Depressive Feelings & Illicit Drug Use Among Michigan Youth

When youth have **both substance abuse problems and mental illnesses such as depression**, they are at increased risk for poor parental and friend relationships, school dropout, suicide, and homelessness\(^1,2\).

In 2009 (data not shown):
- **15.2%** of Michigan youth reported depressive feelings over the last year and illicit drug use at some point during their **lifetime**.
- **9.4%** of Michigan youth reported depressive feelings over the last year and illicit drug use in the **past 30 days**.

Youth with depressive feelings were **1.5 times** more likely to report illicit drug use at some point during their **lifetime**.
- **56%** of youth with depressive feelings reported using illicit drugs during their lifetime compared to **37%** of youth without depressive feelings.

Youth with depressive feelings were **2 times** more likely to report illicit drug use in the **past 30 days**.
- **35%** of youth with depressive feelings reported using illicit drugs in the past 30 days compared to **15%** of youth without depressive feelings.

Drug Use Among Michigan Youth With and Without Depressive Feelings


*Inhalants were not included in current illicit drug use (past 30 days).*