 Adults had Any Mental Illness in the past year
That’s 1.5 Million Adults

Including 318,000 Adults with Serious Mental Illness

Co-Occurring Behavioral Health Disorders

235,000 Adults had both

Office of Recovery Oriented Systems of care
www.michigan.gov/bhrecovery

1. Any Mental Illness is defined as individuals having any mental, behavior, or emotional disorder in the past year that met DSM-IV criteria (excluding developmental and substance use disorders).
2. Serious Mental Illness is defined as adults with any mental, behavior, or emotional disorder that substantially interfered with or limited one or more major life activities.
3. Substance Use Disorder (SUD): Individuals with alcohol or illicit drug dependence or abuse are defined as having SUD. The questions used to measure dependence and abuse are based on criteria in the fourth edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM-IV).